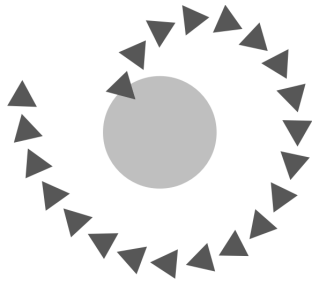
Contents



Section 1: Surgery in General

1. **What's New in Surgical Training** **3**
   Andrew J Robson, Gareth Griffiths, Rowan W Parks
   - Curricula in Surgical Training *3*
   - Assessment in Surgical Training *5*
   - Selection into Surgical Specialties *7*
   - Surgical Training within Modern Working Regulations *10*
   - The Applicability of Surgical Simulation and Courses *11*

2. **Confidential Reporting Systems in Surgical Practice** **15**
   Frank CT Smith, Adam M Lewis, Denis C Wilkins
   - Confidential Reporting: Lessons from Aviation *15*
   - The Confidential Reporting System for Surgery *16*
   - National Confidential Enquiry into Patient Outcomes and Deaths (NCEPOD) *19*
   - The NPSA and the NRLS *21*

3. **The Management of Knife Injuries** **25**
   Miss C Webster, Lt Col Nigel Tai
   - Philosophy of Approach *25*
   - Immediate Assessment and Investigation *27*
   - Investigation *30*
   - Resuscitation *30*
   - Management *33*
   - Injury Prevention *33*

4. **An Update on Intravenous Fluids in Surgical Practice** **38**
   Mike Stroud
   - Problems of Prescribing IV Fluids in Surgery *38*
   - Assessment of IV Fluid and Electrolyte Needs in Surgical Patients *42*
   - Reassessment and Monitoring *45*
   - Choice of IV Fluid Type *45*

Section 2: Upper GI Surgery

5. Recent Concept in the Management of Gastric Cancer **55**
Shameen Jaunoo
- Classification of Gastric Cancer *55*
- Clinical Manifestations, Diagnosis and Staging *57*
- Treatment *58*

6. Surgical Aspects of Gastro-oesophageal Reflux **72**
Samrat Mukherjee, Khaled Dawas
- Initial Management *73*
- Investigations *73*
- Surgical Management *75*
- Endoscopic Procedures *82*
- Newer Procedures *83*

7. Determining Resectability in Pancreatic Cancer **87**
Giles Bond-Smith, Giuseppe Kito Fusai
- Definitions *87*
- Increasing Resectability Rates *91*

Section 3: Lower GI Surgery

8. Enhanced Recovery Following Colorectal Resection **101**
Vimal Hariharan, Daren Francis
- Special Considerations *105*

9. Management of Fistula-in-ano **108**
Clarisa Choh, Claire Warden, Thomas Dudding
- Pathogenesis *108*
- Diagnosis *108*
- Imaging *109*
- Classification *110*
- Initial Treatment *110*
- Advanced Treatments *111*
- Filling the Tract *112*
- Ligation of the Tract *115*
- Obliteration of the Tract *116*

10. The Use of Robotics in Colorectal Surgery **120**
Arifa Siddika, Shahab Siddiqui
- History of Robotic Surgery *120*
- Robotic Surgery—Advantages and Disadvantages *120*
- Colorectal Surgery *123*

- Surgery for Internal and External Rectal Prolapse *126*
- Future Developments *126*

Section 4: Surgical Oncology

11. Modern Prostate Cancer Management **131**
Taimur Shah, Manit Arya, John D Kelly
- Screening *131*
- Diagnosis *132*
- Treatment *135*
- Metastatic Disease *140*

12. Phyllodes Tumour of Breast: Still a Challenge **147**
Abhinav Arun Sonkar, Akshay Anand Agarwal, Kul Ranjan Singh, Saumya Singh, Jitendra Kumar Kushwaha
- Clinical Presentation *147*
- Role of Preoperative Investigations *148*
- Management *152*

13. Management of Patients with Primary Colorectal Cancer and Synchronous Liver Metastasis **160**
Alistair AP Slesser, Elizabeth Smyth, David Cunningham, Satvinder Mudan
- Selection for Surgery *161*
- Oncological Management *163*
- Operative Planning *164*
- Discussion *166*
- Irresectable Synchronous Colorectal Liver Metastases *167*
- Adjunctive Treatments *168*
- Extra-Hepatic Metastases *168*
- Follow-Up *169*

Section 5: Vascular

14. Superficial Venous Incompetence and Varicose Vein Management **175**
S Sinha, Toby Richards
- Role of Preoperative Duplex Ultrasound Scanning (USS) *177*
- Surgical and Closure Techniques *177*
- Efficacy and Cost-Effectiveness of Endovenous Techniques *181*
- Venous Ulceration *181*
- Compression Hosiery *183*
- Recurrence and Pelvic Vein Reflux *184*

Section 6: Clinical Trials

15. A Review of Recent Randomised Controlled Trials in Surgery **193**

Siân Pugh, Nicholas Jenkins

- Oesophagogastric *193*
- Hepatopancreatobiliary *194*
- Colorectal *197*
- Breast *199*

Index *203*