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Practical Record Book

for Post Basic BSc Nursing

Name of the Candidate: _____

Name of the Institution: _____

_____

Dr. Mahipal Singh Fenin

JAYPEE

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MEDICAL SURGICAL NURSING

FIRST YEAR HOURS OF INSTRUCTION

Theory: 525 Hours

Clinical Experiences: 810 Hours

Sl. No.	Subjects	Theory (Hours)	Practical (Hours)
1.	Nursing Foundation	45	-
2.	Nutrition and Dietetics	30	15
3.	Biochemistry and Biophysics	60	-
4.	Psychology	60	15
5.	Maternal Nursing	60	240
6.	Child Health Nursing	60	240
7.	Microbiology	60	30
8.	Medical Surgical Nursing	90	270
9.	English (Qualifying)	60	-
	Total Hours	**525**	**810**
	Total Number of Hours: 1335		

Attendance of the student (%) :

Theory :

Clinical :

Signature of Class Coordinator

Signature of the Principal

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POST BASIC BSc NURSING FIRST YEAR

Medical surgical Nursing – Practical 270 Hours

Sl. No.	Procedures	Laboratory Demonstration by Lecturer/Tutor		Clinical Demonstration by Students	
		Date	Signature of Lecturer/Tutor	Date	Signature of Clinical Supervisor
1.	**Nursing Assessment Based on Subjective and Objective Data**				
2.	**Nursing Care of Neurological Disorder Patients**				
	• Performs neurological examination				
	• Neurological assessment				
	• Use of Glasgow coma scale (GCS)				
	• Skull X-ray				
	• Magnetic resonance imaging (MRI)				
	• CT scan				
	• Positron emission tomography				
	• Lumbar puncture				
	• Electroencephalogram (EEG)				
	• Electromyography (EMG)				
	• CSF analysis				
	• Myelography				
	• Cerebral angiography				
	• Assist with therapeutic procedure				
	• Care of patients with head injury				
	• Care of patient with spinal injury				
	• Increased intracranial pressure				
	• Patient with cervical traction				
	• Care of patient neurosurgery				
	• Rehabilitating patient with neurological and neurosurgical client				
	• First aid of epileptic client				
	• Patient with cervical traction				
	• Care of patient neurosurgery				
3.	**Nursing Care of Patients in Cardiothoracic unit**				
	• Physical examination of cardiovascular system				

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Sl. No.	Procedures	Laboratory Demonstration by Lecturer/Tutor		Clinical Demonstration by Students	
		Date	Signature of Lecturer/Tutor	Date	Signature of Clinical Supervisor
	• Recording and interpreting ECG				
	• Preparing and assisting in diagnostic procedure				
	• Observe cardiac monitoring				
	• Observe cardiac catheterization				
	• Observe Echocardiogram				
	• Observe stress test				
	• Observe PTCA				
	• Assist in collecting blood for cardiac enzymes				
	• Assist and preparation of patients with angiography				
	• Assist for insertion and removal of intercostals drainage				
	• Assist in pulmonary function test				
	• Endoscopy				
	• Bronchoscopy				
	• Laryngoscopy				
	• Preoperative preparation of cardiothoracic client				
	• Administrating cardiac drugs / Medications				
	• Cardiopulmonary resuscitation (CPR)				
	• Education for patient and family care-givers				
	• Maintain asepsis and standard safety measures				
	• Teach about prevention of infection diseases				
4.	**Genitourinary system**				
	• Urological examination				
	• Barium meal enema				
	• Catheterisation				
	• Bladder Irrigation				
	• Cystoscopy				
	• Intravenous pyelogram				
	• Pneumonia encephalography				
	• (KUB) X-ray				

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Sl. No.	Procedures	Laboratory Demonstration by Lecturer/Tutor		Clinical Demonstration by Students	
		Date	Signature of Lecturer/Tutor	Date	Signature of Clinical Supervisor
	• Assisting in peritoneal Dialysis				
	• Assisting in haemodialysis				
	• Assisting in renal biopsy				
5.	**Nursing Care of Orthopaedic Patients**				
	• Assessment of orthopaedic patients				
	• Application plaster cast and its removal				
	• Application of skeletal traction and care				
	• Application of skin traction and care				
	• Application of removal of prosthesis				
	• Physiotherapy – ROM and muscle strength exercises				
	• Crutch maneuvering teaching				
	• Assist in ADL and ambulation				
	• Teach and counsel patient and families				
6.	**Gynaecological Procedure**				
	• Preparing mother for gynaecological examination				
	• Assisting in gynaecological examination				
	• Assisting in diagnostic procedures				
	• Assisting in therapeutic procedures				
	• Teach patients families				
7.	**Nursing Care in Oncology Ward/Unit**				
	• Screening for common cancers – TNM classification				
	• Assist in diagnostic procedure				
	• Biopsies (related organs)				
	• Pap smear				
	• Bone marrow aspirations				
	• Mammography				
	• Assist in therapeutic procedure				
	• Chemotherapy				
	• Radiotherapy				
	• Pain management				
	• Stomal therapy				
	• Hormonal therapy				

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Sl. No.	Procedures	Laboratory Demonstration by Lecturer/Tutor		Clinical Demonstration by Students	
		Date	Signature of Lecturer/Tutor	Date	Signature of Clinical Supervisor
	• Immune therapy				
	• Gene therapy				
	• Alternative therapy				
	• Palliative care				
	• Counsel and teach patient family				
	• Breast self-examination				
	• Rehabilitation of cancer patient				
8.	**Nursing Care in Burns Ward /Unit**				
	• Assessment of patient with burns				
	• Estimation of percentage of burns				
	• Calculation of degree of burns				
	• Assisting therapeutic procedures				
	• Giving first aid				
	• Calculation of fluid and electrolytes requirement for burn Patient				
	• Maintain records of intake and output				
	• Follows aseptic technique in unit				
	• Administration of medications				
	• Care burn wounds – Dressing, bathing, etc.				
	• Preparing client for reconstructive surgery				
	• Perform Active and Passive Exercises				
	• Teaching patients and family				
	• Participate in rehabilitation of patients with burns				
9.	**Gastrointestinal System**				
	• Oesophageogastroduodenoscopy				
	• Fundoscopy				
	• Endoscopic retrograde cholangio-pancreatography (ERCP)				
	• Gastric suctioning				
	• Gastric gavage and lavage				
	• LFT				
	• Abdominal Paracentesis				
	• Protoscopy				
	Tissue biopsy				

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Sl. No.	Procedures	Laboratory Demonstration by Lecturer/Tutor		Clinical Demonstration by Students	
		Date	Signature of Lecturer/Tutor	Date	Signature of Clinical Supervisor
	• Liver biopsy				
	• **Ostomy care**				
	• Colostomy				
	• Enterectomy				
	• Gastrostomy				
	• Ostomy feeding				
10.	**Endocrine System**				
	• Chemical regulation				
	• Thyroid function test- T3,T4 and TSH				
	• Fasting blood sugar				
	• Post prandial blood sugar				
	• Glucose tolerance test				
	• Administration of insulin				
11.	**Nursing Care of ENT (Ear, Nose, Throat) Disorder Patients**				
	• History taking and examination of ear, nose, throat				
	• Assist with diagnostic procedures				
	• Watch test				
	• Finger friction test				
	• Rinne test				
	• Speech test				
	• Tuning fork test				
	• Audiometric tests				
	• Tympanometry				
	• Acoustic reflex				
	• Weber test				
	• Absolute bone conduction test				
	• Shwabach's test				
	• Bing test/Gelle test				
	• Weber test				
12.	**Assist with therapeutic procedure**				
	• Instillation of drops				
	• Irrigation of ear				
	• Application of ointment				
	• Assisting usage of hearing aid				

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Sl. No.	Procedures	Laboratory Demonstration by Lecturer/Tutor		Clinical Demonstration by Students	
		Date	Signature of Lecturer/Tutor	Date	Signature of Clinical Supervisor
	• Applying ear bandage				
	• Tracheostomy care				
	• Assist in removal of foreign bodies				
13.	**Nursing Care of Ophthalmic Disorder Patients**				
	• Performs examination of eye				
	• Testing visual acuity				
	• Regurgitation test				
	• Lacrimal syringing				
	• Tonometers				
	• Fundoscopy				
	• Ophthalmometer				
	• Perimetry				
	• Refraction test				
	• Retinoscopy				
	• Ophthalmoscopy				
	• Refractometry				
	• Gonioscopy				
	• Assist with therapeutic procedures				
	• Eye irrigation				
	• Instillation of eye drops				
	• Application of eye ointment				
	• Assist in removal of foreign body in eye				
	• Apply eye bandage				
	• Assist in cataract surgery and other eye surgeries				
	• Care of patient with ophthalmic surgeries				
	• Assist clients for using contract lens				

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ACTIVITIES OF STUDENTS IN MEDICAL SURGICAL NURSING

I. Nursing Case Study Presentation

Sl. No.	Diagnosis	Name of the Ward	Date of Presentation	Signature of Lecturer/ Clinical Supervisor
1.				
2.				
3.				
4.				
5.				

II. Nursing Care Plan

Sl. No.	Diagnosis	Name of the ward	Date of Presentation	Signature of Lecturer/ Clinical Supervisor
1.				
2.				
3.				
4.				
5.				

III. Health Education

Sl. No.	Name of the Client	Diagnosis	Topic	AV aids	Date of Presentation	Signature of Lecturer/ Clinical Supervisor
1.						
2.						
3.						
4.						
5.						

IV. Drug Study

Sl. No.	Name of Drug	Date of Presentation	Signature of Lecturer/Clinical Supervisor
1.			
2.			
3.			
4.			
5.			

Signature of the Class Coordinator **Signature of the Principal**

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MATERNAL NURSING

POST BASIC BSc NURSING FIRST YEAR

Maternal Nursing – Practical — 240 Hours

Sl. No.	Procedures	Laboratory Demonstration by Lecturer/Tutor		Clinical Demonstration by Students	
		Date	Signature of Lecturer/Tutor	Date	Signature of Clinical Supervisor
1.	**Nursing Management in Midwifery and Obstetrical Unit**				
2.	**Antenatal Clinic**				
	(i) Physical examination and assessment of antenatal mother				
	• Observation of physiological changes in pregnancy				
	• Calculation of expected date of delivery (EDD)				
	(ii) Abdominal examination				
	• Estimation of gestational age				
	• Measuring fundal height				
	• Inspection of abdomen				
	• Palpation of abdomen				
	• Detection of any abnormalities				
	(iii) Breast examination				
	(iv) Preparation for Non-Stress Test (NST) and Ultrasound				
	• Recording of height, weight and BP				
	• Testing blood for Hb%				
	• Assessment of any risk				
	• Gives immunisation with TT				
	• Testing of urine for sugar and Alb				
	• Identification of high-risk antenatal mothers				
	• Providing antenatal advice				
3.	**Educate Family Members for Institutional Delivery**				
4.	**Assessment and Care during Intranatal Period (Labour Room)**				

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Sl. No.	Procedures	Laboratory Demonstration by Lecturer/Tutor		Clinical Demonstration by Students	
		Date	Signature of Lecturer/Tutor	Date	Signature of Clinical Supervisor
	• Preparation of labor unit				
	• Preparation of neonatal unit				
	• Preparation of mother				
	• Perform pervaginal examination				
	• Enema/Suppository				
	• Partograph				
	• Care of mother on Ist stage				
	• Care of mother on IInd stage				
	• Perform Episiotomy and Suturing				
	• Care of mother on IIInd stage				
	• Removal of placenta				
	• Assessment of newborn				
	• APGAR Scoring				
	• Resuscitation of newborn				
	• Assessment of risk status of newborn				
	• Maintenance of labour and birth records				
	• Assist in caesarean section				
	• Care of woman and child with caesarean section				
	• Elective and emergency				
	• D & C				
	• Assisting evacuation				
	• Assist in MTP and other surgical procedure				
5.	**Assessment and Care of Postnatal Period**				
	• Postnatal Assessment of mother and baby				
	• Identifying any deviation				
	• Postnatal care of mother and baby				
	• Perineal care to mother				
	• Lactation management				
	• Assist in breastfeeding				
	• Baby bath				
	• Immunisation of baby				

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Sl. No.	Procedures	Laboratory Demonstration by Lecturer/Tutor		Clinical Demonstration by Students	
		Date	Signature of Lecturer/Tutor	Date	Signature of Clinical Supervisor
6.	**Postnatal Advise to Mother**				
	• Mother craft				
	• Postnatal care and Exercise				
	• Immunisation				
7.	**Assist in Obstetrical Emergencies such as**				
	• Rupture of uterus				
	• Placenta previa				
	• Haemorrhage and shock				
	• Cord prolapse				
8.	**Assisting in Obstetric Procedure**				
	• Forceps delivery				
	• Vacuum extraction				
	• Caesarean section				
	• D and C				
9.	**Assessment and Care of Newborn**				
	• Admission of neonates				
	• Feeding of at risk neonate				
	• Tube feeding				
	• Katori and Spoon feeding				
	• TPN				
	• Baby Bath				
	• Cord care and eye care				
	• Care of premature infant				
	• Kangaroo mother care				
	• Care of baby in incubator				
	• Assisting with exchange transfusions				
	• Care of baby on ventilator				
	• Phototherapy				
	• Radiant warmer				
10.	**Counselling for Family Planning**				
	• Family planning counselling for adoption of contraceptive methods				
	• Assist in copper T insertion				
	• Assist in VASECTOMY				

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Sl. No.	Procedures	Laboratory Demonstration by Lecturer/Tutor		Clinical Demonstration by Students	
		Date	Signature of Lecturer/Tutor	Date	Signature of Clinical Supervisor
	• Assist in TUBECTOMY				
	• Assist in MTP				
	• Insertion of IUD				
	• Maintenance of records and reports				

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NATIONAL IMMUNISATION SCHEDULE OF GOVERNMENT OF INDIA

Vaccine	When to give	Dose	Route	Site
For pregnant women				
TT-1	Early in pregnancy	0.5 ml	IM	Upper Arm
TT-2	4 week after TT -1*	0.5 ml	IM	Upper Arm
TT-Booster	If received 2TT doses in a pregnancy within the last 3 yrs*	0.5 ml	IM	Upper Arm
For Infant				
BCG	At birth or as early as possible till one year of age	0.1ml (0.05 ml Till 1 month)	IM	Left Upper Arm
Hepatitis B-0	At birth or as early as possible within 24 hours	0.05 ml	IM	Anterolateral Side of mid-thigh
OPV-0	At birth or as early as possible	2 drops	Oral	Oral
OPV-1, 2 & 3	At 6 week,10 week & 14 week	2 drops	Oral	Oral
DPT-1, 2 & 3	At 6 week,10 week & 14 week	0.05 ml	IM	Anterolateral Side of mid-thigh
Hepatitis B-1,2 &3**	At 6 week,10 week & 14 week	0.05 ml	IM	Anterolateral Side of mid-thigh
Measles	9 completed month -12 month (give up to 5 years if not received at 9–12 month age)	0.05 ml	SC	Right Upper Arm
Vitamin A	At 9 months with measles	1 ml 1 lakh (IU)	Oral	Oral
For children				
DPT Booster	16–24 months	0.05ml	IM	Anterolateral Side of mid-thigh
OPV Booster	16–24 months	2 drops	Oral	Oral
Japanese Encephalitis***	16–24 months	0.05 ml	SC	Left Upper Arm
Vitamin A***** (2nd to 9th dose)	16 m with DPT/OPV Booster Then one dose every 6 months Up to the age of 5 years	2 ml Oral 2 lakh (IU)	Oral	Oral
DPT Booster	5–6 years	0.05 ml	IM	Upper Arm
TT	10 years & 16 years	0.05 ml	IM	Upper Arm

Note: *Give TT doses before 36 weeks of pregnancy and to a women in labour, if she has not received previously received TT.

**In selected states, districts and cities.

***SA 14-14-2 Vaccine, in selected endemics districts after the campaign.

**** The 2nd to 9th doses of vitamins A can be administered to children 1–5 years old during biannual rounds, in collection with ICDS.

Proposed Changes in the National Immunisation Schedule: 2009–2010

- DPT and Hep B vaccine at 6, 10 and 14 weeks to be replaced by DPT-HepB-Hib (pentavalent) vaccine.
- In selected well-performing states, MR to be given with DPT booster 16–24 months (Dose: 0.5 ml; Route: SC; Site: Right upper arm)
- Vaccination schedule may get modified if new vaccine are introduced.

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Practical Record Book
for Post Basic BSc Nursing

Salient Features

- This record book is compiled strictly as per revised Indian Nursing Council syllabus.
- It covers all the clinical area required in subject as per revised Indian Nursing Council syllabus.
- Content organized in systematic and scientific manner to help the students and teachers.
- It helps students in gaining practical skills and an outline to provide comprehensive care to patients.
- It helps teachers to evaluate the student's clinical performance.
- It includes useful formats as per the requirement of nursing curriculum.



Mahipal Singh Fenin is a Professor and Principal, Akhil Bharati Vidyapeeth College of Nursing, Sikar, Rajasthan with MSc (Psy Nsg) PhD Nursing degree. He has received Rajiv Gandhi Education Excellence Award and Shiksha Bharati Award. He has taught undergraduate and postgraduate students. He is acting as PhD guide, Member in Research Committee of RUHS, Faculty of Nursing in RUHS, Jaipur and Member of Editorial Board of International Journal of Nursing Care. He has contributed articles/papers to many National and International Research Journals. He is a Chairperson of Nursing Education and Research Committee of TNAI, Rajasthan, Life Member of ISPN, IANN, IAPS, and Australian and New Zealand Mental Health Association. He also did certificate course in relapse prevention and rehabilitation in substance abuse by Government of India. He has spoken and written many times on issues related to substance abuse and mental health of college students. He is a Resource person for TB, HIV/AIDS and IMNCI training programme by Government of India, INC & WHO.

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