Contents

1. Laboratory 1

- Primary Laboratory *1*
- Secondary Laboratory *2*
- Tertiary Laboratory *2*
- Laboratory Set-up *2*
- Code of Conduct for Medical Laboratory Personnel *4*
- Accidents *5*
- Signs for Medical Laboratories *6*
- Accidents in the Laboratory *9*
- Universal Work Precautions for Laboratory Personnel (Especially in Relation to HIV Transmission) *12*
- Medicolegal Aspects of Clinical Practice *14*
- Laboratory Instruments *14*

2. Sterilization 24

- Methods Commonly Used for Sterilization *24*
- Modern Day Disinfection (Commercially Available from Bioshields) *28*
- Mechanisms to Assure Safety after Listing Areas with Suitable Disinfectants *30*

Annexure I: Fumigation Protocol Fogging Protocol of Silvicide™ Using Biostar ULV Fogger 33

- Prefogging *33*
- Instrument (Biostar ULV Fogger) Preparation *33*
- Postfogging *33*
- Precautions While Using Silvicide and Cleaning of Machine *33*

3. SI Units 34

- Liter *34*
- Gram *34*
- Mole (MOL) *35*
- International Unit (U) *35*
- Conversion Factors between Conventional and System International Units (SIU) *35*

4. Fundamental Chemistry 42

- Indicators *42*
- Strength of a Solution *42*

5. Urine Analysis 48

- Composition of Urine *48*
- Gross Examination of Urine *49*
- Chemical Examination of Urine *51*
- Multiple Reagent Strips for Urinalysis *59*
- Automation in Urinalysis *61*
- Microscopy of the Urinary Sediment *62*
- Common Patterns of Abnormal Urine Composition in Disease *70*

6. Renal Function and its Evaluation 73

- Renal Physiology in Brief *73*
- Functions of the Kidney *73*
- Concentration: Dilution Tests *73*
- Phenol Red Test (Phenolsulfonphthalein) *74*
- Clearance Tests *75*
- Principles of Precise Tests of Renal Function *75*

7. Stool Examination 77

- Specimen Collection *77*
- Inspection of Feces *77*
- Pus *78*
- Mucus *78*
- Odor and pH *78*
- Blood *79*
- Tests for Occult Blood *79*
- Occult Blood (Hemospot®) *80*
- Fecal Fat *81*
- Other Methods of Assessing Malabsorption *82*
- Microscopic Examination of Stool Specimens *82*
- Stool Concentration Methods *82*

8. Medical Parasitology 84

- Medical Parasites *84*
- Intestinal Protozoa of Man *84*
- Malarial Parasites of Man *93*
- Blood Flagellates of Man *103*
- Common Intestinal Roundworms of Man—Pathology *112*
- Extraintestinal Roundworm Infection of Man-Larval Worm Pathology *112*
- Tissue Roundworms of Man, Chiefly Filariae *118*
- Tapeworms of Man *123*
- Flukes of Man *131*
- Recapitulation—Parasitology at a Glance *135*
- Laboratory Examination for Parasites *144*

9. Clinical Hematology 148

- Ways of Obtaining Blood *148*
- Anticoagulants *149*

- Hemoglobin *151*
- Anemia *152*
- Polycythemia *153*
- Hematocrit/Packed Cell Volume *153*
- Blood Cell Counts *154*
- Erythrocyte Indices *157*
- Complete Blood Count, Blood *157*
- Erythrocyte Sedimentation Rate *159*
- Blood Film Examination *161*
- Rapid Diagnostics *163*
- Development of Blood Cells Sites of Blood Formation *165*
- Reticulocyte Count *171*
- Red Cell Fragility Test *174*
- Qualitative Assessment of G6PD Deficiency *175*
- Examination of Fetal Hemoglobin *175*
- Laboratory Diagnosis of Disorders Related to RBCs *177*
- Laboratory Diagnosis of Megaloblastic Macrocytic Anemias *178*
- Laboratory Diagnosis of Hemolytic Anemias Causes and Classification of Hemolytic Anemias *180*
- Laboratory Diagnosis of Aplastic Anemia *184*
- Normal White Cell Values and Physiological Variations *186*
- White Blood Cells *189*
- Laboratory Diagnosis of Infectious Mononucleosis *190*
- Paul Bunnel Test for Heterophile Antibody *190*
- Lupus Erythematosus (LE) Cell/Phenomenon *190*
- Classification of Acute Myelomonocytic Leukemias *190*
- Laboratory Diagnosis of Leukemias *191*
- Acute Leukemias, Laboratory Diagnosis *193*
- Chronic Myeloid Leukemia *194*
- Chronic Lymphocytic Leukemia (CLL) *194*
- Paraproteinemias *194*
- Polycythemia Vera *194*
- Myelosclerosis *195*
- Quality Control in Hematology *195*

10. Clinical Hematology Bleeding Disorders 197

- Platelets, Coagulation and Bleeding Disorders: Laboratory Investigations *197*
- Laboratory Diagnosis of Platelet Disorders *197*
- Quality Assurance for Routine Hemostasis Laboratory *201*
- Buffered 3.2% Citrate Solution Available Commercially (PROFACT) *203*
- Clotting Mechanism/Cascade System *205*
- Classic Extrinsic Pathway *206*
- APTT/PTTK Cephaloplastin Reagent for Partial Thromboplastin Time Determination Using Ellagic Acid AS Activator Liquicecin-E® *207*
- Dilute Blood Clot Lysis Time *210*
- FDPs *210*
- Laboratory Diagnosis of Coagulation Disorders *212*
- Automation in Coagulation Analysis *212*

11. Blood Banking (Immunohematology) 215

- Blood Group Antibodies *215*
- Anti-A, Anti-B, Anti-A, B Blood Grouping Antisera for Slide and Tube Tests *217*
- ABO Grouping *219*
- Rh Blood Group System *220*
- Antihuman Globulin Test *221*
- Antihuman IgG Monospecific Coombs' Reagent for Direct and Indirect Antiglobulin Test *224*
- Antihuman Globulin Reagent for Direct and Indirect Antiglobulin Tests *225*
- Blood Transfusion *227*

12. Cerebrospinal and Other Body Fluids 235

- Cerebrospinal Fluid *235*
- Synovial Fluid *240*
- Pleural Fluid *241*
- Pericardial Fluid *242*
- Peritoneal Fluid *243*
- Amniocentesis and Amniotic Fluid Analysis, Diagnostic *244*

13. Semen Analysis 247

- Semen Examination *247*

14. Sputum Examination 252

- Specimen Collection *252*
- Specimen Examination *252*
- Common Respiratory Disorders *253*

15. Pregnancy Tests 257

- Immunologic Methods *257*
- Slide Test for Pregnancy *257*
- ELISA Pregnancy Test *257*
- Device ICT Pregnancy Test *261*
- Device ICT Urine/Serum Pregnancy Test *262*

16. Examination of Gastrointestinal Contents 265

- Normal Saliva—Constituents *265*
- Gastric Juice *265*
- Examination of Duodenal Contents *266*
- Composition of Bile *266*

- Pancreatic Function Tests *267*
- Sweat Electrolytes Pilocarpine Iontophoresis *268*

17. Diabetes Mellitus Laboratory Diagnosis 269

- Diabetes Mellitus *269*
- Rapid Diagnostics *278*

18. Liver Function Tests 279

- Tests of Excretion by the Liver *279*
- Evaluation of Synthesis in Liver *281*
- Evaluation of Enzyme Activity *282*
- Suggested Liver Function Tests *283*

19. Clinical Chemistry 285

- Colorimetry *285*
- Photometer *286*
- Clinical Chemistry *288*
- Blood Urea Nitrogen *290*
- Plasma or Serum Creatinine *293*
- Serum Bilirubin *294*
- Total Proteins *297*
- Serum Albumin *297*
- Serum Cholesterol *299*
- HDL Cholesterol *301*
- HDL Cholesterol PPT Set (PEG Precipitation Method) *303*
- LDL-Cholesterol Fully Enzymatic, Colorimetric Test *304*
- Triglycerides (GPO/PAP Method) *306*
- Blood Glucose *307*
- Uric Acid *308*
- Calcium *309*
- Phosphorus *312*
- Chloride *315*
- Serum Iron and TIBC *316*
- Trace Elements *317*
- Zinc *318*
- Zinc *318*
- Copper *319*
- Magnesium *320*
- Automation in Clinical Chemistry *322*
- Principles of Quality Assurance and Standards for Clinical Chemistry *327*

20. Enzymology 331

- α-Amylase *331*
- Lipase *332*
- Phosphatases *333*
- Alkaline Phosphatase *334*
- Acid Phosphatase *336*
- Transaminases *337*
- Gamma-Glutamyl Transpeptidase (GGTP) Blood *341*
- Lactic Dehydrogenase *342*
- Lactic Dehydrogenase *342*
- Automation in Clinical Chemistry Random Access Auto Analyzer *348*

21. Blood Gases and Electrolytes 349

- Blood Gases *349*
- Automation in Blood Gas Analysis *355*
- Electrolytes *356*
- Rapid Diagnostics in Electrolyte Analysis *357*

22. Serology/Immunology 359

- Basic Immunology *359*

Technologies 362

- Rapid Immunochromatographic Techniques *362*
- Enzyme Immunoassay *363*
- Chemiluminescence: The Technology *370*
- Polymerase Chain Reaction *372*

Representative ELISA/CLIA Techniques 375

- ELISA/CLIA Analyte Determination Principles *375*
- Hepatitis Markers *396*
- One-step Test for HBsAG *397*
- Viral Hepatitis C *398*
- Toxoplasma Infections *400*
- Human Immunodeficiecny Virus *401*
- Rapid Immunoconcentration Test for HIV-1 and HIV-2 Antibodies Flow through Method *409*
- Rapid Test for Simultaneous/Differential Detection of Total Antibodies to HIV-1 and HIV-2 in Human Serum/Plasma *411*

Tuberculosis 413

- Mycobacterium Tuberculosis *413*

Gold Standard Diagostic Approach is Based on RTPCR Investigations 414

- Tumor Markers *414*

23. Diagnostic Immunology: Nonenzymatic, Quantitative Techniques Turbidimetry 418

- Turbidimetry *418*
- Turbidimetric Immunoassay for Determination of Rheumatoid Factors Quantia RF® *421*
- C-reactive Protein *425*
- Turbidimetric Immunoassay for Determination of C-reactive Protein, Quantia CRP® *427*
- Turbidimetric Immunoassay for Ultrasensitive Determination of C-reactive Protein/Quantia CRP-US® *429*
- Turbidimetric Immunoassay for Determination of Antistreptolysin "O" in Human Serum/Quantia ASO® *431*
- Microalbuminuria *433*

- Immunoglobulins (IG) *434*
- Automation in Turbidimetry *435*
- Troubleshootings *435*

24. The Endocrine System 437

- Pituitary Gland *437*
- Anterior Lobe: Growth Hormone *438*
- Method of Evaluation: Streptavidin Biotin ELISA *438*
- Growth Hormone *439*
- Corticotrophin *441*
- Other Anterior Pituitary Hormones: TSH *442*
- Follicle-stimulating Hormone *442*
- Luteinizing Hormone *442*
- Prolactin *442*
- Intermediate Lobe (PARS Intermedia) *442*
- Posterior Pituitary (Neurohypophysis) *442*
- Antidiuretic Hormone *442*
- Oxytocin *443*
- Feedback Mechanism *443*
- Disorders of the Pituitary System *443*
- Hypothalamus *443*
- Adrenal (Suprarenal) Gland *444*
- Mineralocorticoids *444*
- Glucocorticoids *444*
- Adrenal Medulla *445*
- Thyroid *445*
- Calcitonin *448*
- Parathyroid *448*
- Pancreas *449*
- Testes *449*
- Ovary *450*
- Adrenal Cortex *452*
- Adrenal Medulla *453*
- Testes *454*
- Steroids: Estriol *455*
- **17-β-Estradiol *455***
- **Dehydroepiandrosterone Sulfate (DHEA-S) *455***
- **Δ4-androstenedione *456***
- **Progesterone *456***
- **17αOH Progesterone *456***
- **Total Triiodothyronine (T3) *456***
- **Total Thyroxine (T4) *457***
- **Electra™ TSH *458***

25. Histopathology and Immunohistochemistry 462

- **Preparation of Tissues *462***
- Automation in Histopathology *466*
- Immunohistochemistry *468*

26. Cytology 480

- Papanicolaou Method of Staining Smears (Modified) *480*
- Fine Needle Aspiration Cytology *481*
- Smearing Techniques *481*
- Requirements for Laboratory Setup *482*
- Automation in Cytology *484*

27. Microbiology and Bacteriology 491

- Classification *491*
- Rapid Two Step Cold AFB Stain Novachrom® *494*
- General Instructions for Microbiology *503*
- Gram-Positive Cocci *504*
- Gram-Negative Cocci *505*
- Anaerobic Spore Bearing Bacilli *505*
- Aerobic Spore Forming Bacilli *507*
- Gram-Positive Bacilli *507*
- Mycobacteria *508*
- Overview of *M. Tuberculosis* Diagnostic Approach AFB Staining, Culture and Sensitivity *510*
- Rapid Two Step Cold AFB Stain Novachrom® *512*
- Ready to Use LJ Solid Medium for *Mycobacterium Tuberculosis* Isolation Mycocult® *514*
- Determination of Adenosine Deaminase Activity in Serum, Plasma and Biological Fluids ADA-MTB® *517*
- Gram-Negative Bacilli *518*
- Spirochetes *523*
- Quality Assurance in Bacteriology *530*

28. Mycology 534

- Superficial Mycoses and Dermatophytes *534*
- Intermediate Superficial Deep Mycoses *534*
- Deep or Systemic Mycoses *534*
- Fungi Usually Present as Contaminants but Which Rarely Cause Disease—Usually in Patients Chronically ill from Other Diseases *535*
- Mycological Methods *535*

29. Diagnostic Skin Tests 536

- Technique of Skin Tests *536*
- Immunologic Basic for Skin Tests *536*
- Common Skin Tests *536*

30. Cytogenetics 540

- Blood Lymphocyte Culture *540*
- Karyotyping *541*
- G and Q Bandings *542*
- Importance of Chromosomal Studies *543*
- Barr Body Analysis Buccal Smear for Staining Sex Chromatin Mass *543*

31. Instrumentation, Automation and Point of Care Testing 544

- Lateral Flow Fluorescence Immunoassay *544*
- Fluorescence Immunoassay (FIA) *544*
- Polymerase Chain Reaction in Clinical Diagnosis (As Point-of-Care Investigation System) *548*
- TrueNat Platform *552*
- Automation in Health Care *552*
- Current Technology and the Future *554*
- GR8LAB *554*
- Coralab Touch *555*
- BT1500 *555*
- Councell Penta 2.0 *556*
- Councell 23 Excel *557*
- Coralyzer Smart *557*
- Coralyzer Junior *558*
- Turbodyne SC *558*

Appendix: Analyte Stabilities 561

Index* *571