Contents

1. Evaluation of Infertile Couple 1

Sachin Kulkarni, Meghashree Deshmukh

- Physical Examination of Infertile Female *2*
- Diagnostic Investigations *2*
- History Taking *3*
- Primary Investigations *4*
- Secondary Investigations *4*
- Evaluation of Ovaries *4*
- Evaluation of Fallopian Tubes *6*
- Evaluation of Uterus *7*
- Evaluation of Male Infertility *8*
- Evaluation of Retrograde Ejaculation *12*

2. Evaluation of Male Partner 15

Gayatri Wadekar, Soumya Ramesh

- Evaluation of the Male Partner *16*

3. Semen Analysis and Beyond Role of Sperm Function Tests 20

Gouri Sultane Gupta, Firuza R Parikh

- Semen Analysis *20*
- Antisperm Antibodies *21*
- Hormonal Evaluation *21*
- Sperm DNA Fragmentation Index *22*
- Sperm Fluorescent In Situ Hybridization *22*
- Genetic Testing *23*

4. Ovarian Reserve Tests 26

Swati Sarda, Kanchan Ghuse Kelwade

- Age *26*
- Menstrual Cycle Pattern *27*
- Ovarian Volume *29*
- Ovarian Doppler *29*
- Ovarian Biopsy *29*
- Key Notes (The American Society for Reproductive Medicine Committee Opinion, 2020) *30*

5. Ultrasound in Infertility 33

Ritu Hinduja, Vaishali Mundhe Akarte

- Male Infertility—Workup *34*

6. Hysterolaparoscopy in Infertility 45

Parul Saoji, Chaitanya Shembekar

- Polycystic Ovary Syndrome *45*
- Ectopic Pregnancy *46*
- Endometriosis *46*
- Pelvic Adhesions *47*
- Ovarian Cysts *47*
- Tubal Block *48*
- Fibroids *48*
- Low Ovarian Reserve *49*
- Hysteroscopy in Infertility *49*
- Tubal Cornual Occlusion *50*

7. Evaluation and Management of Tubal Factors 55

Anjali Bhirud, Sarika Zunjare, Ashish Zarariya

- Causes for Tubal Infertility *55*
- Hull and Rutherford 2002 Classification of Tubal Damage *56*
- Tubal Assessment Tests *56*
- The Royal College of Obstetricians and Gynaecologists Guidelines for Tubal Evaluation *59*
- Tuberculosis and Tubal Factor Infertility *60*
- Management of Tubal Factor Infertility *60*

8. Evaluation and Management of Uterine Factors in Infertility 63

Amrita Tandon, Sudha Tandon

- Evaluation and Management of Congenital Uterine Factors *63*
- Septate Uterus *65*
- Unicornuate Uterus *67*
- Bicornuate Uterus *67*
- Uterine Didelphys *68*
- Management of Other Complex Müllerian Anomalies *68*
- Acquired Uterine Pathologies *68*

9. Evaluation of the Male Infertility Factors 74

Rishma Dhillon Pai, Balasaheb Khadbade

- Interpretation of Semen Analysis: Macroscopic Parameters *76*
- Interpretation of Semen Analysis: Microscopic Parameters *78*
- Male Hypogonadism *81*
- Azoospermia: Evaluation *83*
- Anejaculation *86*

10. Evaluation and Management of Azoospermia 90
Sheetal Sawankar, Satish Patki
- Definition *90*
- Evaluation of an Azoospermic Male *91*
- Management of Cases of Azoospermia *94*

11. Step by Step Management of Infertility in Polycystic Ovary Syndrome 99
Girish Godbole, Manjiri Valsangkar
- Management of PCOS—OI in PCOS-Fertil-Steril 2008 *100*
- Strategies to Improve Pregnancy Rates in IVF in PCOS *104*

12. Thyroid Disorders and Hyperprolactinemia in Infertility 106
Milind R Shah, Jhelam Deshmukh
- Thyroid Disorders and Female Infertility *106*
- Hyperprolactinemia *111*

13. Endometriosis and Infertility 117
Ashish Kale, Ashwini Yelikar Kale
- Proposed Biological Mechanisms to Explain Infertility in Endometriosis *117*
- Impaired Endocrine Function, Folliculogenesis and Ovulatory Functions in Endometriosis *118*
- Endometriosis Fertility Index *124*

14. Fibroids and Fertility 127
Chaitanya Shembekar, Parul Saoji
- Fibroids—Evaluation and Classification *127*
- Recommendations *128*
- Classification of ESGE/FIGO PALM-COEIN *128*
- Mechanisms of Infertility *129*
- Does the Presence of Uterine Fibroids Reduce Implantation Rates? *131*
- What About the Fibroids that do not Cause Distortion of a Cavity? *131*
- To Remove or not to Remove? That is the Question *131*
- What is the Pragmatic Approach to Management? *132*
- Does the Medical Treatment have any Role in the Management of Fibroids with Infertility? *134*
- Surgical Treatment *134*

15. Infections in Infertility 140
Jyotsana Daule, Anil Bendre
- Infections Causing Infertility in Male and Female *140*
- Investigations *143*
- Treatment *145*
- Male Infertility *147*

16. Unexplained Infertility 149
Chaitanya Shembekar, Parul Saoji
- Laparoscopic Surgery in Unexplained Infertility *150*

17. Step by Step Management of Infertility 155
Aditi Tandon, Sadhana Desai
- Epidemiology of Infertility *155*
- Evaluation and Workup for Infertile Couples *156*
- Sperm Chromosome Aneuploidy *168*
- Unexplained Infertility *168*

18. Intrauterine Insemination: Indications and Protocol 174
Unnati Mamtora, Parzan Mistry
- Indications of Intrauterine Insemination *174*
- Factors Influencing IUI Success Rates *174*
- Prerequisite for Intrauterine Insemination *174*
- Protocol for Intrauterine Insemination *175*
- Timing of Intrauterine Insemination *176*
- Role of Double Intrauterine Insemination *177*
- Gonadotropins and Intrauterine Insemination *177*
- Adjuvants in Ovulation Induction *179*

19. Ovulation Induction 181
Parag Hitnalikar, Anil Chittake, Rahul Patil
- Hyperprolactinemia *181*

20. Adjuvants in Polycystic Ovarian Syndrome 190
Rajeev Dabade, Meenal Chidgupkar
- Rationale for Use of Adjuvants *190*
- Adjuvants *192*

21. Adjuvants in Diminished Ovarian Reserve 198
Shilpi Sood, Chaitanya Shembekar, Laxmi Shrikhande
- Management of Diminished Ovarian Reserve *199*
- Role of Adjuvants in Diminished Ovarian Reserve *199*
- Managing Diminished Ovarian Reserve Patients Based on the POSEIDON Criteria *205*

22. Diagnosis of Diminished Ovarian Reserve 208
Ameet Patki, Garima Sharma
- Diagnosis *208*
- The Bologna Criteria *208*
- Limitations of the Existing POR Criteria *209*
- POSEIDON (Patient-oriented Strategies Encompassing Individualized Oocyte Number) Classification *210*

23. Pre-In Vitro Fertilization Evaluation 213
Sangeeta Tajpuriya, Umesh Sawarkar
- General Evaluation *213*
- Reproductive System Evaluation *214*

24. Ovarian Stimulation in Normal Responders 217

Sanjeev Madhav Khurd, Aditya Khurd, Sadhana Khurd

- Desired and Optimum Response to Ovarian Stimulation *217*
- Factors Affecting Ovarian Response *218*
- Drugs for Ovarian Stimulation *219*
- Superovulation for Intrauterine Insemination Cycle *220*
- Controlled Ovarian Stimulation for IVF/ICSI with GnRH Antagonist Protocol *221*
- Controlled Ovarian Stimulation for IVF/ICSI with Long GnRH Agonist Protocol *222*

25. Preinduction Adjuvants.....224

Paresh Gandecha, Shalaka Mamidwar

- Metformin *224*
- Myoinositol *225*
- Dehydroepiandrosterone *226*
- Testosterone *226*
- Growth Hormones *227*
- Antioxidants *227*
- Folic Acid *228*
- Aspirin *228*
- Low-Molecular-Weight Heparin *228*
- Corticosteroids *229*
- Estrogen *229*

26. Various Ovarian Stimulation Protocols and their Clinical Significance 231

Sanjay Gupte, Sachin Jadhav

- Ovarian Stimulation Protocols *232*
- Pre-In Vitro Fertilization Priming *234*
- Which Gonadotropin? *235*
- Decision Making on Type of Protocol to Use *236*
- Newer Protocols *236*
- Our Experience and Clinical Evidence *238*

27. Complications of Ovarian Stimulation 241

Kedar N Ganla, Priyanka Harshavardhan Vora, Rana Choudhary

- Ovarian Hyperstimulation Syndrome *241*
- Multiple Gestation *242*
- Ectopic (Tubal) Pregnancies *245*
- Adnexal Torsion (Ovarian Twisting) *246*
- Cancer *247*
- Limited or Overall Body Reactions *248*

28. Controlled Ovarian Hyperstimulation and Management of Polycystic Ovaries in In Vitro Fertilization.....249

Nagadeepti Naik, Duru Shah

- Pathogenesis *249*
- Indications *252*
- Cryopreservation of Embryos (Freeze-All Strategy) *253*
- Complications *253*

29. Management in Diminished Ovarian Reserve and Controlled Ovarian Hyperstimulation 257
Jatin Shah, Amiti Agrawal
- Newer Advances *260*

30. Trigger in In Vitro Fertilization 262
Sonali Tawde, Revati Rane, Milind Patil
- Physiology of Trigger *262*
- Prerequisites of Trigger *268*
- Choice of Trigger *269*
- Empty Follicle Syndrome *270*

31. Luteal Phase Support 272
Nisha Nikheel Pansare, Chaitanya Shembekar
- Luteal Phase Defect Mechanism *272*
- Duration of Luteal Phase Support *272*
- Drugs Used in Luteal Phase Support *273*
- Luteal Phase Support in Intrauterine Insemination and Ovulation Induction Cycle *276*

32. Managing Quality Control and Quality Management of IVF Laboratory 279
Kalyan Baramade, Manisha Barmade
- What are the Standard Quality Indicators? *280*
- Quality Management in ART Laboratory *282*
- Sterility and Infection Control in the Sterile Zone *285*
- Maintenance of Essential Pieces of Equipment and Checkpoints in an IVF Laboratory *286*
- Disposables and Consumables *286*
- Monitoring of Laboratory Environment *288*
- Record Keeping and Documentation *289*
- Laboratory Staffing *290*
- Occupational Training *290*
- Code of Practice *291*

33. Ovarian Hyperstimulation Syndrome 293
Bansi Shinde, Shashikant Umbardand
- Incidence *293*
- Pathophysiology *293*
- Clinical Diagnosis *294*
- Classification *294*
- Prevention *296*
- Prognosis *298*
- Management *299*

34. Recurrent Implantation Failure 304
Mohan Raut, Mugdha Raut
- Incidence *304*
- Definitions *304*

- Causes *305*
- Investigations *305*
- Treatment *310*
- Prognosis *313*
- Guidelines *314*

35. Thin Endometrium 316

Nandita Palshetkar, Rohan Palshetkar

- Causes *316*
- Diagnosis *318*
- Management *319*
- Platelet-rich Plasma *321*
- Endometrial Scratching *322*
- Stem Cell Therapy *322*

36. Recurrent Pregnancy Loss 325

Sushma Deshmukh, Ashutosh Thole, Shashikant Raghuwanshi

- Spectrum and Definition *325*
- Etiology *325*
- Endocrine Etiologies *333*
- Idiopathic Factors *334*
- Complete Evaluation and Counseling *334*

37. Application of Stem Cells in Infertility....337

Sunita Tandulwadkar, Nilesh Balkawade

- Introduction: What are Stem Cells? *337*
- Characteristics of Mesenchymal Stem Cell *337*
- Stem Cell Harvest and Infusion *337*
- Azoospermia *339*
- Refractory Endometrium *339*
- Premature Ovarian Failure *340*
- Regulation of Research in India *342*
- Ethical Concerns *342*

38. Algorithms for Artificial Intelligence in Reproductive Medicine....345

Leena Patankar, Amit Patankar

- Role of Artificial Intelligence in Reproductive Medicine *345*
- Workflow of Artificial Intelligence in Reproductive Medicine *346*

39. Sperm Selection Technique 355

Shilpa Bhendarkar Joshi, Indrajeet Mulik, Sandip Nikhade, Rajvi Mehta

- Need of Sperm Preparation *355*
- Sperm Preparation Techniques *355*
- Microfluidics for Sperm Sorting (Future Prospects) *362*

40. Selecting Best Embryo for Transfer....364

Vijay Mangoli, Neelam Bhise

- Criteria for Embryo Selection based on Morphology *364*

41. What is New in In Vitro Fertilization? 375

Bindu Chimote, Kalpana Jetha, Shravani Welekar, Rooprekha Waghmare

- Laboratory Culture Conditions (Culture Media) *375*
- Newer Culture Media Options *376*
- New Advances in Fertilization Techniques *376*
- Time-lapse Technology *377*
- Assisted Embryo Hatching *378*
- Safety Concerns Associated with Laser Application *378*
- Preimplantation Genetic Testing *379*

42. Anesthesia for Laparoscopy 381

Manisha Shembekar, Hemangi Abhyankar

- Physiological Effects of Pneumoperitoneum *382*
- Physiological Effects of Positioning *382*
- Management of Anesthesia *382*

43. Anesthesia for Oocyte Retrieval 386

Manisha Shembekar

- Types of Anesthesia *386*

44. Anesthetic Considerations for Operative Hysteroscopy 389

Manisha Shembekar

- Anesthesia for Hysteroscopic Procedures *390*
- Tips and Tricks to Reduce Fluid Absorption *392*

Index 395