Contents

Section I

Fundamentals of Reproduction

1. Female Generative Organs 3
2. Female Pelvis 8
3. Fetal Skull 12
4. Pelvic Floor 16
5. Hormonal Control of Ovulation, Fertilization, Placentation and Decidua Formation 18
6. Placenta Formation and Functions, Fetal Membranes and Amniotic Fluid 22
7. Fetal Development and Physiology 25
8. Maternal Physiologic Changes during Pregnancy 29

Section II

Normal Pregnancy

9. Prepregnancy Preparation for Parenthood 35
10. Diagnosis of Pregnancy 39
11. Fetus in Utero 46
12. Minor Ailments of Pregnancy 52
13. Antenatal Care 55
14. High Risk Pregnancy and Assessment of Fetal Wellbeing 62

Section III

Abnormal Pregnancy

15. Anemia in Pregnancy 73
16. Heart Disease Complicating Pregnancy 79
17. Diabetes Complicating Pregnancy 85
18. Hypertensive Disorders of Pregnancy 90
19. Miscellaneous Medical Disorders 97
20. Abortions, Ectopic Pregnancy and Hydatidiform Mole 110
21. Fetal Malpositions, Malpresentations and Multiple Births 119

22. Incompetent Cervix 135
23. Preterm Births and Intrauterine Fetal Growth Retardation 137
24. Postdated Pregnancy/Postmaturity 140
25. Antepartum Hemorrhage/Placenta Previa/Abruptio Placenta 143
26. Polyhydramnios and Oligohydramnios 149
27. Rhesus Isoimmunization 152

Section IV

Normal Labor

28. Normal Labor: Onset, Mechanism and Diagnosis 157
29. Uterine Activity in Labor 163
30. Arrival for Admission and Preliminary Examination 165
31. Management of First Stage of Labor 167
32. Management of Second Stage of Labor 172
33. Management of Third Stage of Labor 180

Section V

Abnormal Labor

34. Dystocia Resulting from Abnormal Uterine Action 185
35. Dystocia Resulting from Abnormalities in the Passenger (Fetus) 189
36. Dystocia Resulting from Abnormalities in the Maternal Passages 192
37. Labor in Women with Mechanical Dystocia 194
38. Complications of Third Stage of Labor 196

Section VI

Puerperium

39. Normal and Abnormal Puerperium 201

Section VII

Newborn Baby

40. Normal Newborn Infant 211
41. Infant Feeding 217
42. Asphyxia Neonatorum 222
43. Prematurity 224
44. Neonatal Jaundice and Hyperbilirubinemia 227
45. Miscellaneous Disorders of Newborn 231

Section VIII

Family Planning

46. Barrier Methods of Contraception 241
47. Nonhormonal and Hormonal Oral Contraception for Women 246
48. Intrauterine Devices 249
49. Natural Family Planning 253
50. Medical Termination of Pregnancy 257

Index 261