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The Course Companion

OSCE/OSPE

A Modern Approach to

Clinical Nursing





MS Jogi
S Gurgani

JAYPEE

Contents

1. **What You will Find in This Book and Why?..... 1**
   - Purpose of the Book *1*
   - Subjects Covered in This Book *1*
   - What's Inside Each Chapter? *2*
   - Why This Book is Important for You? *2*

2. **OSCE and OSPE—A Modern Approach to Clinical and Practical Skill Assessment..... 3**
   - Introduction to OSCE and OSPE *3*
   - Features of OSCE and OSPE *3*
   - Why OSCE/OSPE is Preferred in Modern Healthcare Education *4*
   - Major Components of OSCE/OSPE *5*
   - Procedure of Conducting OSCE/OSPE *5*
   - Characteristics of a Good OSCE/OSPE Examiner *6*
   - Essential Articles and Materials Required for OSCE/OSPE *6*
   - Difference between OSCE and OSPE *7*

3. **General Guidelines for OSCE/OSPE... 8**
   - Dress Code and Professional Appearance (For Students) *8*
   - What to Bring on Exam Day *8*
   - Time Management *8*
   - Before Entering the OSCE/OSPE Room *8*
   - During the Examination *9*
   - Common Mistakes to Avoid *9*
   - Tips for Students *9*
   - Guidelines for Evaluators *9*

4. **Foundations of Nursing-I: OSCE/OSPE Checklists..... 11**

   Section 1: Vital Signs OSCE/OSPE Checklists 11
   - Checklist 1: Oral Temperature Measurement *11*
   - Checklist 2: Axillary Temperature Measurement *12*
   - Checklist 3: Rectal Temperature Measurement *13*
   - Checklist 4: Surface Temperature Measurement Using Infrared Thermometer *14*
   - Checklist 5: Surface Temperature Assessment by Touch (Dorsum of Hand) *15*
   - Checklist 6: Apical Pulse Measurement *15*
   - Checklist 7: Radial Pulse Measurement *16*
   - Checklist 8: Brachial Pulse Measurement *17*
   - Checklist 9: Femoral Pulse Measurement *18*
   - Checklist 10: Other Peripheral Pulses (e.g., Popliteal, Posterior Tibial, Dorsalis Pedis) *19*
   - Checklist 11: Respiration Measurement *20*
   - Checklist 12: Blood Pressure Measurement *21*
   - Checklist 13: Pulse Oximetry Measurement *22*

   Section 2: Hot and Cold Application OSCE/OSPE Checklists 23
   - Checklist 1: Cold Compress Application *23*
   - Checklist 2: Ice Cap Application *24*
   - Checklist 3: Tepid Sponging Application *25*
   - Checklist 4: Hot Compress Application *25*

   Section 3: Infection Control in Clinical Settings 26
   - Checklist 1: Hand Hygiene (Hand Washing with Soap and Water) *26*

- Checklist 2: Surgical Hand Wash *27*
- Checklist 3: Gloving Technique (Sterile Gloves Application) *28*
- Checklist 4: Use of Personal Protective Equipment (PPE) *29*

Section 4: Preparing Beds 30

- Checklist 1: Preparing an Open Bed *30*
- Checklist 2: Preparing a Closed Bed *31*
- Checklist 3: Preparing an Occupied Bed *32*
- Checklist 4: Preparing a Postoperative Bed *33*
- Checklist 5: Preparing a Cardiac Bed *34*
- Checklist 6: Preparing a Fracture Bed *35*

Section 5: Providing Therapeutic Positions 36

- Checklist 1: Supine Position *36*
- Checklist 2: Fowler's Position (Low, Semi, High) *36*
- Checklist 3: Lateral Position *37*
- Checklist 4: Prone Position *38*
- Checklist 5: Sim's Position *39*
- Checklist 6: Trendelenburg Position *40*
- Checklist 7: Dorsal Recumbent Position *40*
- Checklist 8: Lithotomy Position *41*
- Checklist 9: Knee-Chest Position *42*

Section 6: Use of Safety Devices 43

- Checklist 1: Application of Physical Restraints *43*
- Checklist 2: Fall Risk Assessment *44*
- Checklist 3: Post-Fall Assessment *45*

Section 7: Pain Assessment 46

- Checklist 1: Pain Assessment Using Numeric Rating Scale (NRS) *46*
- Checklist 2: Pain Assessment Using Wong-Baker Faces Pain Rating Scale *47*
- Checklist 3: Pain Assessment Using FLACC Scale (For Children) *48*

Section 8: Mobility 49

- Checklist 1: Range of Motion (ROM) Exercises *49*
- Checklist 2: Assist Patient in Moving *50*
- Checklist 3: Assist Patient in Turning *50*
- Checklist 4: Assist Patient in Logrolling *51*

Section 9: First Aid and Emergencies Basic Bandages 52

- Checklist 1: Application of Circular Bandage *52*
- Checklist 2: Application of Spiral Bandage *53*
- Checklist 3: Application of Reverse Spiral Bandage *54*
- Checklist 4: Application of Recurrent Bandage *55*
- Checklist 5: Application of Figure of Eight Bandage *56*

Special Bandages 57

- Checklist 6: Application of Caplin Bandage *57*
- Checklist 7: Application of Eye/Ear Bandage *57*
- Checklist 8: Application of Jaw Bandage *58*
- Checklist 9: Application of Shoulder Spica Bandage *59*
- Checklist 10: Application of Thumb Spica Bandage *60*
- Checklist 11: Application of Triangular Bandage/Sling *61*
- Checklist 12: Application of Binders *62*

Section 10: Admitting and Discharging Patient 63

- Checklist 1: Admitting Patient *63*
- Checklist 2: Discharging Patient *64*

Section 11: Cardiopulmonary Resuscitation (CPR) 65

- Checklist 1: Cardiopulmonary Resuscitation (CPR) *65*

- Checklist 2: Compression and Ventilation Technique in CPR *66*

5. Foundations of Nursing-II: OSCE/OSPE Checklists..... 67

Section 1: Health Assessment 67

- Checklist 1: Health History Taking *67*
- Checklist 2: Methods of Physical Examination (Inspection, Palpation, Percussion, Auscultation, Olfaction) *68*
- Checklist 3: Perform Physical Examination (Head to Toe) *69*
- Checklist 4: Body Systems Examination *70*
- Checklist 5: Identify System-wise Deviations *71*

Section 2: The Nursing Process 71

- Checklist 1: The Nursing Process (Assessment, Planning, Implementation, Evaluation) *71*

Section 3: Nutritional Needs 72

- Checklist 1: Nutritional Assessment *72*
- Checklist 2: NGT Feeding *73*

Section 4: Hygiene 74

- Checklist 1: Care of Skin and Hair *74*
- Checklist 2: Sponge Bath/Bed Bath *75*
- Checklist 3: Care of Pressure Points *76*
- Checklist 4: Back Massages *77*
- Checklist 5: Pressure Sore Risk Assessment (Using Braden Scale) *78*
- Checklist 6: Hair Wash *79*
- Checklist 7: Oral Hygiene *80*
- Checklist 8: Perineal Hygiene *81*
- Checklist 9: Catheter Care *82*

Section 5: Elimination Needs 83

- Checklist 1: Provide Urinal *83*
- Checklist 2: Provide Bed Pan *83*
- Checklist 3: Insertion of Suppository *84*
- Checklist 4: Administration of Enemas *85*

Section 6: Diagnostic Testing 86

- Checklist 1: Urine Routine and Culture (Specimen Collection) *86*
- Checklist 2: Stool Routine (Specimen Collection) *87*
- Checklist 3: Sputum Culture (Specimen Collection) *88*
- Checklist 4: Urine Glucose (Perform Lab Tests via POCT) *89*
- Checklist 5: Urine Albumin (Perform Lab Tests via POCT) *90*
- Checklist 6: Urine Acetone (Perform Lab Tests via POCT) *91*
- Checklist 7: Urine pH Measurement (Perform Lab Tests via POCT) *92*
- Checklist 8: Urine Specific Gravity (Perform Lab Tests via POCT) *93*
- Checklist 9: GRBS Monitoring (Perform Lab Tests via POCT) *93*

Section 7: Oxygenation Need 94

- Checklist 1: Oxygen Administration via Nasal Prongs *94*
- Checklist 2: Oxygen Administration via Face Mask/Venturi Mask *95*
- Checklist 3: Steam Inhalation *96*
- Checklist 4: Nebulization *97*
- Checklist 5: Chest Physiotherapy *98*
- Checklist 6: Deep Breathing and Coughing Exercises *99*
- Checklist 7: Oral Suctioning *100*

Section 8: Fluid, Electrolyte and Acid Base Balances 101

- Checklist 1: Maintaining Intake-Output Chart *101*
- Checklist 2: Interpret Blood Gas and Serum Electrolytes *102*

Section 9: Administration of Medications 103

- Checklist 1: Calculate Drug Dosages *103*
- Checklist 2: Oral Administration of Medications *104*

- Checklist 3: Topical Application of Medications *105*
- Checklist 4: Inhalation of Medications (MDI) *106*
- Checklist 5: Intradermal Injection *106*
- Checklist 6: Subcutaneous Injection *107*
- Checklist 7: Intravenous Injection *108*
- Checklist 8: Intramuscular Injection *109*
- Checklist 9: Instillation of Eye Drops *110*
- Checklist 10: Instillation of Ear Drops *111*
- Checklist 11: Instillation of Nasal Drops *112*
- Checklist 12: Nasal Spray Administration *113*
- Checklist 13: Eye Irrigation *114*
- Checklist 14: Ear Irrigation *114*
- Checklist 15: Nasal Irrigation *115*
- Checklist 16: Bladder Irrigation *116*

Section 10: Level of Consciousness, Death, and Dying 117

- Checklist 1: Level of Consciousness (Glasgow Coma Scale—GCS) *117*
- Checklist 2: Care of Dying *118*
- Checklist 3: Packing of Dead Body *119*
- Checklist 4: Taking Care of Belongings *119*
- Checklist 5: Care of Dead Body with Infectious Disease *120*
- Checklist 6: Handling Medico-Legal Case (MLC) Dead Bodies *121*

6. Adult Health Nursing-I..... 122

Section 1: Intravenous Therapy 122

- Checklist 1: IV Cannulation *122*
- Checklist 2: IV Maintenance and Monitoring *123*
- Checklist 3: Administration of IV Medication *123*
- Checklist 4: Care of Patient with Central Line *124*

Section 2: Preparation, Assisting and Monitoring of Patients Undergoing Diagnostic Procedures 125

- Checklist 1: Thoracentesis *125*
- Checklist 2: Abdominal Paracentesis *126*

Section 3: Management of Patients with Respiratory Problems 127

- Checklist 1: Postural Drainage *127*
- Checklist 2: Care of Patient with Chest Drainage *128*

Section 4: Nursing Management of Patients with Surgical Conditions 129

- Checklist 1: Preoperative Care *129*
- Checklist 2: Immediate Postoperative Care *130*
- Checklist 3: Postoperative Exercises *130*

Section 5: Assisting Diagnostic Procedure and After Care of Patients Undergoing 131

- Checklist 1: Colonoscopy *131*
- Checklist 2: Endoscopy *132*
- Checklist 3: ERCP (Endoscopic Retrograde Cholangiopancreatography) *133*
- Checklist 4: Liver Biopsy *134*
- Checklist 5: Nasogastric Aspiration *135*
- Checklist 6: Gastrostomy/ Jejunostomy Feeds *136*
- Checklist 7: Ileostomy/Colostomy Care *137*
- Checklist 8: Surgical Dressing *138*
- Checklist 9: Suture Removal *139*
- Checklist 10: Surgical Soak *140*
- Checklist 11: Sitz Bath *141*
- Checklist 12: Care of Drain *141*

Section 6: Nursing Management of Patients with Cardiac Conditions 142

- Checklist 1: Cardiac Monitoring *142*
- Checklist 2: Recording and Interpreting ECG *143*
- Checklist 3: Preparation of Patients for Cardiac Catheterization *144*
- Checklist 4: After Care of Patients for Cardiac Catheterization *145*
- Checklist 5: Collection of Blood Sample for Blood Grouping/Cross Matching *146*
- Checklist 6: Collection of Blood Sample for Serum Electrolytes *146*
- Checklist 7: Assisting with Blood Transfusion *147*
- Checklist 8: Assisting for Bone Marrow Aspiration *148*
- Checklist 9: Application of Anti-Embolism Stockings (TED Hose) *149*
- Checklist 10: Application/ Maintenance of Sequential Compression Device (SCD) *150*

Section 7: Nursing Management of Patients with Disorders of Integumentary System 151

- Checklist 1: Intradermal Injection – Skin Allergy Testing *151*
- Checklist 2: Medicated Bath *152*

Section 8: Nursing Management of Patients with Communicable Diseases 153

- Checklist 1: Barrier Nursing *153*
- Checklist 2: Reverse Barrier Nursing *153*
- Checklist 3: Universal Precaution for Needle Stick and Sharp Injury Prevention *154*
- Checklist 4: Waste Disposal *155*
- Checklist 5: Safe Injection Practices *155*
- Checklist 6: BCG Injection *156*
- Checklist 7: Tuberculin Skin Test (Mantoux Test) *157*

Section 9: Nursing Management of Patients with Musculoskeletal Problems 158

- Checklist 1: Preparation of Patient with Myelogram *158*
- Checklist 2: Preparation of Patient with MRI *159*
- Checklist 3: Assisting with Application of POP/Cast *160*
- Checklist 4: Preparation, Assisting and After Care of Patient with Skin Traction *161*
- Checklist 5: Preparation, Assisting and After Care of Patient with Skeletal Traction *161*
- Checklist 6: Care of Orthotics *162*
- Checklist 7: Muscle Strengthening Exercises *163*

Section 10: Nursing Management of Patients in the Operating Rooms 164

- Checklist 1: Position and Draping *164*
- Checklist 2: Preparation of Operation Table *165*
- Checklist 3: Set up of Trolley with Instrument *165*
- Checklist 4: Scrubbing Procedures – Gowning, Masking and Gloving *166*

7. Adult Health Nursing-II 167

Section 1: Examination of Patients with ENT Disorders 167

- Checklist 1: Examination of Ear *167*
- Checklist 2: Examination of Nose *168*
- Checklist 3: Examination of Throat *168*

Section 2: Preparation of Patient, Assisting and Monitoring of Patients Undergoing ENT Diagnostic Procedures 169

- Checklist 1: Audiometric Tests *169*
- Checklist 2: Weber Test *170*
- Checklist 3: Rinne Test *171*

Section 3: Preparing the Patient and Assisting in ENT Procedures 172
- Checklist 1: Anterior Nasal Packing *172*
- Checklist 2: Posterior Nasal Packing *172*
- Checklist 3: Ear Packing *173*
- Checklist 4: Ear Syringing *174*
- Checklist 5: Applying Bandages to Ear *175*
- Checklist 6: Tracheostomy Care *176*

Section 4: Nursing Management of Patients with Eye Conditions 177
- Checklist 1: Examination of Eyes *177*
- Checklist 2: Visual Acuity *178*
- Checklist 3: Fundoscopy *179*
- Checklist 4: Retinoscopy *180*
- Checklist 5: Tonometry *180*
- Checklist 6: Application of Eye Bandage *181*
- Checklist 7: Assisting with Foreign Body Removal *182*

Section 5: Nursing Management of Patients with Kidney and Urinary System Disorders 183
- Checklist 1: Physical Examination of Kidney and Urinary System *183*
- Checklist 2: Testicular Self-Examination (Teaching) *184*
- Checklist 3: Digital Rectal Examination (Assisting) *184*

Section 6: Preparation and Assisting with Diagnostic and Therapeutic Procedures of Kidney and Urinary System 185
- Checklist 1: Cystoscopy *185*
- Checklist 2: Cystometrogram *186*
- Checklist 3: Contrast Studies (e.g., IVP, MCU) *187*
- Checklist 4: Peritoneal Dialysis *188*
- Checklist 5: Hemodialysis *189*
- Checklist 6: Lithotripsy *190*
- Checklist 7: Semen Analysis *191*
- Checklist 8: Gonorrhea Test (Urethral Swab Collection) *191*
- Checklist 9: Renal Biopsy *192*
- Checklist 10: Indwelling Catheterization *193*

Section 7: Nursing Management of Patients with Burns and Reconstructive Surgery 194
- Checklist 1: Assessment of Burns *194*
- Checklist 2: First Aid of Burns *195*
- Checklist 3: Dressing of Burn Wounds *196*
- Checklist 4: Fluid and Electrolyte Replacement Therapy *196*

Section 8: Nursing Management of Patients with Neurological Disorders 197
- Checklist 1: Neurological Examination *197*
- Checklist 2: Cranial Nerves Examination *198*

Section 9: Nursing Management of Patients with Disorders of Oncological Conditions 199
- Checklist 1: Physical Examination of Cancer Patients *199*
- Checklist 2: TNM Classification *200*

Section 10: Preparation, Assisting and After Care of Oncological Patients Undergoing Diagnostic Procedures 201
- Checklist 1: Biopsies/Fine Needle Aspiration Cytology (FNAC) *201*
- Checklist 2: Pap Smear *202*
- Checklist 3: Bone Marrow Aspiration *203*

Section 11: Assisting in Various Modalities of Oncological Treatment 204
- Checklist 1: Chemotherapy *204*
- Checklist 2: Radiotherapy *205*
- Checklist 3: Hormonal Therapy *205*
- Checklist 4: Immunotherapy *206*

- Checklist 5: Gene Therapy (Assisting) *207*
- Checklist 6: Stoma Care *208*
- Checklist 7: Stoma Feeding *209*

Section 12: Nursing Management of Patients in Emergency Conditions 209

- Checklist 1: Primary Survey in Emergency *209*
- Checklist 2: Secondary Survey in Emergency *210*

Section 13: Nursing Management of Geriatric Patients 211

- Checklist 1: Functional Assessment *211*
- Checklist 2: Assisting in Arterial Puncture *212*
- Checklist 3: Assisting in Endotracheal Intubation *212*
- Checklist 4: Assisting in Extubation *213*
- Checklist 5: Setting up of Ventilator Modes *214*
- Checklist 6: Preparation of Trolley with Instruments *215*
- Checklist 7: Monitoring and Maintenance of Chest Drainage System *215*
- Checklist 8: Bag and Mask Ventilation *216*
- Checklist 9: Setting up of Infusion Pump *217*
- Checklist 10: Setting up of Defibrillator *217*

Section 14: Drug Administration via Specific Routes 218

- Checklist 1: Intracardiac Drug Administration *218*
- Checklist 2: Intrathecal Drug Administration *219*
- Checklist 3: Epidural Drug Administration *220*

Section 15: ICU Care Bundle 221

- Checklist 1: ICU Care Bundle *221*

8. Child Health Nursing-I and II: OSCE/ OSPE Checklists..... 222

Section 1: Health Assessment in Pediatric Population (Newborn to Adolescent) 222

- Checklist 1: History Taking in Pediatric Population *222*
- Checklist 2: Newborn Assessment *223*
- Checklist 3: Neonatal Assessment (Day 1–28 of Life) *224*
- Checklist 4: Infant Assessment (1 to 12 Months) *225*
- Checklist 5: Toddler and Preschool Child Assessment (1 to 5 Years) *226*
- Checklist 6: School-Age Child Assessment (6 to 12 Years) *228*
- Checklist 7: Adolescent Assessment (13 to 18 Years) *229*

Section 2: Administration of Medicine 230

- Checklist 1: Oral Medication Administration in Pediatric Population *230*
- Checklist 2: Intramuscular (IM) Injection in Pediatric Population *231*
- Checklist 3: Intravenous (IV) Medication Administration in Pediatric Population *232*
- Checklist 4: Intradermal (ID) Injection in Pediatric Population *233*
- Checklist 5: Subcutaneous (SC) Injection in Pediatric Population *234*

Section 3: Calculation of Fluid Replacement 235

- Checklist 1: Preparation of Different Strengths of IV Fluids *235*
- Checklist 2: Administration of Fluids in Pediatric Population *235*
- Checklist 3: Application of Restraints in Pediatric Population *236*

Section 4: Administration of O_2 Inhalation by Different Methods 237

- Checklist 1: Oxygen Administration via O_2 Hood *237*

- Checklist 2: Oxygen Administration via Nasal Prong *238*
- Checklist 3: Oxygen Administration via Face Mask *239*

Section 5: Hygiene 240
- Checklist 1: Baby Bath *240*
- Checklist 2: Sponge Bath for Pediatric Patients *241*

Section 6: Feeding 242
- Checklist 1: Breastfeeding Procedure *242*
- Checklist 2: Katori Spoon Feeding *243*
- Checklist 3: Paladai Cup Feeding *244*
- Checklist 4: Nasogastric (NG) Tube Feeding in Pediatric Population *245*
- Checklist 5: Gastrostomy Tube Feeding in Pediatric Population *246*
- Checklist 6: Jejunostomy Tube Feeding in Pediatric Population *247*

Section 7: Collecting Specimen for Common Investigations 248
- Checklist 1: Blood Sample Collection in Pediatric Population *248*
- Checklist 2: Stool Specimen Collection in Pediatric Population *249*
- Checklist 3: Urine Specimen Collection in Pediatric Population *250*

Section 8: Elimination Needs 251
- Checklist 1: Bowel Wash in Pediatric Population *251*
- Checklist 2: Insertion of Suppositories in Pediatric Population *252*
- Checklist 3: Colostomy Irrigation in Pediatric Population *253*
- Checklist 4: Ureterostomy Care in Pediatric Population *254*
- Checklist 5: Urinary Catheterization in Pediatric Population (Male/Female) *255*

Section 9: Care of Surgical Wounds 256
- Checklist 1: Surgical Wound Dressing in Pediatric Population *256*
- Checklist 2: Suture Removal in Pediatric Population *257*

Section 10: Pediatric OPD/ Immunization Room Procedures 258
- Checklist 1: Health Assessment in Pediatric OPD *258*
- Checklist 2: Nutritional Assessment in Pediatric Population *258*
- Checklist 3: Anthropometry in Pediatric Population *259*
- Checklist 4: Developmental Assessment in Pediatric Population *260*
- Checklist 5: Immunization Procedure in Pediatric Population *261*

Section 11: Special Procedures 262
- Checklist 1: Care of a Baby in Incubator/Warmer *262*
- Checklist 2: Care of a Child on Ventilator/CPAP *263*
- Checklist 3: Endotracheal Suction in Pediatric Population *263*
- Checklist 4: Chest Physiotherapy (CPT) in Pediatric Population *264*
- Checklist 5: Total Parenteral Nutrition (TPN) in Pediatric Population *265*
- Checklist 6: Phototherapy for Neonatal Jaundice *266*
- Checklist 7: Cardiopulmonary Resuscitation (Pediatric Life Support – PLS) *267*
- Checklist 8: Neonatal Resuscitation *268*
- Checklist 9: Assisting in Exchange Transfusion *268*

9. Mental Health Nursing-I and II..... 270

Section 1: Mental Health Assessment 270
- Checklist 1: History Taking in Mental Health Setting *270*

- Checklist 2: Mental Status Examination (MSE) *271*
- Checklist 3: Neurological Assessment in Mental Health Nursing *272*

Section 2: Therapeutic Communication 274

- Checklist 1: Use of Therapeutic Communication Techniques *274*
- Checklist 2: Barriers to Therapeutic Communication *275*

Section 3: Process Recording 276

- Checklist 1: Prepare a Process Recording Format *276*
- Checklist 2: Conduct and Document Process Recording *276*

Section 4: Psychiatric Assessment Tools 277

- Checklist 1: Use of Mini-Mental State Examination (MMSE) *277*
- Checklist 2: Use of Geriatric Depression Scale (GDS) *279*
- Checklist 3: Use of Hamilton Anxiety Scale (HAM-A) *279*
- Checklist 4: Use of Beck Depression Inventory (BDI) *280*
- Checklist 5: Suicide Risk Assessment (Using SAD Persons Scale) *281*

Section 5: Electroconvulsive Therapy (ECT) 282

- Checklist 1: Pre-ECT Preparation *282*
- Checklist 2: Assisting During ECT *283*
- Checklist 3: Post-ECT Care *284*

Section 6: De-Escalation and Crisis Intervention 285

- Checklist 1: Verbal De-Escalation *285*
- Checklist 2: Physical Restraint Application *286*

Section 7: Psychiatric Medications 287

- Checklist 1: Administering Antipsychotics *287*
- Checklist 2: Monitoring Side Effects of Psychiatric Drugs *288*
- Checklist 3: Patient Education on Psychotropic Medications *289*

Section 8: Addiction and De-Addiction Services 290

- Checklist 1: Assessment of Substance Use History *290*
- Checklist 2: Withdrawal Assessment Using Standard Tools (CIWA-AR/COWS) *291*
- Checklist 3: Assisting in Detoxification Procedures *292*
- Checklist 4: Counseling for Substance Use Disorders *292*
- Checklist 5: Motivational Interviewing Techniques *293*
- Checklist 6: Relapse Prevention Strategies *294*
- Checklist 7: Referral to De-Addiction Services/Rehabilitation Centers *295*

Section 9: Rehabilitation and Occupational Therapy 296

- Checklist 1: Assisting in Occupational Therapy *296*
- Checklist 2: Participation in Recreational Therapy *297*
- Checklist 3: Role in Community-Based Psychiatric Rehabilitation *298*

10. Community Health Nursing-I 299

Section 1: Interviewing Skills Using Communication and Interpersonal Relationship 299

- Checklist 1: Interviewing a Community Client Using Communication and Interpersonal Skills *299*

Section 2: Community Health Assessment 300

- Checklist 1: Conducting a Home Visit *300*
- Checklist 2: Family Health Assessment *301*
- Checklist 3: Community Survey *302*

Section 3: Health Assessment Including Nutritional Assessment for Clients of Different Age Groups 303

- Checklist 1: Health and Nutritional Assessment of a Woman *303*
- Checklist 2: Health and Nutritional Assessment of an Adolescent *304*
- Checklist 3: Health and Nutritional Assessment of a Child Under Five *305*

Section 4: Teaching Individual/ Family 306

- Checklist 1: Teaching on Nutrition, Including Food Hygiene and Safety *306*
- Checklist 2: Demonstration of Low-Cost Recipes *307*
- Checklist 3: Teaching on Healthy Lifestyle *307*
- Checklist 4: Teaching on Health Promotion *308*

Section 5: Screening, Diagnosing, and Primary Management of Common Health Problems in the Community 309

- Checklist 1: Management of Fever in a Community Setting *309*
- Checklist 2: Management of Diarrhea in a Community Setting *310*
- Checklist 3: Management of Acute Respiratory Infection (ARI) *311*
- Checklist 4: Screening and Management of Anemia *311*
- Checklist 5: Screening and Management of Hypertension *312*

Section 6: Referral of High-Risk Clients to First Referral Units FRUs 313

- Checklist 1: Identification and Referral of High-Risk Clients to FRUs *313*

Section 7: Performing Lab Tests 314

- Checklist 1: Hemoglobin Estimation (Using Hemocue or Sahli's Method) *314*
- Checklist 2: Blood Sugar Testing Using Glucometer *315*
- Checklist 3: Blood Smear Collection for Malaria *316*

Section 8: National Health Programs 317

- Checklist 1: Creating Awareness on National Health Programs (e.g., RMNCH+A, NPCDCS, NVBDCP) *317*
- Checklist 2: Role in Implementation of National Health Programs at Community Level *318*

Section 9: School Health Services 319

- Checklist 1: Conducting School Health Assessment *319*
- Checklist 2: Identifying Health Problems in School Children *319*
- Checklist 3: Conducting Health Education Session for Students *320*

Section 10: Vital Statistics 321

- Checklist 1: Calculation of Birth Rate *321*
- Checklist 2: Calculation of Death Rate *321*
- Checklist 3: Calculation of Infant Mortality Rate (IMR) *322*
- Checklist 4: Calculation of Maternal Mortality Rate (MMR) *322*

Section 11: Immunization Services 323

- Checklist 1: Vaccine Cold Chain Management *323*
- Checklist 2: Administration of Vaccines (Oral/Injectable) *324*
- Checklist 3: Preparation and Use of Vaccine Carrier *325*

Section 12: Communicable Disease Control 325

- Checklist 1: Identification of Common Communicable Diseases *325*

- Checklist 2: Contact Tracing *326*
- Checklist 3: Health Education for Prevention of Communicable Diseases *327*

11. Community Health Nursing-II 328

Section 1: Antenatal Care 328

- Checklist 1: Antenatal Care at Home *328*

Section 2: Family Planning 329

- Checklist 1: Counseling for Family Planning *329*
- Checklist 2: Distribution of Condoms *330*
- Checklist 3: Distribution of Oral Contraceptive Pills (OCPs) *331*
- Checklist 4: Distribution of Emergency Contraceptives *332*
- Checklist 5: Participation in Vasectomy/Tubectomy Camp *332*
- Checklist 6: Insertion of Interval Intrauterine Contraceptive Device (IUCD) *333*
- Checklist 7: Removal of Intrauterine Contraceptive Device (IUCD) *334*
- Checklist 8: Counseling for Safe Abortion Services *335*

Section 3: Occupational Health Services 336

- Checklist 1: Health Assessment of Workers *336*
- Checklist 2: Identification of Occupational Hazards *336*
- Checklist 3: First Aid in Occupational Injuries *337*

Section 4: Geriatric Health Care in the Community 338

- Checklist 1: Functional Assessment of Elderly *338*
- Checklist 2: Health Teaching for Healthy Aging *339*
- Checklist 3: Identifying Abuse or Neglect in Elderly *339*

Section 5: Disaster Preparedness and Management 340

- Checklist 1: Triage During a Disaster *340*
- Checklist 2: First Aid in Disaster Settings *341*
- Checklist 3: Coordinating Community Disaster Response *342*

Section 6: Community Mental Health Services 342

- Checklist 1: Identification of Mental Illness in the Community *342*
- Checklist 2: Referral and Follow-up of Community Psychiatric Cases *343*
- Checklist 3: Mental Health Education at Family Level *344*

Section 7: Tracking Every Pregnancy and Filling up MCP Card 345

- Checklist 1: Tracking Every Pregnancy and Filling up Mother and Child Protection (MCP) Card *345*

Section 8: Organizing and Conducting Clinics/Camps 346

- Checklist 1: Organizing and Conducting Clinics/Camps *346*

12. Midwifery/Obstetrics and Gynecology (OBG) Nursing-I 347

Section 1: Antenatal Care (Assessment) 347

- Checklist 1: History Collection with Obstetrical Score, Gestational Age, and Calculation of EDD *347*
- Checklist 2: Physical Examination of Antenatal Women *348*
- Checklist 3: Obstetric Examination Including Leopold's Maneuver and Auscultation of Fetal Heart Sound *349*

Section 2: Antenatal Care (Diagnostic Tests) 350

- Checklist 1: Urine Pregnancy Test/ Card *350*

- Checklist 2: ß HCG (Qualitative/ Quantitative) *351*
- Checklist 3: USG (Ultrasonography) *352*
- Checklist 4: Blood Testing for Hemoglobin, Grouping and Typing *353*
- Checklist 5: HIV/HBsAg/Torch/VDRL Testing *353*
- Checklist 6: Kick Chart Maintenance *354*

Section 3: Antenatal Care (Counseling) 355

- Checklist 1: Counseling for Preparation for Childbirth *355*
- Checklist 2: Counseling for Complication Readiness *356*

Section 4: Antenatal Care (Immunization and Supplementation) 357

- Checklist 1: Administration of Antenatal Immunization *357*
- Checklist 2: Supplementation in Antenatal Care (Iron, Folic Acid, Calcium) *358*

Section 5: Intranatal Care 359

- Checklist 1: Assessment of Woman in Labor *359*
- Checklist 2: Partograph Recording *360*
- Checklist 3: Per Vaginal Examination When Indicated, Including Clinical Pelvimetry *361*
- Checklist 4: Care During First Stage of Labor *362*
- Checklist 5: Pain Management Techniques During Labor *363*
- Checklist 6: Upright and Alternative Positions During Labor *364*
- Checklist 7: Preparation for Labor – Articles *364*
- Checklist 8: Preparation of Delivery Unit *365*
- Checklist 9: Preparation of Newborn Corner *366*
- Checklist 10: Conduction of Normal Childbirth *367*
- Checklist 11: Episiotomy and Suturing (If Indicated) *368*
- Checklist 12: Essential Newborn Care *369*
- Checklist 13: Newborn Resuscitation *369*
- Checklist 14: Active Management of Third Stage of Labor (AMTSL) *370*
- Checklist 15: Examination of Placenta *371*
- Checklist 16: Monitoring and Care During Fourth Stage of Labor *372*
- Checklist 17: Initiation of Breastfeeding and Lactation Management *372*
- Checklist 18: Infection Prevention During Labor and Newborn Care *373*

Section 6: Postnatal Care 374

- Checklist 1: Postnatal Assessment *374*
- Checklist 2: Care of Postnatal Mothers – Normal *375*
- Checklist 3: Identification of Minor Disorders of Newborn and Their Management *376*
- Checklist 4: Perineal/Episiotomy Care *377*
- Checklist 5: Postnatal Counseling *378*
- Checklist 6: Health Teaching on Postnatal and Newborn Care *378*

13. Midwifery/Obstetrics and Gynecology (OBG) Nursing-II 380

Section 1: Antenatal Care 380

- Checklist 1: High Risk Assessment *380*
- Checklist 2: Perform Nonstress Test (NST) *381*

- Checklist 3: Perform Cardiotocography (CTG) *382*
- Checklist 4: Identification of Preeclampsia *383*
- Checklist 5: Identification of Anemia *384*
- Checklist 6: Identification of GDM (Gestational Diabetes Mellitus) *385*
- Checklist 7: Identification of Antepartum Hemorrhage (APH) *385*
- Checklist 8: Glucose Challenge Test/ Glucose Tolerance Test *386*
- Checklist 9: Identification of Fetal Distress and its Management *387*
- Checklist 10: Administration of Magnesium Sulfate ($MgSO_4$) *388*
- Checklist 11: Administration of Antenatal Corticosteroids for Preterm Labor *389*
- Checklist 12: Assist in Cervical Cerclage Procedure *390*
- Checklist 13: Assist in Dilation and Curettage (D&C) *391*
- Checklist 14: Postabortion Care *392*
- Checklist 15: Postabortion Counseling *393*

Section 2: Intranatal Care 394

- Checklist 1: Identification and Stabilization of Abnormal Labor *394*
- Checklist 2: Assisting in Management of Prolonged Labor *395*
- Checklist 3: Assisting in Management of Cervical Dystocia *395*
- Checklist 4: Assisting in Management of Cephalopelvic Disproportion (CPD) *396*
- Checklist 5: Assisting in Management of Contracted Pelvis *397*
- Checklist 6: Assisting in Management of Breech Deliveries *398*
- Checklist 7: Assisting in Management of Twin Deliveries *399*
- Checklist 8: Assisting in Management of Vacuum Extraction *399*
- Checklist 9: Assisting in Management of Forceps Delivery *400*
- Checklist 10: Assisting in Management of Shoulder Dystocia *401*

Section 3: Monitoring and Care During Fourth Stage of Labor 402

- Checklist 1: Identify, Assist, and Manage Trauma to the Birth Canal *402*
- Checklist 2: Identify, Assist, and Manage Retained Placenta *403*
- Checklist 3: Identify, Assist, and Manage Postpartum Hemorrhage (PPH) *403*
- Checklist 4: Uterine Atony *404*
- Checklist 5: Management of Obstetric Shock *405*
- Checklist 6: Assist in Cesarean Section *406*

Section 4: Postnatal Care 407

- Checklist 1: Postnatal History Collection and Physical Examination *407*
- Checklist 2: Assisting in Manual Removal of the Placenta *408*
- Checklist 3: Assisting in Bimanual Compression of the Uterus *408*
- Checklist 4: Assist in Balloon Tamponade for Atonic Uterus *409*
- Checklist 5: Assisting in Aortic Compression for PPH *410*
- Checklist 6: Management of Puerperal Sepsis *411*
- Checklist 7: Management of Breast Engorgement and Infections *412*
- Checklist 8: Management of Thrombophlebitis *412*

Section 5: Assisting in Gynecology Procedures 413

- Checklist 1: Pap Smear *413*
- Checklist 2: Visual Inspection of Cervix with Acetic Acid (VIA) *414*

- Checklist 3: Cervical Punch Biopsy *415*
- Checklist 4: Cervical Cystoscopy *416*
- Checklist 5: Assisting in Gynecological Surgeries *417*
- Checklist 6: Assisting in Cryosurgery *417*
- Checklist 7: Assisting in Hysterectomy *418*
- Checklist 8: Assisting in Management of Uterine Rupture *419*
- Checklist 9: Assisting in Tubectomy *420*

Section 6: Health Education and Counseling 421

- Checklist 1: Counseling Infertile Couples *421*
- Checklist 2: Counseling of the Woman for Postpartum Sterilization and Family Planning *421*
- Checklist 3: Health Teaching on Postnatal and Newborn Care *422*
- Checklist 4: Counsel on Breast Self-Examination (BSE) *423*

14. Pictorial Checklists.....424

Section 1: Common Instruments Used in Nursing 424

- Checklist 1: Identify the Parts of Stethoscope *424*
- Checklist 2: Identify the Parts of Sphygmomanometer *425*
- Checklist 3: Identify the Parts of Mercury Bulb Thermometer *426*
- Checklist 4: Tourniquets *427*
- Checklist 5: Identify the Parts of Syringe *427*
- Checklist 6: Identify the Parts of IV Cannula *428*
- Checklist 7: Identify the Parts of IV Drip Sets *429*
- Checklist 8: Identify Urinary Catheters *430*
- Checklist 9: Identify Feeding Tubes *431*
- Checklist 10: Identify O_2 Delivery Devices *431*
- Checklist 11: Identify the Parts of Ambu Bag *432*

Section 2: Investigation Interpretation 433

- Checklist 1: ECG Interpretations *433*
- Checklist 2: ABG Interpretations *435*

Section 3: Surgical Instruments 436

- Checklist 1: Identify the Parts of Long Surgical Instruments *436*
- Checklist 2: Identify the Types of Scissors *437*
- Checklist 3: Identify the Types of Forceps *437*
- Checklist 4: Identify the Types of Clamps *439*
- Checklist 5: Identify the Types of Retractors *439*
- Checklist 6: Identify the Types of Instruments Used in ENT *441*
- Checklist 7: Identify the Types of Ophthalmological Instruments *443*

5 Chapter

Foundations of Nursing-II: OSCE/OSPE Checklists

SECTION 1: HEALTH ASSESSMENT

CHECKLIST 1: HEALTH HISTORY TAKING

Checklist for Student

Note: Each step must be performed accurately and completely to score full marks against that step, zero marks will be awarded for partial, incorrect, or omitted steps.

Task: At this station the student is required to **take health history** of a patient/standardized patient/manikin.

S. No.	Steps	Marks
1.	Greet the patient respectfully	0.5
2.	Give self-introduction	0.5
3.	Perform hand hygiene	1
4.	Identify patient using two identifiers	1
5.	Explain procedure to the patient in vernacular language	1
6.	Obtain informed consent	1
7.	Ensure privacy	1
8.	Gather all required articles	1
9.	Collect medical and surgical history	1
10.	Collect family and psychosocial history	1
11.	Ask about medication and allergy history	1
12.	Observe verbal and nonverbal cues	1
13.	Maintain therapeutic communication	1
14.	Clarify unclear or confusing responses	1
15.	Summarize key information at the end	1
16.	Document information accurately and legibly	2
17.	Maintain confidentiality throughout the procedure	1
18.	Thank the patient respectfully	0.5
19.	Perform hand hygiene after completion	0.5
	Total	18

JAYPEE BROTHERS

Time required: 10–20 minutes

Materials required:
- Health history format/patient record form
- Pen
- Consent form
- Privacy screen or curtain
- PPE (if needed)

CHECKLIST 2: METHODS OF PHYSICAL EXAMINATION (*INSPECTION, PALPATION, PERCUSSION, AUSCULTATION, OLFACTION*)

Checklist for Student

Note: Each step must be performed accurately and completely to score full marks against that step, zero marks will be awarded for partial, incorrect, or omitted steps.

Task: At this station the student is required to **demonstrate methods of physical examination** on a patient/standardized patient/manikin.

S. No.	Steps	Marks
1.	Perform hand hygiene	1
2.	Gather all required articles	1
3.	Ensure patient privacy and comfort	1
4.	Give appropriate position	1
5.	Explain all five methods of examination	1
6.	Perform inspection appropriately	2
7.	Perform palpation (temperature, masses, tenderness)	2
8.	Perform percussion and interpret sounds	2
9.	Perform auscultation using stethoscope	2
10.	Use olfaction to detect unusual body odor (if any)	1
11.	Use correct technique for each method	1
12.	Document findings properly	1.5
13.	Perform hand hygiene after completion	0.5
	Total	18

Time required: 10–20 minutes

Materials required:
- Stethoscope
- Torch
- Percussion hammer (if available)
- Tongue depressor
- Cotton/gauze
- Gloves/PPE

JAYPEE BROTHERS

CHECKLIST 3: PERFORM PHYSICAL EXAMINATION (HEAD TO TOE)

Checklist for Student

Note: Each step must be performed accurately and completely to score full marks against that step, zero marks will be awarded for partial, incorrect, or omitted steps.

Task: At this station the student is required to **perform head-to-toe physical examination** on a patient/standardized patient/manikin.

S. No.	Steps	Marks
1.	Greet the patient respectfully	0.5
2.	Give self-introduction	0.5
3.	Perform hand hygiene	1
4.	Identify patient using two identifiers	1
5.	Explain procedure to the patient in vernacular language	1
6.	Obtain informed consent	1
7.	Ensure privacy	1
8.	Gather all required articles	1
9.	Observe general appearance and mental status	1
10.	Measure vital signs (TPR, BP, SpO_2)	2
11.	Inspect and palpate head and scalp	1
12.	Assess eyes (pupil reaction, vision, discharge)	1
13.	Examine ears (shape, wax, hearing grossly)	1
14.	Check nose for patency and discharge	1
15.	Examine mouth, lips, gums, and tongue	1
16.	Palpate lymph nodes and thyroid	1
17.	Inspect chest for shape and symmetry	1
18.	Auscultate lung sounds	1
19.	Auscultate heart sounds (S1, S2)	1
20.	Examine abdomen: inspection, auscultation, palpation	2
21.	Assess upper limbs: ROM, strength, sensation	1
22.	Assess lower limbs: ROM, strength, sensation	1
23.	Check skin for color, lesions, temperature	1
24	Observe gait and coordination (if applicable)	1
25.	Ensure comfort and safety postexamination	1
26.	Document findings systematically	1.5
27.	Perform hand hygiene after completion	0.5
	Total	28

JAYPEE BROTHERS

Time required: 20–30 minutes

Materials required:

- Stethoscope
- Thermometer
- BP apparatus
- Penlight/torch
- Tongue depressor
- Cotton/gauze
- Measuring tape
- Watch
- Gloves
- Hand sanitizer/PPE

CHECKLIST 4: BODY SYSTEMS EXAMINATION

Checklist for Student

Note: Each step must be performed accurately and completely to score full marks against that step, zero marks will be awarded for partial, incorrect, or omitted steps.

Task: At this station the student is required to **conduct body systems examination** on a patient/standardized patient/manikin.

S. No.	Steps	Marks
1.	Greet the patient respectfully	0.5
2.	Give self-introduction	0.5
3.	Perform hand hygiene	1
4.	Identify patient using two identifiers	1
5.	Explain procedure to the patient in vernacular language	1
6.	Obtain informed consent	1
7.	Ensure privacy	1
8.	Gather all required articles	1
9.	Assess respiratory system: Inspection, palpation, auscultation	2
10.	Assess cardiovascular system: Inspection, palpation, auscultation	2
11.	Assess gastrointestinal system: Inspection, auscultation, palpation, percussion	2
12.	Assess musculoskeletal system: Joints, ROM, strength	2
13.	Assess nervous system: Consciousness, reflexes, coordination	2
14.	Assess integumentary system: Color, texture, lesions	2
15.	Assess genitourinary system (if applicable and with consent)	1
16.	Maintain appropriate technique for each system	1
17.	Ensure patient comfort postassessment	1
18.	Document system-wise findings clearly	1.5
19.	Perform hand hygiene after completion	0.5
	Total	24

JAYPEE BROTHERS

Time required: 30–40 minutes

Materials required:

- Stethoscope
- BP apparatus
- Reflex hammer
- Torch
- Cotton swab
- Watch
- Tongue depressor
- PPE/gloves

CHECKLIST 5: IDENTIFY SYSTEM-WISE DEVIATIONS

Checklist for Student

Note: Each step must be performed accurately and completely to score full marks against that step, zero marks will be awarded for partial, incorrect, or omitted steps.

Task: At this station the student is required to **identify system-wise deviations** in a patient/standardized patient/manikin.

S. No.	Steps	Marks
1.	Review patient history and examination findings	2
2.	Identify deviations in respiratory system	2
3.	Identify deviations in cardiovascular system	2
4.	Identify deviations in gastrointestinal system	2
5.	Identify deviations in musculoskeletal or nervous system	2
6.	Interpret deviations based on clinical signs	2
7.	Report deviations to the concerned authority	2
8.	Document abnormal findings system-wise	2
9.	Maintain patient safety and communication	1
10.	Perform hand hygiene and follow standard precautions	1
	Total	18

Time required: 20–30 minutes

Materials required:

- Health assessment findings
- Pen and paper
- Patient record/chart
- PPE (if needed)

SECTION 2: THE NURSING PROCESS

CHECKLIST 1: THE NURSING PROCESS (ASSESSMENT, PLANNING, IMPLEMENTATION, EVALUATION)

Checklist for Student

Note: Each step must be performed accurately and completely to score full marks against that step, zero marks will be awarded for partial, incorrect, or omitted steps.

JAYPEE BROTHERS

Task: At this station the student is required to **apply the nursing process (assessment, planning, implementation, evaluation)** on a patient/standardized patient/manikin.

S. No.	Steps	Marks
1.	Greet the patient respectfully	0.5
2.	Give self-introduction	0.5
3.	Perform hand hygiene	1
4.	Identify patient using two identifiers	1
5.	Ensure privacy	1
6.	Gather all required articles	1
7.	Collect relevant data through observation, interview, and physical examination (assessment)	2
8.	Analyze data to identify nursing problems or needs	2
9.	Formulate appropriate nursing diagnoses	2
10.	Set SMART goals for each identified problem (planning)	2
11.	Select and prioritized nursing interventions	2
12.	Carry out planned interventions accurately (implementation)	2
13.	Maintain proper communication with the patient during care	1
14.	Ensure patient safety and comfort during all interventions	1
15.	Evaluate the effectiveness of interventions (evaluation)	2
16.	Revise care plan based on evaluation findings	1
17.	Document all steps of the nursing process clearly	2
18.	Follow infection control and hand hygiene practices	1
	Total	25

Time required: 30 minutes

Materials required:

- Patient record
- Nursing care plan format
- Pen
- Assessment tools
- PPE

SECTION 3: NUTRITIONAL NEEDS

CHECKLIST 1: NUTRITIONAL ASSESSMENT

Checklist for Student

Note: Each step must be performed accurately and completely to score full marks against that step, zero marks will be awarded for partial, incorrect, or omitted steps.

Task: At this station the student is required to **conduct nutritional assessment** of a patient/standardized patient.

JAYPEE BROTHERS

S. No.	Steps	Marks
1.	Greet the patient respectfully	0.5
2.	Give self-introduction	0.5
3.	Perform hand hygiene	1
4.	Identify patient using two identifiers	1
5.	Explain the purpose of nutritional assessment in vernacular language	1
6.	Obtain informed consent	1
7.	Ensure privacy	1
8.	Gather all required articles	1
9.	Collect dietary history using appropriate method (24-hour recall, food frequency, etc.)	2
10.	Assess anthropometric measurements (height, weight, BMI)	2
11.	Assess clinical signs of nutritional deficiencies	2
12.	Review laboratory values (e.g., hemoglobin, albumin) if available	1
13.	Identify risk factors affecting nutrition (e.g., chronic illness, swallowing issues)	1
14.	Assess feeding habits, appetite, and fluid intake	1
15.	Perform hand hygiene	1
16.	Document findings accurately and legibly	2
17.	Inform the patient about findings or refer if needed	1
	Total	20

Time required: 20 minutes

Materials required:

- Nutritional assessment format
- Pen
- Weighing scale
- Measuring tape
- BMI chart
- Gloves and PPE

CHECKLIST 2: NGT FEEDING

Checklist for Student

Note: Each step must be performed accurately and completely to score full marks against that step, zero marks will be awarded for partial, incorrect, or omitted steps.

Task: At this station the student is required to **administer nasogastric tube (NGT) feeding** to a patient/standardized patient/manikin.

S. No.	Steps	Marks
1.	Greet the patient respectfully	0.5
2.	Give self-introduction	0.5
3.	Verify the doctor's order	1

JAYPEE BROTHERS

S. No.	Steps	Marks
4.	Perform hand hygiene	1
5.	Identify patient using two identifiers	1
6.	Explain procedure to the patient in vernacular language	1
7.	Obtain informed consent	1
8.	Ensure privacy	1
9.	Gather all required articles	1
10.	Position patient in high Fowler's	1
11.	Check placement of NGT (by aspiration/auscultation)	2
12.	Assess for residual volume and return it, if per policy	1
13.	Keep farmula at room temperature	1
14.	Connect the syringe or feeding set to NGT	1
15.	Administer feed slowly by gravity	2
16.	Flush tube with water before and after feeding	1
17.	Observe patient for discomfort or complications	1
18.	Ensure patient remain upright for at least 30 minutes postfeeding	1
19.	Perform hand hygiene	1
20.	Document type, amount, and tolerance of feed	2
	Total	22

Time required: 20–30 minutes

Materials required:

- NGT feed (formula/water)
- Feeding syringe or set
- Stethoscope
- pH strip (if used)
- Gloves and apron
- Towel, kidney tray
- Water for flushing

SECTION 4: HYGIENE

CHECKLIST 1: CARE OF SKIN AND HAIR

Checklist for Student

Note: Each step must be performed accurately and completely to score full marks against that step, zero marks will be awarded for partial, incorrect, or omitted steps.

Task: At this station the student is required to **provide care of skin and hair** to a patient/standardized patient/manikin.

JAYPEE BROTHERS

S. No.	Steps	Marks
1.	Greet the patient respectfully	0.5
2.	Give self-introduction	0.5
3.	Perform hand hygiene	1
4.	Identify patient using two identifiers	1
5.	Explain procedure to the patient in vernacular language	1
6.	Obtain informed consent	1
7.	Ensure privacy	1
8.	Gather all required articles	1
9.	Inspect the skin for dryness, rash, or redness	1
10.	Apply lotion or moisturizer to dry skin	1
11.	Comb the hair gently to remove tangles	1
12.	Check the scalp for dandruff, lice, or lesions	1
13.	Maintain patient's comfort and dignity	1
14.	Dispose of used items properly	1
15.	Perform hand hygiene	1
16.	Document skin and hair condition and care provided	2
	Total	16

Time required: 15–20 minutes

Materials required:

- Towel
- Comb or brush
- Hair oil (optional)
- Lotion or moisturizer
- Gloves
- Kidney tray
- PPE (if required)

CHECKLIST 2: SPONGE BATH/BED BATH

Checklist for Student

Note: Each step must be performed accurately and completely to score full marks against that step, zero marks will be awarded for partial, incorrect, or omitted steps.

Task: At this station the student is required to **give a sponge bath/bed bath** to a patient/standardized patient/manikin.

S. No.	Steps	Marks
1.	Greet the patient respectfully	0.5
2.	Give self-introduction	0.5
3.	Perform hand hygiene and wear clean gloves	1

JAYPEE BROTHERS

S. No.	Steps	Marks
4.	Identify patient using two identifiers	1
5.	Explain procedure to the patient in vernacular language	1
6.	Obtain informed consent	1
7.	Ensure privacy	1
8.	Gather all required articles	1
9.	Adjust the room temperature	1
10.	Prepare warm water	1
11.	Position the patient comfortably in bed	1
12.	Cover the patient and expose only one body part at a time	1
13.	Wash the face gently without soap	1
14.	Clean the body in proper sequence: Neck, arms, chest, abdomen, legs, and back	2
15.	Chang water if it became dirty or cold	1
16.	Dry each area thoroughly after washing	1
17.	Apply lotion or powder to dry areas if needed	1
18.	Reposition the patient and change linen if soiled	1
19.	Ensure patient comfort and safety postprocedure	1
20.	Dispose of used articles appropriately	1
21.	Remove gloves and perform hand hygiene	1
22.	Document procedure and observations (e.g., skin condition)	2
	Total	23

Time required: 20–30 minutes

Materials required:
- Basin with warm water
- Soap
- Towels and washcloths
- Mackintosh
- Lotion or powder
- Clean gown
- Gloves
- Bed linen (if needed)
- Privacy screen

CHECKLIST 3: CARE OF PRESSURE POINTS

Checklist for Student

Note: Each step must be performed accurately and completely to score full marks against that step, zero marks will be awarded for partial, incorrect, or omitted steps.

Task: At this station the student is required to **provide care of pressure points** to a patient/standardized patient/manikin.

JAYPEE BROTHERS

S. No.	Steps	Marks
1.	Greet the patient respectfully	0.5
2.	Give self-introduction	0.5
3.	Perform hand hygiene and wear gloves	1
4.	Identify patient using two identifiers	1
5.	Explain procedure to the patient in vernacular language	1
6.	Obtain informed consent	1
7.	Ensure privacy	1
8.	Gather all required articles	1
9.	Expose only the pressure-prone areas	1
10.	Inspect skin over bony prominences	1
11.	Gently massage areas with lotion or oil	1
12.	Reposition the patient to relieve pressure	1
13.	Use pillows or foam pads to offload pressure	1
14.	Maintain patient comfort throughout care	1
15.	Dispose of waste	1
16.	Remove gloves and perform hand hygiene	1
17.	Document findings and care provided	2
	Total	17

Time required: 15–20 minutes

Materials required:

- Towel
- Lotion or oil
- Gloves
- Pillows or foam pads
- Drapes or sheets

CHECKLIST 4: BACK MASSAGES

Checklist for Student

Note: Each step must be performed accurately and completely to score full marks against that step, zero marks will be awarded for partial, incorrect, or omitted steps.

Task: At this station the student is required to **give a back massage** to a patient/standardized patient/manikin.

S. No.	Steps	Marks
1.	Greet the patient respectfully	0.5
2.	Give self-introduction	0.5
3.	Perform hand hygiene wear gloves if needed	1
4.	Identify patient using two identifiers	1
5.	Explain procedure to the patient in vernacular language	1

JAYPEE BROTHERS

S. No.	Steps	Marks
6.	Obtain informed consent	1
7.	Ensure privacy	1
8.	Gather all required articles	1
9.	Position the patient comfortably in lateral or prone position	1
10.	Warm lotion/oil in hands before application	1
11.	Apply gentle but firm strokes (effleurage, kneading)	2
12.	Observe skin for abnormalities during massage	1
13.	Maintain good posture while performing massage	1
14.	Wipe off excess lotion and help patient redress	1
15.	Ensure comfort and safety postmassage	1
16.	Remove gloves and perform hand hygiene	1
17.	Document procedure and patient's response	2
	Total	18

Time required: 10–15 minutes

Materials required:
- Lotion or oil
- Towel
- Pillow
- Gloves (if needed)
- Drapes or sheets

CHECKLIST 5: PRESSURE SORE RISK ASSESSMENT (USING BRADEN SCALE)

Checklist for Student

Note: Each step must be performed accurately and completely to score full marks against that step, zero marks will be awarded for partial, incorrect, or omitted steps.
Task: At this station the student is required to **carry out pressure sore risk assessment using the Braden Scale** on a patient/standardized patient/manikin.

S. No.	Steps	Marks
1.	Greet the patient respectfully	0.5
2.	Give self-introduction	0.5
3.	Perform hand hygiene	1
4.	Identify patient using two identifiers	1
5.	Explain the purpose of assessment in vernacular language	1
6.	Obtain informed consent	1
7.	Ensure privacy	1
8.	Gather all required articles	1
9.	Assess sensory perception	1
10.	Assess moisture exposure	1

JAYPEE BROTHERS

S. No.	Steps	Marks
11.	Assess physical activity level	1
12.	Assess mobility	1
13.	Assess nutritional status	1
14.	Assess friction and shear risk	1
15.	Score each item and total the score accurately	2
16.	Interpret the risk level correctly	1
17.	Perform hand hygiene after procedure	1
18.	Document the risk level and inform the care team	2
	Total	19

Time required: 10–15 minutes

Materials required:

- Braden scale form/chart
- Pen
- Patient records
- Gloves

CHECKLIST 6: HAIR WASH

Checklist for Student

Note: Each step must be performed accurately and completely to score full marks against that step, zero marks will be awarded for partial, incorrect, or omitted steps.

Task: At this station the student is required to **wash hair** of a patient/standardized patient/manikin.

S. No.	Steps	Marks
1.	Greet the patient respectfully	0.5
2.	Give self-introduction	0.5
3.	Perform hand hygiene	1
4.	Identify patient using two identifiers	1
5.	Explain procedure to the patient in vernacular language	1
6.	Obtain informed consent	1
7.	Ensure privacy	1
8.	Gather all required articles	1
9.	Protect bed with waterproof sheet	1
10.	Position the patient near sink or use hair washing tray	1
11.	Wet the hair with lukewarm water	1
12.	Apply shampoo and massage scalp gently	1
13.	Rinse hair thoroughly and apply conditioner if required	1
14.	Dry hair with clean towel	1
15.	Comb hair and reposition patient	1

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S. No.	Steps	Marks
16.	Dispose of waste	1
17.	Perform hand hygiene	1
18.	Document hair condition and care given	2
	Total	18

Time required: 15–20 minutes

Materials required:

- Shampoo and conditioner
- Towels
- Jug and basin or hair-wash tray
- Waterproof sheet
- Comb or brush
- Gloves

CHECKLIST 7: ORAL HYGIENE

Checklist for Student

Note: Each step must be performed accurately and completely to score full marks against that step, zero marks will be awarded for partial, incorrect, or omitted steps.

Task: At this station the student is required to **provide oral hygiene** to a patient/standardized patient/manikin.

S. No.	Steps	Marks
1.	Greet the patient respectfully	0.5
2.	Give self-introduction	0.5
3.	Perform hand hygiene and wear gloves	1
4.	Identify patient using two identifiers	1
5.	Explain procedure to the patient in vernacular language	1
6.	Obtain informed consent	1
7.	Ensure privacy	1
8.	Gather all required articles	1
9.	Position the patient properly (semi-Fowler's or side-lying)	1
10.	Place towel and kidney tray under the chin	1
11.	Brush teeth/gums/tongue gently or clean using swabs	2
12.	Rinse mouth and wipe lips	1
13.	Inspect oral cavity for lesions, odor, or sores	1
14.	Apply lip moisturizer if needed	1
15.	Ensure comfort and safety postcare	1
16.	Dispose of articles	1
17.	Remove gloves and perform hand hygiene	1
18.	Document oral hygiene and any abnormalities	2
	Total	19

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Time required: 10–15 minutes

Materials required:
- Toothbrush or mouth swabs
- Toothpaste
- Towel
- Kidney tray
- Cup of water
- Gloves
- Lip moisturizer

CHECKLIST 8: PERINEAL HYGIENE

Checklist for Student

Note: Each step must be performed accurately and completely to score full marks against that step, zero marks will be awarded for partial, incorrect, or omitted steps.

Task: At this station the student is required to **provide perineal hygiene** to a patient/standardized patient/manikin.

S. No.	Steps	Marks
1.	Greet the patient respectfully	0.5
2.	Give self-introduction	0.5
3.	Perform hand hygiene and wear gloves	1
4.	Identify patient using two identifiers	1
5.	Explain procedure to the patient in vernacular language	1
6.	Obtain informed consent	1
7.	Ensure privacy	1
8.	Gather all required articles	1
9.	Place mackintosh and towel under patient	1
10.	Clean perineal area front to back using clean technique	2
11.	Use separate swabs for each stroke	1
12.	Dry the area with clean towel	1
13.	Apply prescribed ointment/powder if required	1
14.	Remove dirty linen and reposition patient	1
15.	Ensure comfort and safety postprocedure	1
16.	Dispose waste	1
17.	Remove gloves and perform hand hygiene	1
18.	Document care and any abnormal findings	2
	Total	19

Time required: 15-20 minutes

Materials required:
- Clean water and basin
- Soap or antiseptic solution

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- Cotton swabs or washcloths
- Mackintosh
- Towels
- Gloves
- Prescribed ointment (if needed)

CHECKLIST 9: CATHETER CARE

Checklist for Student

Note: Each step must be performed accurately and completely to score full marks against that step, zero marks will be awarded for partial, incorrect, or omitted steps.

Task: At this station the student is required to **provide catheter care** to a patient/manikin.

S. No.	Steps	Marks
1.	Greet the patient respectfully	0.5
2.	Give self-introduction	0.5
3.	Perform hand hygiene	1
4.	Identify patient using two identifiers	1
5.	Explain procedure to the patient in vernacular language	1
6.	Obtain informed consent	1
7.	Ensure privacy	1
8.	Gather all required articles	1
9.	Position the patient and expose perineal area	1
10.	Place mackintosh under patient	1
11.	Wear sterile gloves	1
12.	Clean urethral area with aseptic technique	2
13.	Hold catheter to avoid tension and clean away from body	2
14.	Dry the area and reposition patient	1
15.	Ensure drainage bag remained below bladder level	1
16.	Dispose of waste	1
17.	Remove gloves properly and perform hand hygiene	1
18.	Document care and any signs of infection	2
	Total	20

Time required: 15–20 minutes

Materials required:

- Antiseptic solution
- Cotton swabs
- Gloves (sterile)
- Disposable drape or mackintosh
- Kidney tray
- PPE (if required)

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SECTION 5: ELIMINATION NEEDS

CHECKLIST 1: PROVIDE URINAL

Checklist for Student

Note: Each step must be performed accurately and completely to score full marks against that step, zero marks will be awarded for partial, incorrect, or omitted steps.

Task: At this station the student is required to **provide a urinal** to a patient/manikin.

S. No.	Steps	Marks
1.	Greet the patient respectfully	0.5
2.	Give self-introduction	0.5
3.	Perform hand hygiene and wear gloves	1
4.	Identify patient using two identifiers	1
5.	Explain procedure to the patient in vernacular language	1
6.	Obtain informed consent	1
7.	Ensure privacy	1
8.	Gather all required articles	1
9.	Position the patient appropriately (supine or semi-Fowler's)	1.5
10.	Place protective sheet under the patient if needed	1
11.	Hand the urinal to the male patient or place it for female	2
12.	Ensure comfort and allow privacy during voiding	1
13.	Remove urinal carefully without spillage	1.5
14.	Measure and record output if indicated	1
15.	Dispose of urine as per protocol	1
16.	Remove gloves and perform hand hygiene	1
17.	Document the procedure accurately	1
	Total	18

Time required: 10–15 minutes

Materials required:

- Urinal
- Gloves
- Protective sheet
- Tissue paper
- Measuring jar (if needed)
- Hand sanitizer or soap

CHECKLIST 2: PROVIDE BED PAN

Checklist for Student

Note: Each step must be performed accurately and completely to score full marks against that step, zero marks will be awarded for partial, incorrect, or omitted steps.

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Task: At this station the student is required to **provide a bedpan** to a patient/manikin.

S. No.	Steps	Marks
1.	Greet the patient respectfully	0.5
2.	Give self-introduction	0.5
3.	Perform hand hygiene and wear gloves	1
4.	Identify patient using two identifiers	1
5.	Explain procedure to the patient in vernacular language	1
6.	Obtain informed consent	1
7.	Ensure privacy	1
8.	Gather all required articles	1
9.	Position the patient properly (supine, bent knees, then elevated hips)	1
10.	Place bed pan under the patient correctly	1
11.	Provide toilet paper or tissue within reach	1
12.	Allow time and instruct patient to call when done	1
13.	Assist in removing bed pan carefully	1
14.	Observe stool/urine and record output if required	2
15.	Provide perineal care if necessary	1
16.	Dispose of waste and clean bed pan	1
17.	Remove gloves and perform hand hygiene	1
18.	Document the procedure and any findings	2
	Total	19

Time required: 10–15 minutes

Materials required:

- Bed pan
- Gloves
- Protective sheet
- Toilet paper/tissue
- Soap and water or wipes
- Measuring container (if needed)
- PPE

CHECKLIST 3: INSERTION OF SUPPOSITORY

Checklist for Student

Note: Each step must be performed accurately and completely to score full marks against that step, zero marks will be awarded for partial, incorrect, or omitted steps.

Task: At this station the student is required to **insert a suppository** into a patient/manikin.

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Mohd Suhail Jogi MSc Nursing (Mental Health) is a nursing officer at Sher-I-Kashmir Institute of Medical Sciences (SKIMS), Srinagar, Jammu and Kashmir. He has worked in critical care areas and has been Tutor at Mader-e-Meharban Institute of Nursing Sciences and Research, (MMINSR, SKIMS). He has completed BSc Nursing from Bibi Halima College of Nursing and Medical Technology and Internship from King Fahad Medical City (Riyadh SA). He earned his master's degree in Mental Health Nursing from MMINSR, SKIMS. His research work is widely published as original research papers in peer-reviewed international journals. He has participated in various national and international nursing conferences.

Shazia Gurgani MSc Nursing is an Assistant Professor at Bibi Halima College of Nursing and Medical Technology. She is teaching Maternal Health Nursing, Child Health Nursing, Nursing Research, and Leadership and Nursing Management for the past 14 years. She is a recognized PG research guide from University of Kashmir. She is IGNOU Counselor for Post Basic BSc Nursing Program. She has done BSc Nursing from Bibi Halima College of Nursing and Medical Technology and Internship from King Fahad Medical City (Riyadh SA). She earned her master's degree in Maternal Health Nursing from MMINSR, SKIMS. She has published various original research papers in peer-reviewed international journals.

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