Contents

1. Patient Safety 1
Nicole C Rankins, Khaled Sakhel

- ACOG Resources on Patient Safety 1
- ACOG Report of the Presidential Task Force on Patient Safety in the Office Setting 2
- Room Set-up 4
- ACOG Office Patient Safety Assessment Tool 11
- Reprocessing of Instruments 11
- Additional Resources 15

2. Legal Issues in Office-based Procedures 16
James M Shwayder

- Regulation of Office-Based Surgery 16
- Physician Qualifications 19
- Facilities 20
- Personnel 20
- Patient Selection 21
- Anesthesia 22
- Informed Consent 22
- Procedure Documentation 22
- Coding 23

3. Gynecological Ultrasound in the Office Settings 34
Alfred Z Abuhamad

- Equipment 34
- Components of the Pelvic Ultrasound Examination 36
- Three-dimensional Ultrasound and Müllerian Duct Anomalies 36
- Sonohysterography 46

4. Office Hysteroscopy 55
Margaret McKenzie

- Indications for Office Hysteroscopy 56
- Contraindications 56
- Patient Selection for the Office Setting 57

- Counseling and Informed Consent 57
- Special Pre-procedure Preparations 58
- Set-Up and Instrumentation 59
- Technique 61
- Complications and Management 62

5. Colposcopy and LEEP 65

Ebony Parker-Featherstone, Lauren B Zoschnick

Colposcopy

- Indications 66
- Contraindications—Relative 66
- Patient Selection for Office 66
- Counseling/Consent 67
- Pre-procedural Preparation 67
- Set-up/Instrumentation 67
- Technique 68
- Complications and Management 73

LEEP

- Indications 75
- Contraindications 75
- Patient Selection 75
- Counseling/Consent 75
- Pre-procedural Preparation 76
- Set-up and Instrumentation 76
- Technique 77
- Complications 80

6. Long-Acting Reversible Contraception 83

Thomas D Kimble, David F Archer

- Intrauterine Contraception 83
- Implantable Contraception 86
- Technique 86
- Locating the Device 94
- Removal Procedure 95

7. Transcervical Sterilization 97

Khaled Sakhel

- Indications 98
- Contraindications 98
- Patient Selection for Office 98
- Counseling/Consenting 98

- Endometrial Preparation 99
- Set-up/Instrumentation 99
- Technique 100
- Complications and Management 102
- Confirmatory Hysterosalpingography 104

8. Endometrial Ablation 111
Matthew R Hopkins

- Indications 112
- Contraindications 112
- Patient Selection for Office 112
- Counseling/Consenting 114
- Special Pre-procedure Preparations 114
- Set-up/Instrumentation 115
- Technique 116
- Thermal Balloon Ablation 119
- Cryotherapy 119
- Radiofrequency Ablation 119
- Hydro ThermAblator (HTA) 120
- Microwave Endometrial Ablation 120
- Complications and Management 121

9. Bone Mineral Density Assessment 127
Thomas D Kimble, David F Archer

- Medical History and Physical Examination 128
- WHO Fracture Assessment Risk Tool (FRAX®) 129
- Laboratory Evaluation 131
- Imaging Modalities 132
- Quantitative Ultrasound 133
- Assessment of BMD in the Physician Office 134
- Review 135

10. Intrauterine Insemination 139
Silvina M Bocca

- Indications 139
- Contraindications 139
- Patient Selection for Office 140
- Counseling/Consenting 140
- Special Preoperative Procedure Preparations 140
- Set-up/Instrumentation 141

- Technique 142
- Sperm Wash Technique 143
- Sperm Processing-Density Gradient Centrifugation Technique 145
- Complications and Management 147

11. Urodynamic Testing 151

Kindra A Larson

- Urodynamic Components 152
- Evidence regarding the Utility of Urodynamic Testing 153
- Organization Specific Indications for Urodynamic Testing 154
- Contraindications 157
- Patient Selection for the Office 157
- Counseling and Consenting 158
- Special Pre-procedure Preparations 158
- Set-up and Instrumentation 159
- Technique 163
- Complications and Management 172

12. Diagnostic Cystourethroscopy 177

James Chivian Lukban

- Indications 177
- Contraindications 178
- Patient Selection for the Office 178
- Counseling and Consent 178
- Pre-procedure Medications 178
- Instrumentation 179
- Patient Set-up 181
- Technique 182
- Complications and Management 185

13. Treatment of Stress Urinary Incontinence 187

Douglas Van Drie, Manish P Patel, James Chivian Lukban

- Transurethral Radiofrequency Collagen Denaturation of the Bladder Neck and Proximal Urethra (Renessa) 188
- Injectable Bulking Agents 194
- Single-incision Mid-urethral Sling 199

14. Treatment of Overactive Bladder (Sacral Nerve Stimulation) 206
Manish P Patel

- Indications 207
- Contraindications 207
- Precautions 207
- Adverse Events 208
- Patient Selection for Office Evaluation 208
- Counseling and Consenting 208
- Patient Preparation 209
- Set-up and Instrumentation 209
- Technique 210
- Complications and Management 213

15. Conservative Management of Pelvic Organ Prolapse 214
Alis Kotler Panzera

- Epidemiology 215
- Risk Factors 215
- Indications 215
- Contraindications 215
- Patient Selection for Office 216
- Counseling and Consenting 216
- Special Pre-procedure Preparations 217
- Set-up and Instrumentation 217
- Technique 218
- Follow-up 219
- Pessary Types 219
- Incontinence Dish 220
- Ring (With/Without Supportive Diaphragm) 221
- Shaatz 222
- Donut 222
- Gellhorn 223
- Gehrung 224
- Inflatoball 224
- Cube 225
- Colpexin™ Sphere 225
- Complications and Management 226

16. Office Treatment of Interstitial Cystitis/Painful Bladder Syndrome: Intravesical Instillations 229
Dominique El-Khawand, Kristene E Whitmore

- Indications 234
- Contraindications 234
- Patient Selection for the Office 234
- Counseling and Consenting 235
- Special Pre-procedure Preparations 235
- Set-up and Instrumentation 235
- Technique 237
- Complications and Management 237

17. Treatment of Pelvic Floor Muscle Spasm 241
Salim A Wehbe, Hina Sheth, Susan Kellogg-Spadt, Kristene E Whitmore

- Clinical Assessment of the Pelvic Floor 243
- Indications for Treatment 245
- Contraindications 246
- Counseling and Consent 246
- Pelvic Floor Physical Therapy 246
- Pre-procedure Preparations 247
- Techniques 247
- Injection Therapy 249
- Set-up and Instrumentation 251
- Complications and Management 251

18. Office Cosmetic Procedures 255
Marco A Pelosi III

- Nonsurgical Procedures 255
- Botox and Dysport Therapy 256
- Filler Injections 262
- Microdermabrasion 266
- Thermal-based Skin Treatments 268

Index 273