Contents

1. GLOBAL PANORAMA OF DERMATOLOGY INCLUDING SCOPE OF SKIN DISEASES IN INDIA **1**

Introduction 1
The Indian Scenario 2
The World Statistics 2
Scope of Dermatology 3
Skin Conditions Caused by Parasites 4
Stress and Skin 4

2. STRUCTURE OF SKIN **9**

Layers of Epidermis 10
Epidermal Cell Multiplication Cycle 11
Important Cells of Epidermis 12
Melanocytes and Biology of Melanin 12
Epidermal Appendages 13
Dermis 18
Dermoepidermal Junction 19

3. PHYSIOLOGY OF SKIN **20**

Immunological Function of Skin 22
Embryology of Skin 22
Allergy and Immunology 24

4. DIAGNOSIS OF DERMATOLOGICAL DISEASES **27**

Symptoms 28
Signs 30

5. CUTANEOUS INFESTATIONS: SCABIES AND PEDICULOSIS 52
Scabies 52
Pediculosis (Lice Infestation) 58
Human Demodex Mite: The Versatile Mite of Dermatological Importance 62

6. CUTANEOUS INFECTIONS WITH PYOGENIC BACTERIA 64
Impetigo (Impetigo Contagiosa) 64
Ecthyma 64
Folliculitis 65
Furuncle and Carbuncle 68
Carbuncle 69
Acute Paronychia 69
Periporitis (Multiple Sweat Gland Abscesses) 69
Erysipelas and Cellulitis: Pitted Keratolysis Therapy of Bacterial Infections 70

7. CUTANEOUS TUBERCULOSIS 73
Epidemiology 73
Etiology 74
Pathogenesis 75
Investigations 75
Diagnosis 75
Differential Diagnosis 76
Treatment 76
Clinical Features 76
Tuberculids 77

8. FUNGAL INFECTIONS (MYCOSIS) 79
Pityriasis Versicolor (Tinea Versicolor, Dermatomycosis, Furfuracea, Chromophytosis) 80
Candidiasis 81
Dermatophytosis 88
Deep Fungal Infections 102

9. VIRAL INFECTIONS **114**
Molluscum Contagiosum 115
Types of Viral Warts 116
Other Varieties of Warts 124
Varicella [Chickenpox, Primary Infection with Varicella Zoster Virus (VZVI)] 127
Herpes Zoster 127
Herpes Simplex 134
Herpes Labialis 135
Herpes Genitalis 136

10. ECZEMAS AND DERMATITIS **140**
Etiologic Grouping of Eczemas 141
Etiology and Pathogenesis 144
Common Patterns of Eczema 147
Atopic Eczema 147
Contact Dermatitis 148
Atopic Dermatitis 148
Infantile Eczema (Eczema in Infants) 150
Seborrheic Dermatitis 162
Irritant Contact Dermatitis 167
Allergic Contact Dermatitis 169
Pompholyx 174
Lichen Simplex Chronicus 176
Nummular (Discoid) Eczema 177
Stasis Eczema (Gravitation Eczema) 178
Asteatotic Eczema 180
Diaper Dermatitis 180

11. DISORDERS OF SEBACEOUS AND SWEAT GLANDS **186**
Acne Vulgaris 186
Acne Scarring 193

Rosacea (Acne Rosacea) 198
Perioral Dermatitis 198

12. PAPULOSQUAMOUS DISEASES 200
Psoriasis 200
Sympathetic Reception 225

13. DISORDERS OF PIGMENTATION 246
Albinism 247
Vitiligo 247
PUVA Therapy 262
Treatment 275

14. DRUG REACTIONS 293
Common Eruptions due to Drugs 293
Fixed Drug Eruption 295
Erythema Multiforme 296
Stevens-Johnson Syndrome 296
Toxic Epidermal Necrolysis 296
Miscellaneous Drug-induced Rashes 297

15. DISORDERS OF HAIR AND NAILS 304
Alopecia 304
Hypertrichosis 313
Nails 313

16. SKIN AND INTERNAL DISEASE 330
Skin Manifestations of
Collagen Vascular Diseases 331
Lupus Erythematosus (LE) 331
Scleroderma 331
Skin Manifestations of Systemic Lupus
Erythematosus (SLE) 332
Butterfly Rash 335

17. VESICOBULLOUS DISORDERS **337**
Pemphigus 338
Dermoepidermal Bullae 344
Erythema Nodosum 348
Erythroderma (Exfoliative Dermatitis) 349
Nutritional Deficiencies 351

18. SKIN TUMORS **355**
Cutaneous Neoplasms, Benign, Premalignant and Malignant Tumors of the Skin 355
Benign Neoplasms 357
Acanthosis Nigricans 357
Carotenemia 358
Cutaneous Hyperplasias 358
Nevi 359

19. MISCELLANEOUS DISORDERS **367**
Subcutaneous Nodules 367
Vesicular Rash 373
Rash with Fever 374
Hirsutism 376
Prurigo Mitis 379
Aphthous Ulcer 379
Miliaria (Prickly Heat, Heat Rash) 380
Pruritus (Itching) 380
Urticaria, Angioedema 383
Skin Changes and Old Age 389
Hidradenitis Suppurativa 392

20. ICHTHYOSIS AND KERATODERMAS **400**
Ichthyosis 400

21. LEPROSY (HANSEN'S DISEASE) **407**
Mode of Transmission 407
Incubation Period 408

Prevalence 408
Classification of Leprosy Based on Clinical, Microbiologic, Pathologic and Immunologic Parameters 408

22. SEXUALLY TRANSMITTED DISEASES 423
Syphilis 426
Urethritis 431
Non-gonococcal Urethritis 433
Genital Ulcerative Disease (Including DD of Genital Ulcers) 434
Chancroid (Soft Chancre) 435
Filariasis 439
Lymphogranuloma Venereum (LGV) 439
Practical Management of STDs (Syndromic Management of STDs) 439

23. HIV AND AIDS 443
Human Immunodeficiency Virus 443
Immunopathogenesis of HIV Infection 444
Epidemiology and Transmission of HIV Infection 444
Natural History of HIV Infection 445
Clinical Features and Stages of HIV Infection 446

Bibliography *471*
Further Reading *477*
Index *481*