# Contents

## SECTION 1: PHARMACOLOGY-I


**1. Introduction to Pharmacology 3**

*Puneet Dhamija, Hemlata, Suresh Sharma*

Definitions and Branches *3*
Nature and Sources of Drugs *3*
Dosage Forms and Routes of Drug Administration *4*
Terminologies *9*
Classification, Abbreviations, Prescriptions, Drug Calculation, Weights and Measurements *10*
Pharmacodynamics *12*
Pharmacokinetics *14*
Review: Principles of Drug Administration and Treatment Individualization *16*
Indian Pharmacopoeia *19*
Rational Use of Drugs *21*
Principles of Therapeutics *22*

**2. Pharmacology of Commonly Used Antiseptics and Disinfectants 25**

*Vasantha Kalyani, Hemlata, Suresh Sharma*

Antiseptics and Disinfectants *25*

**3. Drugs Acting on Gastrointestinal Systems 34**

*Shaina Sharma, Ravi Kant, Hemlata, Suresh Sharma*

Emetics and Antiemetics *34*
Laxatives and Purgatives *39*
Antacids and Antipeptic Ulcer Drugs *41*
Antacids *41*
Histamine Type 2 ($H_2$) Antagonists *44*
Proton Pump Inhibitors *46*
Mucosal Protective Agents *49*
Prostaglandin Analog *50*
Anticholinergics/Antimuscarinic *52*
Antimicrobial Agents (Anti-*Helicobacter pylori* Drugs) *52*
Anti-diarrheal Drugs *54*
Newer Strategies to Control Diarrhea *58*

**4. Drugs Used on Respiratory System 64**

*Parul Saini, Hemlata, Suresh Sharma, Mayank Mishra, Subodh Kumar*

Antiasthmatics *64*
Decongestants *72*
Expectorants, Antitussives and Mucolytics *74*
Bronchoconstrictors and Antihistamines *86*

**5. Drugs Used in Treatment of Cardiovascular System and Blood Disorders 95**

*Anshuman Darbari, Mannesh Sharma, Hemlata, Suresh Sharma*

Hematinics, Treatment of Anemia and Antiadrenergics *95*
Cholinergic and Anticholinergics *104*
Adrenergic Drugs for CHF and Vasodilators *114*
Antianginals *124*
Antiarrhythmics *134*
Antihypertensives *142*
Coagulants and Anticoagulants *167*
Antiplatelets and Thrombolytic *177*
Hypolipidemics *187*
Plasma Expanders and Treatment of Shock *190*
Drugs Used to Treat Blood Disorders *196*

**6. Drugs Used in Treatment of Endocrine System Disorders 200**

*Persuna Jelly, Hemlata, Suresh Sharma*

Insulin and Oral Hypoglycemics *200*

Thyroids and Anti-thyroids Drugs *215*
Steroids *219*
Calcitonin, Parathormone, Vitamin D3, Calcium Metabolism *227*

**7. Drugs Used in Treatment of Integumentary System 238**
*Jagdeesh Goyal, Hemlata, Suresh Sharma*
Antihistamines and Antipruritis *239*
Topical Application for Skin *241*

**8. Drugs Used in Communicable Diseases (Common Infections and Infestation) 244**
*Parul Saini, Manisha Bisht, Hemlata, Suresh Sharma*
General Principles for Use of Antimicrobials *244*
Pharmacology of Commonly Used Drugs *247*
Anaerobic Infections *275*
Antitubecular Drugs *285*
Antileprosy Drugs *293*
Antimalarials *297*
Antiviral Agents and Antiretroviral Drugs *302*
Antihelminthics, Antiscabies Agents *310*
Antifungal Agents *315*

**SECTION 2: PATHOLOGY-I**

**9. Introduction to Pathology 325**
*Neha Singh, Joyce Joseph*
Importance of the Study of Pathology in the Nursing *325*
Definition of Terms in Pathology *327*
Subdivisions of Pathology *327*

**10. Cell Injury and Cellular Adaptation 330**
*Neha Singh, Joyce Joseph*
Cell Injury *330*
Necrosis *333*
Gangrene *335*
Cellular Adaptation *336*

**11. Inflammation and Wound Healing 345**
*Neha Singh, Joyce Joseph*
Inflammation *345*
Wound Healing *351*

**12. Neoplasia 356**
*Neha Singh, Joyce Joseph*
Nomenclature *356*
Normal Cells and Cancer Cells *356*
Benign and Malignant Tumors *357*
Carcinoma In Situ *358*
Tumor Metastasis *359*

**13. Circulatory, Fluid and Electrolyte Disturbance 361**
*Neha Singh, Priya Sharma, Suresh Sharma*
Thrombosis *361*
Embolism *364*
Shock *367*
Edema *370*
Exudate *372*
Transudates *372*

**14. Respiratory System 375**
*Neena Sood, Joyce Joseph*
Pneumonia *375*
Lung Abscess *378*
Pulmonary Tuberculosis *380*
Chronic Obstructive Pulmonary Disease *382*
Tumors of Lungs *388*

**15. Cardiovascular System 393**
*Neena Sood, Joyce Joseph*
Atherosclerosis *393*
Ischemic Infarction *397*
Rheumatic Heart Disease *398*
Infective Endocarditis *401*

**16. Gastrointestinal System 405**
*Ram Nawal Rao, Joyce Joseph, Suresh Sharma*
Peptic Ulcer Disease *405*
Gastric *H. pylori* Infection *407*

Buccal Carcinoma *408*
Esophageal Carcinoma *409*
Tumors of Stomach *411*
Typhoid Ulcers *414*
Inflammatory Bowel Disease *416*
Crohn's Disease *417*
Ulcerative Colitis *417*
Colorectal Cancer *418*

**17. Liver, Gallbladder, and Pancreas** **423**

*Ram Nawal Rao, Suresh Sharma*

Hepatitis *423*
Amebic Liver Abscess *426*
Cirrhosis of Liver *427*
Cholecystitis *432*
Pancreatitis *435*
Tumors of Liver *437*
Carcinoma of Gallbladder *439*
Tumors of Pancreas *439*

**18. Skeletal System** **442**

*Aminder Singh, Nancy Kurien, Suresh Sharma*

Bones Healing *442*
Osteoporosis *443*
Osteomyelitis *445*
Bone Tumors *447*
Rheumatoid Arthritis *451*
Osteoarthritis *452*

**19. Endocrine System** **455**

*Hemlata, Suresh Sharma*

Diabetes Mellitus *455*
Goiter *461*
Carcinoma Thyroid *462*

**20. Hematological Tests for the Diagnosis of Blood Disorders** **466**

*Nancy Kurien, Rajeev Goyal, Monil Singhai, Suresh Sharma*

Blood Tests *466*
Hemoglobin *466*
Blood Cell Counts *468*
Hemogram *468*
RBC Count *469*
WBC Count *470*
Platelet Count *471*
Packed Cell Volume *472*
Erythrocyte Sedimentation Rate *472*
Bleeding Time, Clotting Time, Prothrombin Time and Activated Partial Thromboplastin Time *473*
Blood Biochemistry *474*
Blood Grouping and Crossmatching *476*
Blood Components *477*
Plasmapheresis *478*
Transfusion Reactions *478*

*Index* *481*