CONTENTS

1. Physical Examination of Respiratory System 3

Jyotsna M Joshi
General examination 1, Respiratory system examination 1, Inspection and palpation 2, Percussion and auscultation 3

2. Common Clinical Symptoms 5

Cough 5
Jai Kishan
Definition 5, Pathophysiology 5, Classification 5, Causes 6, Signs and symptoms 6, Diagnostic evaluation 7, Work up of patients of acute cough 7, Work up of patients of chronic cough 8, Prevention 8, Management 8, Specific treatment of cause 9

Hemoptysis 11
SK Katiyar, Arun Sampath
Clinical assessment 11, Signs and symptoms 11, Causes 12, Diagnostic approach 13, Management 14, Medical therapy 14, Endobronchial control measures 15, Bronchial artery embolization 16, Surgical therapy 17

Chest Pain 19
SK Verma
Pleural pain 19, Chest wall pain 19, Pulmonary pain 19

Dyspnea 20
SK Verma

3. Growth, Development and Morphology of the Respiratory System 22

D Behera
Development 22, Prenatal development 23, Molecular basis of lung development 26, Gross anatomy of the thorax 40

4. Normal Respiratory Physiology 43

SK Chhabra, Mansi Gupta
Control of respiration 43, Process of ventilation 46, Pulmonary circulation and perfusion 54, Gas exchange 59, Ventilation-perfusion (VA/Q) ratios 60, Transport of gases in blood 62, Acid-base analysis 64

5. Defense Mechanisms of the Respiratory System 68

PR Gupta
Conducting airways 68, Alveolar spaces 69, Immune responses 70, Alterations in lung defenses 71

6. Diagnostic Methods in Respiratory System 72

D Behera
Chest skiagram 72, Conventional tomography 73, Computed tomography (CT) 74, Magnetic resonance imaging (MRI) 75, Bronchography 76, Angiography 76, Ventilation-perfusion scintiscanning 76, Gallium-67 (67Ga) lung scanning 77, Bronchoscopy 78, Bronchoalveolar lavage (BAL) 80, Virtual bronchoscopy 80, Thoracoscopy 80, Indications of thoracoscopy 81, Contraindications of thoracoscopy 82, Complications of thoracoscopy 82, Mediastinoscopy 83, Lung biopsy 83, Miscellaneous procedures 85

7. Interventional Pulmonology: Electromagnetic Navigation 89

Bharat Gopal, Stephano Gasparini
Lung cancer: A growing cancer 89, Need of the hour 89, Equipment 89, Procedure 90, Contraindications 91, Review of literature 91

8. Antimicrobial in Respiratory Medicine 94

MC Gupta
Antimicrobial therapy for respiratory tract infections 94, Treatment of some common respiratory tract infections 95, Treatment of respiratory infections due to viruses 98, Treatment of respiratory infections due to fungal causes 98

9. Pneumonias 100

Community Acquired Pneumonia 100
P Shyamsunder Tampi
Epidemiology of CAP 100, Definition 100, Risk factors for pneumonia 101, Clinical presentation 101, Assessment of severity 102, Diagnostic evaluation 103, Treatment 104, Specific therapy 104, Supportive treatment 104, Complications 104, Approach to unresolved pneumonia 105, Prevention of CAP 105, Prognosis 106

Fungal Diseases 107
D Behera
Aspergillosis 108, Extrinsic asthma 109, Extrinsic allergic alveolitis 109, Aspergilloma (mycetoma; "fungus ball") 110, Allergic bronchopulmonary aspergillosis 110, Suppurative aspergillosis 112, Chronic necrotizing aspergillosis (CNA) 112, Invasive pulmonary aspergillosis 113, Candidiasis 116, Histoplasmosis 117, Blastomycosis 119, Coccidioidomycosis 120, Paracoccidioidomycosis 121, Cryptococcosis 122, Mucormycosis 123, Actinomycosis 123, Nocardiosis 124

Viral 130
B Mishra
Community-acquired pneumonia (CAP) 130, Nosocomial viral pneumonia 130, Specific viruses 131, Diagnosis of viral pneumonia 135, Treatment 135, Prevention 136

10. Anaerobic Pleuropulmonary Infections 140

SN Gaur, Puneet Tyagi
Pathogenesis 140, Bacteriology 140, Clinical features 141, Treatment 141

11. Parasitic Lung Diseases 144

D Behera
Pleuropulmonary amebiasis 144, *Toxoplasma gondii* pneumonia 152, Pulmonary complications of malaria 154, Nematodal parasites 159, Trichinosis 161, Hydatid disease 162, Paragonimiasis 165, Schistosomiasis 166

12. Tropical Pulmonary Eosinophilia 167

VK Vijayan
Epidemiology and etiology 167, Pathogenesis 167, Clinical features 168, Differential diagnosis 168, Treatment 169

13. Lung Abscess 171

Alladi Mohan, B Vijaylakshmi Devi, Abha Chandra
Epidemiology 171, Pathogenesis 171, Microbiology 172, Clinical presentation 173, Diagnosis 173, Treatment 175, Complications 176, Prognosis 176

14. Bronchiectasis 178

KB Gupta
Definition 178, Prevalence 178, Pathophysiology 178, Microscopically 179, Etiology 179, Microbiology 182, Functional abnormality 182, Radiology 182, Diagnosis 185, Complications 185, Treatment 185, Prognosis 188

15. Tuberculosis 191

Epidemiology 191
D Behera
Epidemiology 191, Global burden of tuberculosis 191, TB burden in India 192, Drug-resistant tuberculosis 193

Microbiology 200
Ajoy Verma
Introduction 200, Habitat 200, Morphology 200, Staining reaction 200, Culture characteristic 200, Metabolism of mycobacterium 201

Pathology 203
D Behera
Reactivated or postprimary tuberculosis 205

Radiology
D Behera

Diagnostic Methods (Microbiological diagnosis of Mycobacterium tuberculosis) 210
Jyoti Arora
Microscopy 210, Collection, storage and transport of specimen 210, Culture 212, Identification from culture 214, Molecular identification 216, Chromatographic analysis 217, Conventional (phenotypic) susceptibility testing 218, Nucleic acid amplification tests 218, Antimicrobial susceptibility testing 218, Genotypic methods 219, Nonconventional phenotypic diagnostic tests 219, Microscopic observation drug susceptibility (MODS) 220

Antituberculosis Drugs 223
NK Jain
Antituberculosis drugs 223, First-line drugs 223, Second-line drugs 223, Streptomycin 223, Pyrazinamide 227, Isoniazid 229, Rifampicin 232, Ethambutol 236, Para-aminosalicylic acid (PAS) 239, Ethionamide and prothionamide 241, Kanamycin 243, Capreomycin 245, Cycloserine 247, Thiacetazone 249, Rifabutin 251, Rifapentine 253, Fluoroquinolones 255, Clarithromycin 258, Linezolid 261, Clofazimine 263

Principles of Treatment of Tuberculosis 265
SK Katiyar, S Katiyar
Multiple drug regimens 265, Long duration of treatment 267, Two-phase chemotherapy 267, Other factors 267

Surgical Management 270
Anula Garg
History 270, Indications for surgery in tuberculosis 270, Complications from previous TB surgery 272, Bronchoscopy 273, Mediastinoscopy 273

Multidrug and Extensively Drug-resistant TB (M/XDR-TB): Current Scenario 274
R Prasad
Definition 274, Types of drug resistance 274, MDR-TB: global 274, XDR-TB: global 276, MDR-TB: India 276, XDR-TB: india 277, Risk factors of M/XDR-TB 278, Sources and causes of M/XDR-TB 278, Prevention and control of M/XDR-TB 279

Treatment of Tuberculosis in Special Condition: Pregnancy, Liver Disease and Renal Disease 281
R Prasad
Pharmacokinetics of antitubercular drugs 281, Treatment of tuberculosis in pregnancy and lactation 281, Treatment of tuberculosis in renal insufficiency 282, Treatment of tuberculosis in liver disease 284

DOTS and DOTS Plus 288
R Sarin
DOTS strategy 288, Case finding strategy—RNTCP 288, Treatment strategy—RNTCP 288, Monitoring and supervision—RNTCP 289, Recording and reporting—RNTCP 290, Status of implementation 290, RNTCP and stop TB strategy 291

Appendix – 1: History of Tuberculosis and TB Control in India *295*
Appendix – 2: RNTCP—Technical and Operational Guidelines for Tuberculosis Control *300*
Appendix – 3: New Changes in the RNTCP Guidelines *378*
Appendix – 4: Guidelines for use of Pediatric Patient-wise Boxes under the Revised National Tuberculosis Control Program *379*
Appendix – 5: Different Schedules for Pediatric Treatment *381*
Appendix – 6: Revised National Tuberculosis Control Program DOTS-Plus Guidelines *382*
Appendix – 7: RNTCP Launches Cat IV (DOTS Plus) Treatment for Multidrug Resistant TB *441*
Appendix – 8: Multidrug Resistant and Extensively Drug Resistant TB in India *442*
Appendix – 9: National Framework for Joint TB/HIV Collaborative Activities, October 2009 *444*
Appendix – 10: What's New in the National Framework for TB/HIV Collaborative Activities, October 2009 *460*
Appendix – 11: Guidelines on Airborne Infection Control in Health Care and Other Settings *461*

16. Nontuberculous Mycobacterial Diseases 500

NK Jain
Description of the organism 500, Classification 500, Pathogenesis 500, Histopathology 504, Identification of isolates 504, Clinically important mycobacteria 505

17. Bronchial Asthma 511

Epidemiology 511
Ashok Shah, Richa Sareen
The International Study of Asthma and Allergies In Childhood (ISAAC) Study 511, Asthma epidemiological studies done in India 512

Definition and Etiology 515
Ashok Shah, Richa Sareen
Definition of bronchial asthma 515, Etiology of bronchial asthma 516, Causative factors 516, Precipitating factors 517

Pathophysiology and Pathogenesis 521
PD Motiani
Evolution of asthma mechanisms 521, Pathogenesis of airway inflammation 523, Airway remodeling 524

Management including Various Guidelines 530
Sheetu Singh, Virendra Singh
Patient education 530, Risk factors and lifestyle modifications 530, Asthma medications and delivery devices 531, Delivery devices 534, Management of asthmatic exacerbation 535, Management 536, Mechanical ventilation in acute exacerbation 536

Allergic Bronchopulmonary Aspergillosis 540
RS Bedi
The magnitude of problem 540, Clinical features 540, Investigations 540, Pathologic findings 541, Pathogenesis 541, Differential diagnosis 541, Diagnostic criteria 541,

Why is ABPA underdiagnosed in India? 542, Radiological features 542, HRCT and bronchography in ABPA 542, Atypical presentations of ABPA 543, Stages of ABPA 543, When to suspect ABPA? 543, Management 543, Prognosis 544

Allergy and Allergen-specific Immunotherapy 546
SN Gaur
Allergy 546, Allergic inflammation/hypersensitivity 546, Allergic diseases 547, Components of allergic reaction 548, The allergic cascade 552, Allergy diagnosis 552, Therapeutic strategies 553, Present scenario in India 561

Difficult Asthma 569
RN Solanki, SN Gaur
Pathophysiology 569, Causes of difficult asthma 569, Aggravating conditions in difficult asthma 570, Clinical subtypes of difficult asthma 572, Investigations for difficult asthma 572, Management and treatment 573, Pharmacologic treatment of difficult asthma 573

Gastroesophageal Reflux 577
Bharat Gopal, SN Gaur
Risk factors that lead to development of asthma 577, Factors that exacerbate asthma: Triggers 577, Gastroesophageal reflux disease 577, Association of gastroesophageal reflux disease with bronchial asthma 578, Mechanisms for association of gastroesophageal reflux and bronchial asthma 578, Diagnosis of gastroesophageal reflux in bronchial asthma 580, History 580, Laboratory procedures 580, Therapy of GERD in asthmatics 581

18A. Chronic Obstructive Pulmonary Disease 585
Ashok Janmeja, PR Mohapatra
Epidemiology 585, Economic burden 587, Risk factors 587, Pathophysiology 591, Clinical feature 593, Differential diagnosis 595, Management of stable COPD 596, Acute exacerbation 601

18B. Rehabilitation in Chronic Obstructive Pulmonary Disease 610
Rajiv Paliwal
Defining pulmonary rehabilitation 611, Cycle of consequences in COPD 611, Patient selection and benefits 611, Outcome assessment 613, Principal goals of pulmonary rehabilitation 611, Course, content and duration of rehabilitation program 612, Nutrition 614, Psychological and behavioral interventions (depression) 615, Smoking cessation and reducing risk factors 615

19. Aerosol Therapy 618
SK Luhadia
Why aerosol therapy 618, Devices 619

20. Respiratory Failure 624
SK Kashyap, Malay Sarkar
Classification 624, Hypoxemic respiratory failure 625, Medications 627, Type II respiratory failure (ventilatory failure or pump failure) 627, Spinal cord injury 628, Neuromuscular junction 628, Muscles 629, Neuromuscular sequelae of critical care 629, Interstitial lung disease (ILD) 630, Acute lung injury/acute respiratory distress syndrome (ALI/ARDS) 630, Clinical features of respiratory failure 631, Management of respiratory failure 632, Noninvasive ventilation (NIV) 633, Contraindications of NIPPV, Invasive mechanical ventilation 634, Mechanical ventilation protocol in ALI/ARDS 635

21. Cor Pulmonale 639
Suresh Koolwal
Incidence and prevalence 639, Etiology 639, Pathophysiology 640, Physical examination 641, Diagnosis 641, Treatment 643, Prognosis 644

22. Oxygen Therapy 645
MM Puri
Physiology and pathophysiology of oxygen 645, Hypoxemia and hypoxia 646, Physiology of oxygen therapy 647, Oxygen delivery system 648

23. Pulmonary Embolism 658
Prasanta R Mohapatra, Suman K Das, Ashok K Janmeja
Epidemiology 658, Pathophysiology 659, Clinical features 660, Laboratory findings 661, Risk stratification 663, Differential diagnosis 664, Treatment 664, Prevention 669, Special situations 669, Chronic thromboembolism 669, Nonthrombotic pulmonary embolism 670

24. Acute Respiratory Distress Syndrome 675
Dhruv Chaudhry, Girish Agrawal
Definition and description 675, Epidemiology 675, Pathogenesis and pathology 676, Management of ALI/ARDS 678, Treatment of ALI/ARDS 680, Adjuncts to mechanical ventilation and salvage therapy 682, Experimental adjuncts to lung protective ventilation 684, Long-term sequel in ARDS 684

25. Lung Cancer 688

Epidemiology 688
D Behera

Clinical Features 699
JK Saini
Asymptomatic presentation 699, Symptomatic presentation 699, Paraneoplastic syndrome 701

Diagnosis 705
Anand Jaiswal, JK Saini, D Behera
Sputum cytology 705, Pleural effusion 705, Fiberoptic bronchoscopy 705, Endobronchial ultrasound (EBUS) 707, Transthoracic needle aspiration (TTNA)/biopsy (TTNB) 708, Thoracotomy-thoracoscopy 708, Positron emission tomography (PET) scan 708, Cytological diagnosis – accuracy 709

Management (Chemotherapy) 710
Navneet Singh, D Behera
Diagnostic approach 710, Treatment planning 710, Advanced stage (unresectable/metastatic) non-small cell lung cancer 710, Early-stage non-small cell lung cancer 714, Small cell lung cancer 718, Supportive care during management of lung cancer 719

Management (Radiotherapy) 725
D Behera
Small cell lung cancer 725, Non-small cell lung cancer (NSCLC) 725

Management (Surgery) 728
RK Dewan
The staging system 728

26. Pulmonary Neoplasms other than Bronchogenic Carcinoma 735
D Behera
Epithelial tumors 735, Carcinoid tumor 735, Lymphomas 738, Pulmonary blastoma 738, Carcinosarcoma 739, Cylindroma (adenoid cystic carcinoma) 739, Mucoepidermoid tumor 740, Sarcomas 740, Eosinophilic granuloma 741, Lymphangioleiomyomatosis (LAM) 742, Metastatic tumors in the lung 742, Pseudotumors 742

27. Smoking and Lung Diseases 747
Raj Kumar
Smoking and upper respiratory illness 747

28. Air Pollution and Respiratory Diseases 752

Raj Kumar
Air pollutants: Sources and health hazards 752

29. Essentials of Polysomnography and Recommendations in Adults 756

Rajnish Gupta, D Behera
History of polysomnography 756, Indications of PSG 756, Essentials of PSG 756, Comparison of the past and present PSG recommendations in adults 757

30. Sarcoidosis 766

PR Mohapatra
Epidemiology 766, Etiology 766, Immunopathogenesis 767, Clinical features 768, Diagnosis 770, Pathology 772, Differential diagnosis 774, Treatment 775, Lung transplantation 776, Prognosis 776

31. Lungs in Collagen Vascular Diseases (Connective Tissue Disorders) and Other Systemic Diseases 781

D Behera
Systemic lupus erythematosus 781, Rheumatoid arthritis 788, Progressive systemic sclerosis (PSS)/systemic sclerosis (SSc) 793, Ankylosing spondylitis 797, Mixed connective tissue disease 798, Sjögren's syndrome (SS) 799, Polymyositis-dermatomyositis (PM-DM) 801, Behçet's syndrome 801, Other diseases 802

32. Vasculitis and the Lungs 803

D Behera
Wegener's granulomatosis (WG) 804, Antineutrophil cytoplasmic antibodies (ANCAS) 806, Churg-Strauss syndrome (CSS) or allergic granulomatosis and angiitis 809, Polyarteritis nodosa 811, Microscopic polyangiitis (MPA) 814

33. Interstitial Lung Diseases 820

C Ravindran
Classification 820, Genetics of DPLDs 821, Epidemiology 821, Pathogenesis 822, Pathology 822, Clinical features 824

34. Occupational Lung Diseases 834

Rajesh Solanki
Basic principles of occupational and environmental lung disease 834, Clinical approach to the patient 835, Prevention 835, Important occupational lung diseases 836, Diagnostic modalities 837, Complications 838, Prevention 838, Management 838, Asbestos exposure 839, Malignant mesothelioma 840, Lung cancer 841, Efforts at asbestos control 841, Chronic beryllium disease 842, Coal workers' lung diseases 843

35. Hypersensitive Pneumonitis 845

SN Gaur
Radiology 845, Pathogenesis and immunology 846, Farmer's lung disease 848

36. Disorders of the Diaphragm and Chest Wall 853

Johnson Samuel, Balamugesh T
The diaphragm 853, The chest wall 856

37. Congenital Anomalies of the Respiratory System 861

Manohar Lal Gupta, Shiv Raj Sharma, Sheetu Singh
Tracheobronchial anomalies 861, Combined abnormalities of lung parenchyma and pulmonary vasculature 871

38. HIV and the Respiratory Diseases 880

Upasana Agrawal, Amitabh Kumar
Pulmonary tuberculosis 881, Other pneumonias 883, Neoplastic complications of HIV disease 884, Antiretroviral therapy as a cause of respiratory disease 885

39. Lung Transplantation 887

Javaid Ahmed Malik
Historical background 887, Types of lung transplantations 887, Recipient selection 888, Donor selection 888, Postoperative management 889, Immunosuppression 890, Rejection 890, Infectious complications 890, Neoplastic complications 891, Summary and future issues of lung transplantion 891

40. Noninvasive Ventilation in Acute Respiratory Failure 894

Rajesh Chawla
Mechanisms of action 894, Hypercapnic respiratory failure 894, Acute hypoxemic respiratory failure 896, Contraindications 898, Predictors of success with noninvasive ventilation 898, Application of noninvasive ventilation 898, Equipment to be used for NIPPV and its maintenance 899, Patient ventilator interface 899, Practical application 899, Monitoring 900, Problems and complications 901, Location of NIPPV 901, Areas where we need research 902

41. Pleural Diseases 906

Kandala Venu

Pleural effusion 906, Tuberculous pleural effusion 917, Parapneumonic effusions and empyema 919, Fungal pleural effusion 923, Pleural effusions in malignancy 926, Primary pleural tumors 935, Hemothorax 941, Pleural effusions secondary to parasitic infections 944, Pleural effusion due to cardiac disease 947, Pleural disease secondary to obstetrics and gynecology 950, Pleural effusion due to collagen vascular disease 954, Drug-induced pleural effusions 960, Thoracoscopy and video-assisted thoracoscopy 962, Intercostal drainage tube or thoracostomy tubes or chest tubes 965

Index 969