Contents

Unit One

1. Overview of Neuronursing and its New Challenges 1

2. Review of Anatomy and Physiology of Nervous System 4

- The Membranes Covering the Brain and Spinal Cord 6
- The Ventricles of the Brain 6
- The Cerebrospinal Fluid (CSF) 7
- Central Nervous System 8
- The Cerebrum 10
- The Midbrain 11
- Pons Varolii 11
- Medulla Oblongata 11
- Cerebellum 12
- Spinal Cord 12
- The Cranial Nerves 16
- Autonomic Nervous System 17
- Blood Supply to the Brain 20
- Circle of Willis 21
- Venous Drainage 22

• Limbic System 22

- Hippocampal Formation 23

3. Neurological Examination—Nurses' Role 25

- Purposes of Neurological Examination 25
- Components of Neurological Examination 25
- Role of the Nurse during the Examination 32

4. Diagnostic Procedures in Neurological Conditions—Nurses' Role 34

- X-ray 35
- Spinal X-ray 36

- Anatomical Imaging Techniques of the Brain 37
  - CT Scan (Computed Tomography) 37
  - MRI (Magnetic Resonance Imaging) 39
- Physiological Imaging Techniques of the Brain 41
  - PETT (Positron Emission Transaxial Tomography) 41
- Cerebrospinal Fluid (CSF) and Spinal Procedures 43
  - Lumbar Puncture (LP) 43
  - Myelography 45
  - Lateral C1-C2 Puncture 46
  - Ventricular Puncture 47
- Cerebrovascular Studies 48
  - Cerebral Angiography 48
  - Digital Subtraction Angiography (DSA) 50
  - Doppler Imaging 51
- Nervous System Electrical Activity and Conduction 52
  - Electroencephalography (EEG) 52
  - Electromyography 53
  - Nerve Conduction Velocity Studies 54
  - Evoke Potential 54
- Testing Special Senses 55
  - Audiometric Studies 55
  - Caloric Testing 55
- Biopsies 56
  - Muscle and Nervous Biopsy 56
  - Brain Biopsy 56

5. Interventional Neuroradiology—Nurses' Role 57
- Embolization 57
  - Types of Embolization 58
  - Embolic Agents 59
- Nursing Role Prior, during and Postprocedure 62
  - Nurses' Role Prior to Procedure 62
  - Role of Nurse during Procedure 63
  - Role of Nurse after Procedure 64
- Lysis of Thrombotic Materials 65
- Dilatation of Stenosis 65

Unit Two

6. Care of the Patient 67
- Unconscious Patients 67
  - Causes of Unconsciousness 67
  - Diagnosis 68
  - Management 68
  - Observation 68
  - Nursing Care of Unconscious Patients 68

- Patients with Increased Intracranial Pressure 70
  - Causes of Increased Intracranial Pressure 70
  - Signs and Symptoms of Increased Intracranial Pressure 70
  - Investigation and Diagnosis 72
  - Management 72
  - Nursing Management 72
  - Neurological Assessment 73
  - Pediatric Coma Scale 75
  - Explanatory Notes on the Pediatric Coma Scale 76
  - Neurological Observation in Children under 5 Years of Age 77
  - Maintenance of Airway 78
  - Prevention of Activities which can Increase the Intracranial Pressure 78
  - Fluid Restriction 78
  - Continuous Cranial Pressure Monitoring 79
  - General Nursing Management 79
- Aphasia Patients 79
  - Definition 79
  - Anatomy and Physiology of Speech 79
  - Assessment 81
  - Treatment/Management 81
  - The Nursing Management 81

7. Urinary Incontinence—Management 84
  - Incidence 84
  - Definition 84
  - Physiology of Urinary System 84
  - Causes of Urinary Incontinence 86
  - Types of Urinary Incontinence 86
- Methods of Investigation or Evaluation and Diagnosis 87
  - Management 89
  - Nursing Management: Three Objectives 89
  - Assessment 89
  - Nursing Measures/Strategies for the Management of Urinary Incontinence 91

8. Pain—Management 92
  - Components of Pain 92
  - The Mechanism of Pain 93
  - Schematic Representation of Pain Mechanism 94
  - Types of Pain Syndrome 95
  - Age Related Pain Tolerance 96
  - Assessment of Pain 96
  - Management of Pain 96
  - Drugs used in Pain Management 97
  - Nursing Management of Pain 97

Unit Three

9. Infections of Nervous System.....100
- – Routes of Entry 101
- Meningitis 102
  - – Bacterial Meningitis 102
  - – Viral Meningitis (Aseptic Meningitis) 106
  - – Chronic Meningitis: Tuberculous Meningitis 106
- Encephalitis 108
  - – Nursing Management of Patients with Acute Meningitis/ Encephalitis/Chronic Meningitis 108
- Neurosyphilis 110
- Neurocysticercosis 113
  - – Definition 113
- Neurological Manifestation due to HIV Infection 117
  - – Clinical Manifestation 119
  - – Neurological Manifestation 120
  - – Prevention of Transmission to Other Individuals 122
  - – Holistic Approach 122
  - – Postexposure Prophylaxis 122
- Universal Precautions to Prevent HIV Transmission in Healthcare Settings (Published by WHO) 124
- Infection Control Precautions 124
- Universal Precautions to Prevent HIV Transmission 127
- Other Selected Nervous System Infections 127

10. Cerebrovascular Accidents.....130
- Stroke 130
  - – Definition 130
  - – Incidence 130
  - – Types of Strokes 130
  - – Symptoms According to the Artery Occluded 134
- Nursing Management 136
  - – Nursing Care during Acute Phase 137
  - – Postacute Phase 138
  - – Psychological Needs 140
  - – Rehabilitation 140
  - – Discharge Planning and Continuity of Care 141
- Cerebral Venous Thrombosis (CVT) 142
  - – Epidemiology 142
  - – Pathology 143

11. Epilepsy.....145
- – Definition 145
- – Magnitude of Epilepsy 145
- – Classification of Epilepsy 145

- Partial Seizures 147
- Primary Generalized Seizures 148
- Medical Management of Epilepsy 153
- Nursing Management of the Patients with Seizures 155

• Syncope 157

12. Degenerative and Demyelinative Disorders of CNS 160

• Dementia 160
- Definition 160
- Causes of Dementia 160

• Alzheimer's Disease 161
- Definition 162
- Signs and Symptoms 162
- Diagnosis 163
- Management of a Patient with Dementia 163
- Nursing Management 164

• Parkinson's Disease 165
- Etiology and Epidemiology 166
- Pathology 166
- Signs and Symptoms 166
- Diagnosis 168
- Medical Management 168
- Nursing Care of Parkinson Disease 169

• Multiple Sclerosis (MS) 171
- Definition 171
- Etiology and Epidemiology 171
- Pathophysiology 171
- Signs and Symptoms 172
- Precipitating Factors 173
- Diagnosis 174
- Treatment 174
- Nursing Management 174
- Discharge Planning/Patient Education 177

• Retrobulbar Neuritis (Optic Neuritis) 177
- Signs and Symptoms 177
- Treatment 177
- Nursing Care 177

• Motor Neuron Disease 178

• Amyotrophic Lateral Sclerosis (ALS) 178
- Causes and Incidence 178
- Pathophysiology 178
- Signs and Symptoms 179
- Diagnosis 179
- Treatment 179
- Nursing Management 180

- Guillain-Barré Syndrome (Polyradiculoneuritis) 180
  - Causes 180
  - Pathology 181
  - Diagnosis 181
  - Medical Management 182
  - Nursing Management 182

13. Congenital Abnormalities of Nervous System 185

- Hydrocephalus 185
  - Etiology 185
  - Signs and Symptoms 186
  - Diagnosis 187
  - Treatment 187
  - Common Extracranial Shunt 187
  - Complications 187
  - Prognosis 187
  - Nursing Management 188
- Spina Bifida 190
  - Etiology 190
  - Incidence 190
  - Spina Bifida Occulta 190
- Meningocele 190
  - Signs and Symptoms 191
  - Management 191
  - Nursing Management 191
- Meningomyelocele 191
  - Signs and Symptoms 191
  - Clinical Problems 192
  - Diagnosis 192
  - Management 192
  - Nursing Management 193
  - Nursing Care in Labor Room 193
- Syringomyelia 194
  - Incidence and Clinical Presentation 194
  - Management 195
  - Nursing Management 195

14. Traumatic Conditions of Nervous System 196

- Head Injury 196
  - Pathophysiology 197
- Specific Head Injuries and its Management 198
  - Scalp Injuries 198
  - Treatment 198
  - Injury or Fracture of Skull 198
  - Diagnosis 198
  - Treatment 199

- Summary of Skull Fractures 199
- Nursing Management 199
- Cerebral Injuries 199
- Extradural Hematoma 201
- Diagnosis 202
- Management 202
- Subdural Hematoma 202
- Signs and Symptoms 202
- Diagnosis 203
- Treatment/Management 203

• Subarachnoid Hemorrhage 203
- Signs and Symptoms 203
- Management 203

• Spinal Cord Injury 204
- Causes 204
- Management 205
- Nursing Management of Patients with Spinal Cord Injury 206
- Special Nursing Care 208

• Prolapse of Intervertebral Disk (PIVD) 209
- Pathology 209
- Signs and Symptoms 209
- Management 211
- Surgical Management 212
- Nursing Management: During Conservative Management 212

15. Vascular Diseases 215

• Aneurysm 215
- Definition 215
- Pathology 216
- Signs and Symptoms 216
- Diagnosis 216
- Management 216
- Nursing Management 217

• Arteriovenous Malformation (AVM) 217
- Pathology 218
- Signs and Symptoms 218
- Management 218

16. Tumors of Nervous System 220

• Tumor 220

• Brain Tumor 220
- Classification of Brain Tumors 220
- Difference in Brain Tumor in Children and Adults 223
- Pathophysiology of Brain Tumors 223

- Signs and Symptoms of Brain Tumors 225
- Investigations 227
- Management of Patient with Tumors of Nervous System 227
- Nursing Care of Patients who are with Chemotherapy 227

• Pre- and Postoperative Care of Patients Undergoing Neurosurgeries 228
- Preoperative Management 228
- Intraoperative Care 228
- Postoperative Care 229
- Special Nursing Care of Patients Undergoing Surgery for Pituitary Tumors 229
- Special Nursing Care for Patients Undergoing Surgery for CP Angle Tumor 230

• Operative Approaches in Neurosurgery 230
- Cranial Surgery 230
- Spinal Lesions 231

17. Neuromuscular Disorders 233

• Muscular Dystrophies 233
- Types of Muscular Dystrophy 233
- Duchenne's Muscular Dystrophy 234
- Limb-girdle Dystrophy 234

• Myasthenia Gravis (MG) 235
- Definition 235
- Epidemiology 235
- Etiology 235
- Pathophysiology 236
- Signs and Symptoms 236
- Management Consists of Two Groups of Drugs 238
- Nursing Care of Myasthenia Gravis 239

• Plasmapheresis (Plasma Exchange) 241
- Small Volume PP (Semiautomatic) 241
- Large Volume Plasmapheresis (Automatic) 242
- Nurses' Responsibility 242

18. Cranial Nerve Disorders 243

• Trigeminal Neuralgia 243
- Clinical Presentation 243
- Anatomy 244
- Treatment 244
- Nursing Care 245

• Facial Paralysis Or Bell's Palsy 246
- Signs and Symptoms 246
- Treatment 247
- Nursing Care 247

- Ménière's Disease 248
  - Symptoms 248
  - Treatment 249
  - Surgery 249
  - Nursing Care 249

19. Peripheral Neuropathy 250
- Epidemiology 250
- Signs and Symptoms 253
- Mononeuropathy Multiplex 255
- Inflammatory Demyelinating Polyradiculoneuropathies 255
- Chronic Inflammatory Demyelinating Polyradiculoneuropathy (CIDP) 255
- Clinical Features 255
- Diagnosis 256
- Treatment 256
- Nursing Care 256
- General Nursing Care of Patient with Peripheral Neuropathy 256

20. Wilson's Disease (Hepatolenticular Degeneration) 258
- Etiology 258
- Pathology 258
- Signs and Symptoms 259
- Nursing Care 259

21. Myopathies 261
- Definition 261
- Classifications 261
- Hereditary Disorders 261
- Acquired Myopathies 262
- Signs and Symptoms 263
- Diagnostic Procedure is done by 263
- Investigations 263
- Treatment 264
- Prognosis 264
- Complications 264

- Inflammatory Myopathies 264
- Polymyositis 265
  - Definition 265
  - Etiology 265
  - Occurrence 265
  - Pathology 266
  - Signs and Symptoms 266
  - Treatment 266

- Prognosis 267
- Nursing Care 267

- Dermatomyositis 267
  - Signs and Symptoms 267
  - Treatment and Nursing Care 267

22. Headache/Cephalgia 268
- Definition 268
- Migraine Headache 268
- Signs and Symptoms 269
- Migraine Triggers 269
- Treatment 269
- Nursing Care 270
- Tension Headache 270
- Treatment 270
- Nursing Care 270
- Cluster Headache 271
- Treatment 271
- Nursing Care 272

- Secondary Headaches 272

Unit Four

23. Common Drugs Used in Neuroscience Conditions 273

24. Rehabilitation of Patients with Neurological and Neurosurgical Problems—Nurses' Role 284
- Nurse as a Team Member 284
- Functions of Rehabilitation Nurses 285
- Assessment 285
- Definitions 285
- Assessment of Family 286
- Nursing Diagnoses 286
- Nursing Intervention 287
- Planning for Discharge 287
- Community Care 287

25. Prevention of Neurological and Neurosurgical Conditions—Nurses' Role 289
- Congenital Abnormalities/ Developmental Disorders 289
- Head Injuries 290
- Spinal Injuries 291

- Convulsion and Epilepsy 291
- Stroke and Cerebral Venous Thrombosis (CVT) 292
- Infections of Nervous System 293
- Dementia 294
- Peripheral Neuropathy 295

26. Summary of Common Problems, Nursing Diagnosis and Interventions in Neuroscience Nursing 296

- Other Commonly Used Nursing Diagnosis 301

27. Nursing Management of Patients with Ventilator 302

- Conditions need Ventilator Care and Management 302
  - Treatment 304
  - Advantages and Disadvantages of Oral and Nasal Endotracheal Tubes 304
  - Types of Ventilators 305
  - Modes of Mechanical Ventilator 305
  - Complications of Mechanical Ventilator 305
  - Management 305
  - Common Nursing Problems Identified in Neuro Intensive Care Unit (ICU) 305
  - Nursing Management 306
  - Weaning from Ventilator 306

Bibliography *307*

Index *311*