Contents

SECTION 1 CLINICAL SPECTRUM

1. **Clinical Spectrum of Cardiodiabetes: How Indians are Different** 3
   JPS Sawhney, Arjun Sreekumar, Saurabh Bagga
2. **Risk Factors for Cardiodiabetes** 7
   Sanjiv Sharma, Varsha Koul, Varun Gupta
3. **Cardiodiabetes in Children** 13
   IB Vijayalakshmi
4. **New Genes for Type 2 Diabetes: Indian Scenario** 20
   Om J Lakhani, Surender Kumar
5. **Stress and Cardiodiabetes** 25
   Satish Kr Gupta, Rahul Gupta
6. **Hypothyroidism and Cardiodiabetes** 36
   M Somasundaram, C Elamaran
7. **Cardiodiabetes and Insulin Resistance in Obesity: Clinical Relevance** 41
   Ajay Kumar Sinha, Anand Gopal, Dinanath Kumar, Shaheen Ahmad, Asim Perwez, Vikas Singh
8. **Anemia and Cardiodiabetes: Management Strategies** 46
   RK Saran, Mahim Saran, Vasudha Jain
9. **Endothelial Dysfunction in Atrial Fibrillation with Type 2 DM** 49
   Shishu Shankar Mishra, Biswaranjan Mishra, Satyanarayan Routray, Dipak Ranjan Das
10. **ACS, Cardiodiabetes, and Women** 55
    BP Singh, Ravi Vishnu Prasad, Nishant Tripathy, Nirav Kumar
11. **Coronary Artery Disease in Diabetes: How Different is It from Nondiabetics?** 62
    Binoy John
12. **Cardiodiabetes and Heart Failure in the Elderly** 66
    Thachathodiyl Rajesh, Umesh C Samal
13. **Prognosis of Heart Failure in Diabetes: Newer Perspectives** 74
    Jaideep C Menon, Umesh C Samal
14. **Cardiodiabetes Management and STEMI: Prognostication** 97
    PB Jayagopal, T Kallarakkal Jain

15. **Small Vessel CAD in Cardiodiabetes** 100
Arvind Sethi, Upendra Kaul

16. **Cardiodiabetes and Deep Venous Thrombosis** 105
Nagesh S Waghmare, Anil Kumar

17. **Pregnancy and Cardiodiabetes** 112
Ruchi Tandon

18. **Cardiodiabetes and Autonomic Insufficiency** 119
Ankit Bansal, Vivek Chaturvedi

19. **Cardiodiabetes and Pulmonary Embolism: Is the Outcome Different?** 126
Mrinal Kanti Das, Tapan Sinha

20. **Cardiodiabetes and Cutaneous Manifestations** 132
Gulshant Panesar

21. **Benidipine for Hypertension in Chronic Kidney Disease with Cardiodiabetes** 138
DS Rana

22. **Cardiorenal Diabetes: Triple Jeopardy** 145
Ramesh Hotchandani, Nikhil Bhat, Neelam Bisht, Abhimanyu Bhatia

23. **Contrast-induced Acute Kidney Injury** 150
Pawan K Sharma, Kapil Sharma, HK Chopra

24. **Cardiodiabetes and Hypertension: Double Jeopardy** 159
Praveen Jain, Mohammad Jibran

25. **Cardiodiabetes and Obstructive Sleep Apnea** 168
Avi Kumar, Tanu Satija, HK Chopra

26. **Cardiodiabetes and Mind-Heart Connection** 174
Chockalingam A, Chockalingam P, Chockalingam V

27. **Aortic Aneurysm Surgery in Cardiodiabetes: Is the Outcome Different?** 180
Jayesh Suresh, Anita Dhar, Anil Bhan

28. **Cardiodiabetes and Syncope** 183
Rakesh Varma, Rajat Jain

29. **Cardiodiabetes and Sexual Dysfunction** 188
Deepak K Jumani

30. **Cardiodiabetes and Erectile Dysfunction** 199
Naveen Garg, KK Kapur, HK Chopra

31. **Endothelial Cell Dysfunction in DM, HT and CAD, and Its Pathophysiology** 203
GS Sainani, Manisha Sawhney, Nitin Joshi, Aneesa Kapadia, Rajesh Sainani

SECTION 2 DIAGNOSIS

32. Current Status of Diabetic Cardiomyopathy 213
PC Mondal, Manotosh Panja, Madhumanti Panja

33. Insulin Therapy and Cardiodiabetes 220
Vitull K Gupta, Meghna Gupta, Varun Gupta

34. Echo-guided CRT in Cardiodiabetes 227
Rahul Mehrotra, Raj Kumar Dahiya, Meeta Maheshwari

35. Echocardiography in Diabetes 233
Srikanth Sola, Vatchsala Sree Varadharajan

36. Echo/Doppler Assessment of Increased Left-sided Filling Pressures and Diastolic Heart Failure in Patients with Normal Systolic Function in Cardiodiabetes 241
Omar Tageldin, Ahmed Abdelhaleem, Mohammed J Arisha, Ayman Battisha, Swetha Srialluri, Adel A Farhoud, Mohamed S Mahmoud, Hassan Kamel, HK Chopra, Navin C Nanda

37. 3D Echo and Cardiodiabetes 246
V Amuthan, RVA Ananth

38. Emergency Echocardiography in Cardiodiabetes 253
Rekha Mishra, Sanjeev Asotra, Krishna CK, Manish Bansal, HK Chopra

39. Diabetic Cardiomyopathy: Studies on Global Longitudinal Strain in Asymptomatic Diabetic Subjects 263
G Vijayaraghavan

40. Strain and Strain Rate Imaging in Cardiodiabetes 267
Nitin Burkule

41. Dobutamine Stress Echo for Coronary Artery Disease Evaluation in Diabetics 274
Naveen Garg, KK Kapur

42. Noninvasive Cardiovascular Imaging for Risk Assessment in Asymptomatic Diabetic Patients 290
Pawan K Sharma, HK Chopra

43. Value of Ankle–Brachial Index in Cardiodiabetes 299
Shraddha Ranjan, Manish Bansal, Ravi R Kasliwal, HK Chopra

44. Computed Tomography Evaluation of Abdominal Arterial Wall Calcification in Patients with Type 2 Diabetes Mellitus 305
Charu Paruthi, Shivya Tucker, HK Chopra, Reeta Kanaujiya, Gauri Gupta

45. Cardiac MRI: A Promise, Hope or Hype in Cardiodiabetes 309
Mona Bhatia

46. CT for CVD Evaluation in Cardiodiabetes 313
Priya Jagia, Arun Sharma, Kartik Ganga, Pankaj Kumar

47. Recent Advances in Nuclear Cardiology and Cardiodiabetes 321
GN Mahapatra, Mary Anne Joseph

48. Blood Pressure Variability in Cardiodiabetes 328
Rajan Joseph Manjuran, Sulthan Raslin Salih

49. Central Aortic Blood Pressure Evaluation for Hypertension in Cardiodiabetics 331
Bahekar Anurag D, George Koshy, K Venugopal

50. Telemedicine in Diabetes Management 336
Krishnam Raju P, Prasad SG

51. HbA1c: Clinical Relevance in Cardiodiabetes 342
AK Bali

52. Emerging Role of Cardiac Troponin in Cardiodiabetes 345
Arvind Lal, Nimmi Kansal

SECTION 3 MANAGEMENT STRATEGIES

53. Role of Yoga in Cardiodiabetes 351
SC Manchanda, Kushal Madan

54. Metabolic Effects of Antihypertensive Drugs 358
Mohsin Wali, C Venkata S Ram

55. Potential Role of Rosuvastatin in Cardiodiabetes 362
Saumitra Ray, Sumanta Chatterjee

56. Diabetic Hypertriglyceridemia: Management Strategies 370
HK Chopra, Ashok Jaiswal, Harmeet Singh

57. High-density Lipoprotein in Cardiodiabetes 378
Ruvan AI Ekanayaka

58. Glucose-lowering Strategies and Cardiovascular Outcomes 387
Apoorv Mittal

59. Improving CV Outcomes in Diabetes with New Antidiabetic Medications: A New Era has Begun 396
PC Manoria, Pankaj Manoria

60. Positioning of Once Weekly GLP–1- based Therapies for Whom and When? 405
Brij Mohan Makkar, Jugal Kishore Sharma

61. DPP-IV Inhibitors beyond Glycemic Efficacy 413
Geetha Subramanian, Balaji Lohiya, Vikas Agrawal, Aviraj Chaudhary

62. **Insulin Therapy and Cardiodiabetes in Critical Care** 418
Surabhi Awasthi, Nikhil Bhat

63. **Lixisenatide: A Cardiodiabetes Perspective** 427
Vijay Panikar, Jimit Vadgama, Tejas Kamat

64. **SGLT2-i Agents and Cardiovascular Diabetology** 430
Sanjay Kalra

65. **SGLT2-i for the Reduction of Cardiovascular Events in High-risk Patients with Diabetes Mellitus** 436
AK Pancholia

66. **Diabetes and Heart Failure: New Data on the Role of SGLT 2 Inhibitors—A Change of Concept?** 447
Tiny Nair, Akash Nair

67. **Bisoprolol: Is It Superior in Cardiodiabetes?** 450
Jamshed J Dalal

68. **Bisoprolol: A Choice of Beta Blocker in Hypertension and ACS in Cardiodiabetes** 455
CN Manjunath, Prabhavathi

69. **Bisoprolol in Heart Failure in Cardiodiabetes** 461
CK Ponde, Maulik Parekh

70. **Nebivolol for Hypertension in Cardiodiabetes** 466
Abhirup Chatterjee, Soumitra Kumar

71. **ARB for Hypertension in Cardiodiabetes** 471
Sandeep Bansal, Preeti Gupta

72. **CKD and Hypertension: Is Benidipine Beneficial?** 479
Asha Moorthy, T Kallarakkal Jain

73. **Azilsartan: Promise and Power for Hypertension in Cardiodiabetes** 481
Lal C Daga, Suman Bhandari

74. **Benidipine for Hypertension in Cardiodiabetes** 485
HK Chopra, Ravi R Kasliwal, Manish Bansal

75. **Azilsartan: A Molecule of First Choice for Hypertension in Cardiodiabetes** 491
HK Chopra, Viveka Kumar, AK Pancholia

76. **Superiority of Telmisartan: ARB, the First Choice in Cardiodiabetes** 499
Kajal Ganguly, Santanu De, Auriom Kar, Biswadev Basu

77. **ARNI in Heart Failure with Cardiodiabetes: The Way Forward** 505
Srikant Sharma, Surabhi Chhabra

78. **Indapamide versus Hydrochlorothiazide versus Chlorthalidone in Cardiodiabetes** 514
Debabrata Roy, Md Saiyed Rana

79. **Polypill for Cardiovascular Protection in Diabetes** 519
Jugal Bihari Gupta, Rajeev Gupta

80. **Clopidogrel in Patients of Diabetes with Acute Coronary Syndrome** 525
A Gupta, MP Girish, Mohit D Gupta

81. **Acute Coronary Syndrome in Cardiodiabetes: Is It Different?** 533
Gaurav Mohan, Ravina Sharma, GS Wander

82. **Newer Drugs in Heart Failure and Changes in Our Clinical Approach** 538
Vatchsala Sree Varadharajan

83. **Role of Oral Anticoagulants in Atrial Fibrillation with Cardiodiabetes** 543
Chetan P Shah, Priyank Mody

84. **Low-molecular-weight Heparin in Acute Coronary Syndrome in Cardiodiabetes** 550
Jabir A, Sajan Ahmad

85. **Myocardial Bridging** 554
Pawan K Sharma, HK Chopra

86. **Benidipine for Hypertension in STEMI with Cardiodiabetes** 563
Viveka Kumar, Vivek Kumar

87. **Thrombolytic Therapy of Choice in STEMI with Cardiodiabetes** 566
KN Srinivasan, I Sathyamurthy

88. **Tenecteplase and ST-elevation Myocardial Infarction with Cardiodiabetes** 572
SS Iyengar

89. **Cardiodiabetes and Stroke** 575
Neeraj Tyagi

90. **Hemorrhagic Stroke and Cardiodiabetes** 580
Sanjeev Kumar

91. **Prognostication of STEMI in Cardiodiabetes** 592
Kewal C Goswami, Deepti Siddharthan

92. **Management of Hypertension in Diabetes: Special Consideration** 596
Naveen Mittal, Rohin Vinayak, GS Wander

93. **Benidipine: A New Calcium Channel Blocker for Management of Hypertension and Angina in Cardiodiabetes** 600
CK Ponde, Maulik Parekh

94. **Azilsartan for Hypertension Management in Cardiodiabetes** 604
Harsh Wardhan, Nitin Aggarwal

95. **Need for Registry of Cardiodiabetes in India** 610
PP Mohanan

96. **Nonpharmacological Management of Cardiodiabetes** 614
Dharmendra Jain, Geetha Subramanian, Aviraj Chaudhary

97. **Maternal Diabetes Mellitus and Fetal Cardiac Malformations: Antenatal and Postnatal Management and Outcome** 619
Smita Mishra, Neha Gupta

98. **Role of Enhanced External Counterpulsation: Future Perspectives** 625
Sanjay Mittal, S Ramasamy

SECTION 4 NUTRACEUTICAL AND OBESITY CARE

99. **Role of Vitamin D as Cardioprotection Strategy: Hope or Hype?** 637
Vinod Sharma, Hakim Irfan Showkat

100. **Omega-3 Fatty Acids and Cardiovascular Disease** 643
Pawan K Sharma, HK Chopra

101. **Role of Red Yeast Rice and Phytosterols in Dyslipidemia** 655
Pawan K Sharma, Paul N Hopkins, HK Chopra

102. **Meal Replacement Therapy for Obesity Care in Cardiodiabetes** 663
Shashank R Joshi

103. **Ideal Edible Oil in Cardiodiabetes** 667
Shashank R Joshi

104. **Cardiodiabetic Diet** 674
Rekha Sharma

SECTION 5 ARRHYTHMIA MANAGEMENT

105. **Cardiodiabetes and Heart Rate Variability** 683
Vidyut Jain, Avani Jain

106. **Natural History of Atrial Fibrillation in Cardiodiabetes: Is it Different?** 688
Ashokan Nambiar

107. **Atrial Fibrillation: Management Strategies in Cardiodiabetics** 690
Satya Nand Pathak

108. **Ventricular Tachycardia in Heart Failure with Cardiodiabetes** 701
Rohit Walia

109. **Sudden Cardiac Death in Patients with Diabetes Mellitus: Prevalence, Predictors and Preventive Strategies** 707
S Shanmugasundaram

110. **Prevention of Sudden Cardiac Death in Cardiodiabetes** 712
Rabin Chakraborty, Arindam Pande

111. **Pacing in Cardiodiabetes** 717
Deep Chandh Raja, Ulhas M Pandurangi

112. **Radiofrequency Ablation in Atrial Fibrillation in Cardiodiabetes** 721
Viveka Kumar, Rajendra Kumar Agarwal

113. **LA Appendage Closure for AF in Cardiodiabetes: Is the Outcome Different?** 725
Balbir Singh

114. **AICD after Cardiac Arrest in Cardiodiabetes** 729
Rajeeve Kumar Rajput

SECTION 6 INTERVENTION

115. **Coronary Interventions in Cardiodiabetes Prognostication** 739
Harinder K Bali, Hiteshi KC Chauhan

116. **Primary PCI for STEMI in Cardiodiabetes: What is the Outcome?** 751
Shirish (MS) Hiremath, Gaurav M Ganeshwala

117. **Optimizing Results of Percutaneous Coronary Intervention in Multivessel Disease with Diabetes** 757
Dev Pahlajani

118. **STEMI Management in Diabetes Mellitus: Is it Different?** 762
Santanu Guha, Sumanta Chatterjee

119. **CTO with STEMI in Cardiodiabetes: Is the Outcome Different?** 769
Satyendra Tewari, Ankit Kumar Sahu

120. **Coronary Intervention in Venous Grafts in Diabetes** 774
Aniruddha Pawar, Prafulla Kerkar

121. **Cardiodiabetes and Peripheral Vascular Interventions** 781
NN Khanna, Suparna Rao

122. **Cardiodiabetes and Vasculopathy** 794
Sameer Shrivastava, Biswajit Paul

123. **Cardiodiabetes and Carotid Artery Interventions** 799
Aditya Kapoor, Arpit Agarwal

124. **Coronary Revascularization in Diabetics** 805
Brian Pinto, Neeraj Desai, Kunal Sinkar, Dinesh Parikh

125. **Endovascular Intervention in Stroke in Cardiodiabetes: New Frontiers** 813
Chandril Chugh

SECTION 7 CARDIAC SURGERY

126. Coronary Artery Bypass Grafting in Cardiodiabetes 821
OP Yadava

127. Cardiac Surgery and Diabetes 828
Yugal Mishra, Jatin Yadav

128. ECMO for Cardiodiabetes 835
Poonam Malhotra Kapoor, Shivani Aggarwal

SECTION 8 REHABILITATION

129. Cardiac Rehabilitation in Cardiodiabetes 847
Aashish Contractor, Sagri Negi

130. Post-STEMI Intervention: Rehabilitation in Cardiodiabetes 853
JPS Sawhney, Kushal Madan, Simran Sawhney

131. Role of Nurses in a Structured Manner for Cardiac Rehabilitation in Cardiodiabetes 857
Harvinder Kaur

SECTION 9 FUTURE DIRECTIONS

132. Type 2 Diabetes and Coronary Artery Bypass Grafting: Relation and Outcomes 865
Naresh Trehan, Jasjeet S Wasir, Tarannum Bano, Paras Aggarwal

Index *873*