Contents

Volume 1

1. Brief History of Medicine and Nursing in India 1

- Traditional Medicine and Surgery in India *2*
- Golden Period of Indian Medicine *2*
- Hindu Writings on Diagnosis and Treatment *2*
- Hindu Surgery *3*
- Chronological Events of Health Science *3*
- Nursing in India *4*
- Registration of Nurses *7*
- The Nurses' Responsibility for the Future of Nursing *7*

2. Nursing Process Application 10

- Nature of Nursing Process *10*
- Definition of Nursing Process *11*
- Steps of Nursing Process *12*
  - Assessment *12*
  - Nursing Diagnosis *14*
  - Planning *18*
  - Implementation *20*
  - Evaluation *21*
- Health Assessment *22*
  - Health History *22*
  - Physical Assessment *25*
- Positions for Physical Examination *25*
- Techniques of Physical Examinations *26*
- Symptom Analysis *28*
- Physical Examination Instruments *29*
- Guideline for Head-to-Toe Approach to Physical Examination *30*
- An Advice to Public by Nurses for their Care *37*
- Nursing Care Plan of Fever–Samples of Nursing Care Plan *39*

3. Common Problems of Adult Patient 61

- Stress and its Management *61*
- Pain and its Management *68*
- Management of Fluid, Electrolyte and Acid-Base Imbalances *85*
- Regulation of Fluids and Electrolytes or Homeostatic Mechanism *87*
- Organs that Maintain Homeostasis *89*
  - Fluid Imbalances *89*
  - Electrolytes and their Imbalance *91*
  - Acid-Base Imbalances *100*

4. Human Genetics and Genomic Nursing 104

- Scope of Genomic Nursing *105*
- Heredity in Health Problems *107*
- Congenital Malformations *116*
- Causes of Chromosome Defects *117*
- Autosomal Inheritance Patterns *120*
- Role of Nurses in Applications of Genetics in Health Care *128*

5. Immunological Problems and Nursing 136

- Review Immune System *136*
- Types of Immunity *137*
- Primary Immune Aberrations and Disease *145*
  - Immunodeficiencies *145*
  - Gammopathies *149*
  - Hypersensitivities *151*
  - Autoimmunity *166*
  - Human Immunodeficiency Virus Infection *168*

6. Perioperative Nursing 192

- Scope of the Perioperative Nursing *193*
- Classification of Surgical Procedure *195*
  - Role of Nurse in Perioperative Care *195*
  - Preoperative Nursing *197*
  - Intraoperative Nursing *206*
- Anesthesia *213*
  - Postoperative Nursing *221*
- Discharge from the POCU *232*
  - Operation Theater Instruments *235*
- Infection Control *240*
- Host-specific Defense Mechanisms against Infection *242*

- Blood-borne Viruses and the Perioperative Environment *242*
- Obtaining and Maintaining a Sterile Field *244*
- Personal Protective Equipment *246*
- Equipment *252*
- Fumigation of Operation Theater *254*

7. Critical Care Nursing 256

- Evolution of Critical Care Nursing *256*
- Classification of Critical Care Units *257*
- Types of Critical Care Unit/ICU *257*
- Principles of Critical Care Nursing *258*
- Critical Care Unit/ICU *259*
- Patient Monitoring in Critical Care Unit *271*

8. Oncological Nursing 273

- Cancer *273*
- Pathophysiology of Cancer *274*
- Etiology of Cancer *276*
- Classification of Cancer *278*
- Diagnosis of Cancer *283*
- Management of Cancer *284*
- Surgery *284*
- Radiation Therapy *287*
- Chemotherapy *289*
- Nursing Responsibilities in Oncological Emergencies *300*

9. Respiratory Nursing 313

- Assessment of Respiratory System *313*
- Diagnostic Studies of Respiratory System *317*
- Disorders of Nose and Sinuses *319*
  - Epistaxis (Nosebleed) *325*
  - Acute Pharyngitis *326*
  - Chronic Pharyngitis *327*
  - Acute Follicular Tonsillitis *328*
  - Acute Laryngitis *329*
- Acute Bronchitis *336*
  - Pneumonia *337*
  - Tuberculosis *341*
  - Bronchiectasis *344*
  - Empyema *346*
  - Lung Abscess *347*
  - Occupational Lung Diseases *348*
- Lung Cancer *350*
- Nursing Management in Thoracic Surgery *352*
- Chest Trauma and Thoracic Injuries *356*
  - Rib Fractures *357*
  - Flail Chest *358*
  - Pneumothorax *359*
  - Tension Pneumothorax *361*
  - Hemothorax *361*
  - Pleural Effusion *362*
  - Pleurasy *364*
  - Interstitial Lung Diseases *365*
  - Vascular Lung Disorders *365*
  - Pulmonary Embolism *365*
  - Pulmonary Hypertension *369*
  - Lung Transplantation *372*
  - Pulmonary Contusion *373*
- Obstructive Lung Diseases *374*
  - Chronic Bronchitis *374*
  - Emphysema *375*
  - Asthma *378*
  - Cystic Fibrosis *383*
  - Respiratory Failure *384*

10. Gastrointestinal Nursing 473

- Diagnostic Studies in Gastrointestinal System *478*
  - Problems of Mouth *482*
  - Oral Infections and Inflammations *483*
  - Oral Cancer *484*
  - Nausea and Vomiting *487*
  - Gastroesophageal Reflux Disease *490*
  - Hiatal Hernia *493*
  - Achalasia *495*
  - Esophageal Carcinoma *498*
  - Gastritis and Dyspepsia *500*
  - Chronic Gastritis *504*
  - Upper Gastrointestinal Bleeding *505*
  - Peptic Ulcer Disease *513*
  - Cancer of the Stomach *523*
- Irritable Bowel Syndrome *524*
- Diarrhea *525*
  - Fecal Incontinence *529*
- Constipation *530*
  - Acute Abdomen *532*
  - Abdominal Trauma *534*
  - Appendicitis *535*
  - Peritonitis *537*
  - Diverticulitis *538*
- Inflammatory Bowel Disease *540*
  - Ulcerative Colitis *541*
  - Crohn's Disease *544*
  - Intestinal Obstruction *545*
  - Colorectal Cancer *550*
  - Ostomy Surgery *552*
  - Anorectal Disorders *555*
- Nasogastric/Nasointestinal Intubation *560*

11. Hepatobiliary Pancreatic Nursing **570**

- Jaundice *570*
- Hepatitis *571*
- Cirrhosis of Liver *574*
- Problems of Gallbladder *580*
  - Cholelithiasis *580*
  - Acute Pancreatitis *586*
- Chronic Pancreatitis *595*
- Assisting with Percutaneous Liver Biopsy *612*

12. Cardiovascular Nursing **614**

- Cardiovascular Assessment *614*
- Physical Examination *615*
- Diagnostic Studies of CVS *617*
  - Hypertension *622*
- Nursing Management *627*
  - Coronary Artery Disease *630*
  - Angina Pectoris *632*
- Nursing Management *635*
  - Myocardial Infarction *636*
  - Shock *648*
  - Cardiogenic Shock *666*
  - Heart Failure *669*
- Inflammatory Heart Disease *699*
  - Pericarditis (Cardiac Tamponade) *699*
  - Myocarditis *703*
  - Infective Endocarditis *704*
  - Rheumatic Heart Disease *707*
- Valvular Heart Disease *708*
  - Mitral Stenosis *708*
  - Mitral Regurgitation *709*
  - Mitral Valve Prolapse *711*
  - Aortic Stenosis *712*
  - Tricuspid Valve Disease *713*
  - Pulmonic Valve Disease *714*
  - Cardiac Surgery *714*
- Vascular Problems Arterial Disorders *742*
  - Aneurysms *742*
  - Chronic Arterial Occlusive Disease *749*
  - Buerger's Disease *750*
  - Raynaud's Disease *751*
- Amputation and its Management *753*
- Venous Disorders/Disorders of Veins *753*
- Varicose Veins *757*
  - Venous Stasis Ulcer *758*
  - Pulmonary Embolism *758*

Volume 2

13.Orthopedic Nursing **773**

- Common Abnormalities of Musculoskeletal System *779*
- Diagnostic Studies of the Musculoskeletal System *780*
  - Soft Tissue Injuries *783*
  - Dislocation and Subluxation *785*
  - Carpal Tunnel Syndrome *786*
  - Repetitive Strain Injury *787*
  - Rotator Cuff Injuries *787*
  - Meniscus Injury *787*
  - Bursitis *788*
  - Muscle Spasms *789*
  - Fractures *789*
  - Reduction of Fractures *794*
  - Traction *794*
- Fracture Immobilization *797*
  - Casts *797*
- Internal Fixation *801*
  - Complications of Fracture *802*
- Inflammatory and Degenerative Disorder: Musculoskeletal System *804*
  - Rheumatoid Arthritis *804*
  - Gout/Gouty Arthritis *818*
- Septic Arthritis *820*
  - Lyme's Disease *821*
  - Seronegative Arthropathies *822*
  - Psoriatic Arthritis *824*
  - Reiter's Syndrome *824*
- Systemic Lupus Erythematosus *824*
  - Systemic Sclerosis *826*
  - Crest Syndrome *827*
  - Sjögren's Syndrome *827*
  - Polymyositis/Dermatomyositis *827*
  - Fibromyalgia Syndrome *828*
- Infectious Bone Diseases *829*
  - Osteomyelitis *829*
  - Low Back Pain *832*
  - Acute Low Back Pain *832*
  - Degenerative Disorders of Spine *836*

- Surgical Management of Surgery *837*
  - Scoliosis *839*
- Common Hand and Foot Problems *840*
  - Hand's Problem *840*
  - Foot Problem *840*
  - Musculoskeletal Tumors *842*
- Metabolic Bone Diseases *845*
  - Osteomalacia *845*
  - Paget's Disease (Osteitis Deformans) *847*
  - Osteoporosis *848*

14. Neurological Nursing 858

- Assessment of the Nervous System *858*
- Diagnostic Studies of the Nervous System *867*
- Intracranial Problems *869*
  - Altered Level of Consciousness *869*
  - Increased Intracranial Pressure *874*
  - Hematoma Formation *884*
- Infections and Inflammation of Brain *897*
  - Meningitis *897*
  - Encephalitis *901*
  - Brain Abscess *901*
  - Intracranial Tumors *902*
  - Spinal Cord Tumors *905*
  - Intracranial Surgery *906*
- Cerebrovascular Accident/Stroke *907*
- Epilepsy/Seizure Disorder *932*
  - Headache *937*
  - Multiple Sclerosis *941*
  - Parkinson's Disease *945*
  - Myasthenia Gravis *951*
  - Alzheimer's Disease *955*
  - Guillain-Barré Syndrome *960*
- Cranial Nerve Disorders *965*
  - Bell's Palsy *966*
- Spinal Cord Injury *967*
  - Spinal Cord Syndrome *968*
  - Spinal Shock *970*
- Nursing Management of Spinal Cord Injury *973*

15. Hematological Nursing 992

- Assessment of the Hematological System *993*
- Hematological Disorders *998*
- Disorders of Erythrocytes *998*
  - Anemia *998*
  - Iron Deficiency Anemia *1001*
  - Thalassemia *1004*
  - Aplastic Anemia *1005*
  - Hemolytic Anemias *1006*
  - Hereditary Spherocytosis *1008*
  - Enzyme Deficiency Anemia *1008*
  - Sickle Cell Disease *1008*
- Erythrocytosis/Polycythemia *1012*
  - Polycythemia Vera *1012*
- Anemia Caused by Blood Loss *1013*
- Disorders of Hemostasis *1014*
  - Thrombocytopenia *1014*
- Thrombocytosis *1017*
- Disorders of Coagulation *1018*
  - Hemophilia *1018*
  - Vitamin K Deficiency *1020*
- Disorders of WBCS (Leukocytes) *1023*
  - Neutropenia *1023*
  - Neutrophilia *1024*
  - Leukemias *1024*
  - Lymphedema *1027*
- Lymphomas *1028*
  - Hodgkin's Disease *1028*
  - Non-Hodgkin's Lymphoma *1031*
  - Infectious Mononucleosis *1032*
  - Multiple Myeloma *1032*

16. Endocrinological Nursing 1040

- Assessment of the Endocrine System *1041*
- Disorders of Pituitary Gland *1043*
  - Hyperpituitarism *1043*
  - Prolactin Hypersecretion *1045*
  - Growth Hormone Hypersecretion *1045*
  - Hypopituitarism *1046*
- Diabetes Insipidus *1052*
- Disorders of the Thyroid Gland *1057*
- Hyperthyroidism *1058*
  - Ophthalmopathy in Graves' Disease *1060*
- Hypothyroidism *1074*
  - Cancer of the Thyroid Gland *1077*
- Disorders of Parathyroid Gland *1078*
  - Hyperparathyroidism *1078*
  - Hypoparathyroidism *1080*
- Disorders of Adrenal Gland *1083*
  - Cushing's Syndrome *1083*
  - Iatrogenic Cushing's Syndrome *1087*
  - Aldosteronism *1088*
  - Adrenocortical Insufficiency *1089*
- Disorders of Adrenal Medulla *1097*
  - Pheochromocytoma *1097*
- Disorders of Pancreas *1098*
  - Diabetes Mellitus *1098*

- Complications of Diabetes Mellitus *1108*
- Hyperglycemic Hyperosmolar Non-ketonic Coma *1119*
- Chronic Complications of DM *1119*
  - Hypoglycemia in DM *1120*
  - Hypoglycemia in Non-DM *1121*
  - The Diabetic Foot *1124*

17. Urological and Renal Nursing (Renourological) 1127

- Assessment of Urinary System *1127*
- Urine Studies *1128*
- Inflammatory Disorders of Urinary System *1134*
  - Urinary Tract Infections *1134*
  - Cystitis *1137*
  - Pyelonephritis *1138*
  - Urethritis *1139*
  - Renal Tuberculosis *1140*
  - Chemical-induced Nephritis *1140*
  - Glomerulonephritis *1141*
  - Chronic Glomerulonephritis *1143*
  - Nephrotic Syndrome *1144*
  - Goodpasture's Syndrome *1146*
  - Renal Artery Stenosis *1147*
  - Renal Vein Thrombosis *1147*
  - Nephrosclerosis *1147*
  - Obstructive Uropathies *1148*
  - Hydronephrosis *1149*
  - Renal Calculi (Stones) *1151*
  - Strictures *1156*
  - Renal Tumor *1157*
  - Wilm's Tumor *1158*
  - Bladder Cancer *1158*
  - Urinary Retention *1159*
  - Urinary Incontinence *1160*
  - Reno-ureteral Surgery *1165*
  - Urinary Diversion *1166*
  - Acute Renal Failure *1168*
  - Chronic Renal Failure *1178*

18. Reproductive Health Nursing 1194

- Assessment of the Male and Female Reproductive System *1195*
- Diagnostic Studies of Reproductive System *1202*
- Reproductive Problems of Females/Women *1206*
  - Vaginitis *1206*
  - Cervicitis *1208*
  - Bartholinitis (Bartholin's Cysts) *1209*
  - Pelvic Inflammatory Disease *1209*
  - Problems of Menstruation *1212*
  - Premenstrual Syndrome *1212*
  - Dysmenorrhea *1213*
  - Amenorrhea *1215*
  - Dysfunctional Uterine Bleeding *1216*
  - Endometriosis *1217*
  - Uterine Prolapse *1218*
  - Fistulas *1221*
- Neoplasms of the Female Reproductive Tract *1222*
  - Cervical Polyps *1222*
  - Cervical Cancer *1222*
  - Uterine Leiomyoma (Fibroids) *1225*
  - Endometrial Cancer *1226*
  - Ovarian Cysts *1227*
  - Ovarian Cancer *1228*
  - Vulvar Cancer *1229*
- Surgeries of the Female Reproductive System *1230*
  - Infertility *1231*
- Problems of the Breast *1233*
  - Cystic Breast Disease *1235*
  - Fibroadenoma *1237*
- Breast Infections *1238*
  - Mammary Duct Ectasia *1238*
  - Acute Mastitis and Abscess *1238*
  - Breast Cancer *1239*
- Nursing Management of the Patient Undergoing Mastectomy *1242*
- Male Breast Problems *1245*
  - Gynecomastia *1245*
  - Male Reproductive Problems *1245*
  - Epididymitis *1247*
  - Orchitis *1249*
  - Testicular Torsion *1249*
  - Testicular Cancer *1251*
- Problems of Prostate *1252*
  - Prostatitis *1252*
  - Benign Prostatic Hyperplasia *1254*
  - Cancer of the Prostate *1258*
- Problems of the Penis *1259*
  - Congenital Problems *1260*
  - Phimosis and Paraphimosis *1260*
  - Cancer of the Penis *1260*
  - Erectile Dysfunction/Impotence *1261*
- Sexually Transmitted Diseases *1264*
  - Gonorrhea *1264*
  - Syphilis *1265*
  - Herpes Genitalis *1266*
  - Chlamydial Infections *1268*
  - Lymphogranuloma Venereum *1269*
  - Chancroid *1269*

- Trichomoniasis *1271*
- Bacterial Vaginosis *1271*
- Hepatitis B Virus *1271*
- HIV Infection and AIDS *1272*

19. Dermatological Nursing or Integumentary Nursing 1281

- Health Promotion Practices of Skin Problems *1289*
- Common Skin Problems *1290*
- Parasitic Infections *1290*
  - Pediculosis (Lice Manifestation) *1290*
  - Scabies *1290*
- Fungal Infections *1291*
  - Candidiasis *1291*
  - Dermatophytoses *1293*
- Bacterial Infections *1294*
  - Impetigo *1294*
  - Folliculitis *1295*
  - Furuncles and Carbuncles *1295*
  - Erysipelas *1296*
- Viral Infections of the Skin *1297*
  - Herpes Simplex *1297*
  - Herpes Zoster *1297*
  - Verruca Vulgaris *1298*
  - Warts *1298*
- Allergic Conditions of the Skin *1298*
  - Contact Dermatitis *1299*
  - Urticaria *1300*
  - Drug Reaction *1300*
  - Atopic Dermatitis *1300*
  - Other Type of Dermatitis *1301*
  - Pruritus *1302*
  - Skin Reactions *1302*
- Lupus Erythematosus *1304*
- Papulosquamous Diseases *1304*
  - Psoriasis *1305*
  - Pityriasis Rosea *1307*
- Acne *1307*
  - Acne Vulgaris *1307*
  - Acne Rosacea *1308*
- Bullous Diseases *1308*
  - Pemphigus Vulgaris *1308*
- Tumors of the Skin *1310*
  - Benign Tumors *1310*
  - Premalignant Lesions *1311*
  - Malignant Lesions *1312*
- Nursing Management of Dermatological Surgery *1313*
  - Pressure Ulcers *1314*
  - Burns *1317*
  - Types of Burns *1317*
  - Pathophysiology of Burns *1318*
  - Burn Location *1322*
  - Management of Burns *1322*
- Responsibilities of Nursing Personnel on Burn Patient *1338*
- Rehabilitation of Burn Person *1340*

20. Ophthalmic and Otological Nursing 1342

- Ophthalmic Nursing [Nursing the Visual Disorder] *1342*
- Assessment of the Visual System *1342*
  - Visual Impairment *1348*
  - Eye Trauma and Injury *1352*
  - Glaucoma *1355*
  - Congenital Glaucoma *1357*
  - Cataract *1358*
  - Retinal Detachment *1361*
  - Strabismus *1362*
  - Eye Tumors *1363*
- Procedures Used in Ophthalmology *1364*
- General Procedures/Treatment Modalities *1365*
- Otologic Nursing [Nursing the Disorder of Ear] *1370*
  - Assessment of Auditory System *1370*
  - Hearing Impairment *1373*
- Problems of Middle Ear and Mastoid *1379*
  - Otosclerosis *1379*
  - Mastoiditis *1380*
  - Otitis Media *1382*
- Problems of Inner Ear *1385*
  - Acoustic Neuroma *1385*
  - Meniere's Disease *1385*
  - Other Vestibular Disorders *1388*

21. Organ Transplantation and Nursing 1390

- Organ Sources *1390*
- Role of Nurses in Donation Process *1391*
- Kidney Transplant *1395*
- Heart Transplant *1396*
- Liver Transplant *1398*
- Lung Transplantation *1399*
- Pancreas Transplantation *1400*
- Bone Marrow Transplantation *1401*
- Cornea Transplant *1402*

22. Nursing the Poisoned Client 1403

- Assessment of the Poison Victim *1403*
- Pathophysiology and Mechanisms of Toxicity *1407*

- Treatment of Poisoned Victim *1408*
- Case Study with Sample Care Plan: Patient with Acute Poisoning *1411*

Appendices

- Appendix I: Cardiopulmonary Resuscitation *1421*
- Appendix II: Index of Normal Values *1431*
- Appendix III: Diets in Health and Illness *1438*
- Appendix IV: Terminology Used in the Text *1450*
- Appendix V: Prefixes and Suffixes Used in the Text *1467*
- Appendix VI: Abbreviations Used in the Text *1469*

Index *1471*