Contents

1. Diseases of the Venous System **1**
Classification of Venous Diseases 2
Venous Diseases of the Lower Limb 3
Anatomy 4
2. Pathophysiology of Varicose Veins of Lower Limb **13**
Biophysics 14
Cellular Changes 15
Epidemiology 16
3. Etiology of Varicose Veins **17**
Genetic Associations 18
Primary Changes in the Vein Walls and Valves 18
Normal Structure of Vein 19
Extracellular Matrix Degradation 20
Enzymatic Dysregulation 20
Activation of Endothelium 20
Smooth Muscle Cell Proliferation and Migration 21
Dysregulated SMC Apoptosis 21
4. Lymphatic System of the Lower Limb **22**
Importance of the Lymphatic System 22
Structure of Lymphatic Vessels 23
Functions of Lymphatic Vessels 23
General Principles of Tissue Fluid Formation 25
Precipitating Factors for Edema 27
5. Clinical Manifestations **30**
Clinical Complications 30
Evaluation of Patients 31
6. Staging of Chronic Venous Disease **35**
Development of Classification of CVD for Proper Evaluation 35
Revised CEAP Classification: Summary 36
Terminology and New Definitions in CVD 39
7. Management **47**
Based on Nature, Stage and Type of Problem 47
Based on Genetic and Other Factors 48

8. History of Surgical Management of Varicose Veins **51**
Egypt 52
Greece 52
Rome 53
Arabia 54
Era of Barber Surgeons 55
Renaissance 56
Era of Sclerotherapy 57
Back to Invasive Procedures 60
9. Contemporary Surgical Procedures **68**
Trendelenburg's Operation 68
10. Endovenous Laser Treatment **81**
Evolution of EVL Technology 81
11. Radiofrequency Ablation Therapy **86**
Technology of RFA 86
12. Sclerotherapy **92**
Evolution of Methodology of Sclerotherapy 93
Principle of Sclerotherapy 93
Sclerosant Drugs 94
Selection of Technique 101
Complications 106
Follow-up 110
Ultrasound Guided Sclerotherapy and Endovenous Videoscopic Sclerotherapy 110
European Consensus Conference on Foam Sclerotherapy 111
13. Deep Vein Thrombosis **113**
Symptoms 113
Signs 114
Wells Clinical Score for DVT 115
Complications 119
Investigations 120
Differential Diagnosis 121
Treatment 122
14. Anticoagulation in Prevention and Treatment of Venous Thromboembolism **131**
Problem of VTE 131
Pathophysiology 132
Anticoagulants 137

15. Chronic Venous Ulcer **148**
Etiopathogenesis 148
Harmful Coexisting Conditions 150
Management 150
Care of the Ulcer 152
16. Morbid Varicose Vein **160**
Materials and Methods 160
Pathogenesis of Varicose Vein 163
Different Types of Varicosities 164
17. Photographic Presentation of Venous Diseases **169**

Bibliography 189
Index 213