Contents

SECTION 1: CONCEPT OF INTENSIVE CARE

1. **Setting Up of Pediatric Intensive Care Unit** 3
   Seany T Varghese, S Sushamabai
2. **Daily Routine in PICU** 9
   Seany T Varghese, S Sushamabai
3. **PICU Rounds and Documentation** 11
   Seany T Varghese, S Sushamabai
4. **Communication in PICU** 16
   Seany T Varghese, S Sushamabai
5. **Ethics in PICU** 18
   Seany T Varghese, S Sushamabai

SECTION 2: RESUSCITATION

6. **Pediatric Basic Life Support** 23
   P Jayasree, S Sushamabai
7. **Pediatric Advanced Life Support** 31
   P Jayasree, S Sushamabai
8. **Rapid Sequence Intubation** 41
   P Jayasree, S Sushamabai
9. **Resuscitation Equipment and Drugs** 47
   P Jayasree, S Sushamabai
10. **Post-resuscitation Care** 50
    P Jayasree, S Sushamabai
11. **Anaphylaxis** 54
    S Sushamabai
12. **Oxygen Therapy** 58
    P Jayasree, S Sushamabai

SECTION 3: DETECTION OF THE ACUTELY ILL CHILD

13. **Assessment in the Emergency Room** 67
    S Sushamabai
14. **Clinical Scoring Systems** 70
    S Sushamabai

15. Arterial Blood Gas Analysis **74**
S Sushamabai

SECTION 4: RESPIRATORY SYSTEM

16. Mechanical Ventilation **83**
Carol Sara Cherian, S Sushamabai

17. Foreign Body Obstruction of the Airway **93**
S Sushamabai

18. Acute Stridor **95**
Carol Sara Cherian, S Sushamabai

19. Acute Asthma **100**
Carol Sara Cherian, S Sushamabai

20. Acute Bronchiolitis **106**
S Sushamabai

21. Pneumonia **111**
Carol Sara Cherian, S Sushamabai

22. Empyema **116**
S Sushamabai

23. Pneumothorax and Pneumomediastinum **120**
Carol Sara Cherian, S Sushamabai

24. Acute Respiratory Distress Syndrome **124**
S Sushamabai

SECTION 5: CARDIOVASCULAR SYSTEM

25. Shock **129**
S Sushamabai

26. Cardiac Arrhythmias **137**
Carol Sara Cherian, S Sushamabai

27. Congestive Heart Failure **143**
S Sushamabai

28. Hypercyanotic Attacks (Tet Spells) **147**
S Sushamabai

29. Viral Myocarditis **150**
S Sushamabai

30. Rheumatic Carditis **154**
S Sushamabai

31. Pericardial Effusion **158**
S Sushamabai

32. Hypertensive Crisis **161**
S Sushamabai

SECTION 6: NERVOUS SYSTEM

33. Raised Intracranial Pressure **167**
Manju George Elenjickal, S Sushamabai

34. Comatose Child **171**
S Sushamabai

35. Status Epilepticus **176**
Manju George Elenjickal, S Sushamabai

36. Encephalitis **182**
Manju George Elenjickal, S Sushamabai

37. Acute Bacterial Meningitis **185**
S Sushamabai

38. Tuberculous Meningitis **188**
S Sushamabai

39. Guillain–Barré Syndrome **191**
Manju George Elenjickal, S Sushamabai

40. Acute Disseminated Encephalomyelitis **194**
S Sushamabai

41. Myasthenic Paralysis **197**
Manju George Elenjickal, S Sushamabai

42. Subdural Empyema **201**
S Sushamabai

43. Acute Stroke in Children **204**
Manju George Elenjickal, S Sushamabai

44. Intracranial Hemorrhage **208**
S Sushamabai

45. Head Injury **212**
S Sushamabai

46. Pain Management and Sedation **216**
Manju George Elenjickal, S Sushamabai

47. Brain Death and Legal Aspects **221**
Manju George Elenjickal, S Sushamabai

SECTION 7: ENDOCRINE AND METABOLIC EMERGENCIES

48. Diabetic Ketoacidosis **227**
S Sushamabai

49. Acute Adrenocortical Insufficiency **232**
S Sushamabai

50. Puberty Menorrhagia **235**
S Sushamabai

51. Diabetes Insipidus **239**
S Sushamabai

52. Thyroid Crisis **242**
S Sushamabai

53. Disorders of Electrolyte Metabolism **244**
S Sushamabai

54. Hyperammonemia **260**
S Sushamabai

55. Approach to Inborn Errors of Metabolism **265**
S Sushamabai

56. Heat Stroke **268**
Manju George Elenjickal, S Sushamabai

57. Severe Acute Malnutrition **272**
S Sushamabai

58. Intravenous Fluid Therapy **278**
S Sushamabai

SECTION 8: RENAL SYSTEM

59. Acute Kidney Injury **285**
S Sushamabai

60. Renal Tubular Acidosis **291**
S Sushamabai

61. Hematuria **295**
S Sushamabai

62. Acute Pyelonephritis **298**
S Sushamabai

SECTION 9: GASTROINTESTINAL SYSTEM

63. Fulminant Hepatic Failure **305**
Carol Sara Cherian, S Sushamabai

64. Reye Syndrome **311**
S Sushamabai

65. Acute Diarrhea and Dehydration **314**
Carol Sara Cherian, S Sushamabai

66. Gastrointestinal Bleeding **321**
Carol Sara Cherian, S Sushamabai

67. Acute Pancreatitis **327**
S Sushamabai

68. Ascites **332**
S Sushamabai

SECTION 10: INFECTIOUS DISEASES

69. Dengue Shock Syndrome **339**
S Sushamabai

70. Fulminant Meningococcemia **346**
S Sushamabai

71. Toxic Shock Syndrome **349**
S Sushamabai

72. Malaria **352**
S Sushamabai

73. Leptospirosis **358**
S Sushamabai

74. Rickettsial Infections **361**
S Sushamabai

75. Invasive Fungal Infections **364**
S Sushamabai

76. Hospital-acquired Infections **370**
S Letha, S Sushamabai

SECTION 11: CONNECTIVE TISSUE DISORDERS

77. Kawasaki Disease **377**
S Sushamabai

78. Macrophage Activation Syndrome **381**
S Sushamabai

SECTION 12: HEMATOLOGY ONCOLOGY

79. Blood and Blood Component Therapy **387**
S Sushamabai

80. Transfusion Reactions **391**
Bibin Sajan, S Sushamabai

81. Intravenous Immunoglobulin Therapy **395**
S Sushamabai

82. Hemolytic Uremic Syndrome **399**
N Krishnan Nampoothiri, S Sushamabai

83. Disseminated Intravascular Coagulation **402**
N Krishnan Nampoothiri, S Sushamabai

84. Sickle Cell Crisis **405**
N Krishnan Nampoothiri, S Sushamabai

85. Hemophilias **409**
S Sushamabai

86. Oncologic Emergencies **413**
P Jayasree, S Sushamabai

87. Anticoagulant and Thrombolytic Therapy **416**
N Krishnan Nampoothiri, S Sushamabai

SECTION 13: ACCIDENTS, POISONING, AND ENVENOMATION

88. Drowning and Submersion Injuries **423**
S Letha, S Sushamabai

89. Burn Injuries **427**
S Letha, S Sushamabai

90. Inadvertent Intra-arterial Injection **431**
Bibin Sajan, S Sushamabai

91. Hanging **434**
Manju George Elenjickal, S Sushamabai

92. Cold Injuries **438**
Manju George Elenjickal, S Sushamabai

93A. Poisoning in Children **442**
S Sushamabai

93B. Other Poisonings: Symptomatology and Management **447**
S Sushamabai

94A. Snake Envenomation **452**
S Sushamabai

94B. Scorpion Envenomation **457**
S Letha, S Sushamabai

94C. Bee and Wasp Stinging **461**
S Letha, S Sushamabai

95. Rat-bite Fever **464**
S Sushamabai

SECTION 14: NEONATOLOGY

96. Handwashing and Sepsis Prevention **469**
Jacob Abraham, S Sushamabai

97. Care of the Normal Newborn **471**
Jacob Abraham, S Sushamabai

98. Danger Signs in the Newborn **474**
Jacob Abraham, S Sushamabai

99. Neonatal Hypothermia **475**
Jacob Abraham, S Sushamabai

100. Neonatal Resuscitation **478**
Ingale Vinod C, Mathew Varghese, Jacob Abraham

101. Neonatal Ventilation **482**
Ingale Vinod C, Mathew Varghese, Jacob Abraham

102. Fluid Therapy in Newborns **488**
Jacob Abraham, S Sushamabai

103. Admission to the Neonatal Intensive Care Unit **491**
Jacob Abraham, S Sushamabai

104. Neonatal Convulsions **493**
Jacob Abraham, S Sushamabai

105. Neonatal Hypoglycemia **496**
Jacob Abraham, S Sushamabai

106. Neonatal Hypocalcemia **498**
Jacob Abraham, S Sushamabai

107. Neonatal Jaundice **500**
Jacob Abraham, S Sushamabai

108. Neonatal Sepsis **505**
Jacob Abraham, S Sushamabai

109. Apnea in Newborns **509**
Jacob Abraham, S Sushamabai

110. Bleeding Neonate **512**
Jacob Abraham, S Sushamabai

111. Anemia in Newborns **514**
Jacob Abraham, S Sushamabai

112. Neonatal Transport **518**
Jacob Abraham, S Sushamabai

113. Discharge Protocol **520**
Jacob Abraham, S Sushamabai

114. Audiology Screening in Neonates **522**
Jacob Abraham, S Sushamabai

115. Visual Screening in Newborns **524**
Jacob Abraham, S Sushamabai

SECTION 15: PROCEDURES

116. Lumbar Puncture **529**
S Sushamabai

117. Central Venous Access **532**
S Sushamabai

118. Peripheral Arterial Cannulation **536**
S Sushamabai

119. Intraosseous Access **539**
S Sushamabai

120. Needle Thoracocentesis **541**
S Sushamabai

121. Pericardiocentesis **543**
S Sushamabai

122. Ascitic Fluid Tap **545**
S Sushamabai

123. Suprapubic Urine Aspiration **547**
S Sushamabai

124. Liver Biopsy **549**
S Sushamabai

SECTION 16: PEDIATRIC DRUG FORMULARY

125. Pediatric Drug Formulary **555**
S Sushamabai

Index *569*