Contents

Chapter 1: Surgical Team 1

- Members of a Surgical Team *2*
- Job Descriptions *2*
- Unskilled Personnel in Operating Room *6*
- Indian Scenario: A Small Setup *7*
- Coordinator of the Team *7*
- Recommended Minimum Requirements for Safe Anesthetic Practice in India *9*

Chapter 2: Role of Anesthesia Technician in Assisting the Anesthesiologist 12

- Importance of Anesthesia Technician *12*
- Setting Up an Intravenous Line (IV Line) *14*
- Other Assistance *26*
- Full Stomach *27*

Chapter 3: Operating Table and Positions for Surgeries 30

- Operating Table and its Components *30*
- Positions for Various Surgeries and the Caution Required for Each Position *31*

Chapter 4: Operating Department 40

- Operating Department *41*
- Access Zones *41*
- Patient Transport *44*
- Supplies *44*
- Design *45*
- Types of Operating Departments *45*
- Construction of Operating Room *45*
- Lighting *46*
- Operation (Task) Area Illumination *47*
- Pendant Services *48*
- Ventilation *48*
- Storage *51*
- Operating Theater Discipline and Asepsis *51*
- Surgical Hand Disinfection (Scrub-up) *53*
- Draping *57*
- Delivery of Sterile Supplies *57*

Chapter 5: Anesthetic Machine 58

- Anesthetic Machine *58*
- Compressed Gas Cylinders *59*
- Flush Valve and Pin Index *62*
- Flowmeters (Rotameter) *67*
- Vaporizers *69*
- Checking the Anesthetic Machine *73*
- Worktop of Anesthetic Machine *73*

Chapter 6: Anesthetic Breathing System (Breathing Circuits) and Accessories 75

- Breathing Systems (Breathing Circuits) *75*
- Open, Semiopen, Semiclosed, and Closed Systems *75*
- Classification of Semiclosed and Closed Systems (Nonrebreathing and Rebreathing Systems) *76*
- Mapleson's Classification (Nonrebreathing Systems) *76*
- Magill's Breathing System (Mapleson's A System) *76*
- Bain's Breathing System (Mapleson D) *78*
- Ayre's T-Piece (Mapleson's E System) *79*
- Closed Breathing Systems (Rebreathing Systems) *81*
- Carbon Dioxide Absorption *81*
- "To and Fro" Breathing System *83*
- "Circle" Closed Breathing System (Circle Absorber) *84*
- Soda Lime Canisters *84*
- Unidirectional Valves and Corrugated Tubes *86*
- Catheter Mount and Connectors *87*
- Face Masks *88*
- Laryngoscope *91*
- Endotracheal Tubes *92*
- Special Tubes for Special Purposes *93*
- Artificial Airways *96*

Chapter 7: Laryngeal Mask Airway 102

- Standard Laryngeal Mask Airway *102*
- Sizes of LMA Available *103*
- Method of Using Laryngeal Mask Airway *103*
- Modified Versions of LMA *105*

Chapter 8: Pipeline of Anesthetic Gases and Vacuum (Suction) 113

- Central Pipeline *113*
- Manifold Room *114*
- Indicators and Alarms *115*
- Bulk Gas Cylinders *117*
- Central Vacuum (Suction) *119*
- Medical Compressed Air *120*
- Compressed Gas Cylinders in Anesthesia *121*
- Liquid Oxygen *122*

Chapter 9: Theater Asepsis and Sterilization of Equipment 124

- History *125*
- Operating Theater Environment and Asepsis *125*
- Hospital Infections *125*
- Definitions *126*
- Operation Theater Disinfection *126*

- Commercially Available Disinfectant *126*
- Weekly Fumigation with Formalin *127*
- Ultraviolet Light *128*
- Ultraviolet Air Cleaner *129*
- Sterilization of Equipment *130*
- Methods for Asepsis *130*
- Methods for Sterilization of Equipment *131*
- Dry Heat *136*
- Chemical Methods *136*
- Gamma Rays *140*
- Ultraviolet Rays *140*
- Filtration (Bacterial Filters) *140*
- Sterilization of Each Group of Anesthetic Equipment *141*
- Methods of Sterilization *141*
- Contamination with Tuberculous Infection *142*
- Central Sterile Supply Department *142*
- Points to be Remembered *144*

Chapter 10: Monitors 145

- Pulse Oximeter *145*
- Working Principle *145*
- What to Know *146*
- Capnography—End Tidal CO_2 *148*
- ECG Monitor *150*
- Monitoring the Circulation *152*
- Noninvasive BP Monitor *153*

Chapter 11: Intravenous Fluids and Infusion Equipment 154

- Intravenous Infusions *154*
- Crystalloid Solutions *155*
- Colloid Solutions *157*
- Gelatin *158*
- Equipment for Intravenous Infusions *158*

Chapter 12: Respiratory System 163

- Anatomy of Airway *164*
- Upper Airway *164*
- Lower Airway *166*
- Physiology of Respiration *170*
- Respiratory Apparatus and Mechanics of Respiration *176*
- Muscles of Respiration *176*
- Hypoxia *179*
- Effects of Hypoxia *179*
- Pressure Gradient for Diffusion of Oxygen *180*
- Hypoxia during Anesthesia *180*
- Postoperative Hypoxia *181*
- Oxygen *181*
- Methods of Oxygen Therapy *181*
- Devices *182*
- Humidification of Oxygen *183*

Chapter 13: Cardiovascular System 185

- Anatomy and Physiology *185*
- Systemic Circulation *187*
- Pulmonary Circulation *188*
- Cardiac Cycle *189*
- Cardiac Output *189*
- Pulse *189*
- Blood Pressure *190*
- Correct Method of Checking Blood Pressure *190*

Chapter 14: Endocrine System 192

- Types of Glands: Exocrine and Endocrine *192*
- Pituitary Gland *192*
- Anterior Pituitary *193*
- Posterior Pituitary *193*
- Thyroid Gland *194*
- Parathyroid Gland *195*
- Pancreas *195*
- Adrenal Glands *195*
- Gonads *196*
- Other Hormones *196*

Chapter 15: Anesthesia 198

- History *198*
- Purpose of Anesthesia *199*
- Duties of the Anesthetic Team *199*
- Guedel's Classification of Anesthesia *199*
- Surgical Anesthesia *200*
- Modern Anesthesia *200*
- Definition of Anesthesia *200*
- Triad of Anesthesia *200*
- Balanced Anesthesia *200*
- Classification of Anesthesia *201*
- Techniques of Administration of General Anesthesia *201*
- Preanesthetic Assessment *203*
- Preanesthetic Medications (Premedication) *206*
- Premedicant Drugs *206*
- Effects of Premedication *207*
- Opioid Premedication in Severely Ill Patient *207*
- Balanced Anesthesia *207*

Chapter 16: Drugs Used in General Anesthesia 210

- General Anesthesia *210*
- Modern Anesthesia (Balanced Anesthesia) *210*
- Total Intravenous Anesthesia *215*

Chapter 17: Other Drugs Used Before or During Anesthesia 216

- Some of the Commonly Used Drugs *216*

Chapter 18: Regional Anesthesia 219

- Regional Anesthesia *219*
- Pharmacology of Local Anesthetics *219*
- Toxic Reactions of Local Anesthetics *221*
- Techniques of Regional Anesthesia *221*
- Spinal Anesthesia *222*
- Lumbar Puncture *222*

- Positions for Spinal Anesthesia *223*
- Epidural Anesthesia (Peridural Anesthesia, Extradural Anesthesia) *225*
- Epidural Needles *226*
- Total Spinal *228*
- Combined Spinal-epidural Anesthesia *229*

Chapter 19: Microbiology 231

- Infection *231*
- Classification of Microorganisms *231*
- Forms of Bacteria *232*
- Identification of Bacteria *232*
- Important Gram-Positive and Gram-Negative Bacteria *233*
- Virus Cultures *234*
- Toxins *234*
- Spread of Infection *234*
- Commonly Encountered Bacteria *235*
- Antibiotics *237*
- Coronavirus *237*

Chapter 20: Cardiopulmonary Cerebral Resuscitation 240

- History *241*
- Terminology *241*
- Modern Resuscitation *241*
- Cardiac Arrest Team *242*
- Cardiac Arrest *242*
- Resuscitation *244*
- Inotropic Drugs *252*
- Vasoactive Drugs *252*
- Vagolytic Drugs *252*
- Sodium Bicarbonate *252*
- Corticosteroids *253*
- Diuretics *253*
- After Treatment *254*
- Key Points *255*
- Compression-Only Life Support (COLS) (CO-CPR) *256*
- Self-inflating Resuscitator Bag *258*

Chapter 21: Blood Grouping and Transfusions 261

- History *261*
- Blood Groups *261*
- The ABO System *261*
- Inheritance of Blood Group *262*
- Naturally Occurring Antibodies *262*
- Immune Antibodies *262*
- The Rhesus (D) System *262*
- Blood Transfusion *263*
- Crossmatching of Stored Blood *263*
- Blood Products *263*
- Hazards of Blood Transfusion or Blood Products *263*
- Assessment of Blood Loss During Anesthesia *263*
- The Most Common Method *264*

Index ***265***