Contents

1. Orbit and Oculoplasty 1
- Preoperative Evaluation *2*
- Evaluation and Management of Ptosis *7*
- Entropion *11*
- Ectropion *14*
- Trichiasis (Misdirected Lashes) *17*
- Lid Lesions (Benign/Malignant Growth) *18*
- Biopsy for Lid Pathologies *20*
- Eyelid and Adnexal Injuries *23*
- Thyroid Associated Ophthalmopathy *27*
- Orbital Injuries Including Fractures *29*
- Orbital Fine Needle Aspiration Biopsy *31*
- Indications for Computed Tomography *34*
- Indications for Magnetic Resonance Imaging *36*
- Dacryocystitis *38*
- Dacryocystography *43*
- Endoscopy *45*
- Socket Evaluation *46*
- Ocular Prosthesis *48*
- Aesthetic Clinic *50*

2. Squint 55
- General Considerations *56*
- History in Pediatric Patients *57*
- Visual Acuity Estimation *59*
- Refraction *60*
- General Guidelines for Prescription of Glasses in Children *62*
- Concomitant Squint *65*
- General Guidelines for Management of Different Types of Concomitant Strabismus *68*
- Incomitant Squint *71*
- Congenital Cataract/Cataract in Children *73*
- Nystagmus *77*
- Contact Lens Fitting *79*
- Contact Lens Clinic *82*
- Contact Lens Related Problems *84*
- Subluxated Lenses (Ectopia Lentis) *88*
- Botulinum Toxin Injection *91*

3. Cornea 93
- Outpatient Department Procedures *94*
- Infective Conjunctivitis *101*
- Corneal Foreign Body *104*
- Ocular Allergy–Allergic Conjunctivitis *106*
- Vernal Catarrh/Allergic Conjunctivitis *110*
- Exposure Keratopathy *112*
- Giant Papillary Conjunctivitis *113*
- Band-shaped Keratopathy *115*
- Pterygium *117*
- Corneal Infections *121*
- Corneal Opacity *123*
- Dermoid *127*
- Corneal Ectasia *130*
- Corneal Dystrophy *134*
- Corneal Graft Rejection *145*
- Ocular Surface Disease *147*
- Ocular Surface Squamous Neoplasia *163*

4. Glaucoma 165
- Primary Open Angle Glaucoma *166*
- Guidelines for Target Intraocular Pressure *169*
- Other Commonly Seen Glaucomas and Related Conditions *171*
- Classification of Medications and Adverse Events *181*
- OPD Procedures *188*

5. Uvea 191
- Anterior Uveitis *192*
- Intermediate Uveitis *196*
- Posterior Uveitis *200*
- Panuveitis *206*
- Scleritis *209*
- Retinal Vasculitis *211*
- Use of Steroids and Immunosuppressive Agents *214*
- Cataract Surgery in Uveitis *221*
- Investigations in Uveitis *224*
- Investigations for Tuberculosis *230*
- Interpretation of Laboratory Tests for Toxoplasmosis *233*
- Interpretation of Laboratory Tests for Human Immunodeficiency Virus *235*

- Interpretation of Laboratory Tests for Cytomegalovirus *236*
- Anterior Chamber Tap *237*
- Periocular Steroid Injection in Uveitis *238*
- Subconjunctival Injection of Mydricaine *241*
- Intravenous Acyclovir (Acivir or Zovirax) *242*
- Intravitreal Ganciclovir Injection in CMV Retinitis *243*

6. Neuro-ophthalmology 245
- Neuro–ophthalmological Evaluation *246*
- Evaluation of a Swollen Optic Disc *248*
- Optic Neuritis *250*
- Anterior Ischemic Optic Neuropathy *255*
- Papilledema *259*
- Diplopia *261*
- Anisocoria *264*
- III Nerve Palsy *265*
- IV Nerve Palsy *267*
- VI Nerve Palsy *268*
- Myasthenia Gravis *270*
- Functional Visual Loss/Malingering *272*
- Orbital Cellulitis *275*
- Traumatic Optic Neuropathy *278*
- Toxic Amblyopia *281*
- CT and MRI in Ophthalmology *283*

7. Vitreoretinal Diseases 285
- Prophylaxis Against Retinal Detachment *286*
- Retinopathy of Prematurity *290*
- Management of a Case of Scleral Fixated Intraocular Lens *297*
- Heredomacular Dystrophy *300*
- Fundus Fluorescein Angiography *304*
- Evaluation and Preparation of Patient for Vitreoretinal Surgery *321*
- Management of a Case of Vitreous Hemorrhage *327*
- Vascular Disease—Artery and Vein Occlusion *330*
- Diabetic Retinopathy *335*
- Management of a Case of Macular Disorders—Macular Hole, Epiretinal Membrane and Vitreomacular Traction Syndrome *340*

- Emergency Vitreoretinal Cases and Management of a Case of Intraocular Foreign Body *345*
- Acquired Macular Disease—Central Serous Chorioretinopathy, Age-related Macular Degeneration *348*
- Intravitreal Injections *355*
- Retinoblastoma *362*
- Acute Postoperative Endophthalmitis *370*
- Outpatient Department Procedures—Ultrasound A and B Scan, Lasers and Cryotherapy *377*

8. Ocular Trauma 397

- Open Globe Injuries *398*
- Chemical Injuries *402*
- Closed Globe Injuries *408*
- Traumatic Optic Neuropathy *412*
- Eyelid and Adnexal Injuries *414*
- Orbital Injuries Including Fractures *416*
- Guidelines for the Emergency Doctors *418*

Index 419

Abbreviations

5-FU	5-fluorouracil
AC	Anterior chamber
AC:A	Accommodative convergence to accommodation ratio
ACG	Acute angle-closure glaucoma
ACIOL	Anterior chamber intraocular lens
AIDS	Acquired immunodeficiency syndrome
AION	Anterior ischemic optic neuropathy
AMT	Amniotic membrane transplantation
ANA	Antinuclear antibody
ANCA	Antineutrophil cytoplasmic antibody
APMPPE	Acute posterior multifocal placoid pigment epitheliopathy
APTT	Activated partial thromboplastin time
ARC	Abnormal retinal correspondence
ARMD	Age-related macular degeneration
ARN	Acute retinal necrosis
AVM	Arteriovenous malformation
BCC	Basal cell carcinoma
BCL	Bandage contact lens
BCVA	Best-corrected visual acuity
bd	Twice daily
BHIB	Brain heart infusion broth
BP	Blood pressure
BRAO	Branch retinal artery occlusion
BRVO	Branch retinal vein occlusion
BSV	Binocular single vision
BUT	Break-up time (of tear film)
C/D	Cup-disc ratio
CBC	Complete blood count
CCT	Central corneal thickness
CF	Counting fingers
CHED	Congenital hereditary endothelial dystrophy
CHRPE	Congenital hypertrophy of retinal pigment epithelium
CIN	Conjunctival intraepithelial neoplasia
CL	Contact lens
CME	Cystoid macular edema
CMV	Cytomegalovirus
CN II	Cranial nerve II (optic nerve)

CN III	Cranial nerve III (oculomotor nerve)
CN IV	Cranial nerve IV (trochlear nerve)
CN V	Cranial nerve V (trigeminal nerve)
CN VI	Cranial nerve VI (abducens nerve)
CN VII	Cranial nerve VII (facial nerve)
CNV	Choroidal neovascularization
CNVM	Choroidal neovascular membrane
CPEO	Chronic progressive external ophthalmoplegia
CRAO	Central retinal artery occlusion
CRP	C-reactive protein
CRVO	Central retinal vein occlusion
CSCR	Central serous chorioretinopathy
CSF	Cerebrospinal fluid
CSME	Clinically significant macular edema
CSNB	Congenital stationary night blindness
CSR	Central serous (chorio)retinopathy
CT	Computed tomography
CTC	Cyclopentolate-tropicamide-cyclopentolate
CVA	Cerebrovascular accident
CVS	Cardiovascular system
CWS	Cotton-wool spot
CXR	Chest X-ray
D	Diopter
DALK	Deep anterior lamellar keratoplasty
DC	Diopter cylinder
DCCT	Diabetes Control and Complication Trial
DCG	Dacryocystogram
DCR	Dacryocystorhinostomy
DD	Disc diameter
DLC	Differential leukocyte count
DLEK	Deep lamellar endothelial keratoplasty
DM	Diabetes mellitus
DNA	Deoxyribonucleic acid
DOV	Dimness of vision
DS	Diopter sphere
DSEK	Descemet's stripping endothelial keratoplasty
DVD	Dissociated vertical deviation
DVT	Deep venous thrombosis
EBV	Epstein–Barr virus
ECCE	Extracapsular cataract extraction
ECG	Electrocardiogram
EDTA	Ethylenediaminetetraacetic acid
EEG	Electroencephalogram
EIA	Enzyme immunosorbent
ELISA	Enzyme-linked immunosorbent assay

EMG	Electromyogram
ENT	Ear, nose, and throat specialist (otolaryngologist)
EOG	Electro-oculogram
EOM	Extraocular muscle
ERD	Exudative retinal detachment
ERG	Electroretinogram
ESR	Erythrocyte sedimentation rate
EUA	Examination under anesthesia
Fab	Fragment antigen-binding
FAZ	Foveal avascular zone
FB	Foreign body
FDA	Food and Drug Administration
FDP	Frequency doubling perimetry
FDT	Forced duction test
FFA	Fundus fluorescein angiography
FML	Fluorometholone
FNAB	Fine needle aspiration biopsy
FTA/ABS	Fluorescent treponemal antibody absorbed
FVL	Functional visual loss
GA	Glass appointment
GCA	Giant cell arteritis
GHPC	Geographic helicoid peripapillary choroidopathy
GI	Gastrointestinal system
GVHD	Graft-versus-host disease
H/O	History of
HA+T	Homatropine + tropicamide
HBsAg	Hepatitis B surface antigen
HIV	Human immunodeficiency virus
HLA	Human leukocyte antigen
HM	Hand movements
HPE	Histopathological examination
HPV	Human papilloma virus
HRCT	High-resolution computed tomography
HRT	Heidelberg retinal tomography
HSV	Herpes simplex virus
HVF	Humphrey visual field
HZO	Herpes zoster ophthalmicus
IM	Intramuscular
IV	Intravenous
ICCE	Intracapsular cataract extraction
ICE	Iridocorneal endothelial syndrome
ICG	Indocyanine green angiography
IDDM	Insulin dependant diabetes mellitus
IHD	Ischemic heart disease

ILM	Internal limiting membrane
INO	Internuclear ophthalmoplegia
IO	Inferior oblique
IOFB	Intraocular foreign body
IOL	Intraocular lens
IOP	Intraocular pressure
IPCV	Idiopathic polypoidal choroidal vasculopathy
IR	Inferior rectus
IRMA	Intraretinal microvascular abnormalities
I-S	Inferior superior dioptric asymmetry
ISCEV	International Society for Clinical Electrophysiology of Vision
IUSG	International Uveitis Study Group
JIA	Juvenile idiopathic arthritis
JRA	Juvenile rheumatoid arthritis
K value	Keratometry value
KCS	Keratoconjunctivitis sicca
KISA%	(K) × (I–S) × (AST) × (SRAX) × 100 topographic index for keratoconus
KOH	Potassium hydroxide
KP	Keratic precipitate
LASIK	Laser stromal *in situ* keratomileusis
LFT	Liver function tests
LP	Light perception
LPS	Levator palpebrae superioris
LR	Lateral rectus
LVA	Low vision aid
MEWDS	Multiple evanescent white dot syndrome
MG	Myasthenia gravis
MI	Myocardial infarction
MMC	Mitomycin C
MMG	Mucous membrane grafting
MR	Medial rectus
MRA	Magnetic resonance angiography
MRI	Magnetic resonance imaging
MRV	Magnetic resonance venography
MS	Multiple sclerosis
Nd-YAG	Neodymium-yttrium-aluminum-garnet laser
NF-1, 2	Neurofibromatosis types 1 and 2
NFL	Nerve fiber layer
NHL	Non-Hodgkin's lymphoma
NLD	Nasolacrimal duct
NPDR	Nonproliferative diabetic retinopathy
NPL	No perception of light
NPO	Nil per os (nothing by mouth)
NRR	Neuroretinal rim

NSAID	Nonsteroidal anti-inflammatory drug
NTG	Normal-tension glaucoma
NVA	Neovascularization of the angle
NVD	Neovascularization of the optic disc
NVE	Neovascularization elsewhere
NVG	Neovascular glaucoma
NVI	Neovascularization of the iris
OCT	Optical coherence tomography
OD	Oculus dexter (right eye)
OHT	Ocular hypertension
OKN	Optokinetic nystagmus
ONH	Optic nerve head
ONSD	Optic nerve sheath decompression
OS	Oculus sinister (left eye)
OU	Both eyes
PACG	Primary angle-closure glaucoma
PAM	Pigmented acquired melanosis; potential acuity meter
PAN	Polyarteritis nodosa; periodic alternating nystagmus
PAS	Peripheral anterior synechiae; periodic acid–Schiff
PCIOL	Posterior chamber intraocular lens
PCO	Posterior capsular opacification
PCR	Polymerase chain reaction
PCV	Polypoidal choroidal vasculopathy
PDR	Proliferative diabetic retinopathy
PDS	Pigmentary dispersion syndrome
PDT	Photodynamic therapy
PED	Pigment epithelial defect; persistent epithelial defect
PERG	Pattern electroretinogram
PFV	Persistent fetal vasculature
PHMB	Polyhexamethylene biguanide
PHPV	Persistent hyperplastic primary vitreous
PI	Peripheral iridotomy
PIC	Punctate inner choroidopathy
PK	Penetrating keratoplasty
PMD	Pellucid marginal degeneration
PMMA	Polymethyl methacrylate
POAG	Primary open-angle glaucoma
POHS	Presumed ocular histoplasmosis syndrome
PORN	Progressive outer retinal necrosis
PPBS	Postprandial blood sugar
PPDR	Preproliferative diabetic retinopathy
PPMD	Posterior polymorphous corneal dystrophy

PPRF	Paramedian pontine reticular formation
PRN	Pro re nata
PRP	Panretinal photocoagulation
PTH	Parathyroid hormone
PTT	Prothrombin time
PVD	Posterior vitreous detachment
PVR	Proliferative vitreoretinopathy
PXF	Pseudoexfoliation syndrome
RA	Rheumatoid arthritis
RAPD	Relative afferent pupillary defect
Rb	Retinoblastoma
RD	Retinal detachment
RF	Rhematoid factor
RGP	Rigid gas permeable (of contact lenses)
Rh	Rhesus
RK	Refractive keratectomy
RNFL	Retinal nerve fiber layer
ROP	Retinopathy of prematurity
ROPLAS	Regurgitation on pressure over lacrimal sac
RP	Retinitis pigmentosa
RPE	Retinal pigment epithelium
RPR	Rapid plasma reagin
RRD	Rhegmatogenous retinal detachment
SACE	Serum angiotensin-converting enzyme
SCC	Squamous cell carcinoma
sec	Second(s)
SF	Short-term fluctuation
Si	Silicone (of oil)
SINS	Surgery-induced necrotizing scleritis
SITA	Swedish interactive threshold algorithm
SLE	Systemic lupus erythematosus
SLP	Scanning laser polarimetry
SLT	Selective laser trabeculoplasty
SO	Superior oblique
SOOF	Suborbicularis oculi fat pad
SMAS	Superficial mascular aponeurotic system
SPK	Superficial punctuate keratitis
SR	Superior rectus
SRAX	Skewed radial axis index
SRF	Subretinal fluid
SRNVM	Subretinal neovascular membrane
STD	Sexually transmitted disease
SUN	Standardization of Uveitis Nomenclature (group)
TB	Tuberculosis
TED	Thyroid eye disease

TFT	Thyroid function tests
TG	Triglyceride
TIA	Transient ischemic attack
TLC	Total leukocyte count
TM	Trabecular meshwork
TNF	Tumor necrosis factor
tPA	Tissue plasminogen activator
TPHA	*Treponema pallidum* hemagglutination assay
TRD	Tractional retinal detachment
TSH	Thyroid stimulating hormone
TT	Tetenus toxoid
TTT	Transpupillary thermotherapy
UA	Urinalysis
UBM	Ultrasound biomicroscopy
URI	Upper respiratory infection
URTI	Upper respiratory tract infection
USG	Ultrasound
V 1, 2, 3	Ophthalmic, maxillary, and mandibular divisions of CN V
VA	Visual acuity
VDRL	Venereal disease research laboratory test
VEGF	Vascular endothelial growth factor
VEP	Visually evoked potential
VKC	Vernal keratoconjunctivitis
VKH	Vogt–Koyanagi–Harada syndrome
WBC	White blood cells
WHO	World Health Organization