Contents

1. Anatomic Relationships 1

- Gross Anatomy of the Extraocular Muscles 1
- Innervation and Blood Supply to the Extraocular Muscles 1
- Orbital and Fascial Relationships 5
- Topographic Anatomy of the Globe 6

2. Actions of the Extraocular Muscles 9

- The Horizontal Rectus Muscles 9
- The Vertical Rectus Muscles 10
- The Oblique Muscles 10
- Incycloductors and Excycloductors of the Globe 13

3. Physiology of Ocular Motility 15

- The Cardinal Positions of Gaze 15
- Monocular Eye Movements 16
  - Agonist and Antagonist Relationships 16
  - Sherrington's Law 16
  - Ductions 16
- Binocular Eye Movements 18
  - Versions 18
  - Vergences 18
  - Hering's Law 18
  - Clinical Applications of Hering's Law 18

4. Sensory Physiology and Pathology 25

- Visual Acuity 25
  - Amblyopia 25
  - Measuring Visual Acuity in the Preverbal Child 25
  - Measuring Visual Acuity in the Verbal Child and Adult 26
- Binocular Vision 29
- Normal Binocular Vision (Macular Binocular Vision) 29
  - Objective and Subjective Visual Directions 29
  - The Object of Regard and Corresponding Retinal Points 29
  - The Horopter 30
  - Panum's Fusional Space 30
  - Physiologic Diplopia 31
  - Stereopsis 32
  - Tests of Stereopsis 33
  - Monocular Clues in Depth Perception 33

5. Sensory Adaptations to Strabismus 37

- Symptoms of Strabismus 37
  - Diplopia 37
  - Visual Confusion 37
- Sensory Adaptations 38
  - Suppression 38
  - Anomalous Retinal Correspondence 39

6. Tests of the Sensory Status 41

- The Worth's Four Dot Test 41
- The Red Glass Test 41
- The Afterimage Test 43
- The Bagolini's Striated Glass Test 45
- The Four Diopter Base-Out Prism Test 46
- The Major Amblyoscope 47

7. Introduction to Strabismus 51

- Classification Schemes 51
  - Measurement of the AC/A Ratio 53
- Units of Measure and Instruments Used to Quantitate Alignment 55
  - Degrees of Deviation and Prism Diopters 55
  - Ophthalmic Prisms 55
- Assessment of Ocular Alignment 57
  - Corneal Light Reflex Tests 57
  - Estimation of the Corneal to Limbal Distance 60
  - Cover Tests 60
  - Dissimilar Image Tests 63
  - Topographic Relationship between the Optic Nerve and the Fovea 68
  - Dissimilar Target Tests 68
- Special Tests and Techniques in the Assessment of Ocular Alignment 70
  - Diplopia Visual Fields 70
  - Forced Duction Testing 70
  - Active Force Generation Testing 70
  - Saccadic Velocity Testing 72
  - The Three-Step Test to Diagnose Cyclovertical Muscle Palsies 72
- Abnormal Head Positions 74
  - Nonocular Causes of Abnormal Head Positions 74
  - Congenital Nystagmus 74
- Ocular Muscle Pareses and Restrictions 76
  - Face Turns 76
  - Head Tilts with Face Turns 77

8. Esodeviations **79**
- Pseudoesotropia 79
- Congenital Esotropia 79
  - Ophthalmic Manifestations 79
  - Differential Diagnosis 80
  - Associated Findings in Congenital Esotropia 81
- Nystagmus Blockage Syndrome 83
- Acquired Comitant Esodeviations 84
  - Accommodative Esotropia 84
  - Nonaccommodative Acquired Esotropia 85
- Acquired Incomitant Esodeviation 87
  - Medial Rectus Restriction 87
  - Lateral Rectus Weakness 87

9. Exodeviations **91**
- Pseudoexotropia 91
- Congenital Exotropia 91
- Acquired Comitant Exodeviations 91
- Acquired Incomitant Exodeviations 94

10. A and V Patterns **99**
- "A" Pattern in Esotropia 99
- "A" Pattern in Exotropia 99
- "V" Pattern in Esotropia 99
- "V" Pattern in Exotropia 101

11. Cyclovertical Deviations **103**
- Pseudovertical Strabismus 103
- Oblique Muscle Dysfunctions 104
  - Inferior Oblique Overaction 104
  - Underaction of the Inferior Oblique 104
  - Superior Oblique Overaction 104
  - Underaction of the Superior Oblique 105

12. Monofixation Syndrome **109**
- Ophthalmic Manifestations and Causes 109
- Diagnosis 109

13. Syndromes and Special Forms of Strabismus **113**
- Duane's Retraction Syndrome 113
  - Ophthalmic Manifestations 113

- Brown's Syndrome 116
  - Ophthalmic Manifestations 117
- Cyclic Strabismus 117
  - Ophthalmic Manifestations 117
- Moebius Syndrome 118
  - Ophthalmic Manifestations 118
  - Systemic Manifestations 118
- Double Elevator Palsy 120
  - Ophthalmic Manifestations 120
- Thyroid Myopathy 121
  - Ophthalmic Manifestations 122
- Blowout Fractures 122
- Marcus Gunn's Syndrome 123
  - Ophthalmic Manifestations 124
- Generalized Fibrosis Syndrome 124
  - Ophthalmic Manifestations 124
- Chronic Progressive External Ophthalmoplegia 125
  - Ophthalmic Manifestations 125
  - Systemic Manifestations 125
  - Parinaud's Syndrome 126
  - Ophthalmic Manifestations 126
- Internuclear Ophthalmoplegia 127

Index *131*