PEDIATRIC NURSING RECORD BOOK

For BSc Nursing

SEMESTER V AND VI



As per the Revised INC Syllabus

Name of the Candidate: _____

Name of the Institution: _____

_____

2nd Edition

Rimple Sharma

JAYPEE

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Case Studies

3

CASE STUDY – 1

I. Patient's Profile
Identification data:

1. Name of the patient: _____
2. Name of the informant: _____
3. Father's Name: _____
4. Age/Gender: _____
5. Date of admission: _____
6. IPD no.: _____
7. Doctor in-charge: _____
8. Diagnosis: _____

II. Chief Complaints

_____
_____
_____
_____
_____
_____
_____

III. History of Present Illness

_____
_____
_____
_____
_____
_____
_____
_____

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IV. History of the Past Illness (medical and surgical)

V. Any Family History of Illness (medical and surgical)

VI. Details of Family

Sl. No.	*Name of the family member*	*Age/Gender*	*Relation with the patient*	*Remarks*
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				

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VII. Family Tree (Please draw the line diagram)

VIII. Socioeconomic Status

IX. Maternal History

a. Prenatal and natal history:

b. Postnatal history:

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X. Birth History

_____

_____

_____

_____

_____

_____

_____

XI. Personal History of the Child

a. Dietary history: _____

_____

b. Toilet training/Bladder and bowel pattern: _____

_____

c. Play habits: _____

_____

d. Sleep pattern: _____

_____

e. Schooling: _____

_____

f. Immunization status:

Vaccines	*Age of administration*	*Date*			*Remarks*
		Due on	*Given on*	*Pending*	
BCG	At birth or as early as possible till 1 year of age				
Hepatitis B	At birth or as early as possible within 24 hours				
OPV – Zero dose	At birth or as early as possible within first 15 days				
OPV – 1, 2 and 3	At 6 weeks, 10 weeks and 14 weeks (OPV can be given till 5 years of age)				
Pentavalent – 1, 2 and 3	At 6 weeks, 10 weeks and 14 weeks (can be given till 1 year of age)				
Rotavirus	At 6 weeks, 10 weeks and 14 weeks (can be given till 1 year of age)				
iPV	Two fractional dose at 6 weeks and 14 weeks of age				
Measles/MR (1st dose)	9–12 months (can be given till 5 years of age)				
Japanese encephalitis – 1	9–12 months				

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Vaccines	*Age of administration*	*Date*			*Remarks*
		Due on	*Given on*	*Pending*	
Vitamin A (1st dose)	At 9 months, thereafter every 6 months				
DPT booster – 1st	16–24 months				
Measles/MR (2nd dose)	16–24 months				
OPV booster	16–24 months				
Japanese encephalitis – 2	16–24 months				
DPT booster – 2nd	5–6 years				
TT	10 and 16 years				
Any optional vaccination					

XII. Assessment of Growth and Development:

A. Anthropometric assessment

Sl. No.	*Anthropometric measurement*	*Child's value*	*Normal value*	*Remarks*
1.	Weight (in kg)			
2.	Length/Height (in cm)			
3.	Head circumference (in cm)			
4.	Chest circumference (in cm)			
5.	Midarm circumference (in cm)			

B. Development milestone of the child according to age:

- Gross motor: _____
- Fine motor: _____
- Language: _____
- Psychosocial: _____

C. Theoretical approach of development of child:

1. Freud's psychology development stage:

_____

_____

_____

2. Erik Erikson's psychosocial development stage:

_____

_____

_____

3. Piaget's cognitive development stage:

_____

_____

_____

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4. Kohlberg's moral development stage:

_____

_____

_____

_____

_____

D. Physical assessment

1. General appearance

1. Look:
2. Body build:
3. Level of consciousness:
4. Activity:
5. Posture:

2. Skin

1. Color:
2. Texture:
3. Any lesion or infection:
4. Any rash:
5. Nails:

3. Head

1. Hair:
2. Scalp:
3. Face:
4. Shape of head:
5. Fontanels/sutures:

4. Eyes

1. Eyebrows:
2. Eyelashes:
3. Eyelids:
4. Eyeball:
5. Conjunctiva:
6. Sclera:
7. Cornea and iris:
8. Lens:
9. Any visible malformation:

5. Ears

1. External ear:
2. Hearing:
3. Any visible malformation:

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6. Nose

1. Any discharge:
2. Any visible malformation:

7. Mouth

1. Lips:
2. Odor of mouth:
3. Tongue:
4. Teeth:
5. Any visible infection like oral thrush or malformation like Cleft Lip/Cleft Palate:

8. Neck

1. Shape: Symmetrical/asymmetrical
2. Lymph nodes:
3. Thyroid gland:

9. Chest

1. Shape: Symmetric/Asymmetric
2. Expansion: Bilateral/unilateral
3. Breast nodules: Present/absent

10. Abdomen

1. Inspection:
2. Palpation:
3. Auscultation:
4. Percussion:
5. Any ascites/edema/visible malformation: Present/absent

11. Back and Spine

_____

_____

_____

_____

_____

_____

12. Extremities

Upper extremities:

_____

_____

_____

_____

_____

_____

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Lower extremities:

13. Genitalia

14. Rectum

15. Any Special Observations/Remarks

16. Treatment (Complete Prescription with Name of Drug, Dose, Frequency, Route)

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DISEASE CONDITION

Definition

Review of Related Anatomy and Physiology

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Etiology

Pathophysiology (Draw flow/line diagram)

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Narrative Pathophysiology

Clinical Manifestations

Sl. No.	*Book picture*	*Patient picture*
	Primary	
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

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Diagnostic Evaluation

Sl. No.	*According to book*	*Done for patient*
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

Investigations

Sl. No.	*Investigation*	*Patient's value*	*Normal value*	*Remarks*
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				

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Sl. No.	*Investigation*	*Patient's value*	*Normal value*	*Remarks*
10.				
11.				
12.				
13.				
14.				
15.				
16.				
17.				
18.				
19.				
20.				

MANAGEMENT

Medical Management (Book Picture)

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Surgical Management (if any-Book Picture)

Dietary Management (Book Picture)

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Other Supportive Therapies (if any)

Nursing Management

Sl. No.	*Nursing management*
	Priority Patient Needs
1.	
2.	
3.	
4.	
5.	

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Nursing Care Plan

Name: _____ IPD No.: _____ Diagnosis: _____

Age: _____ Doctor in-charge: _____ DOA: _____

Assessment					
Subjective and objective data	***Diagnosis***	***Planning***	***Implementation***	***Rationale***	***Evaluation***
Subjective: Objective:					

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Assessment		Diagnosis	Planning	Implementation	Rationale	Evaluation
Subjective and objective data						
Subjective:						
Objective:						

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Assessment		Diagnosis	Planning	Implementation	Rationale	Evaluation
Subjective and objective data						
Subjective:						
Objective:						

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Assessment		Diagnosis	Planning	Implementation	Rationale	Evaluation
Subjective and objective data						
Subjective:						
Objective:						

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Assessment		Diagnosis	Planning	Implementation	Rationale	Evaluation
Subjective and objective data						
Subjective:						
Objective:						

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Nurses Notes on Patients' Daily Progress

Day 1:

Day 2:

Day 3:

Day 4:

Day 5:

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Health Education to Patient/Caregivers

Prognosis of the Patient

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PEDIATRIC NURSING

RECORD BOOK For BSc Nursing

Salient Features

- Drafted as per the revised Indian Nursing Council (INC) syllabus.
- User-friendly language and format for enhanced student comprehension.
- Meets students' professional expectations.
- Ensures acquisition of both theoretical knowledge and documentation of practical skills.

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