Contents

Section 1: Background

1. Allergic and Irritant Contact Dermatitis **3**

- Skin as an Immune Organ *6*
- Irritant Contact Dermatitis *9*
- Allergic Contact Dermatitis *11*

2. Evaluation and Treatment of Patients with Contact Dermatitis **15**

- Whom to Patch Test *15*
- Taking the History *24*
- Physical Examination *29*
- Management *30*

3. Patch Testing **32**

- Allergens and Apparatuses *34*
- Scheduling the Test *39*
- How to Apply the Test *41*
- Patch Test Reading *46*
- Patch Test Interpretation *49*
- Determining Clinical Relevance *51*
- Instruction of Patients in Avoidance of Allergens *51*

4. Regional Contact Dermatitis **54**

- Location of Dermatitis *54*
- Contact Urticaria *55*

Section 2: Allergens

5. T.R.U.E. Test™ Standard Allergens **59**

- Bacitracin *62*
- Black Rubber Mix (*N*-Isopropyl-*N*′-Phenyl-*p*-Phenylenediamine) *64*
- 2-Bromo-2-Nitropropane-1,3-Diol *67*
- Caine Mix (Benzocaine) *68*
- Carba Mix *72*
- Cobalt Dichloride *76*
- Colophony (Rosin) *78*
- Disperse Blue Dye 106 *81*
- Diazolidinyl Urea *82*
- Epoxy Resin *83*
- Ethylenediamine Dihydrochloride *86*
- Formaldehyde *88*

- Fragrance Mixture *90*
- Gold *93*
- Imidazolidinyl Urea *95*
- Wool Alcohols (Lanolin) *96*
- Mercapto Mix *98*
- Mercaptobenzothiazole *101*
- Methylchloroisothiazolinone/Methylisothiazolinone *103*
- Methyldibromo Glutaronitrile *106*
- *Myroxylon Pereirae* (Balsam of Peru) *107*
- Neomycin Sulfate *108*
- Nickel *111*
- *p*-Phenylenediamine *115*
- *p-tert*-Butylphenol Formaldehyde Resin *116*
- Paraben Mix *119*
- Potassium Dichromate *121*
- Quaternium-15 *124*
- Quinoline Mix *126*
- Parthenolide *127*
- Thimerosal *128*
- Thiuram Mix *130*

6. Preservatives and Vehicles **134**

- PRESERVATIVES *134*
- Benzyl Alcohol *135*
- Butylated Hydroxyanisole and Butylated Hydroxytoluene (BHA and BHT) *136*
- Chlorinated Biocides *138*
- *p*-Chloro-*m*-Cresol *138*
- Chloroxylenol *139*
- Dimethylol Dimethyl Hydantoin *141*
- Glutaral (Glutaraldehyde) *143*
- Iodine Compounds *145*
- Iodopropynyl Butylcarbamate *146*
- Mercury Compounds *147*
- Phenoxyethanol *148*
- Quaternary Ammonium Compounds *148*
- Sorbic Acid *148*
- VEHICLES *149*
- Cocamidopropyl Betaine *150*
- Oleamidopropyl Dimethylamine *152*
- Polyethylene Glycols *152*
- Propyl Gallate *154*
- Propylene Glycol *155*
- Triethanolamine *156*

7. Cosmetics and Fragrances **157**

- Cosmetics *157*
- Fragrances *163*
- Benzyl Salicylate *167*
- Cinnamic Aldehyde *167*
- Cinnamic Alcohol *169*
- Coumarin *170*
- Eugenol *170*
- Geraniol *171*
- Hydroxycitronellal *172*
- Hydroxyisohexyl 3-Cyclohexene Carboxaldehyde (Lyral) *172*
- Isoeugenol *173*
- Oak Moss Absolute *173*
- Hair Care Product Allergens *175*
- Glyceryl Thioglycolate *175*
- Nail Preparation Allergens *178*
- Ethyl Cyanoacrylate *178*
- Methyl Methacrylate, Ethyl Methacrylate, and Ethyl Acrylate *180*
- Tosylamide/Formaldehyde Resin *182*

8. Medicaments **185**

- Benzoyl Peroxide *185*
- Chloramphenicol *186*
- Corticosteroids *187*
- Gentamicin Sulfate *192*
- Nitrofurazone (Furacin) *193*
- Propolis *194*
- Resorcinol *195*
- Tea Tree Oil *196*
- Transdermal Drug Delivery Systems *197*

9. Photoallergens **199**

- Photo-Patch Testing Techniques *201*
- Protocol for Photo-Patch Testing *202*
- Sunscreen Agents *205*
- Fragrances *217*
- Therapeutic Agents *222*
- Miscellaneous *223*

10. Plants **225**

- Investigating Plant Dermatitis *225*
- Specific Plants *229*

11. Miscellaneous Allergens **249**

- Benzalkonium Chloride *249*
- Captan *251*
- Diaminodiphenylmethane *252*

Section 3: Occupational Skin Disease

12. Etiology of Occupational Skin Disease **257**
- Host-Related Factors *259*
- Job-Related Factors *260*

13. Evaluation of the Worker in the Office and at the Work Site **265**
- Office Visit *265*
- Plant Visit *271*

14. Management of Occupational Dermatitis **273**
- Prevention *273*
- Hazard Control *274*
- Therapy, Rehabilitation, and Prognosis *278*
- Workers' Compensation *279*
- Medical Report *280*

15. Occupations Commonly Associated with Contact Dermatitis **282**
- Agriculture Workers *283*
- Construction Workers *285*
- Dental Workers *287*
- Electronics Workers *289*
- Florists *292*
- Food Workers *294*
- Hairdressers *296*
- Housekeeping Personnel *298*
- Machinists *300*
- Mechanics *302*
- Medical Workers *304*
- Office Workers *307*
- Photographers *309*
- Printers *310*
- Textile Workers *312*

Section 4: Additional Topics

16. Contact Urticaria **317**
- Pathogenesis *317*
- Clinical Aspects *318*
- Tests *320*
- Management *322*
- Contact Urticaria *322*

17. Contact Dermatitis in Children **326**
- Insert *328*

Appendix *329*

Index *335*