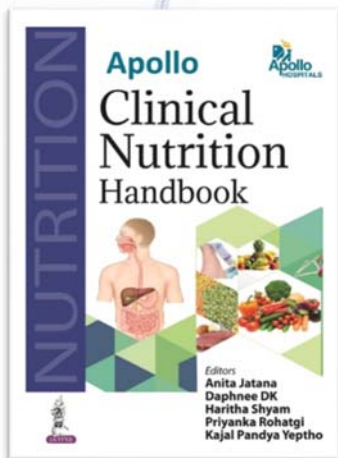


# NEW RELEASE



## Apollo Clinical Nutrition Handbook

Authors: Anita Jatana, *et al.*

Full Color | Paper Back | 1/e, 2022 | 328 Pages | 6.75" x 9.5"

9789354650895 | Rs. 695 | Discount Cat: D

### ABOUT THE BOOK

This book is organized using a functional approach and is based on research and practical experiences. It comprises of chapters by experts in a diverse range of disease state, their cause and treatment. It will be a guide for the health professionals to make right choices to implement nutritional practices that will benefit the patients in clinical setting and help in the right advice at discharge.

The book covers not only the nutritional needs for the patients recovering from NCDs such as obesity, diabetes, cardiovascular, metabolic, neurological, and renal disorders but will also venture into pediatric and even geriatric nutrition. Critical care nutrition is another important aspect that is also covered as separate chapter in the book.

### KEY FEATURES

- Food, nutrition and health are intimately connected aspects of our life.
- Optimum nutrition is associated with the stronger immune systems, safer pregnancy and childbirth, lower risk of non-communicable diseases (NCDs) and longevity.
- Includes preventive and curative aspects of dealing with various NCDs such as obesity, diabetes mellitus, cancer, cardiovascular, metabolic, neurological and renal disorders.
- The book ventures into women's health, paediatric and geriatric nutrition. Special attention is given on Medical Nutrition Therapy (MNT) for organ transplants.
- It is an educational tool for nutritional management of overall health and disease conditions.

### READERSHIP

- The book is a comprehensive and evidence-based practical handbook which is useful for all the dietitians and clinicians as an easy reference to offer patients' effective nutrition intervention and counselling.

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