Contents

1. Epidemiology of HIV Infection and AIDS **1**
M Bhattacharya, Sudha Salhan

Natural History of HIV 1

2. The Human Immunodeficiency Viruses **16**
Usha K Baveja

Historical Background and Origin of HIV 17
Structure 19
Human Cells and Tissues Susceptible to HIV as Shown by In Vitro and In Vivo Studies 24
Susceptibility of HIV 26
Transmission of Virus 27
HIV Latency 29

3. Syndromic Management of Reproductive Tract Infections and Sexually Transmitted Infections in Females **31**
Sudha Salhan 31

Learning Objectives 31
Definitions 31
Main Features of the Syndromic Approach 37
The Causes of Vaginal Discharge 40
Lower Abdominal Pain in the Female 43
Single Dose Treatment for Gonorrhea 43
Treatment of Genital Ulcer 44

4. Voluntary Counseling and Testing and its Rationale for HIV Infection **47**
Sudha Salhan

What is Counseling? 47
HIV Testing 51
When to Declare HIV Positive? 52
Living Positively with AIDS 69
Effective VCTC Services 72

5. Establishing the Diagnosis of HIV Infection 74
Usha K Baveja
Tests Used to Diagnose/Detect HIV Infection 75
Antibody Tests on Other Fluids 81
Different Procedures for Testing 84
Issues Related to HIV Testing 85
Central Drugs Standard Control Organization 89

6. Women and HIV Infection Including Parent to Child Transmission 93
Sudha Salhan
Timing of Vertical Transmission 102
Effect of Pregnancy on HIV Disease 104
Effect of HIV on Pregnancy 104
Management of HIV Positive Pregnant Women 105
Interventions Aimed at Decreasing the Risk of Parent to Child Transmission (PTCT) of HIV Infection 106
Precautions Taken 114
Contraception and HIV 117
Natural History of HIV Disease in Women 118
Ethics and HIV Disease in Women 118

7. Management of HIV Infection in Women 123
G Manoharan, Sudha Salhan
WHO Clinical Staging of HIV/AIDS for Adults and Adolescents with Confirmed HIV 123
Classification of ARV Drugs 125
ART in Women 137

8. HIV in Adolescents 146
Meenakshi Bhatt, Sudha Salhan
How do Adolescents Differ from Adults in the Risk of Acquiring HIV Infection? 146
What is Already Being Done? 151

9. Infection Control, Biosafety Practices and Biomedical Waste Management 153
Krishna Ray, Sudha Salhan
Learning Objectives 153
Handling Specimens of Blood/Body Fluids 164

Handling Blood/Body Fluid Spills 165
Management of Accidental Exposure to HIV in the Work Place 167
Implementation of Biosafety Practices in Health Care Settings 172

10. Post-exposure Prophylaxis and Pre-exposure Prophylaxis 175
Sudha Salhan

Definitions 175
Risk of Exposure 176

11. Psychiatric Aspect of HIV/AIDS in Women 189
Rajesh Rastogi, Madhusudan

Index 205