Contents

Contributors *xi*
Foreword *xv*
Preface *xvii*
Acknowledgments *xix*

1. **Physiological Changes** **1**
Suvarna S Khadilkar, Deepali Patil

2. **Dating and Chorionicity** **6**
Jayprakash Shah, Parth Shah

3. **The Booking Visit** **14**
Bhaskar Pal, Seetha Ramamurthy (Pal)

4. **Diet Counseling** **21**
Kanthi Bansal

5. **Nausea and Vomiting** **32**
Anupam Gupta

6. **Hyperemesis Gravidarum** **38**
S Shantha Kumari, D Vidyadhari

7. **First Trimester Screening** **44**
Anita Kaul

8. **Invasive Procedures** **52**
Prashant Acharya, Ashini Acharya

9. **Vaccination** **60**
Sangeeta Tejpuria

10. **Supportive Drug Use** **68**
Sunita Tandulwadkar, Bhavana Mittal, Pooja Lodha

11. **Prescription Writing** **74**
Ashis K Mukhopadhyay, Sagnika Dash

12. **Effect of Tobacco, Substance Misuse and Alcohol Abuse** 86
Shashi Prateek, Ananya Banerjee, Deepali Dhingra

13. **Travel Guidelines** 93
Pratap Kumar, Alok Sharma

14. **Role of Exercise and Bed Rest** 98
Maninder Ahuja

15. **Pain Abdomen** 106
Nalini Mahajan, Shivani Singh

16. **Ectopic Pregnancy** 113
Ameet Patki, Alok Sharma

17. **Gestational Trophoblastic Disease** 123
Harshad Parasnis

18. **HIV Positive Mother** 131
Sarita Agarwal

19. **TORCH Infection** 138
Subhash C Biswas, Ram P Dey

20. **Medical Disorders** 144
Sujata Misra, Sudhanshu Nanda

21. **Vaginal Discharge** 152
Roza Olyai

22. **Breast Diseases** 156
Madhuri Patel, Rahul Chauhan

23. **Associated Gynecological Conditions** 164
Rajat Ray, Yogita Dogra

24. **Recurrent First Trimester Pregnancy Loss** 171
Mala Arora, Ritu Joshi

25. ***In Vitro* Fertilization Conception** 178
Bharati Dhorepatil, Arati Rapol

26. **Twin Pregnancy** 183
Krishna Kavita Ramavath

27. **Surgery and Anesthesia** 190
Suchitra N Pandit, Deepali P Kale

28. **Laparoscopic Surgery** 206
Punita Bhardawaj

29. Sexual Behavior **225**
Asmita M Rathore, Reena Rani

30. Vaginal Bleeding **230**
Sadhana Gupta

31. Sepsis **239**
Neela Mukhopadhaya, Kusum G Kapoor, Pragya M Choudhary

32. Termination of Pregnancy **246**
Kiran Kurtkoti

33. Medico Legal Aspects Termination of Pregancy **252**
MC Patel

Annexures: Practical Tips for Ultrasound ***257***
Ajay V Valia

Index 305