eebrothers.com, for detailed information on nursing books, visit our website www.jaypeebrothers.com, for detailed information on nursing books



Mental Health Nursing

Practical Record Book

for BSc Nursing and PB BSc Nursing

As per the INC Syllabus

Name of the Candidate: _____

Name of the Institution: _____

_____

R Sreevani

3rd Edition

JAYPEE

Contents

Preliminary Short Notes **1**

Assignment number	Nursing procedure	Page number
1.	Philosophy, Objectives and Physical Set-up of the Mental Hospital/Nursing Home/Institution	15
2.	History Taking and Mental Status Examination in Psychiatric Nursing - I	17
3.	History Taking and Mental Status Examination in Psychiatric Nursing - II	26
4.	Psychometric Assessment Report	35
5.	Neurological Examination	36
6.	Health Education	39
7.	Observational Report on Outpatient Department	44
8.	Nursing Care Plan for Child with Psychiatric Disorder	46
9.	Observational Report on Child Guidance Clinic	56
10.	Case Study	59
11.	Nursing Care Plan for Patient with Psychiatric Disorder - I	77
12.	Nursing Care Plan for Patient with Psychiatric Disorder - II	93
13.	Nursing Care Plan for Patient with Psychiatric Disorder - III	109
14.	Clinical/Case Presentation	125
15.	Process Recording - I	143
16.	Process Recording - II	148
17.	Administration of Psychotropic Drugs - I	153
18.	Administration of Psychotropic Drugs - II	155
19.	Administration of Psychotropic Drugs - III	157
20.	Assist the Patient for Electroconvulsive Therapy	159
21.	Assist the Patient for Individual Psychotherapy	164
22.	Assist the Patient for Family Psychotherapy	166
23.	Assist the Patient for Group Psychotherapy	168
24.	Assist the Patient for Occupational Psychotherapy	170
25.	Assist the Patient for Behavioral Psychotherapy	172
26.	Assist the Patient for Recreational Therapy	173
27.	Assist the Patient for Play Therapy	174
28.	Preparation of Patients for Activities of Daily Living - I	175
29.	Preparation of Patients for Activities of Daily Living - II	176
30.	Preparation of Patients for Activities of Daily Living - III	177
31.	Admission Procedure	178
32.	Discharge Procedure	180
33.	Health Education	182
34.	Psychotropic Drug Book	187
35.	Community Case Work	207
36.	Observational Report on Field Visits	212
37.	Observational Report on De-addiction Center	216

ASSIGNMENT - 2

History Taking and Mental Status Examination in Psychiatric Nursing - I

I. Identification Data

Name:	Age:	Sex:
Name of the Father/Spouse:	Education:	Occupation:
Income:	Marital Status:	Religion:
Address:	Mobile No.:	Aadhar No.:

Informant:

Information: Relevant/Irrelevant, Adequate/Inadequate

II. Presenting Chief Complaint

(With duration in chronological order, in patient's and informant's own words)

III. History of Present Illness

Duration (days/weeks/months/years):

Mode of onset:

Course:

Intensity:

Precipitating factors: Yes/No, if yes, explain

Description of present illness: Chronological description of abnormal behavior, start with early symptoms and explain duration, context, frequency, increasing factors, decreasing factors, outcome of those symptoms, associated problems like suicide, homicide, disruptive behavior; thought content, speech, mood states, abnormal perception, biological functioning (sleep, appetite, libido, hygiene, bowel and bladder habits), social functioning (interaction with family members, friends, relatives and neighbors), occupational functioning (functioning, absenteeism, pending enquiry), changes in ADLs.

JAYPEE BROTHERS

JAYPEE BROTHERS

JAYPEE BROTHERS

IV. Negative History

V. Medical Illness

VI. Past Psychiatric and Medical History

VII. Family History

Name of the family member	Age	Education	Occupation	Health status	Relationship with the patient	Age at death and mode of death

Genogram (family of origin, three generations):

JAYPEE BROTHERS

VIII. Personal History

a. Perinatal history

b. Childhood history

c. Educational history

d. Play history

e. Emotional problems during adolescence

f. Puberty

g. Obstetrical history

h. Occupational history

i. Sexual and martial history

j. Premorbid personality

JAYPEE BROTHERS

Mental Status Examination

a. General Appearance and Behavior

Appearance:

Facial expression:

Level of grooming:

Level of cleanliness:

Level of consciousness:

Mode of entry:

Behavior:

Cooperativeness:

Eye-to-eye contact:

Psychomotor activity:

Rapport:

Gesturing:

Posturing:

Other movements:

Other catatonic phenomena:

Conversion and dissociative signs:

Compulsive acts or rituals or habits:

Hallucinatory behavior:

b. Speech

Initiation:

Reaction time:

Rate:

Productivity:

Volume:

Tone:

Relevance:

Stream (flow and rhythm of speech):

Coherence:

Others:

Sample of speech (in response to open-ended questions, verbatim in 2 or 3 sentences):

JAYPEE BROTHERS

c. Mood and Affect

Subjective report:

Objective assessment:

Predominant mood state:

Congruent to the thought process:

Lability:

d. Thought

Stream (flow of thought):

Form (formal thought disorder):

Possession:

Content:

e. Perception

Illusions:

Hallucinations:

Somatic passivity:

Déjà vu/jamais vu:

Depersonalization/derealization:

JAYPEE BROTHERS

f. Cognitive Function (Neuropsychiatric Assessment)

Consciousness:

Orientation:

Attention:

Concentration:

Memory

Immediate:

Recent:

Remote:

Intelligence:

Abstraction:

Judgment:

g. Insight

Treatment:

Diagnostic Formulation

Name and Signature of the Student **Name and Signature of the Supervisor**

JAYPEE BROTHERS

Proforma for Evaluating History Collection in Psychiatric Nursing - I

S. No.	Criteria	Max. marks	Marks obtained
1.	Bio-data of the patient	1	
2.	Chief complaints	2	
3.	History of present illness	5	
4.	Past history	2	
5.	Personal history	2	
6.	Premorbid personality	3	
7.	Physical examination	5	
	Total	**20**	

Remarks:

Signature of the Student **Signature of the Supervisor**

Proforma for Evaluating Mental Status Examination in Psychiatric Nursing - I

S. No.	Criteria	Max. marks	Marks obtained
1.	General appearance and behavior	½	
2.	Speech	½	
3.	Mood	½	
4.	Thought	1	
5.	Perception	1	
6.	Cognitive function		
	◆ Orientation	½	
	◆ Attention and concentration	½	
	◆ Memory	1	
	◆ Intelligence and general information	1	
	◆ Abstract thinking	1	
7.	Judgment	½	
8.	Insight	1	
9.	Summary	1	
	Total	**10**	

Remarks:

Signature of the Student **Signature of the Supervisor**

JAYPEE BROTHERS

for detailed information on nursing books, visit our website www.jaypeebrothers.com, for detailed information on nursing books, visit our websit

Mental Health Nursing

Practical Record Book

for BSc Nursing and PB BSc Nursing

Salient Features

- This record book provides guidelines for writing psychiatric nursing assignments.
- The text is well-organized and systematically written in a simple and comprehensible language.
- Each assignment is followed by evaluation criteria enabling the students to figure out the scoring pattern.
- This record format helps the students to acquaint with what is to be observed in field visits and how to assist the patients while undergoing therapies in psychiatry.
- There have been guidelines for writing admission procedure, discharge notes, process recording, care plan, case study and community case work.



R Sreevani PhD (Psychiatric Nursing) presently working as a Professor and Head, Department of Psychiatric Nursing, Dharwad Institute of Mental Health and Neurosciences (DIMHANS), Dharwad, Karnataka, India, was awarded PhD in Psychiatric Nursing under National Consortium and PhD in Nursing from the Rajiv Gandhi University of Health Sciences, Karnataka. She secured her master's degree in Psychiatric Nursing from the National Institute of Mental Health and Neurosciences (NIMHANS), Bengaluru, which is world renowned as a center for mental health, neurosciences, and allied fields. She has the distinction of graduating from College of Nursing, Kurnool, Andhra Pradesh, with top rank and securing 4 gold medals given by student welfare bodies.

She is a certified Body-Mind-Spirit practitioner from Hong Kong University, Hong Kong. She also has a Postgraduate Diploma in Nutrition and Dietetics Management from Institute for Social Sciences and Research, Vellore, Tamil Nadu. She is well known for authoring books: *A Guide to Mental Health and Psychiatric Nursing, Applied Psychology for Nurses* and *Basics in Nursing Research and Biostatistics*. She has also authored *Applied Sociology for Nurses* and *Health/Nursing Informatics and Technology* besides authoring many other books published by M/s Jaypee Brothers Medical Publishers (P) Ltd., New Delhi, India. She has published many research articles in national and international journals, organized workshops, presented scientific papers, and been a resource person in national and international conferences/workshops. She is also a Principal Investigator in national and international funding projects.

She is a nominated member of the Central Mental Health Authority under the Mental Healthcare Act, 2017, and also a fellow of the Indian Society of Psychiatric Nurses. She has been conferred with the National Florence Nightingale Award 2015 for her noteworthy contribution to the field of nursing education.

Printed in India

Available at all medical bookstores
or buy online at www.jaypeebrothers.com

JAYPEE BROTHERS
Medical Publishers (P) Ltd.
EMCA House, 23/23-B, Ansari Road,
Daryaganj, New Delhi - 110 002, INDIA
www.jaypeebrothers.com

Join us on facebook.com/JaypeeMedicalPublishers

ISBN 978-93-5696-650-5