Contents

1. Pregnancy **1**
Alaka K Deshpande

- Morphological Changes *1*
- Physiological Adaptation *2*

2. Fetal Growth and Drugs **4**
Alaka K Deshpande

- Fertilization *4*
- Teratogenesis *5*

3. Preconception Counseling **7**
Alaka K Deshpande

- Planned Pregnancy *7*
- Treatment of Chronic Diseases *8*
- Immunizations *8*
- Risk Reduction of Genetic Disorders *8*
- Addictions and Substance Abuse *9*
- Use of Indigenous Medicines *9*

4. Pregnancy and Infections **11**
Alaka K Deshpande

- Physiological Changes in Immune System during Pregnancy *11*
- Community-acquired Pneumonia (CAP) *12*
- Urinary Tract Infection *15*
- Tuberculosis *17*
- Malaria *19*
- Pregnancy with Chickenpox *23*
- Pregnancy with Measles *24*
- Pregnancy and HIV Infections *24*
- HIV-HBV and HIV/HCV Co-infection *26*

5. Pregnancy and H1N1 Infection **28**
DB Kadam, SA Sangale, SP Salvi, Sampada Karane

- Structure of Influenza Virus *28*
- Investigations *31*
- Prognostic Indicators *33*
- Pregnancy Outcome *33*
- Treatment *33*
- Immunoprophylaxis *34*
- Prevention *35*

6. Pregnancy and Peripartum Sepsis **36**
Ashit Hegde

- Etiology of Peripartum Sepsis *36*
- Risk Factors for Peripartum Sepsis *37*
- Clinical Features of Peripartum Sepsis *37*
- Investigations *37*
- Management of Patients with Peripartum Sepsis *37*

7. Pregnancy and GI Dysfunctions **40**
Sharad C Shah

- Oral Cavity *40*
- Gastro-esophageal Reflux Disease (GERD) *40*

8. Pregnancy and Jaundice **42**
Sameer Shah, Akash Shukla

- Causes Specific to Pregnancy *43*
  - Intrahepatic Hepatic Cholestases of Pregnancy (ICP) *43*
  - Acute Fatty Liver of Pregnancy (AFLP) *43*
  - HELLP Syndrome *45*
- Causes Not Specific to Pregnancy *46*
  - Viral Hepatitis *46*
  - Autoimmune Hepatitis *50*
  - Herpes Simplex Hepatitis *50*

9. Pregnancy and Hypertension **52**
CK Ponde

- Cardiovascular Changes in Normal Gestation *52*
- Hemodynamics during Pregnancy *52*
- Measurement of Blood Pressure in Pregnancy *53*
- Hypertensive Disorders in Pregnancy *53*
- Evaluation of Pregnant Patients with Hypertension *54*
- Pre-eclamsia *54*
- Management and Guidelines *56*
- Indications for Immediate Delivery *58*

10. Pregnancy and Valvular Heart Disease **60**
Sandesh Prabhu, Anil Kumar

- Hemodynamic Changes during Pregnancy *60*
- Hemodynamic Changes during Labor and Delivery *60*
- Predictors of High Maternal and Fetal Morbidity *63*
- Management Considerations *63*
- Specific Valve Lesions *65*
- Prosthetic Valve Considerations *68*

11. Pregnancy and Cardiomyopathies **71**
Ajay Mahajan, Chandrakant Upadhyay

- Definition *71*
- Classification *71*

- Classification of Cardiomyopathies *71*
- Management *81*

12. Pregnancy and the Lungs 84
Suryakant

- Pulmonary Status in Pregnancy *84*
- Pulmonary Complications of Pregnancy *86*
- Pulmonary Edema *86*
- Pulmonary Embolism *87*
- Pulmonary Medicine *88*
- Common Respiratory Disorders during Pregnancy *88*
- Respiratory Infections *89*
- Obstructive Sleep Apnea (OSA) *89*

13. Pregnancy and Asthma 91
Jyotsna Joshi

- Effect of Asthma on Pregnancy *91*
- Effect of Pregnancy on Asthma *91*
- Management of Asthma in Pregnancy *92*
- Management of Asthma during Labor and Postpartum *94*

14. Pregnancy and Epilepsy 96
Satish Khadilkar, AH Harish

- Pre-conceptional Period *96*
- During Pregnancy *97*
- Intrapartum Care of Women with Epilepsy *99*
- Postpartum Care *99*
- Seizure for the First Time during Pregnancy *100*
- Safety of Neuroimaging in Pregnancy *100*
- Status Epilepticus during Pregnancy *100*

15. Pregnancy and Anemia 101
SK Bichile

- Prevalence *101*
- Effects of Anemia on Mother *102*
- Effects of Maternal Anemia on Fetus *102*
- National Nutrition Policy for Prevention of Anemia in Pregnancy *103*
- Management of Anemia during Pregnancy and Lactation *104*

16. Pregnancy and Coagulopathy 107
Pritesh Junagade

- Thrombocytopenia in Pregnancy *107*
- Gestational Thrombocytopenia *108*
- Disseminated Intravascular Coagulation (DIC) in Pregnancy *109*
- ITP during Pregnancy and Delivery *108*

17. Pregnancy and Venous Thromboembolism 114
Charu Jani

- Pathophysiology *114*
- Clinical Presentation *115*
- Treatment *116*
- Inferior Vena Cava Filters *119*

18. Pregnancy and Psychiatric Illnesses 120
Vihang Vahia, Amit Kulkarni

- An Interface *120*
- Psyche of the Prospective Mother *120*
- Factors Affecting Mother-Child Bonding *121*
- Depression and Anxiety *122*
- Management *123*
- Postpartum Psychosis *124*
- Substance Use in Pregnancy *124*
- Management of Pre-existing Psychiatric Disorders in Pregnancy *126*
- Topics of Special Interest *126*

19. Pregnancy and Gestational Diabetes Mellitus 130
Shashank R Joshi, Banshi Saboo

- Maternal and Fetal Adaptations in Pregnancy *130*
- Fuel Metabolism in Normal Pregnancy *131*
- Pathogenesis of Glucose Intolerance Developing during Pregnancy *133*
- Consequences of Diabetes on the Fetus *135*
- Diagnosis of Glucose Intolerance in Pregnancy *136*
- Management *138*

20. Nutrition in Gestational Diabetes Mellitus 143
Shilpa Joshi

- Goals of Nutritional Therapy in GDM *143*
- Therapeutic Goals *143*
- Postprandial Sugars *143*
- Weight Gain during Pregnancy *144*
- Nutritional Guidelines for Diabetes in Pregnancy *144*

21. Pregnancy and Pregestational Diabetes Mellitus 148
Alaka K Deshpande

- Pathophysiology *149*
- Medical Assessment *151*
- Insulin Requirement *153*
- Lifestyle Modifications *150*

22. Pregnancy and Thyroid Dysfunctions 158
Alaka K Deshpande

- Hormone Profile *158*
- Thyroid Functions in Pregnancy *159*
- Risk Factors for Overt Hypothyroidism *160*

- Management of Hypothyroidism *160*
- Hyperthyroidism during Pregnancy *161*

23. Pregnancy and SLE **164**
Yojana Gokhale

- Pregnancy Planning in SLE Patient *165*
- Management of Pregnant Lupus Patient *165*
- Pharmacologic Treatment of Pregnant Lupus Patient *167*
- Medication during Pregnancy *168*

24. Pregnancy and Skin Diseases **170**
Swagata Tambe, Hemangi Jerajani

- Physiological Changes in Pregnancy *170*
- Specific Dermatoses of Pregnancy *170*
- Classification of Pregnancy Dermatoses *174*
- Pemphigoid Gestationis (PG) *174*
- Polymorphic Eruption of Pregnancy (PEP) *176*
- Atopic Eruption of Pregnancy (AEP) *177*
- Intrahepatic Cholestasis of Pregnancy *178*
- Skin Diseases Modified by Pregnancy *179*

25. Pregnancy and Radiation **183**
Aparna Ringe, Bhavin Jankharia

- Effects of Radiation on the Fetus *183*
- Factors Determining the Effects of Radiation *184*
- Examination Fetal Dose (mGy) *184*
- Contrast Media *185*
- Methods to Reduce Radiation Dose *186*

26. Pregnancy and Tobacco Use **189**
Aditi Shastri, Surendra Shastri

- Forms of Tobacco *189*
- Health Effects of Tobacco Use on Women *191*
- Screening for Tobacco Use and Cessation Advice *191*
- Pharmacotherapy *192*

27. Assisted Conception and Associated Complications **193**
Charu Jani, Ela Schmedes

- IVF Risks and Complications *193*

28. Umbilical Cord Blood Transplantation and Banking **197**
Velu Nair, Pankaj Talwar, Sushil Kumar, Tathagata Chatterjee

- Regenerative Medicine and Stem Cells *197*
- Cord Blood Banking *201*
- Engraftment *206*
- Future Trends in Cord Blood Transplantation *207*
- Components of the Cord Blood Program *207*

- Processing, Cryopreservation and Storage of the Cord Blood Unit *210*
- Banking Issues *212*
- Ethical Issues *212*

29. Care of the Newborn in the Labor Room 216
Bela Verma

- Conditions Demanding Resuscitation Alert *216*
- Resuscitation Kit *217*
- Initial Steps of Stabilization *218*
- Initial Steps of Resuscitation *219*
- Approach to a Meconium-stained Baby *219*
- Resuscitation of an Asphyxiated Baby *220*
- Post-resuscitation Care of an Asphyxiated Baby *221*
- Examination of the Baby at Birth (Labor Room) *222*
- Early Detection of Serious Disease *223*
- Babies Transferred to the Special Care Nursery *223*
- Mother's Role in Care of Her Baby *223*
- Breastfeeding *224*
- Examination at Discharge *224*

Index 225