Contents

CHAPTER 1: Introduction 1

CHAPTER 2: Types of Diabetes 5

CHAPTER 3: Blood Glucose Levels 7

CHAPTER 4: Oral Antidiabetic Drugs 13

CHAPTER 5: Types of Insulin 30

CHAPTER 6: Basic Clinic Management 35

CHAPTER 7: Treatment of Type 2 Diabetes Mellitus 38

CHAPTER 8: 2023 ADA Highlights and OAD Compatibility 48

CHAPTER 9: Diabetic Kidney Disease 57

CASE STUDIES

- **Case 1** 63
- **Case 2** 68
- **Case 3** 76
- **Case 4** 80
- **Case 5** 83

Index 89