Contents

1. **Allergy: Public Health Issue** 1
2. **Allergy Immunology** 16
3. **Aerobiology** 31
4. **Respiratory Allergies** 77
   - *4.1 Allergic rhinitis 78*
   - *4.2 Sinusitis 92*
   - *4.3 Otitis media 104*
   - *4.4 Asthma 112*
5. **Anaphylaxis** 143
6. **Gastrointestinal Allergies** 160
   - *6.1 Milk allergy 160*
   - *6.2 Food allergy 167*
7. **Skin Allergies** 179
8. **Other Allergies** 213
9. **Approach to an Allergic Patient** 248
10. **Allergy Testing: Allergen Identification** 255
11. **Allergy Testing: Supportive Investigations** 272
12. **Newer Allergy Tests** 291
13. **Management of Allergies** 297
14. **Complementary Medicine in Allergy** 306
15. **Myths and Beliefs about Allergies** 313
16. **Allergy: Future Perspectives** 335

N Gupta.indb 17 4/15/2019 5:01:57 P

Annexure I: Algorithmic Approaches

- *Multi-model approach for allergic disorders 337*
- *Approach to a child with allergic symptoms 338*
- *Approach to a child with suspected milk allergy 339*
- *Approach to a patient with suspected adverse food reaction 340*
- *Immunotherapy (IT) algorithm 341*
- *Approach to a child with hypereosinophilia 342*
- *Approach to a child with atopic dermatitis 343*
- *Approach to a patient with suspected insect hypersensitivity 344*
- *High total IgE levels—differentials 345*
- *Approach to a child with anaphylaxis 346*
- *Approach to a patient with chronic urticaria 347*

Annexure II: Pharmacotherapy

- *Allergic rhinoconjunctivitis 348*
- *Angioedema 349*
- *Asthma 350*
- *Topical steroid potency chart 352*
- *Urticaria 353*

Index *355*