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Practical Record Book of Auxiliary Nurse Midwifery (ANM)

(2 Years Course)

(As per INC Syllabus)

Name of the Candidate: _____

Name of the Institution: _____

_____

Rahish Chand Suthar

JAYPEE

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HEALTH PROMOTION

Procedure name	Date of demo	Signature of tutor	Date of redemo	Signature of supervisor
1. Admission procedure a. Preparation of unit b. Reception of patient c. Care of patient d. Recording and reporting				
2. Bed making a. Closed bed b. Open bed c. Admission bed d. Occupied bed e. Operation bed f. Cardiac bed g. Fracture bed h. Amputation bed I. Blanket bed				
3. Discharge patient a. Preparation of patient b. Discharge procedure c. Hospital policies d. Follow-up e. Referral system				
4. Personal hygiene a. Mouth care or oral care b. Care of skin c. Care of hair d. Back care e. Care of pressure points f. Bed bath g. Sponge bath h. Nail care i. Hand care j. Feet care k. Care of eye, ear and nose l. Care during menstrual period				
5. Positioning a. Prone position b. Supine position c. Recumbent position d. Lateral or side lying position e. Fowler's position f. Semi-Fowler's position g. Lithotomy position h. Knee chest position i. Trendelenburg position				

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Procedure name	Date of demo	Signature of tutor	Date of redemo	Signature of supervisor
6. Comfort devices a. Air cushions b. Mattress c. Pillows d. Back rest e. Bed blocks f. Bed cradle g. Sand bag h. Cardiac table i. Cotton rings				
7. Assessment of patient a. Physical assessment • Height • Weight b. Head-to-toe examination c. Urine or stool examination d. Sputum examination				
8. Therapeutic procedures a. Handwashing b. Mask c. Gowning d. Gloving				
9. Inhalations a. Suctioning b. Oronasal suctioning c. Oxygen administration d. Nebulization e. Nelson inhaler				
10. Hot and cold application a. Hot water bottles b. Ice caps c. Cold pack d. Sponging				
11. Special care a. Care of patient with fever b. Care of unconscious patient c. Care of handicapped				
12. Care of dying patient a. Observe the sign and symptoms b. Care of unit c. Death reporting				

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Procedure name	Date of demo	Signature of tutor	Date of redemo	Signature of supervisor
13. Health Education a. b. c. d.				
14. Nutritional assessment				
15. Special needs				
16. Balanced diet				
17. Bandaging a. Circular b. Spiral c. Figure of eight d. Eye e. Ear f. Shoulder g. Triangular h. Finger i. Thumb j. Hand k. Elbow l. Head m. Forearm n. Foot o. Lower leg p. Knee q. Thigh r. Hip				
18. First aid a. CPR b. Splint c. Burn and scald d. Wound care e. Poisoning f. Heat stroke g. Bleeding h. Drowning i. Convulsion j. Foreign body k. Snake bite l. Fracture				
19. Immunization a. BCG b. DPT c. OPV d. TT e. MMR				

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Procedure name	Date of demo	Signature of tutor	Date of redemo	Signature of supervisor
f. Hepatitis A g. Hepatitis B				
20. Immunization record and report				
21. Collection of specimen a. Blood b. Sputum c. Urine d. Stool				
22. Methods of disinfection a. Sterilization b. Autoclaving c. Boiling				
23. Disposal of waste material				
24. Health education on communicable disorders a. Malaria b. Tuberculosis c. HIV/AIDS d. Acute respiratory infection e. Leprosy				
25. Vital sign a. Temperature b. Pulse c. Respiration d. Blood pressure				
26. Urine testing for albumin sugar				
27. Elimination a. Catheterization b. Enema				
28. Administration of drugs a. Oral route b. Intradermal route c. Intramuscular route d. Subcutaneous route e. Intravenous route f. Rectal				

Signature of Tutor **Signature of Principal**

Signature of Internal Examiner **Signature of External Examiner**

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COMMUNITY HEALTH NURSING

Procedure name	Date of demo	Signature of tutor	Date of redemo	Signature of supervisor
1. Technique of home visiting				
2. Diary maintenance				
3. Bag technique				
4. Health education a. Uses and care of equipment b. Individual and group health talk c. Incidental teaching				
5. Clinical setup a. Antenatal clinic b. Under five clinic c. Family planning clinic				
6. Recording and reporting a. Calculation of birth and death rate b. Infant mortality rate c. Maternal mortality rate d. Keeping and filling of records				
7. Home visiting care a. Nursing procedure at home b. Minor ailments and their treatment c. Referral system d. Special disease condition e. Family planning				
8. Preparation of IEC material				
9. Counseling technique				
10. Village mapping				
11. Health talk a. b. c. d.				
12. Educational visit a. Blind school b. DOTS centre c. Milk plant				
13. Survey a. Urban survey b. Rural survey				

Signature of Tutor **Signature of Principal**

Signature of Internal Examiner **Signature of External Examiner**

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CHILD HEALTH NURSING

Procedure name	Date of demo	Signature of tutor	Date of redemo	Signature of supervisor
1. Assessment of newborn a. Apgar scoring b. Head to toe examination				
2. Under five clinic care a. Assessment of newborn child b. Measurement of height, weight of infant and children c. Immunization d. ORS preparation				
3. Care of newborn baby a. Airway clearance b. Oxygen administration c. CPR d. Inhalation of steam and nebulization e. Care of cord, buttocks, skin and eyes				
4. Baby feeding a. Brestfeeding b. Preparation of complementary feeding c. Nasogastric feeding				
5. Care of sick baby a. History taking b. Head-to-toe examination c. Vital sign				
6. Medication a. Oral medication b. Parenteral medication c. Sites of injection				
7. Specimen collection a. Urine collection b. Stool collection c. Blood collection d. Collection of spinal fluid				
8. Restraining a. Mummy restrain b. Clove hitch restrain c. Jacket restrain				
9. Care of child in procedure a. Phototherapy b. Incubator c. Steam inhalation d. Hydrotherapy e. Blood transfusion f. IV infusion g. Enema				

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Procedure name	Date of demo	Signature of tutor	Date of redemo	Signature of supervisor
h. Colostomy care i. Nasogastric feeding j. Baby bath				
10. Preoperative and postoperative care				
11. Counseling during behavioral disorder				
12. Play therapy				
13. Health education regarding a. Nutrition b. Personal hygiene c. Immunization d. Prevention of home accidents				

Signature of Tutor **Signature of Principal**

Signature of Internal Examiner **Signature of External Examiner**

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MIDWIFERY

Procedure name	Date of demo	Signature of tutor	Date of redemo	Signature of supervisor
1. Antenatal care a. Setup of antenatal clinic b. History taking c. Antenatal examination • Height • Weight • Blood pressure • Urine test • Hemoglobin • Abdominal and breast examination • Head-to-toe examination d. Antenatal exercises and health education e. Per vaginal examination				
2. Intranatal care/Labor room a. Preparation of mother • Shaving • Enema • Perineal care b. Preparation of unit • Carbolization • Setup for delivery trolly c. Labor management • Nursing care in first stage of labor • Care second stage of labor including – Episiotomy – Suturing • Care in third stage or delivery of placenta d. Recording and reporting • Birth time • Sex/Gender • Apgar scoring • Birth registration				
3. Postnatal care a. Immediate postnatal care of mother and newborn b. Breast care d. Perineal care e. Episiotomy care f. Bladder care g. Bowel's care h. Postnatal exercises i. Puerperium care				

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Procedure name	Date of demo	Signature of tutor	Date of redemo	Signature of supervisor
4. Care of newborn baby a. Apgar scoring b. Care of cord c. Eye care d. Buttocks care e. Skin care f. Baby bath g. Baby clothing h. Baby feeding i. Weaning j. Immunization k. Phototherapy				
5. Care of premature baby a. Airway clearance b. Maintenance of body temperature c. Baby feeding d. Kangaroo mother care e. Protection from infection f. Care in incubator				
6. Care and assisting in operative procedures a. Medical induction of labor b. Surgical induction of labor c. Forceps delivery d. Cesarean section e. Laparoscopy f. MTP				
7. Methods of family planning a. IUCD b. Copper-T c. Lippes loop d. Vaginal ring e. Diaphragm **Surgical methods** • Tubectomy				
8. Preconceptional counseling				
9. Calculation of LMP and EDD				
10. Health education				

Signature of Tutor **Signature of Principal**

Signature of Internal Examiner **Signature of External Examiner**

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PRIMARY HEALTH CARE AND HEALTH CENTER MANAGEMENT

Procedure name	Date of demo	Signature of tutor	Date of redemo	Signature of supervisor
1. Procedures • Injections – IM – IV – SC – ID - Bandaging - Splints - Slings - Administer medications - Gloving - Gowning - Handwashing - Urine test				
2. Subcenter action plan				
3. Maintenance of record in subcenter				
4. Report of subcenter				
5 Participation in national health programes a. b. c. d.				
6. Management, information and evaluation system a. Vital statistics b. Family folder c. Eligible couple register				
7. Collection of specimen a. Blood b. Urine c. Stool d. Sputum				

Signature of Tutor **Signature of Principal**

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Practical Record Book of

Auxiliary Nurse Midwifery (ANM)

(2 Years Course)

Salient Features

- An accurate way of documentation and reporting for demo and redemo procedures
- Provide information about clinical and field procedures as per INC syllabus
- Follow the standard of practical procedures, develop skills and maintain their record for future use
- Students will use systematic approach to perform procedures
- Helpful for students to improve their nursing skills and also the teachers, clinical and field demonstrators to implement their practical skills
- Help to monitor the clinical field performances of nurse students
- A blueprint of clinical experience
- Helps the candidate at the time of interview with government and non-government organizations.

Rahish Chand Suthar completed his BSc in Biology. After getting Post Basic BSc Nursing, he joined Sardar Patel Medical Institute of Nursing and Hospital, Abohar, Punjab, India as Nursing Tutor. Then in 2007, he joined University College of Nursing, Faridkot as Nursing Demonstrator. After completing Master Degree in Medical Surgical Nursing (Critical Care Nursing), he joined Meera Medical Institute of Nursing and Hospital, Abohar as Lecturer and later promoted to Vice Principal. He has about 11 years' experience of teaching nursing students.



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