Contents

Vol. 1

Color Plates

1. Nursing Process ---------- **3**
- Definition *3*
- Principles and Practice of Nursing *4*
- Importance of Nursing Process *4*
- Benefits of Nursing Process *4*
- Characteristics of Nursing Process *4*
- Components of Nursing Diagnosis *5*
- Assessment *5*
- Types of Diagnosis *6*
- Phases of Nursing Process *6*
- Assessing Phase *6*
- Sources of Data *6*
- Resources *6*
- Models for Data Collection *6*
- Data Analysis *7*
- Guidelines for writing Nursing Diagnosis *8*
- Planning Phase *8*
- Implementing Phase *9*
- Nursing Interventions *9*
- Evaluating Phase *9*
- Determining Outcome Achievement *9*
- Documentation *9*
- Patient's Health Education in Health Promotion *10*
- Example of a Nursing Care Plan *10*
- Assignments *12*

2. History of Medicine and Nursing ---------- **13**
- Medicines are Built on the Best of the Past *13*
- Primitive Medicine *13*
- Health and Disease *14*
- Practitioners *15*
- Methods *16*
- Surgery *16*
- Public Health and Hygiene *16*
- Heritage of Primitive Man *17*
- Ancient History (3600 BCE–500 CE) *17*
- Theories of Illness *22*
- History of Medical Surgical Nursing *23*
- Assignments *25*

3. Adult Physical Assessment ---------- **26**
- General Health Considerations *26*
- General Principles *26*
- Physical Assessment *26*
- Frameworks of Health Assessment *27*
- Components of Health History *27*
- Purpose of Identifying Information *27*
- Physical Examination Approach *30*
- Equipment for Adult Physical Examination *30*
- Different Tests *32*

- Role of a Nurse in Adult Physical Examination *32*
- Physical Signs Indicative of Nutritional Status *33*
- Assignments *33*

4. Altered Immune Response ---------- 34
- Immune System *35*
- Immunity *35*
- Infectious Disease *35*
- Categories of Immunity *37*
- Specific Immunity *40*
- Stages of Immunity *43*
- Preparation of Serum *43*
- Immunoglobulin *43*
- Summary *45*
- Tests for Identification *46*
- Nursing Management of Clients with Immunodeficiency Disorders *48*
- Assignment *48*

5. Management of Client with Allergic Disorders ---------- 49
- Allergy *49*
- Hypersensitivity *51*
- Anaphylaxis *52*
- Allergic Rhinitis *53*
- Contact Dermatitis *54*
- Atopic Dermatitis *54*
- Food Allergy *54*
- Serum Sickness *55*
- Drugs *55*
- Assignments *55*

6. Fluid and Electrolytes: Balance and Distributions ---------- 56
- Water Retention *56*
- Terms *56*
- Body Fluids *57*
- Osmosis *57*
- Intracellular Fluid *58*
- Extracellular Fluid *58*
- Composition of Body Fluids *58*
- Regulation of Body Fluids *58*
- Distribution of Electrolytes *59*
- Estimation of Electrolyte *59*
- Fluid Imbalance *60*
- Extracellular Fluid Volume Excess (ECFVE) *61*
- Extracellular Fluid Volume Shift *62*
- Intracellular Fluid Volume Excess *62*
- Intracellular Fluid Volume Deficit *63*
- Hyponatremia/Sodium Deficit *63*
- Hypernatremia/Sodium Excess *64*
- Hypervolemic Hypernatremia *64*
- Fluid Volume Deficit—Hypovolemia *65*
- Fluid Volume Excess—Hypervolemia *66*
- Hypokalemia/Potassium Depletion *66*
- Hyperkalemia/Potassium Excess *67*
- Calcium Imbalance *68*
- Calcium Balance *68*

- Hypocalcemia (Calcium Deficiency) *68*
- Hypercalcemia (Calcium Excess) *69*
- Phosphate Imbalance (Phosphorus) *70*
- Hypophosphatemia/Phosphorus Deficit *70*
- Hyperphosphatemia/Phosphorus Excess *70*
- Hypomagnesemia/Magnesium Deficit *70*
- Hypermagnesemia/Magnesium Excess *71*
- Metabolic Acidosis Base/Bicarbonate Deficit *71*
- Metabolic Alkalosis Base/Bicarbonate Excess *72*
- Acid-Base Balance *72*
- Tests for Acid-Base Imbalance *72*
- Respiratory Alkalosis *73*
- Metabolic Acidosis *73*
- Expected Outcome *74*
- Assignments *74*

7. Basic Pharmacology of Drugs ---------- 75
- About Drugs in General *75*
- Drug Forms and Administration *75*
- Drug Profiles *75*
- Current Drug Laws Specify Prohibition *76*
- Drugs Legislation and Standards *76*
- Physician's Role *76*
- How Drug Works on Body *76*
- Dosage and Usage of Drugs *77*
- Routes of Administration *77*
- Assessment before Medication *77*
- Precautions *78*
- Effects of Long-term Use *78*
- Purpose of Drug Administration *78*
- Classification of Drug *79*
- Drugs: How they Work *79*
- Rights of the Clients *86*
- Role of a Nurse *86*
- System of Medication Distribution *87*
- Medication Error *87*
- Nurse's Responsibilities *87*
- Common Key Nursing Consideration while Administering Drugs *87*
- Assignments *88*

8. Pain Management ---------- 89
- Definition *89*
- Terms *89*
- Pain Receptors *89*
- Pain Stimuli *89*
- Pain Impulse Pathways *90*
- Pain Control Mechanism *90*
- Responses of Pain *90*
- Pain Transduction *90*
- Pain Transmissions *90*
- Pain Modulation *90*
- Types of Pain *90*
- Comparison of Acute and Chronic Pain *91*
- Classification of Pain *91*
- Factors Influencing Pain *91*

- Physiological Factors *91*
- Nursing Assessment *91*
- Description of Pain: Mild, Moderate, or Severe *92*
- Pharmacologic Management *93*
- Nursing Responsibility in Administering Analgesic (Pharmacologic Management) *93*
- Factors Influencing the Pain Response *94*
- Nursing Management of Pain Relief *94*
- Behavioral Techniques *94*
- Palliative Care *94*
- Nursing Intervention *94*
- Client Teaching *95*
- Assignments *95*

9. Nursing Management in Surgery ---------- 96
- Surgery Down the Ages: Ancient India *96*
- Opening Up has Always been with Agony *97*
- New Technology in Surgery: Spider Tech *98*
- Purpose of Surgery *98*
- Intraoperative Nursing Functions *99*
- Surgical Diagnosis and Nurse *100*
- Nursing Diagnosis of Intraoperative Clients *101*
- Anesthesia *101*
- Analgesia *102*
- Route of Administration *103*
- Other Types *103*
- Nurse's Responsibility in Preventing Postoperative Complications *104*
- Assignments *108*

10. Importance of Sutures in Surgical Procedures ----------109
- Introduction *109*
- Criteria for Selection of Suture Materials *109*
- Types of Suture Material: Plain Catgut and Chromic Catgut *109*
- Classification of Absorbable and Nonabsorbable Sutures *110*
- Measurement of Catgut *110*
- General Instructions for Suturing a Wound *111*
- Catgut Preparation *111*
- Surgical Needles and Needle Holders *111*
- Classifications *111*
- Techniques of Holding Needle Holder *112*
- Nurse's Responsibility in the Suture of the Wound *113*
- Assignments *113*

11. Assessment of Respiratory Function ----------114
- Structure and Anatomy of Upper Respiratory System *114*
- Structure and Anatomy of Lower Respiratory System *114*
- Physical Assessment of Respiratory Function *117*
- Physical Examination of Respiratory System *118*
- Key Observation of Physical Examination *119*
- Management and Nursing Care of Clients with Impaired Respiratory Function *119*
- Diagnostic Tests *121*
- Assignments *122*

12. Respiratory Disorders----------123
- Disorders of Upper Respiratory Tract *124*
- Acute Coryza (Common Cold) *124*
- Tonsillectomy (Removal of Palatine Tonsils) *124*

- Adenoidectomy (Removal of Adenoids) *125*
- Acute Laryngitis *126*
- Chronic Laryngitis *126*
- Acute Tracheitis *126*
- Disorders of Lower Respiratory Tract *126*
- Asthma *126*
- Bronchial Asthma *127*
- Pneumothorax *128*
- Pneumonia *130*
- Pulmonary Tuberculosis *132*
- Pulmonary Embolism *134*
- Lung Cancer *135*
- Lung Surgeries *137*
- Chronic Obstructive Pulmonary Disease (COPD) *138*
- Bronchitis *138*
- Emphysema *138*
- Four-Component Management Program *139*
- Conclusion *140*
- Bronchitis *140*
- Chronic Bronchitis *141*
- Emphysema *141*
- Bronchiectasis *142*
- Chest Trauma *143*
- Pulmonary Oedema *143*
- Lung Abscess *144*
- Pleural Effusion *145*
- Bronchopleural Fistula *146*
- Pleurisy *147*
- World No Tobacco Day *148*
- Assignments *150*

13. Operation Theater Techniques----------151

- Physical Environment *151*
- Essential Points in Planning Operation Theater Complex *151*
- Overall Design *152*
- Recovery Ward/Recovery Room *152*
- Anesthetic Room *152*
- Sterilization Room *152*
- Cylinder Stock Room *152*
- Utility Room *152*
- Reception Area *152*
- Theater Lightening *152*
- Control of Infection *152*
- Factors Affecting the Rate of Infection *153*
- Measures for Controlling Contamination of Theater *153*
- Daily Routine Cleaning *153*
- Preparation of Theater for Infected Cases *153*
- Carbonization *154*
- Theater Technique *154*
- Theater Dress *154*
- Theater Headwear *154*
- Handwashing *154*
- Gowning *154*
- Nurse's Role *155*
- Surgical Team *155*

- Duties of Theater Sister-in-Charge of Operation Theater (OT) *155*
- Duties of the Nurses in Operation Theater *156*
- Scrub Nurse *156*
- Preparation of the Theater Equipment and Supplies *157*
- Methods of Disinfection *159*
- Care of Instruments and Needles *160*
- Terminal Disinfection *160*
- Fumigation *160*
- Disposable Materials *164*
- Assignments *165*

14. Assessment of Gastrointestinal Disorders ---------- 166
- Functions *166*
- Assessment of Gastrointestinal Disorders *166*
- Physical Examination *168*
- Assignments *170*

15. Diseases of the Mouth, Tongue, Salivary Glands, and Esophagus ---------- 171
- Diseases of the Tongue *174*
- Chronic Glossitis *174*
- Benign Tumors of Tongue *174*
- Cancer of Tongue *175*
- Gingivitis *175*
- Diseases of Esophagus *176*
- Achalasia Cardia (Cardiospasm) *178*
- Dysphagia *179*
- Cancer of Esophagus *180*
- Esophageal Trauma and Perforations *181*
- Esophagus Varices *181*
- Hiatal Hernia *182*
- Symptoms and Signs of Uncomplicated Hernia *183*
- Assignments *184*

16. Disorders of Stomach ---------- 185
- Revision *185*
- Gastritis *186*
- Chronic Gastritis *187*
- Gastric Cancer *188*
- Peptic Ulcer *189*
- Conclusion *190*
- Acidity *191*
- Pyloric Stenosis *191*
- Assignments *191*

17. Disorders of Motility, Secretion, and Absorption in the Intestine ---------- 192
- Anatomy of GI System *192*
- Flatulence *194*
- Gastroenteritis *194*
- Diarrhea *195*
- Bowel Incontinence/Fecal Incontinence *196*
- Irritable Bowel Syndrome *196*
- Appendicitis *197*
- Diverticular Diseases *199*
- Intestinal Obstruction *200*
- Small Bowel Obstruction *200*
- Crohn's Disease (Regional Enteritis) *201*

- Ulcerative Colitis *202*
- Peritonitis *204*
- Essential Drugs *205*
- Assignments *205*

18. Disorders of Rectum and Anus----------206
- Colonic Action in Defecation, Feces, and Flatus *206*
- Constipation *206*
- Cancer of the Colon and Rectum *207*
- Polyps of the Colon and Rectum *208*
- Other Diseases of the Anorectal Conditions *208*
- Anorectal Abscess *209*
- Anal Fistula *209*
- Anal Fissures *209*
- Large Bowel Obstruction *210*
- Hemorrhoids *210*
- Assignments *212*

19. Disorders of Liver and Biliary Tract----------213
- Structure of liver *213*
- Jaundice *214*
- Hepatitis *215*
- Cirrhosis of Liver *216*
- Hepatoencephalopathy and Coma *218*
- Cancer of Liver (Liver Neoplasms) *219*
- Metastatic Tumors *220*
- Liver Abscess *221*
- Portal Hypertension *222*
- Ascites *222*
- Assignments *223*

20. Disorders of the Gallbladder ----------224
- Structure of Gallbladder *224*
- Cholelithiasis *224*
- Acute Cholecystitis *226*
- Chronic Cholecystitis *227*
- Assignments *227*

21. Assessment of Metabolic and Endocrinal Disorders----------228
- Physical Examination *229*
- Diagnostic Evaluation *231*
- Nursing Intervention *232*
- Assignments *232*

22. Disorders of Endocrine Glands ----------233
- Endocrine Glands and their Hormones *233*
- Assessment of the Client with Disorders of Thyroid *234*
- Hypothyroidism *234*
- Hyperthyroidism *235*
- Thyroid Storm (Thyrotoxic Crisis) *236*
- Cancer of the Thyroid *237*
- Goiter *237*
- Major Manifestation of Graves' Diseases *239*
- Disorders Associated with Cretinism *239*
- Acromegaly *239*
- Hypopituitarism *240*

- Simmonds' Disease *240*
- Dwarfism *240*
- Myxoedema *240*
- Assignments *241*

23. Disorders of Adrenal Glands ----------242
- Addison's Disease (Adrenocortical Insufficiency) *243*
- Cushing Syndrome *243*
- Adrenogenital Syndrome *244*
- Summary *245*
- Assignments *245*

24. Disorders of the Pancreas ----------246
- Structure of Pancreas *246*
- Pancreatitis *246*
- Chronic Pancreatitis *248*
- Cancer of Pancreas *249*
- Assignments *250*

25. Management of Client with Diabetes Mellitus ----------251
- Definition *251*
- Hypoglycemia *255*
- Essential Drugs *259*
- Assignments *259*

26. Assessment of Renal and Urinary Disorders----------260
- Terms *260*
- History Collection *261*
- Physical Examination *262*
- Diagnostic Measures *263*
- Assignments *265*

27. Renal and Urinary Disorders—1 ----------266
- Structure *266*
- Functions of Kidney *267*
- Cystitis/Urinary Tract Infection *267*
- Urethritis *268*
- Pyelonephritis *269*
- Urinary Retention *270*
- Genitourinary Tuberculosis *272*
- Urinary Calculi (Renal Stones) *272*
- Assignments *274*

28. Renal and Urinary Disorders—2 ----------275
- Bladder Trauma *275*
- Rupture of Urinary Bladder *276*
- Urethral Trauma *276*
- Injury to the Bladder and Urethras *276*
- Urinary Incontinence *277*
- Renal Trauma *279*
- Bladder Neoplasm *280*
- Renal Abscess *281*
- Nephritic Syndrome *281*
- Assignments *282*

29. Renal and Urologic Disorders—3----------283
- Anatomy Review *283*
- Acute Renal Failure *284*

- Chronic Renal Failure (CRF) (End-Stage Renal Disease) *286*
- Glomerulonephritis *287*
- Chronic Glomerulonephritis *288*
- Renal Hypertensions *289*
- Neurogenic Bladder Dysfunctions *289*
- Hydronephrosis *290*
- Pyelonephritis *290*
- Pyonephrosis *291*
- Renal Transplantation *291*
- Assignments *294*

30. Urinary Disorders and Conditions ----------295
- Review *295*
- Urinary Diversion *296*
- Prostatic Surgery *297*
- Cancer of the Bladder *297*
- Prostate Cancer *298*
- Testicular Cancer *299*
- Carcinoma of the Penis *299*
- Epididymitis *300*
- Nephrolithiasis/Urolithiasis *300*
- Renal Cell Carcinoma *302*
- Management *302*
- Injuries to the Kidney *302*
- Dialysis *302*
- Uremia *304*
- Urethral Stricture *304*
- Congenital Anomalies of Kidneys *304*
- Cystic Disease *304*

31. Neurological Examination ----------307
- Review of Neurological System *307*
- Neurological Examination *308*

32. Neurological Assessment ----------312
- Components of Physical Examination *312*
- Components of Consciousness *312*
- Categories of Consciousness *313*
- Three Components of Neurological Assessment *315*
- Common Manifestation associated with Neurological Disorders *316*
- Neurological Assessment is divided into Five Components *316*
- Balance and Coordination *317*
- Sensory Examination *318*
- Diagnostic Tests *318*
- Tests for Vascular Abnormalities *319*

33. Cranial Nerve Disorders ----------320
- Reflex Action *320*
- Meninges *320*
- Bell's Palsy/Facial Paralysis *320*
- Trigeminal Neuralgia (TIC Douloureux) *321*

34. Infectious Disorders----------322
- Meningitis *322*
- Bacterial Meningitis *322*
- Encephalitis *323*
- Arbovirus Encephalitis *324*
- Brain Abscess *324*

35. Cerebrovascular Disease ----------326
- Cerebrovascular Accidents (CVA) Brain Attack/Stroke *327*
- Stroke *329*
- Assignments *329*

36. Degenerative Disorders----------330
- Multiple Sclerosis *330*
- Parkinson's Diseases *331*

37. Neuromuscular Disorders ----------333
- Myasthenia Gravis *333*
- Guillain-Barre Syndrome/Polyradiculoneuritis *334*

38. Trauma----------335
- Brain Injury or Trauma *335*
- Neurological Trauma *336*
- Head Trauma *336*
- Cerebral Angiography *336*
- Intracerebral Hematoma/Hemorrhage *336*
- Spinal Cord Injury *336*
- Mechanism of Injury *337*
- Peripheral Neuropathies *339*

39. Diseases of Central Nervous System ----------341
- Paraplegia *342*
- Sciatica *342*
- Brain Tumors *342*
- Spinal Cord Tumors *344*

40. Other Neurological Disorders----------346
- Laminectomy *346*
- Huntington's Disease *346*
- Herniation of Intervertebral Disk *347*
- Convulsive Disorder Seizures *349*
- Epilepsies *351*
- Status Epilepticus *351*
- Intracranial Pressure (ICP) *352*
- Intracranial Surgery *353*
- Headache *354*
- Nursing Care of Clients with Head Injuries *355*
- Pre- and Postoperative Care of Patient Undergoing Neurosurgery *359*
- Drug—Anticonvulsants/Antiepileptic *360*
- Assignments *360*

41. Assessment of Musculoskeletal Function----------361
- History *361*
- Physical Examination *362*
- Diagnostic Test *362*

42. Connective Tissue and Collagen Disorders ----------364
- Systemic Lupus Erythematosus *364*
- Scleroderma/Progressive Systemic Sclerosis *365*
- Poliomyelitis *365*
- Ankylosing Spondylitis *365*
- Fibromyalgia/Fibrositis *366*
- Osteoarthritis *366*
- Gout *367*

- Dermatomyositis *367*
- Spondylitis *368*

43. Geriatric Management ----------369
- Normal Changes of Aging *369*
- Geriatric Depression Scale *371*
- Alzheimer's Diseases *371*
- Presentation: Alzheimer's Disease *372*
- Introduction to Alzheimer's Disease *372*
- Specific Objectives of the Health Education *373*

44. Emergency Management ----------383
- Triage *384*
- Crush Injury *385*
- Fractures *386*
- Poisoning *386*
- Ingested/Swallowed Poisoning *386*
- Inhale Poisoning *387*
- Emergency Management of Drug Abuse *388*
- Heroin, Opium, Morphine *389*
- Barbiturates, Pentobarbital *389*
- Frostbite *389*
- Near Drowning *389*
- Sunstroke or Heatstroke *389*
- Bites and Stings *390*
- Snake Bite *390*
- Spider Bites *391*
- Airway Obstruction *391*
- Hemorrhage *392*
- Shock *392*
- Drug Study *394*

45. Revision ----------395
- Terms/Meanings of Terms *395*

Index----------397

Contents

Vol. 2

Color Plates

1. Cancer Therapies ---------- 3
- Pathophysiology of the Malignant Process *3*
- Invasion and Metastasis *4*
- What is Multiple Myeloma? *5*
- Treatment Option *8*
- Principles of Palliative Care *8*

2. Questionnaire of Cancer Nursing---------- 9
- How Does Cancer Arise? *9*
- Can Viruses Cause Cancer? *9*
- Can the AIDS Virus Cause Cancer? *9*
- Immune Systems Works in the Following Manner *10*
- Can Chemicals Cause Cancer? *10*
- Can Certain Foods Cause Cancer? *10*
- Can Cancer be Inherited? *10*
- Can Hormones Cause Cancer? *11*
- Can Drugs Cause Cancer? *11*
- Can Psychological Factors Cause Cancer? *11*
- What Types of Cancer are There? *11*
- What are the Most Common Cancers? *11*
- Does Cancer Cause Pain? *12*
- How to Know One has Cancer? *12*
- What Test will Needed to be Done? *12*

3. Diagnosis of Cancer ----------13
- Diagnostic Evaluations *13*
- Seven Warning Signals of Cancers *13*
- Cancer-Specific Diagnostic Examination *13*
- Physiological Response to Cancer *15*
- Tumor Staging and Grading *16*
- Management of Cancer Goals *16*
- Nursing Diagnosis *17*
- Nursing Supervision *18*
- Learning Skill in Nursing *18*

4. Prevention and Early Detection of Cancer ----------20
- Preventing Cancer *20*
- Primary Prevention *20*
- Risk Factors of Primary Prevention *20*
- Secondary Prevention *21*
- Cancer Rehabilitation *21*
- Cancer Screening *22*
- Do not Let Cancer Stop You *23*

5. Chemotherapy ----------26
- Uses of Chemotherapy *26*
- Classifications of Chemotherapy *26*
- Route of Administration *26*
- Principles of Chemotherapy Administration *27*

- Safety Measures in Handling Chemotherapy *27*
- Complications of Chemotherapy *27*
- Side Effects of Chemotherapy *27*
- Nursing Intervention *27*

6. Radiation Therapy ----------28
- Principles of Radiation Therapy *28*
- Types of Radiation *28*
- Side effect of Radiation: Mild, Moderate, and Severe *29*
- Safety Measures for Radiation Therapy *29*
- Nursing Responsibilities in Radiotherapy *30*

7. Cancer Therapies ----------31
- Cancer Immunotherapy *31*
- Bone Marrow Transplantation (BMT) *31*
- Hyperthermia *32*
- Gene Therapy *33*

8. Pain Management ----------35
- Types of Pain *35*
- Clinical Manifestation *35*
- Principles of Pain Management *36*
- Nursing Management *36*
- 'ABC' of Pain Assessment in Children *37*

9. Oncologic Emergencies ----------38
- Superior Vena Cava (SVC) Syndrome *38*
- Spinal Cord Compression *39*
- Septic Shock *39*
- Hypercalcemia *39*
- Pericardial Effusion and Cardiac Tamponade *40*
- Disseminated Intravascular Coagulation *41*
- Syndrome of Inappropriate Antidiuretic Hormone Secretion (SIADH) *41*
- Tumor Lysis Syndrome *42*
- Complications in Cancer *43*

10. Disorders of Breast ----------44
- Anatomic Overview *44*

11. Disorders of Male Genitourinary Tract ----------55
- Anatomic Overview *55*
- Assessment of Male Reproductive Function *55*
- Physical Examination *55*
- Diagnostic Studies *55*
- Benign Prostatic Hyperplasia (Enlarge Prostate) *56*
- Urethritis *58*
- Prostatitis *58*
- Prostate cancer *59*
- Hydrocele *59*
- Phimosis *60*
- Paraphimosis *60*
- Penile Cancer *60*
- Urethral Stricture *60*
- Orchitis *60*
- Epididymitis *61*
- Vasectomy *61*
- Assignments *61*

12. Assessment and Management of Skin Disorders ----------62
- Anatomy of Skin *62*
- Functions of Skin *63*
- Terminology of Skin Disorders *64*
- Managementof Client with Skin Disorders *64*

13. Dermatologic Problems ----------70
- Pruritus *70*
- Prickly Heat *70*
- Dermatitis *71*
- Cellulitis *72*
- Toxic Epidermal Necrolysis *73*
- Herpes Zoster *73*
- Pemphigus *74*
- Benign Tumors *74*
- Cancer of the Skin *74*
- Nursing Intervention to Maintain Skin Integrity *75*

14. Infections and Infestations of Bacterial Skin Disorders ----------76
- Bacterial Infection *76*
- Furuncles (Boil) *77*
- Paronychia *77*
- Impetigo *78*
- Myotic/Fungal Infection *78*
- Tinea Vesicular *78*
- Onychomycosis *78*
- Parasitic Infections *78*
- Scabies *79*
- Viral Infections *79*
- Contact Dermatitis *79*
- Psoriasis *80*
- Acne *80*
- Acne Vulgaris *82*
- Stevens-Johnson Syndrome *82*
- Rosacea *82*
- Essential drugs *83*

15. Comparison between Diseases and Disorders of the Skin ----------84
- Erythematous and Erythematosquamous Eruption *84*
- Fox-fordyce Disease *90*
- Lichen Amyloidosus *90*
- Lichen Spinulosus *91*
- Popular Tubercular Eruptions *91*
- Pityriasis Lichenoides Chronica *91*
- Pityriasis Rubra Pilaris *91*

16. Assessment of Cardiovascular Function----------92
- Overview of Cardiac Structure and Function *93*
- Circulatory System *96*
- Risk Factors for Cardiovascular Disease *96*
- Important Manifestation of Cardiac Diseases *97*
- Chest Pain *97*
- Shortness of Breath *97*
- Dyspnea *97*
- Assessment *98*
- Assessment of Cardiovascular Functions *98*

- Inspection and Palpation of the Heart *98*
- Other Assessment Parameters *98*
- Graphic Procedure *99*
- Exercise Tolerance Testing *101*
- Procedure *101*
- Chest X-ray and Fluoroscopy *102*
- Coronary Angiography *102*
- Coronary Angioplasty *102*
- Echocardiography *103*
- Cardiac Catheterization *104*

17. Congenital Heart Disease ---------- 105
- Transposition of Great Arteries *105*
- Atrial Septal Defect *105*
- Ventricular Septal Defect *106*
- Patent Ductus Arteriosus *106*
- Coarctation of the Aorta *107*
- Tetralogy of Fallot (TOF) *107*
- Tricuspid Atresia *108*
- Transposition of the Great Arteries (TGA) *108*
- Pulmonic Stenosis *108*

18. Dysrhythmias and Conduction Problems ---------- 109
- Cardiac Dysrhythmias *109*
- Sinus Node Dysrhythmias *109*
- Sinus Bradycardia *109*
- Sinus Tachycardia *110*
- Adjunctive Management of Dysrhythmias *114*
- Assignments *116*

19. Cardiac Disorders ---------- 117
- Coronary Artery Disease *117*
- Angina Pectoris *118*
- Myocardial Infarction *120*
- Case Presentation on Myocardial Infarction *123*
- Assignments *124*

20. Cardiac-related Complications ---------- 125
- Cardiac *125*
- Cardiac Emergencies *130*

21. Infectious Diseases of the Heart ---------- 131
- Infective Endocarditis *131*
- Rheumatic Endocarditis *132*
- Myocarditis *133*
- Pericarditis *133*
- Rheumatic Fever *134*

22. Valvular Heart Diseases ---------- 136
- Types of Valvular Problems *136*
- Mitral Stenosis *136*
- Mitral Regurgitation *137*
- Mitral Valve Prolapse *137*
- Tricuspid Value Stenosis or Regurgitation *137*
- Pulmonic Valve Diseases *138*
- Pulmonary Heart Disease (Cor Pulmonale) *138*
- Aortic Stenosis *139*

- Aortic Regurgitation *139*
- Surgeries in Valvular Diseases *140*
- Nursing Interventions—before Surgery *140*

23. Cardiac Surgery and Management ---------- 142
- Types of Cardiac Surgery *142*
- Objectives *142*
- Indications for CABG *142*
- Contraindications *142*
- Bypass Surgery *143*
- Before the Surgery *143*
- In the Hospital *143*
- Surgical Team *143*
- Various Tubes and Equipment around Your Body *143*
- Preoperative Management *143*
- Postoperative Care of the Cardiac Surgical Client *144*
- Valvular Surgery *144*
- Congenital Heart Surgery *144*
- Heart Transplantation *144*
- Cardiac Complications *145*
- Postoperative Nursing Care Interventions *145*
- Expected Outcome *145*
- When Blood Attacks *145*
- Assignments *146*

24. Diagnostic Procedures ---------- 147
- Percutaneous Transluminal Coronary Angioplasty (PTCA) *147*
- Directional Coronary Atherectomy *147*
- Laser Ablation *148*
- Coronary Artery Bypass Graft *148*
- Transmyocardial Revascularization *148*
- Intra-aortic Balloon Pump/Counterpulsation *148*
- Cardiac Catheterization *148*
- Angiocardiography *150*
- Cardiopulmonary Bypass *150*

25. Central Venous Pressure: Procedure ---------- 152
- Definition *152*
- CVP Care and CVP Monitoring *152*
- Purpose *152*
- Contraindications *152*
- Obtaining Intermittent CVP Readings with a Water Manometer *153*
- Removing a Cv Line *154*
- Special Considerations *155*

26. Controlling Cholesterol and Living a Healthy Lifestyle ---------- 158
- Diagnosis *158*
- Main causes of High Cholesterol *158*
- What You Can Do *158*
- Hyperlipidemia *159*
- How to Correct Your Diet *161*
- Nine Common Bad Health Habits which Try to Break *162*
- Eating the Right Combination of Food *162*
- Indian Heart Watch (IHW) *163*
- Fatty Acid Composition of Some of the Dietary Fats *165*

27. Cardiac Diseases and Disorders ---------- 166
- Classified Heart Disorders *166*
- Disseminated Intravascular Coagulation *166*
- Vascular Disorders *167*
- Peripheral Vascular Diseases *167*
- Raynaud's Syndrome *168*
- TAO (Burger's disease) *168*
- Thrombophlebitis *168*
- Embolism *170*
- Cardiomyopathies *170*
- Hypertrophic Cardiomyopathy *171*
- Pathophysiology *171*
- Restrictive Cardiomyopathy *171*
- Essential Drugs *172*
- Diuretics *172*

28. Lymphatic Disorders ---------- 173
- Lymphadenitis *173*
- Lymphedema *173*
- Lymphosarcoma *174*
- Elephantiasis/Filariasis *174*
- Hodgkin's Lymphoma *175*
- Non-Hodgkin's Lymphoma *175*
- Multiple Myeloma *176*

29. Vascular Diseases: Venous and Arterial Disorders ---------- 177
- Venous Insufficiency *177*
- Venous Stasis Ulceration *177*
- Varicose Veins *178*
- Atherosclerosis *180*
- Arterial Disorders *181*
- Arterial Ulcers *182*

30. Gangrene ---------- 183
- Definition *183*
- Etiology *183*
- Causes *183*
- Types *183*

31. Aneurysm ---------- 185
- Aneurysm of Thoracic Aorta *185*
- Splenic Artery Aneurysm *186*
- Hepatic Artery Aneurysms *186*
- Abdominal Aortic Aneurysm *187*
- Aneurysm of the Thoracic Aorta *187*
- Dissecting Aneurysm of the Aorta *188*
- Peripheral Aneurysms *189*
- Femoral Aneurysm *189*
- Dissecting Aneurysm *189*

32. Hypertension ---------- 190
- Definition *190*
- Conditions of Hypertension and Etiology *190*
- Pathology *190*
- Signs *191*
- Causes of Hypertension *191*
- Classification *191*

- Etiology and Risk Factors *191*
- Clinical Manifestations *191*
- Accelerated Hypertension *193*
- Pathophysiology *193*

33. Medical Advances ---------- **194**
- Heart Valves—the Gatekeeper of Life *194*
- Sathya Sai Hospital to Start India's First Heart Valve Bank *194*
- Cardiac Resynchronization Therapy (CRT) *195*
- Wireless Power for Tiny Heart Pump *196*
- New Blood Test could Predict Heart Attacks *196*
- Donating of Heart *196*
- Beating Heart Cells Recreated using Skin *196*
- Bypassing the Stem Cell *197*
- Heart Care in Postmenopausal Women *197*
- Research on Ventilation *198*

34. Hematological Disorders ---------- **199**
- Review of Anatomy and Physiology of the Composition of Blood *199*
- Anemia *201*
- Iron-Deficiency Anemia/Microcytic Hypochromic Anemia *202*
- Megaloblastic Anemia/Pernicious Anemia *203*
- Aplastic Anemia *204*
- Polycythemia Vera *204*
- Hemolytic Anemia *205*
- Vitamin B_{12} and Folic Acid Deficiency Anemia *205*
- Thalassemias *205*
- Polycythemia *206*
- Purpura *206*
- Disseminated Intravascular Coagulation *206*
- Sickle Cell Anemia and Sickle Cell Trait *207*
- Protein Structure *207*
- Hemophilia *208*
- Bleeding Disorders *208*
- Bone Marrow Anemia *209*
- Leukemia *209*
- Chronic Leukemia *210*
- Septicemia or Blood Poisoning *210*
- Blood Transfusion *210*
- Common Problems of Blood Disorders *212*

35. Ophthalmic Assessment ---------- **215**
- Anatomy and Physiology *215*
- Ophthalmologic Terms *215*
- Abbreviations *216*
- Ophthalmic Assessment *216*
- Ophthalmic History *216*
- Physical Examination of Eyes *217*
- Diagnostic Evaluation *217*
- Eye-Care Tips *218*

36. Ophthalmic Treatment Modalities ---------- **219**
- Instillation of Medications *219*
- Irrigation of the Eyes *219*
- Application of Dressing or Patch *219*
- Ocular Surgery *219*

- Radial Keratotomy *220*
- Vitrectomy *220*
- Enucleation *220*

37. Common Ophthalmic Disorders ---------- 221

- Cataract *221*
- Glaucoma *224*
- Chronic Glaucoma/Open-Angle Glaucoma *226*
- Retinal Detachment *227*
- Refractive Errors *229*
- Astigmatism *229*
- Myopia *229*
- Hyperopia or Far-Sightedness *230*
- Corneal Ulcer *231*
- Keratoplasty *232*
- Conjunctivitis *232*
- Membranous Conjunctiva *233*
- Acute Purulent Conjunctivitis *234*
- Gonorrhea Conjunctivitis *234*
- Ophthalmia Neonatorum *234*
- Trachoma *235*
- Allergic Conjunctivitis *235*
- TB Conjunctivitis *235*
- Blepharitis *236*
- Ulcerative Blepharitis *236*
- Entropion *236*
- Ectropion *236*
- Ptosis *237*
- Dry Eye Syndrome *237*
- Dacryocystitis *237*
- Strabismus (Squint) *237*
- Uveitis *238*
- Sympathetic Ophthalmia *238*
- Injury and Hemorrhage in Eyes *238*
- Penetrating Injury to Eye *239*
- Chemical Burns *239*
- Thermal Injuries *239*
- Electrical Injuries *239*
- Radiational Injuries *239*
- Vision Testing Eye Examination *239*
- Blindness *239*
- Ocular Irrigation *241*
- Instilling Eye Drops *241*
- Diabetic Retinopathy *242*
- Malignant Ocular Tumors *242*
- Benign Eyelid Tumors *242*
- Malignant Eyelid Tumors *242*
- Xanthelasmas 243
- Pterygium *243*
- Enucleation *243*
- Eye Donation *243*
- Visual Impairment *244*
- Essential Drugs *244*

38. Structure and Functions of the Ear ---------- 246
- Ear Structure *246*
- How We Hear *247*
- Hearing Problems *247*
- Assessment *248*
- Physical Examination *248*
- Assessment of Hearing Ability *249*
- Investigation and Diagnostic Evaluation *249*
- Common Causes of Deafness *249*
- Classification of Hearing Loss *249*
- Preservation of Hearing *250*

39. Common Disorders of the Ear ---------- 251
- Treatment Modalities *251*
- Ear Surgery *251*
- Hearing Aids *252*
- Implanted Hearing Devices *253*
- Cochlear Implant *253*
- Acoustic Neuroma *253*
- Presbycusis *253*
- Otosclerosis *254*
- Tumors of Middle Ear *254*
- Impacted Wax/Cerumen *254*
- Foreign Bodies *255*
- Furunculosis *255*
- Otomycosis—Fungal Infection *255*
- Labyrinthitis *255*
- Ototoxicity *256*
- Otitis Externa *256*
- Serous Otitis Media *256*
- Acute Otitis Media *256*
- Chronic Suppurative Otitis Media and Mastoiditis *258*
- Ménière's Disease *260*
- Vertigo *262*

40. Disorders and Diseases of Nose ---------- 263
- Nasal Disorders *263*
- Nasal Fracture *263*
- Nasal Surgeries *264*
- Rhinitis *264*
- Epistaxis *265*
- Sinusitis *266*
- Acute Sinusitis *266*
- Chronic Sinusitis *266*
- Deviated Nasal Septum *267*
- Nasal Allergy *268*
- Nasal Polyps *268*

41. Disorders of Throat, Mouth and Neck ---------- 270
- Obstruction of Upper Airway *270*
- Emergency Tracheotomy Done *270*
- Specific Infections of the Upper Respiratory Tract *270*
- Viral Infections/Common Cold *270*
- Herpes Simplex Infection–Type I *271*
- Tonsillitis *271*
- Tonsillectomy *272*

- Streptococcal Pharyngitis *272*
- Glossitis *273*
- Cancer of the Oral Cavity *273*
- Radical Neck Dissection for Head and Neck Malignancy *273*
- Cancer of Larynx *274*
- Throat Surgery *275*
- Candidiasis *276*
- Temporomandibular Joint Syndrome (TJS) *276*
- Maxillofacial and Mandibular Fractures *277*
- Cerebrospinal Rhinorrhea *277*
- Oropharyngeal—Nasal Decongestants *277*

42. Sexually Transmitted Diseases ---------- 278
- Syphilis *279*
- Syphilis in Babies *281*
- Gonorrhea *281*
- Chlamydia Trachomatis Infection *282*
- Genital Herpes *283*
- Chancroid *283*
- Lymphogranuloma Venereum *283*
- Counseling *284*

43. Nursing Role in HIV/AIDS ---------- 285
- Key Responsibility of a Nurse *285*
- Objectives *285*
- Global Scenario *285*
- Multidisciplinary Team Approach *286*
- Nurses' Roles in Client Education and Counseling *286*
- Immune System *286*
- Transmission *286*
- Types of Pain *287*
- Assessment of Pain *287*
- Dimensions *288*
- Philosophy *288*
- Needlestick Injury *288*
- Positive Living *289*

44. Epidemiology ---------- 290
- Factors Responsible for Spread of Diseases *290*
- Prepathogenesis Phase 290
- Pathogenesis Phase *290*
- Iceberg of Diseases *292*
- Dynamics of Disease Transmission *293*
- Role of Emotions in Health and Diseases *294*

45. Communicable and Infectious Diseases—1 ---------- 295
- Measles (Rubella) *295*
- Chickenpox *296*
- Smallpox *296*
- Influenza *297*
- Mumps *297*
- Rabies *298*
- Whooping Cough *299*

46. Communicable and Infectious Diseases—2 ---------- 300
- Diarrhea *300*
- Dysentery *301*
- Cholera *301*
- Food Poisoning *302*

47. Communicable and Infectious Diseases—3 ---------- 304
- Dengue Fever *304*
- Crimean-Congo Hemorrhagic Fever (CCHF) *305*
- Malaria *306*
- Filariasis *310*
- Surveillance *311*

48. Communicable and Infectious Diseases—4 ---------- 313
- Tetanus *313*
- Typhoid Fever *314*
- Poliomyelitis *315*
- Kala-Azar *316*
- Plague *317*
- Viral Hepatitis *317*
- Jaundice (Icterus) *318*
- Tuberculosis *320*
- Leprosy *321*
- Meningococcal Meningitis or Cerebrospinal Fever *323*
- Japanese Encephalitis Cases Alarming *324*
- Battle against NCDs (Non-communicable Diseases) *325*

49. H1N1 Virus—Swine Flu ---------- 326
- Treatment Options *326*
- Why H1N1 Affects Young and Healthy 327
- What is Cytokine Storm *327*
- About the Virus *327*
- How the Virus is Traced *328*

50. Assessment of Musculoskeletal Functions ---------- 330
- Terminology *330*
- Overview with Skeletal System Diagrams *330*
- How Joints Function *335*
- Physical Examination *336*
- Diagnostic Evaluations *337*
- History *337*
- Identification of Problem *338*
- Nursing Intervention *338*

51. Fracture-Specific Site ---------- 339
- Fracture *339*
- Traction *340*
- Plaster Casts *343*
- Preparation of POP for a Patient *344*
- Fracture of Specific Site *344*
- Fracture of the Shaft of the Humerus *345*
- Fracture of the Humeral Neck *345*
- Fracture of the Elbow *345*
- Radial and Lunar Fracture *346*
- Fracture of the Hand *346*
- Pelvic Fracture *346*
- Fractured Femur *347*
- Hip Fracture *347*
- Fractured Shaft of Femur *348*
- Fractured Tibia and Fibula *348*
- Rib Fracture *348*