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Community Health Nursing-II Record Book

for BSc Nursing Program

As per the Revised INC Syllabus

Semester VII

Name of the Institution: _____

_____

Name of the Candidate: _____

C Manivannan
T Latha Manivannan
S Rathamani

3rd Edition

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4. FAMILY CARE STUDY

4.1: Family Care Study (Rural)

Identification Data

House No. : _____
Name of the informer : _____
Age : _____
Sex : _____
Name of the head of the family : _____
Address : _____
_____
_____
_____

Type of family : _____
Family size : _____
Religion : _____
Caste : _____
Educational status : _____
Occupational status : _____
Income of the family : ₹ _____/month
Mother tongue : _____

Student Data

Name of the student : _____
Course : _____
Class : _____
Date of care started : _____
Date of care ended : _____

Family Composition

Sl. No.	*Name of the family members*	*Age*	*Sex*	*Relationship with head of the family*	*Educational status*	*Occupational status*	*Health status*
1.							
2.							
3.							
4.							
5.							
6.							
7.							

Socioeconomic Status

_____
_____
_____

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Family Tree

Past Medical History

Past Surgical History

Present History of Illness

Housing Pattern (Floor Map)

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Housing and Environmental Condition

Type of house		
Roof	:	Thatch/thatti/tiled/terraced/others
Floor	:	Mud/tiled/cemented/others
Wall	:	Thatti/mud/brick/cement plastered/others
Housing pattern	:	Pucca/semipucca/kutcha/others
Possession	:	Own house/rental house/leased
Area (square feet)	:	Adequate/inadequate
Ventilation	:	Natural/artificial
Number of rooms	:	
Doors/windows	:	Adequate/inadequate
Electricity	:	Available/not available
Mode of lighting	:	Oil lamp/kerosene/electric bulb/others
Water supply	:	Adequate/inadequate
Mode of water supply	:	Well/public tap/hand pump/others
Latrine	:	Service/water seal/open field
Drain	:	Open/closed/nil
Street light	:	Yes/No
Street road condition	:	Cement/tar/mud/others
Type of fuel used	:	Firewood/kerosene/gas/cow dung/biogas
Open space around the house	:	Yes/No
Garden	:	Yes/No
Water stagnation	:	Yes/No
Disposal of waste	:	Drum/open space/manure pit/burning/throwing into street/separate
Livestock and poultry	:	Available/not available
If available	:	Shed/separate : Attached/mixed
Healthcare facilities	:	GH/PHC/SC/private doctors/others
Medical aid available in the street	:	Doctor/homeo/siddha/village vaidya's/others
Playground in the street	:	Available/not available
Social institution	:	Bank/Post office/Police station/market/transport
Educational institution	:	Primary school/secondary school/HSS/College/night school/adult school/Crèche
Religious institution	:	Temple/Church/Mosque/Others
Presence of rodents	:	
Presence of stray dog	:	
Presence of domestic animals	:	
Presence of insects	:	

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Economical Status

Income : _____ per month
Source of income : _____
Number of earning members : _____
Expenditure : _____ per month
Rent : _____ per month
Food : _____ per month
Health : _____ per month
School : _____ per month
Miscellaneous : _____ per month
Own properties : _____ Land/vehicle/house

Transportation

Bus : _____ Specify, which bus: _____
Auto rickshaw : _____ Yes/No
Four wheelers : _____ Yes/No
Train : _____ Yes/No
Airway : _____ Yes/No

Communication

Face-to-face : _____
Mobile : _____
Telephone : _____
Through letter : _____
Internet : _____

Personal Hobbies

Recreational activity : _____

Nutritional Status of Family

Dietary pattern : Vegetarian/nonvegetarian/ovo vegetarian
Frequency of nonvegetarian : _____
Food habit: Number of meals : _____/day
Cooking method : _____
Staple food : _____
Sources of food items
(vegetables) : _____
Storage of food items : _____
Usage of processed food items : _____

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Menu Plan

Sl. No.	*Type of food*	*Amount of food*	*Calories (kcal)*
Breakfast			
1.			
2.			
Midmorning			
1.			
2.			
Lunch			
1.			
2.			
3.			
Evening			
1.			
2.			
Dinner			
1.			
2.			
3.			
Total			

Amount allotted for nutrition : _____

Use of vegetables : _____

Fruits : _____

Cereals/pulses/nuts : _____

Plan for Home Visit

Sl. No.	*Name of the beneficiary*	*Date*	*Needs/problems*	*Preventions*	*Short-term goals*	*Long-term goals*
1.						
2.						

Cooking Demonstration

_____

_____

_____

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Beneficiary Data

Name of beneficiary : _____

Age : _____

Sex : _____

Plan for Home Visit

Sl. No.	*Name of the beneficiary*	*Date*	*Needs/problems*	*Preventions*	*Short-term goals*	*Long-term goals*
1.						
2.						

Physical Examination

General appearance

Nourishment : _____

Body built : _____

Health : _____

Activity : _____

Mental status

Consciousness : _____

Look : _____

Vital signs

Temperature : _____

Pulse : _____

Respiration : _____

Blood pressure : _____

Anthropometric measurement

Height or length (cm) : _____

Weight (kg) : _____

Chest circumference (cm) : _____

Midarm circumference (cm) : _____

Body mass index (BMI) : _____

Skin condition : _____

Color : _____

Texture : _____

Lesion : _____

Sensation : _____

Head and face

Scalp : _____

Face : _____

Color of hair : _____

Eyes

Eyebrows : _____

Eyelashes : _____

Eyelids : _____

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Eyeball :
Conjunctiva :
Lens :
Vision :

Nose

External nose :
Nostrils :
Nasal septum :
Sinuses

Ears

External ear :
Tympanic membrane :
Hearing acuity :

Mouth

Lips :
Odors :
Teeth :
Tongue :
Speech :

Neck

Thyroid gland and lymph node enlargement

Inspection :

Palpation :

Chest

Inspection :
Palpation :
Percussion :
Auscultation :

Abdomen

Inspection :
Palpation :
Auscultation :
Percussion :

Genitalia

Back (vertebral column) : Mention any abnormal posturing/lordosis/scoliosis/kyphosis
Impression :
Extremities : Present/absent
If any illness, specify :

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Investigation

Sl. No.	*Investigation*	*Normal value*	*Patient value*	*Remarks*
1.				
2.				
3.				
4.				
5.				
6.				
7.				

Medication

Sl. No.	*Medication*	*Route/amount*	*Action*	*Side effect*	*Remarks*
1.					
2.					
3.					
4.					
5.					

Book Picture

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Community Health Nursing-II
Record Book
for BSc Nursing Program

Salient Features

- Planned and diligently arranged text.
- Fulfills the requirements of BSc Nursing course, as per Indian Nursing Council (INC) syllabus.
- Presents a simple and systematic aspect of community health nursing.
- Covers all aspects of community areas like primary health center (PHC), urban area, and rural area.
- Helps the student and easy to practice community health nursing during posting.
- Text to fulfills specific needs of student nurses.
- Emphasizes standard and desirable community health nursing practices.
- It is easily followed by clinical instructors.

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Medical Publishers (P) Ltd.
EMCA House, 23/23-B, Ansari Road,
Daryaganj, New Delhi - 110 002, INDIA
www.jaypeebrothers.com

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ISBN 978-93-5696-793-9