Contents

PART I – OBSTETRICS

SECTION 1: PROBLEMS IN EARLY PREGNANCY

Chapter 1: Hyperemesis Gravidarum **3**
Hemali Heidi Sinha

- *Pathogenesis 3*
- *Complications 4*
- *Clinical Evaluation 4*
- *Treatment 5*
- *Management During Special Circumstances 8*

Chapter 2: Bleeding in Early Pregnancy **9**
Rita Sinha, Hemali Heidi Sinha

- *Definition 9*
- *Incidence 9*
- *Abortion 10*
- *Clinical Approach to a Patient with Bleeding in Early Pregnancy 12*
- *Diagnosis 13*
- *General Management of Vaginal Bleeding in Early Pregnancy 14*
- *Management of Threatened Abortion 15*
- *Management of Inevitable Abortion 15*
- *Management of Incomplete Abortion 15*
- *Management of Complete Abortion 16*
- *Management of Missed Abortion 16*
- *Management of Septic Abortion 16*
- *Management of Habitual Abortion 17*

Chapter 3: Ectopic Pregnancy **18**
Sushma Singh, Shanti HK Singh

- *Definition 18*
- *Frequency 18*
- *Sites of Ectopic Pregnancy 18*
- *Risk Factors 18*
- *Etiology 19*
- *Use of IUCDs 19*
- *Assisted Reproduction Techniques 19*
- *Tubal Surgery 19*
- *Prior Ectopic Pregnancy 19*
- *Pathogenesis of Ectopic Implantation 20*
- *Clinical Manifestations 20*
- *Symptoms and Signs 20*
- *Classical Triad 21*

- *Differential Diagnosis 21*
- *Diagnosis 22*
- *Management of Ectopic Pregnancy 23*
- *Future Fertility and Risk of Recurrence 27*

SECTION 2: MEDICAL PROBLEMS DURING PREGNANCY

Chapter 4: Epilepsy and Pregnancy **29**
Navneet Magon, Alokananda Ray

- *Effects of Pregnancy on Epilepsy 29*
- *Effect of Epilepsy on Pregnancy 31*
- *Management of Pregnancy with Epilepsy 33*

Chapter 5: Management of Bronchial Asthma in Pregnancy **41**
Deependra Kumar Rai

- *Pathophysiology 41*
- *Effect of Asthma on Pregnancy 41*
- *Effect of Pregnancy on Asthma 42*
- *Diagnosis of Asthma 42*
- *Differential Diagnosis 43*
- *Management of Asthma 43*

Chapter 6: Psychiatric Disturbances in Pregnancy **59**
Alokananda Ray, Navneet Magon

- *Perinatal Psychiatry—Screening and Treatment 59*
- *Depression During Pregnancy 60*
- *Antidepressant Medication During Pregnancy 62*
- *Electroconvulsive Therapy (ECT) During Pregnancy 63*
- *Bipolar Disorder (BPD) During Pregnancy 63*
- *Postpartum Mood and Anxiety Disorders 65*
- *Schizophrenia 66*
- *Psychiatric Medications and Breastfeeding 66*

Chapter 7: Thyroid Disorders in Pregnancy **72**
Sujata Misra

- *Physiology 72*
- *Hyperthyroidism in Pregnancy 74*
- *Thyroid Storm 77*
- *Hypothyroidism in Pregnancy 78*
- *Single Nodule of Thyroid Gland 80*
- *Postpartum Thyroid Dysfunction (PPT) 81*

SECTION 3: INFECTIONS IN PREGNANCY

Chapter 8: Bacterial Vaginosis in Pregnancy **85**
Manju Gita Mishra, Mamta Singh

- *Risk Factors 85*
- *Pathogenesis and Microbiology 86*
- *Clinical Features 86*
- *Diagnosis 86*
- *Obstetric Complications Associated with Bacterial Vaginosis 87*
- *Treatment 88*

Chapter 9: Chlamydia Infection in Pregnancy **91**
Meena Samant, Esa Bose

- *Pathogenesis 91*
- *Clinical Features 92*
- *Investigations 93*
- *The English National Chlamydia Screening Program 93*
- *General Advice 94*
- *Complications 94*
- *Treatment 94*
- *Prognosis 94*

Chapter 10: HIV Infection and AIDS in Pregnancy **96**
Alokendu Chatterjee, Sebanti Goswami

- *Standard/Universal Work Precautions (UWP) 98*

Chapter 11: Rubella in Pregnancy **99**
Manila Jain, Navneet Magon

- *Epidemiology 100*
- *Rubella Serology 100*
- *Antenatal Screening 100*
- *Diagnosis of Rubella Infection 101*

Chapter 12: Dengue in Pregnancy **106**
Suneeta Singh, Navneet Magon

- *Epidemiology 106*
- *Causative Organism 106*
- *Course of Illness 106*
- *Clinical Features 107*
- *Diagnosis 109*
- *Treatment 110*

Chapter 13: Tuberculosis in Pregnancy **113**
Sindhu Nandini Tripathy, SN Tripathy

- *Clinical Presentation 115*
- *Diagnosis 116*
- *Management 117*
- *Revised National TB Control Program (RNTCP) and Directly Observed Treatment, Short Course (DOTS) 118*
- *Follow-up 119*
- *MDR Tuberculosis 119*
- *Labor and Delivery in Tuberculosis with Pregnancy 122*
- *Prevention 123*

Chapter 14: Malaria in Pregnancy **126**
Hiralal Konar, Picklu Chaudhuri

- *Diagnosis 127*
- *Treatment 128*
- *Prevention 129*

Chapter 15: Toxoplasmosis in Pregnancy **131**
Hiralal Konar, Picklu Chaudhuri

- *Overview 131*
- *Pathogenesis 131*
- *Maternal and Fetal Outcome 131*
- *Diagnosis 132*
- *Treatment for Patients with Suspected or Diagnosed T. gondii Infection Acquired During Gestation 134*
- *Prevention 135*

SECTION 4: RENAL DISEASES IN PREGNANCY

Chapter 16: Recurrent Urinary Tract Infections in Pregnancy **137**
Kusum Gopal Kapoor, Tripti Sinha

- *Important Definitions in Relation to Urinary Tract Infection 138*
- *Uropathogens in Urinary Tract Infection 139*
- *Diagnosis of UTI in Pregnancy 139*
- *Investigations 140*
- *Differential Diagnosis of Recurrent Urinary Tract Infections 141*
- *Prophylactic Measures Against Recurrent Uncomplicated UTI 141*
- *Management of Recurrent Urinary Tract Infections 142*

Chapter 17: Pregnancy After Kidney Transplantation **144**
Pankaj Hans

- *Fertility Issues 145*
- *Contraception Issues 145*
- *Pregnancy Issues 146*
- *Outcome 147*
- *Immunosuppressive Medications 148*
- *Management of Kidney Transplant Recipient 149*
- *Risks of Pregnancy to Female Kidney Donors 150*
- *Risks to the Infant Born to a Transplant Recipient Female 151*
- *Indian Data 151*

SECTION 5: ANTENATAL COMPLICATIONS

Chapter 18: Rh Isoimmunization **153**
Dipika Deka, K Aparna Sharma

- *Management 154*
- *Assessment of Fetal Anemia 155*
- *Indications for Fetal Blood Transfusion or Delivery 156*
- *Fetal Monitoring 160*
- *Timing of Delivery 161*
- *Outcome 161*

Chapter 19: Preterm Labor **163**
Shanti HK Singh, Smita Kumari, Sushma Singh

- *Risk Factors 163*
- *Pathogenesis of Preterm Labor 164*
- *Complications of Premature Baby 164*
- *Predictors of Preterm Labor 164*

- *Diagnosis of Preterm Labor 165*
- *Management of Preterm Labor 165*
- *Prophylactic Management 166*
- *Management of Acute Preterm Labor 166*

Chapter 20: Polyhydramnios and Oligohydramnios 170
Amrita Sharan

- *Source of Amniotic Fluid 170*
- *Volume of Amniotic Fluid 170*
- *Hydramnios (or Polyhydramnios) 171*
- *Oligohydramnios (Syn: Oligoamnios) 176*

Chapter 21: Prolonged Pregnancy 180
Archana Kumari

- *Definition 180*
- *Incidence 180*
- *Etiology 180*
- *Types 181*
- *Pathophysiology 181*
- *Complications 182*
- *Diagnosis 184*
- *Management and Treatment 186*
- *Intrapartum Management 188*

SECTION 6: PROBLEMS DURING LABOR

Chapter 22: Fetal Distress in Labor 190
Abha Rani Sinha, Anita Verma

- *Incidence 190*
- *Pathogenesis 190*
- *Etiology 191*
- *Diagnosis 191*
- *Management 198*

Chapter 23: Shoulder Dystocia 202
Abha Rani Sinha, Vinita Sahay

- *Pelvic Anatomy Related to Shoulder Dystocia 202*

SECTION 7: MANAGEMENT OF THIRD STAGE COMPLICATIONS

Chapter 24: Delayed Postpartum Hemorrhage 212
Archana Jha

- *Definition 212*
- *Incidence 212*
- *Causes 213*
- *Diagnosis 213*
- *Assessment 214*
- *Investigations 214*
- *Ultrasound 215*
- *Management 215*
- *Treatment 215*

- *Uterotonic Agents 217*
- *Non-pneumatic Anti-shock Garment 221*
- *Uterine Artery Ligation 222*
- *Hypogastric Artery Ligation 222*
- *Uterine Compression Procedures 222*
- *Hysterectomy 223*

Chapter 25: Morbidity Adherent Placenta **225**
Rita Sinha, Hemali Heidi Sinha

- *Definition 225*
- *MAP is a Life-threatening Complication of Pregnancy 225*
- *Risk Factors for MAP 226*
- *Diagnosis 226*
- *Treatment of Morbidity Adherent Placenta 228*

PART II – GYNECOLOGY

SECTION 1: PEDIATRIC AND ADOLESCENT GYNECOLOGICAL PROBLEMS

Chapter 26: Evaluation of the Infant with Ambiguous Genitalia **233**
K Aparna Sharma, Alka Kriplani

- *Normal Development 233*
- *46,XX—Disorder of Sexual Differentiation 234*
- *46,XY—Disorder of Sexual Differentiation 236*
- *Sex Chromosome—Disorders of Sexual Differentiation 238*
- *Initial Evaluation 239*
- *Differential Diagnosis 240*

Chapter 27: Malformations of the Female Genital Tract **242**
Garima Kachhawa, Alka Kriplani

- *Incidence 242*
- *Diagnosis 242*
- *Hymenal Defects 243*
- *Vaginal Septum 244*
- *Vaginal Agenesis (Müllerian Aplasia) 245*
- *Cervical Atresia/Dysgenesis 246*
- *Uterine Disorders 247*

Chapter 28: Precocious Puberty **251**
Shobha Chakraborty

- *Endocrinology for Puberty 251*
- *Differential Diagnosis 254*
- *Investigations 254*
- *Management 256*
- *Complications 257*
- *Prognosis 257*
- *Gonadotropin-independent Precocious Puberty 257*

SECTION 2: MENSTRUAL PROBLEMS

Chapter 29: Primary Amenorrhea 259
N Palaniappan, Pankaj Desai

- *Definition 259*
- *Normal Puberty 259*
- *Etiology 259*
- *Primary Amenorrhea with Normal Secondary Sexual Characteristics 260*
- *Primary Amenorrhea with Absent Secondary Sexual Characteristics 263*
- *Primary Amenorrhea with Heterosexual Development 266*

Chapter 30: Secondary Amenorrhea 268
Alokendu Chatterjee, Partha Mukherjee

- *Etiology 268*
- *Evaluation 271*
- *Management 272*

Chapter 31: Premenstrual Syndrome 275
Jagdishwari Mishra, Rita Kumari Jha

- *Historical Background 275*
- *Epidemiology 275*
- *Etiopathogenesis 276*
- *Risk Factors 276*
- *Signs and Symptoms 277*
- *Diagnosis 278*
- *Alternative Views 278*
- *Management 279*
- *Agents Used to Alter the Menstrual Cycle 281*
- *Hysterectomy and Bilateral Oophorectomy 282*
- *Prognosis 282*

Chapter 32: Treatment and Prognosis of Dysmenorrhea 284
Pramila Modi, Charu Modi, Smriti Modi

- *Types of Dysmenorrhea 284*
- *Treatment 286*
- *Prognosis 288*

Chapter 33: Dysfunctional Uterine Bleeding 290
Pragya Mishra Choudhary, Kumari Mamta

- *Ovulatory DUB 290*
- *Anovulatory DUB 290*
- *Dysfunctional Uterine Bleeding Work-up 291*
- *Principles of Management in DUB 293*

SECTION 3: REPRODUCTIVE ENDOCRINOLOGY

Chapter 34: Polycystic Ovary Syndrome 297
Roza Olyai, Prachi Renjhen

- *Pathophysiology 297*
- *Health Consequences of PCOS 298*

- *Diagnosis 298*
- *Investigations for Polycystic Ovary Syndrome 299*
- *Differential Diagnosis 300*
- *General Measures 300*
- *Specific Measures 301*
- *Treatment of Insulin Resistance 301*
- *Management of Infertility in Polycystic Ovary Syndrome 301*
- *Management of Hirsutism 302*

Chapter 35: Hormone Replacement Therapy **303**
Navneet Magon, Monica Chauhan

- *Types of HRT 303*
- *Need for HRT in Menopause 303*
- *History of HRT—Timeline 304*
- *Global Scenario 305*
- *Various Approaches for HRT 309*
- *Clinical Management of Menopausal Symptoms 311*
- *Benefits and Risks of HRT 316*
- *Precautions for HRT 318*
- *Is HRT Cost Effective? 318*
- *Patient Counseling 318*

SECTION 4: DISEASES OF THE UTERUS

Chapter 36: Adenomyosis **321**
Meena Samant

- *Clinical Features 321*
- *Adenomyosis and Fertility 322*
- *Investigations—Imaging and Newer Insights 322*
- *Histopathological Diagnosis 323*
- *Treatment 324*
- *Prognosis 325*

Chapter 37: Uterine Polyps **327**
Pankaj Desai, Purvi Patel

- *Etiology 327*
- *Pathology 328*
- *Clinical Presentation 329*
- *Diagnosis 330*
- *Management 333*

SECTION 5: GENITAL PROLAPSE

Chapter 38: Pelvic Organs Prolapse **338**
Navneet Magon, Reeti Mehra

- *Clinical Types 338*
- *Etiology 339*
- *Supports of the Uterus 339*
- *The Deep Endopelvic Connective Tissue 340*
- *De Lancy's Biomechanical Analysis 341*
- *Symptoms of Prolapse 342*

- *Clinical Evaluation 342*
- *Extent of Prolapse/Quantification Methods 343*
- *Treatment 345*

Chapter 39: Vault Prolapse After Hysterectomy 354
Suchitra N Pandit, Rakhee R Sahu

- *Management of Vault Prolapse 356*
- *Role of Mesh in Vault Prolapse 360*

SECTION 6: URINARY PROBLEMS

Chapter 40: Stress Urinary Incontinence 362
JB Sharma, Manisha Yadav

- *Definition of Stress Urinary Incontinence 362*
- *Symptoms 362*
- *Risk Factors 362*
- *Prevalence 362*
- *Nature of Urethral Support 363*
- *Pathophysiology of Stress Urinary Incontinence 363*
- *How is SUI Determined? 363*

Chapter 41: Overactive Bladder 368
JB Sharma, Manisha Yadav

- *Epidemiology 368*
- *Patient Presentation 369*
- *Diagnostic Approach 369*
- *Treatment 372*
- *Surgery 374*

Chapter 42: Genitourinary Fistulas 375
Reeti Mehra, Navneet Magon

- *Etiopathogenesis 375*
- *Prevention of Obstetrical Fistula 377*
- *Prevention of Fistula at the Time of Gynecological Surgery 377*
- *Clinical Presentation 378*
- *Preoperative Assessment 378*
- *Anatomic Considerations 379*
- *Preoperative Care 379*
- *Conservative Management 379*
- *Postoperative Care 384*
- *Urinary Diversion and Reconstruction 385*
- *Fistula: A Devastating Public Health Problem 385*

SECTION 7: GENERAL GYNECOLOGY

Chapter 43: Vulval Pruritis 388
Shobha Chakraborty

- *Natural Defence Mechanisms 388*
- *What is Vulval Itch? 388*
- *Causes of Vulval Itch 388*
- *Symptoms 390*

- *Potential Complications of Vulval Itching 391*
- *Investigation 391*
- *Treatment 391*

Chapter 44: Adnexal Masses **393**

Roza Olyai, Prachi Renjhen

- *Incidence 393*
- *Differential Diagnosis 394*
- *Diagnosis 394*
- *Treatment 397*
- *Surgical Management 398*

Chapter 45: Missing IUD Threads **400**

Sushma Pandey, Seema Pandey Choudhary, Rita Kumari Jha

- *Etiopathogenesis 400*
- *Common Presentation of Missed IUCD 401*
- *Diagnosis 401*
- *Management 403*
- *Recommendations 404*

Chapter 46: Approach to an Infertile Couple **406**

Pragya Mishra Choudhary

- *Principles of Management 406*
- *Investigations 408*
- *Treatment 410*
- *Treatment Options for Male Infertility 414*

Chapter 47: Intrauterine Insemination **416**

Neelam

- *Indications 416*
- *Absolute Contraindications 417*
- *Basic Setup for IUI 417*
- *Steps in Intrauterine Insemination 417*
- *IUI Technique 421*
- *Limitations of IUI 422*
- *Complications of IUI 422*
- *Results in IUI 422*

SECTION 8: DISEASES OF VULVA

Chapter 48: Carcinoma Vulva **424**

Sunesh Kumar, Sandeep Mathur, DN Sharma

- *Incidence 424*
- *Etiology and Predisposing Conditions 424*
- *Pathology of Vulvar Carcinoma 425*
- *Invasive Carcinoma 426*
- *Clinical Presentation 430*
- *Diagnosis 431*
- *Staging of Carcinoma Vulva 431*
- *Treatment 433*

- *Postoperative Morbidity 436*
- *Late Complications 436*
- *Recurrence 437*
- *Radiation Therapy in Carcinoma Vulva 437*

SECTION 9: DISEASES OF CERVIX

Chapter 49: Management of Abnormal Pap Smear **443**
Usha Didwania

- *The Bethesda System 444*
- *Management of Abnormal Smears and CIN in Pregnancy 450*
- *Pap Smear After Hysterectomy 450*
- *Some Special Situations 450*
- *Future Progress 451*

SECTION 10: DISEASES OF OVARY

Chapter 50: Benign Ovarian Tumors **455**
Nisha Singh

- *Etiopathogenesis 455*
- *Pathology 455*
- *Clinical Features 460*
- *Differential Diagnosis 461*
- *Investigations 461*
- *Management of Benign Ovarian Tumors 463*

Chapter 51: Malignant Ovarian Tumors **465**
Nisha Singh

- *Etiology 465*
- *Histopathology 466*
- *Clinical Features 468*
- *Adjuvant Chemotherapy in Epithelial Ovarian Cancer (EOC) 471*
- *Neoadjuvant Chemotherapy (NAC) 472*
- *Chemotherapy in GCT and SCST 472*
- *Intraperitoneal Chemotherapy (IPCT) 473*
- *Surveillence of Carcinoma Ovary 473*
- *Response to Therapy 473*
- *Alternate Chemotherapy 473*
- *Screening for Ovarian Malignancy 474*
- *Management of Women at High-risk of Ovarian Cancer 475*

SECTION 11: TROPHOBLASTIC DISEASES

Chapter 52: Hydatidiform Mole **476**
Neelam

- *Pathology 476*
- *Clinical Features 477*
- *Diagnosis 477*
- *Investigations 478*
- *Management 478*

- *Follow-up 478*
- *Partial Hydatidiform Mole 479*
- *Role of Chemotherapy 479*
- *Role of Hysterectomy 480*

Chapter 53: Management of Gestational Trophoblastic Neoplasia 482

Manju Gita Mishra, Mamta Singh

- *Risk Factors 482*
- *Pathology 482*
- *Signs and Symptoms 483*
- *Diagnostic Evaluation 483*
- *FIGO Staging System in GTN 483*
- *Treatment of Low-risk GTN 484*
- *Treatment of High-risk, Stage II and III GTN 485*
- *Treatment of PSTT and ETT 486*
- *Management of Complications from GTN 486*
- *Follow-up Patients with GTN 486*
- *Recurrent GTN 487*
- *Subsequent Pregnancies 487*

Index ***489***