Contents

1. **Maternal Nutrition: Is It Important and How to Assess in a Busy Clinical Practice? 1**
   Hema Divakar, Sheetal Joshi
2. **Too Thin: Prepregnancy and Pregnancy Management 11**
   Pooja Sikka, Shivani Anand
3. **Managing Overweight PCOS Young Women 16**
   Shilpa Joshi
4. **Obese and Now Pregnant: An Uphill Task for the Obstetrician 21**
   Swati Rathore, Tanvi Gupta
5. **Fetal Origin of Adult Noncommunicable Disease 30**
   Uday Thanawala, Nimisha Mehta
6. **Preconception Counseling of Women with Preexisting Medical Conditions 40**
   Chinmayee Ratha
7. **Preeclampsia: Risk Assessment and Prevention 47**
   Krishnendu Gupta, Arup Kumar Majhi
8. **Gestational Diabetes Mellitus: Long-term Impact on Mother and Baby 52**
   Uma Ram
9. **Cerebrovascular Complications in Pregnancy 60**
   Amita Tripathi
10. **Vitamin D in Prevention of Noncommunicable Diseases 69**
    Jayam Kannan, P Prashitha
11. **Management Issues of Noncommunicable Diseases during Pregnancy 75**
    Ashok Kumar, Neha Pruthi Tandon
12. **Lifestyle Interventions and Noncommunicable Diseases 82**
    Vidya A Thobbi
13. **Cancer Cervix and Pregnancy 92**
    Bhagyalaxmi Nayak, Jagannath Mishra

Index 99