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MENTAL HEALTH NURSING

Practical Record Book

for General Nursing and Midwifery

Name of the Candidate: _____

Name of the Institution: _____

_____

R Sreevani

JAYPEE

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Part III
ASSESSMENT IN CHILD GUIDANCE CLINIC

ASSIGNMENT 5 AND 6: HISTORY TAKING AND MENTAL STATUS EXAMINATION IN CHILD PSYCHIATRIC NURSING

I. Demographic Data

Name : Age : Date of birth :

Sex : Address :

Income : Residence : Urban / semi-urban / rural

Hospital no. :

Informant : Mother/father/others

II. Chief Complaints (with duration in brief) :

III. History of Present Illness

Onset of symptoms :

Description of symptoms in chronological order with duration :

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Functional impairment :

IV. Family History

Nuclear/non-nuclear :

Consanguineous marriage / non-consanguineous marriage :

History of mental illness / epilepsy / mentally retarded / any other :

Genogram (three generations) :

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Family history of mental illness :

Living arrangement of the child :
(with whom and where the child is currently living)

Emotional atmosphere at home :
(parental relationships, communication pattern, relationships between siblings, family rituals)

V. Personal History

Antenatal history :

Perinatal history :

Postnatal history :

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Milestones :
(motor, social, language development)

Current development status :

Current schooling :

Habits :

Interest and talents :

Sexual history :

Menarche and puberty status :

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VI. Current Functioning

Intelligence : Above average / average / below average

School performance : Above average / average / below average

Self-help : Age appropriate

a. Toilet : Yes / no
b. Dressing : Yes / no
c. Eating : Yes / no
d. Bathing / Washing : Yes / no

VII. Mental Status Examination

General observation :

Rapport :

Attention and concentration :

Activity level :

Speech and language ability :

Mood and affect :

Thought process :

Perceptual disturbances :

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VIII. Physical Examination

Vision :

Hearing :

Head circumference :

Height :

Weight :

CNS :

Respiratory system :

Cardiovascular system :

Gastrointestinal system :

Genito urinary system :

Birth marks :

IX. Treatment History Till Date

Summary

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ASSIGNMENT 7: HEALTH EDUCATION

Name of the topic :

Group and number :

Place :

Date and time:

Duration of health education :

Name of the student :

Name of the supervisor :

Method of teaching :

AV aids :

General objective :

Specific objectives :

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Specific objective	Content	AV aids	Evaluation

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Specific objective	Content	AV aids	Evaluation

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Specific objective	Content	AV aids	Evaluation

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Specific objective	Content	AV aids	Evaluation

References :

Name and Signature of Student

Name and Signature of Supervisor

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ASSIGNMENT 8: OBSERVATIONAL REPORT ON CHILD GUIDANCE CLINIC

Date of visit:

Describe philosophy of the child guidance clinic:

List the objectives of clinic :

1.

2.

3.

4.

5.

List various services provided by the clinic :

1.

2.

3.

4.

Draw the organizational structure of the clinic:

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MENTAL HEALTH NURSING

Practical Record Book *for General Nursing and Midwifery*

Salient Features

- Provides guidelines for writing psychiatric nursing assignments
- Well-organized and systematically written as per curriculum requirement
- Written in a simple and comprehensible language
- Provides guidelines for writing admission and discharge notes, process recording, care plan, case study and community case work.



R Sreevani PhD (Psychiatric Nursing) presently working as Professor and Head, Department of Psychiatric Nursing, Dharwad Institute of Mental Health and Neurosciences (DIMHANS), Dharwad, Karnataka, India, was awarded PhD in Psychiatric Nursing under National Consortium for PhD in Nursing from Rajiv Gandhi University of Health Sciences, Karnataka. She has secured her Master Degree in Psychiatric Nursing from National Institute of Mental Health and Neurosciences (NIMHANS), Bengaluru, Karnataka, one of the premier institutions in the country. She has graduated with distinction from College of Nursing, Kurnool, Andhra Pradesh, with a 1st rank position and securing four gold medals instituted by student welfare bodies.

She is a certified body-mind-spirit practitioner from Hong Kong University, Hong Kong and also has a Postgraduate Diploma in Nutrition and Dietetics Management from Institute for Social Sciences and Research, Vellore, Tamil Nadu. She has authored "A Guide to Mental Health and Psychiatric Nursing", "Psychology for Nurses", "Mental Health Nursing Practical Record Book" and co-authored another publication titled "Question Bank (Mental Health Nursing for Undergraduate Nursing Students)" published by M/s Jaypee Brothers Medical Publishers, New Delhi. She has published research articles in national and international journals; organized workshops; presented scientific papers in national and international conferences and also been a resource person for national and international conferences/workshops. She has been conferred with the "National Florence Nightingale Award, 2015" for her noteworthy contribution in the field of nursing education.

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