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Practical Record Book of Rasa Shastra and Bhaishajya Kalpana for BAMS Students

(Ayurveda Pharmaceutics and Clinical Pharmacology)

Name of the Candidate: _____

Name of the Institution: _____

_____

Surinder Kumar

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PHOTOS/DIAGRAM

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Postoperative (Paschat Karma)

1. _____
2. _____
3. _____
4. _____

Observation

1. _____
2. _____
3. _____
4. _____

Confirmative Test/Chief Desired Character

1. _____
2. _____
3. _____

Precautions

1. _____
2. _____
3. _____
4. _____

Results

Organoleptic test:	**Total duration required: ____ days ____ hours ____ min ____**
Shabda: _____	**Initial weight: _____ g**
Sparsha: _____	**Final weight: _____ g**
Rupa: _____	**Loss/Gain in weight: _____ g**
Rasa: Pradhan _____, Anu _____	**Reason for loss/Gain in weight: _____**
Gandha: _____	_____
Guna: _____	**Dose: _____**
Virya: _____	**Anupana: _____**
Vipaka: _____	**Aushad Sevan Kala _____**
Karma: _____	**Shelf life: _____ years _____ months**

Chemical Composition

_____

_____

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Uses

Pharmaceutical

1. _____
2. _____

Therapeutic

1. _____
2. _____

External

1. _____
2. _____

Pathya-Apathya

_____

_____

_____

Dushprabhav (If any)

_____

_____

_____

Discussion

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

Signature of the Student **Signature of the Supervisor**

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RASA SHASTRA AND BHAISHAJYA KALPANA

(AYURVEDA PHARMACEUTICS AND CLINICAL PHARMACOLOGY)

AyUG-RB Practical Format

Name of the Practical: _____ **Serial No:** _____

Reference with verse:

Date of commencement: _____ **Date of completion:** _____

Process/Principle: _____

Aim: _____

Equipment: _____

_____

Ingredients:

Sl. No.	*Name of raw drug*	*English name/Botanical name*	*Part used*	*Quantity*
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				

Media used: _____

Method of preparation: _____

Preoperative (Purva Karma)

1. _____
2. _____
3. _____
4. _____

Operative (Pradhan Karma)

1. _____
2. _____
3. _____
4. _____

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PHOTOS/DIAGRAM

JAYPEE BROTHERS

Postoperative (Paschat Karma)

1. _____
2. _____
3. _____
4. _____

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Guna: _____	**Dose: _____**
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Chemical Composition

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_____

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Pathya-Apathya

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_____

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Dushprabhav (If any)

_____

_____

_____

Discussion

_____

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_____

Signature of the Student **Signature of the Supervisor**

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PHARMACY VISIT REPORT

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PHARMACY VISIT REPORT

Name of Pharmacy : _____

Address : _____

_____

Date of visit : _____

Purpose of visit : _____

Duration (hours) : _____

No. of students : _____

Faculty accompanied : _____

OBSERVATIONS

A. Establishment, Certification and Market

Year of establishment : _____

Certification type : _____

Licensed for : _____

Number of licensed drugs : _____

Turnover : _____ per year

B. Product

Number of classical formulations : _____

Number of proprietary formulations : _____

Name of frequently manufacturing/sale drug(s) : _____

_____

TABLE 1: Name of five products with details of their use.

Sl. No.	*Name of product*	*Type of dosage form*	*Mukhya Ghatak*	*Category*	*Uses*
1.					
2.					
3.					
4.					
5.					

C. Quality Control Laboratory

In-house quality control laboratory facility : _____

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TABLE 2: Name and utility of any five instruments/equipment available in lab.

Sl. No.	*Name of instruments/equipment*	*Utility*
1.		
2.		
3.		
4.		
5.		

D. Premises

Number and name of sections in premises : _____

_____

_____

Additional subsections, if any : _____

Restricted manufacturing area(s) : _____

Flowchart of pharmacy premises during visit : _____

Any other points need to report : _____

_____

_____

PHOTOS

Signature of the Student **Signature of the Teacher**

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Practical Record Book of Rasa Shastra and Bhaishajya Kalpana for BAMS Students

Salient Features

This practical record book will cover various aspects of Rasa Shastra, including:

- *Preparation of Dosage Forms:* Techniques for preparing various Ayurvedic formulations, including bhasmas and rasas.
- *Standard Operating Procedures (SOPs):* Guidelines for safely preparing and handling Rasa Shastra medicines.
- *Quality Control and Standardization:* Methods to ensure the quality, consistency, and efficacy of formulations.
- *Observations and Results:* A structured approach to recording experiment observations and outcomes.
- Through this practical record book, students will gain hands-on experience and develop essential skills in preparing Ayurvedic formulations, ensuring safety, efficacy, and quality in the process.

Surinder Kumar BAMS MD (Rasa Shastra) is a distinguished figure in the field of Ayurveda, currently serving as the Principal and Professor at Ayujyoti Ayurvedic College and Hospital, Sirsa, Haryana, India. He completed BAMS (Bachelor of Ayurvedic Medicine and Surgery) from SSMD Ayurvedic College and Hospital, Moga (Baba Farid University of Health Sciences, Faridkot) in 2006 and MD (Rasa Shastra) from BMJ Ayurvedic College and Research Centre, Gajendragad (Rajiv Gandhi University of Health Sciences, Bengaluru) in 2014. He served as Assistant Professor and Associate Professor at Saint Sahara Ayurvedic Medical College and Hospital, Bathinda, Punjab, India from 2014 to 2024. He holds a senior editorial position in the Journal of Natural and Ayurvedic Medicine, contributing to the publication of research papers and articles. He served as Ex-Senate Member at Guru Ravidas Ayurved University, Hoshiarpur, Punjab, India. He specializes in Rasa Shastra, a branch of Ayurveda that deals with metal and mineral preparations. He has a strong background in teaching, research, and administration, with a focus on promoting Ayurvedic education and practice.

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