Contents

1. Introduction 1

1.1 Visual Acuity 1
1.2 Color Vision 11
1.3 Anatomical Landmarks in Eye 15
1.4 Embryology 21
1.5 Pharmacology 22
1.6 Microbiology 31
1.7 General Pathology 46
1.8 Slit-lamp Biomicroscope 52
1.9 Direct Ophthalmoscope 60
1.10 Indirect Ophthalmoscope 63
1.11 X-rays in Ophthalmology 67
1.12 Computed Tomography and Magnetic Resonance Imaging 75

2. Cornea 83

2.1 Keratometry 83
2.2 Corneal Vascularization 86
2.3 Corneal Anesthesia 89
2.4 Corneal Deposits 92
2.5 Bacterial and Fungal Corneal Ulcers 95
2.6 Acanthamoeba Keratitis 102
2.7 Viral Keratitis 107
2.8 Interstitial Keratitis 110
2.9 Mooren's Ulcer 113
2.10 Band-shaped Keratopathy 122
2.11 Adherent Leukoma 125
2.12 Bowen's Disease 128
2.13 Keratoconus 132
2.14 Stromal Dystrophies 143
2.15 Fuchs' Endothelial Dystrophy 153
2.16 Endothelial Disorders and Bullous Keratopathy 157
2.17 Keratoplasty 161

3. Uvea 172

3.1 Uveitis—History and Clinical Features 172
3.2 Sympathetic Ophthalmia 195
3.3 Fuchs' Heterochromic Iridocyclitis 197
3.4 Vogt–Koyanagi–Harada Syndrome 199
3.5 Behçet's Disease 201
3.6 Investigations in Uveitis 203
3.7 Treatment of Uveitis 218

4. Glaucoma 224

4.1 Basic Examination of Glaucoma and Tonometry 224
4.2 Gonioscopy 237
4.3 Glaucoma Diagnostic with Variable Corneal Compensation 243
4.4 Glaucoma Visual Field Defects 245
4.5 Ultrasound Biomicroscopy and Anterior Segment Optical Coherence Tomography in Glaucoma 256
4.6 Angle-closure Glaucoma 259
4.7 Primary Open-angle Glaucoma 270
4.8 Neovascular Glaucoma 283
4.9 Pigmentary Glaucoma 292
4.10 Pseudoexfoliation Glaucoma 297
4.11 Uveitic Glaucoma 303
4.12 Steroid-induced Glaucoma 306
4.13 Lens-induced Glaucoma 309
4.14 Medical Management of Glaucoma 313
4.15 Newer Drugs in Glaucoma 326
4.16 Lasers in Glaucoma 333
4.17 Trabeculectomy 343
4.18 Modulation of Wound Healing in Glaucoma Filtering Surgery 359
4.19 Glaucoma Drainage Devices 364
4.20 Cyclodestructive Procedures 373
4.21 Important Glaucoma Studies 379

5. Lens and Cataract 381

6. Retina.....403

6.1 Differential Diagnosis of Retinal Findings 403
6.2 Fundus Fluorescein Angiography 408
6.3 Ultrasonography 422
6.4 Diabetic Retinopathy 427
6.5 Lasers in Diabetic Retinopathy 443
6.6 Hypertensive Retinopathy 457
6.7 Central Retinal Vein Occlusion (CRVO) 462
6.8 Central Retinal Artery Occlusion 473
6.9 Retinal Detachment (RD) 479
6.10 Endophthalmitis 505
6.11 Retinitis Pigmentosa 514
6.12 Retinoblastoma 523
6.13 Age-related Macular Degeneration 530
6.14 Vitrectomy 539
6.15 Central Serous Chorioretinopathy 546
6.16 Angiogenesis 550
6.17 Intravitreal Injections 552

7. Neuro-ophthalmology 560

7.1 Normal Pupil 560
7.2 Abnormal Pupils 564

7.3 Optic Nerve Head 567
7.4 Optic Neuritis 575
7.5 Papilledema 583
7.6 Optic Atrophy 601
7.7 Optic Disk Anomalies 613
7.8 Anterior Ischemic Optic Neuropathy 620
7.9 Oculomotor Nerve 625
7.10 Fourth Nerve Palsy 638
7.11 Abducens Nerve Palsy 643
7.12 Myasthenia Gravis 649
7.13 Nystagmus 658
7.14 Visual Fields in Neuro-ophthalmology 665
7.15 Cavernous Sinus Thrombosis 671
7.16 Caroticocavernous Fistulas 679
7.17 Carotid Artery Occlusion 682
7.18 Ophthalmoplegia 687
7.19 Malingering 694

8. Orbit.....700

8.1 Ectropion 700
8.2 Entropion 709
8.3 Ptosis 714
8.4 Eyelid Reconstruction 727
8.5 Blepharophimosis Syndrome 736
8.6 Thyroid-related Orbitopathy and Proptosis 737
8.7 Blowout Fractures of the Orbit 759
8.8 Orbitotomies 765
8.9 Botulinum Toxin 769
8.10 Lacrimal Secretory and Drainage Systems 771
8.11 Contracted Socket 778
8.12 Orbital Implants and Prosthesis 781
8.13 Miscellaneous Ocular Surgeries 784

9. Pediatric Ophthalmology and Strabismus 788

9.1 Pediatric–Ophthalmic Management 788
9.2 Diplopia Charting 804
9.3 Hess Charting 806

10. Optics and Refraction.....811

11. Miscellaneous 847

11.1 Vitamin A Deficiency 847
11.2 Localization of Intraocular Foreign Bodies 852
11.3 Genetics 862
11.4 Community Ophthalmology 868
11.5 Traumatic Hyphema and Glaucoma 877
11.6 Sterilization 883
11.7 Landmark Studies in Ophthalmology 885

11.8 Diabetic Retinopathy 891
11.9 Clinical Trials in Glaucoma 924
11.10 Uveitis Studies 931
11.11 Pediatric Ophthalmology 937
11.12 Studies in Neuro-ophthalmology 942
11.13 Cataract Surgery 947

12. Management Summary of Commonly Kept Examination Cases 953

12.1 Nonproliferative Diabetic Retinopathy with Clinically Significant Macular Edema 953
12.2 Proliferative Diabetic Retinopathy 956
12.3 Rhegmatogenous Retinal Detachment 958
12.4 Retinitis Pigmentosa 960
12.5 Central Retinal Vein Occlusion 963
12.6 Optic Atrophy 965
12.7 Papilledema 969
12.8 Third Nerve Palsy 971
12.9 Sixth Nerve Palsy 973
12.10 Myasthenia Gravis 974
12.11 Thyroid-related Orbitopathy 975
12.12 Entropion 978
12.13 Ectropion 979
12.14 Lagophthalmos 980
12.15 Ptosis 981
12.16 Blepharophimosis Ptosis Epicanthus Syndrome 986
12.17 Medial Canthoplasty 988
12.18 Medial Canthal Tendon Shortening with Transnasal Wire 989
12.19 Brow Suspension/Frontalis Sling 990
12.20 Traumatic Cataract 991
12.21 Penetrating Injury with Traumatic Cataract 992
12.22 Marfan Syndrome with Subluxation of Lens 993
12.23 Active Uveitis in Right Eye and Uveitis with Complicated Cataract in Left Eye 995
12.24 Pterygium 997
12.25 Keratoconus 999
12.26 Macular Corneal Dystrophy 1000
12.27 Bacterial Corneal Ulcer 1002
12.28 Herpes Simplex Virus Keratitis 1006
12.29 Acanthamoeba Keratitis 1008
12.30 Primary Open-angle Glaucoma 1009
12.31 Postfilter Case: Best Eye, Right Eye (Functioning Filter), and Left Eye (Nonfunctioning Filter) 1010
12.32 Pseudoexfoliation Glaucoma Right Eye with IMC 1013
12.33 Neovascular Glaucoma 1015
12.34 Acute Attack of Angle Closure Glaucoma 1017

13. Case Sheet Writing.....1018

13.1 Third Nerve Palsy—Model Case Sheet 1029
13.2 Glaucoma—Model Case Sheet 1035
13.3 A Case of Right Eye—Macular Dystrophy—and Left Eye—Acute Corneal Graft Rejection 1046
13.4 Uvea: Model Case Sheet 1055

14. Ophthalmology Question Bank.....1060

14.1 Ophthalmology Question Bank (MS Exam) 1060
14.2 Ophthalmology Question Bank (DNB Exam) 1078

15. Instruments Used in Ophthalmology 1103

Index.....1145