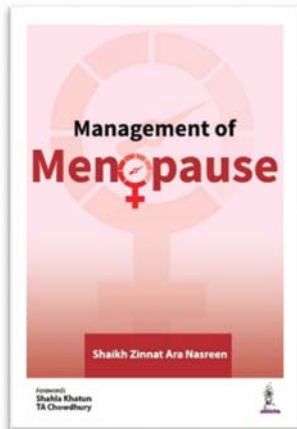




NEW RELEASE



Management of Menopause

Author: Shaikh Zinnat Ara Nasreen

Single Color **with Color Forms** | Paper Back | 1/e, 2022 | 234 pp
6.25" x 9.5" | 9789390595884 | Price- Rs. 1495 | Discount Cat: D

ABOUT THE BOOK

The Management of Menopause book utilizes the biopsychosocial approach to inform Physician, Specialists, Practitioners, Residents, and trainee about the latest that science has to offer for the evaluation and treatments of Menopause problems especially the utilization of the armamentarium of assessment methods and treatment interventions to restore menopause health and enhance the Quality-of-life of women with menopause and beyond.

KEY FEATURES


- This book has highlighted Lifestyle modification as the key to healthy aging describing in detail about the optimum diet and role of exercise for menopause women
- Some women might need hormone therapy for severe symptoms but there are concerns about the safety of hormone therapy regarding thromboembolism or breast cancer on the contrary withholding hormone from symptomatic women might pose a risk, particularly about cardiovascular disease and osteoporosis.
- This book tried to shade light upon this challenge and bridge the gap between risk perception and hormone therapy prescription with evidence-based clear advice on menopause hormone therapy.
- There are plenty of references which might clarify many issues of menopause and hormone therapy.


READERSHIP

- Physician, Specialists, Practitioners, Residents, and trainee

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