Contents

Section I
BREAST DEVELOPMENT

1. **Growth and Development of Breast** *1*
   Reva Tripathi, Manika Mittal
2. **Management of Developmental Anomalies of Female Breast** *8*
   Deepika Deka, Nutan Agarwal

Section II
BREAST IN PREGNANCY AND LACTATION

3. **Breast Changes in Pregnancy and Physiology of Lactation** *23*
   DK Tank, Sonal Bathla
4. **Successful Initiation and Benefits of Breast-feeding** *32*
   Jagdishwari Mishra, Preeti Bharadwaj
5. **Breast-feeding Practices in India** *49*
   Anita Mehndiratta
6. **Breast-feeding in Special Circumstances** *55*
   Neera Agarwal, Manjit Arora
7. **Breast Problems during Lactation** *63*
   D Takkar, KK Roy
8. **Failure and Suppression of Lactation** *69*
   SS Trivedi
9. **Drugs and Lactation** *78*
   Neerja Goel
10. **Contraception for Nursing Mothers** *90*
    Kuldeep Jain, Seema Sinha

Section III
BREAST AND ENDOCRINAL DISORDERS

11. **Galactorrhoea** *104*
    Amita Suneja, Poonam Yadav
12. **Breast Atrophy** *117*
    Kiran Guleria

Section IV
SCREENING FOR BREAST DISEASES

13. **Role of Risk Factors, Self and Clinical Examination in the Detection of Breast Cancer** *124*
Shalini Rajaram

14. **Imaging of the Breast** *135*
Satish K Bhargava, Mukta Jain, Ravi Pushkarna, Atin Kumar

15. **Fine Needle Aspiration Cytology of the Breast** *158*
Kiran Mishra

Section V
BENIGN DISEASES OF BREAST

16. **Mastodynia** *170*
Kamal K Deshmukh, Jitendra K Deshmukh

17. **Fibrocystic Disease** *178*
Vivek Agrawal

18. **Benign Tumours of the Breast** *191*
VR Minocha, Navneet Kaur

19. **Benign Lesions of the Breast and Hormones** *204*
Arun Nagrath, Manjula Singh

Section VI
BREAST CARCINOMA

20. **Clinical Features and Investigations for Breast Cancer** *215*
Vinod K Malik, Saket Goel, Sunita Malik

21. **Management of Breast Cancer** *226*
Sandeep Guleria

22. **Breast Cancer in Pregnancy** *236*
Gita Radhakrishnan

23. **Lactation and Breast Cancer** *245*
Maya Sood, Rashmi

24. **Reproductive Hormones and Carcinoma of Breast** *251*
AG Radhika, Neelam B Vaid

Index *261*