Contents

1. Introduction 1

History 1

Changing Trends 1

Classical Caesarean Section 1

Extraperitoneal Caesarean Section 1

Transperitoneal Lower Segment Caesarean Section 1

2. Indications and Incisions 2

Indications 2

Incisions 2

3. Pre-operative Care, Anaesthesia and Position 3

Pre-operative Care 3

Anaesthesia 3

Position 4

4. The Technique 5

Lower Segment Caesarean Section 5

Advantages 5

The Technique 6

Classical Upper Segment Caesarean Section 36

Incision 36

Disadvantages 37

The Technique 37

5. Post-operative Care 61

Post-operative Care 61

Pain Control 61

Special Cases 62

6. Complications and Prevention 63

Precautions to Avoid Complications 63

Index 65