CONTENTS

1. Introduction 1
- Scope of Endodontics *1*
- History of Endodontics *1*
- Contemporary Endodontics *3*

2. Pulp and Periradicular Tissue 5
- Development of Dental Pulp *5*
- Histology of Dental Pulp *6*
- Systemic Factors Affecting Pulp *10*
- Supportive Elements *10*
- Innervation of Pulp *12*
- Anatomy of Dental Pulp *14*
- Functions of Pulp *16*
- Age Changes in the Pulp *17*
- Pulpal Calcifications/Pulp Stones/Denticles *18*
- Periradicular Tissue *19*

3. Pathologies of Pulp and Periapex 22
- Etiology of Pulpal Diseases *22*
- Progression of Pulpal Pathologies *24*
- Diagnosis of Pulpal Pathology *25*
- Classification of Pulpal Pathologies *26*
- Barodontalgia/Aerodontalgia *26*
- Reversible Pulpitis/Hyperemia/Hyperactive Pulpalgia *27*
- Irreversible Pulpitis *28*
- Chronic Hyperplastic Pulpitis/Pulp Polyp/ Pulpal Hyperplasia *30*
- Internal Resorption/Pink Tooth of Mummery *32*
- Pulp Degeneration *33*
- Pulp Necrosis *35*
- Pathologies of Periradicular Tissues *36*
- Classification of Periradicular Pathologies *39*
- Symptomatic Apical Periodontitis (Acute Apical Periodontitis) *40*
- Secondary Symptomatic Apical Periodontitis *41*
- Symptomatic (Acute) Apical Abscess *41*
- Asymptomatic Apical Periodontits/Chronic Apical Periodontitis *44*
- Asymptomatic (Chronic) Alveolar Abscess *44*
- Condensing Osteitis *45*
- Persistent Apical Periodontitis *45*
- External Root Resorption *47*
- Diseases of Periradicular Tissue of Nonendodontic Origin *47*
- Histopathological Classification of Periradicular Diseases *49*
- Periapical Granuloma *49*
- Apical Abscess *49*
- Radicular Cyst/Cystic Apical Periodontitis *49*

4. Endodontic Microbiology 55
- Portals of Entry for Microorganisms *55*
- Classification of Microorganisms *56*
- Microbial Virulence and Pathogenicity *57*
- Factors Influencing the Growth and Colonization of Microorganisms *57*
- Microbial Ecosystem of the Root Canal *58*
- Types of Endodontic Infections *59*
- Identification of the Bacteria *60*
- How to Combat Microbes in the Endodontic Therapy? *62*

5. Biofilm and Smear Layer in Endodontics 65
- Biofilm in Endodontics *65*
- Definition *65*
- Characteristics of Biofilm *65*
- Stages of Biofilm Formation *66*
- Types of Endodontic Biofilm *67*
- Ultrastructure of Biofilm *67*
- Microbes in Endodontic Biofilms *68*
- Methods to Eradicate Biofilms *68*
- Smear Layer in Endodontics *69*

6. Rationale of Endodontic Treatment 73
- Theories of Spread of Infection *73*
- Culprit of Endodontic Pathology *73*
- Inflammation *74*
- Nonspecific Mediators of Periradicular Lesions *76*
- Antibodies (Specific Mediators of Immune Reactions) *78*
- Role of Immunity in Endodontics *78*
- Endodontic Implications (Pathogenesis of Apical Periodontitis as Explained by Fish) *79*
- Kronfeld's Mountain Pass Theory (*1939*) *80*
- Rationale of Endodontic Therapy *81*

7. Diagnostic Procedures 83
- Case History *83*
- Role of Radiographs in Endodontics *88*

- Digital Radiography *93*
- Advancements in Endodontic Imaging Techniques *96*
- Cone-beam Computed Tomography *96*
- Magnetic Resonance Imaging *98*
- Ultrasound Imaging *98*
- Micro/Nano-computed Tomography *99*
- Tuned Aperture Computed Tomography *99*
- Optical Coherence Tomography *100*
- Pulp Vitality Tests *100*
- Recent Advances in Pulp Vitality Testing *105*

8. Differential Diagnosis of Orofacial Pain 109
- Definition *109*
- Diagnosis *109*
- Orofacial Pain *110*
- Sources of Odontogenic Pain *110*
- Pulpal Pain *110*
- Periodontal Pain *111*
- Sources of Nonodontogenic Pain *112*

9. Case Selection and Treatment Planning 119
- Indications of Endodontic Treatment *119*
- Contraindications of Endodontic Therapy *120*
- Treatment Planning *121*
- Factors Affecting Treatment Planning *122*
- Medical Conditions Influencing Endodontic Treatment Planning *122*

10. Asepsis in Endodontics 124
- Rationale for Infection Control *124*
- Cross Infection *124*
- Objective of Infection Control *125*
- Universal Precautions *125*
- Classification of Instruments *126*
- Instrument Processing Procedures/ Decontamination Cycle *128*
- Disinfection *132*
- Antiseptics *134*
- Infection Control Checklist *135*
- Waste Disposal *136*

11. Rubber Dam Isolation 138
- Advantages of Using a Rubber Dam *138*
- Disadvantages of Using a Rubber Dam *138*
- Contraindications of Use of Rubber Dam *138*
- Rubber Dam Sheet *139*
- Rubber Dam Forceps *140*
- Rubber Dam Frame *140*
- Rubber Dam Punch *140*
- Rubber Dam Template *141*
- Rubber Dam Accessories *141*
- Recent Modifications in the Designs of Rubber Dam *142*
- Placement of Rubber Dam *143*
- Management of Difficult Cases *145*
- Removal of Rubber Dam *145*

12. Pharmacology in Endodontics 147
- Pain Control *147*
- Analgesics *150*
- Infection Control *152*

13. Endodontic Instruments 154
- Standardization of Instruments Given by Ingle and Levine *154*
- Classification of Endodontic Instruments *156*
- Group I Hand-Operated Instruments *156*
- Files *158*
- Group II Low Speed Instruments with Latch-Type Design *161*
- Group III Engine-Driven Instruments *163*
- Generation Niti Rotary Files *167*
- Evolution Niti Files *171*
- Motion of the Niti Files *173*
- Group IV Sonics and Ultrasonics in Endodontics *174*
- Sonic Handpiece *175*
- Instrument Deformation and Breakage *177*
- Instruments Used for Filling Root Canals *178*

14. Internal Anatomy 181
- Pulp Cavity *181*
- Root Canal Classification *184*
- Methods of Determining Pulp Anatomy *185*
- Variations in the Internal Anatomy of Teeth *187*
- Factors Affecting Internal Anatomy *198*
- Individual Tooth Anatomy *198*

15. Access Cavity Preparation 213
- Definition *213*
- Instruments for Access Cavity Preparation *214*
- Guidelines for Access Cavity Preparation *216*
- Laws of Access Cavity Preparation by Krasner and Rankow *217*
- Access Cavity of Anterior Teeth *218*
- Access Cavity Preparation for Premolars *221*
- Access Cavity Preparation for Maxillary Molars *223*
- Access Cavity Preparation for Mandibular Molars *225*

- Clinical Management of Difficult Cases for Access Opening *227*
- Minimal Invasive Endodontics/Recent Trends in Endodontic Access Preparation *230*

16. Irrigation and Intracanal Medicaments 236
- Ideal Requirements for an Irrigant *236*
- Functions of Irrigants *237*
- Factors that Modify Activity of Irrigating Solutions *237*
- Commonly Used Irrigating Solutions *238*
- Normal Saline *238*
- Sodium Hypochlorite *238*
- Properties of NaOCl *239*
- Champagne Effect *240*
- Hydrogen Peroxide *242*
- Urea *243*
- Urea Peroxide *243*
- Chlorhexidine *243*
- Chelating Agents *244*
- Ultrasonic Irrigation *247*
- Newer Irrigating Solutions *247*
- Herbal Irrigants *250*
- Rate of Irrigation *250*
- Method of Irrigation *250*
- Mode of Delivery of Irrigant *250*
- Intracanal Medicaments *254*
- Classification of Intracanal Medicaments *254*
- Characteristics of Intracanal Medicaments *254*
- Placement of Intracanal Medicament *259*

17. Working Length Determination 261
- Definitions *261*
- Significance of Working Length *263*
- Working Width *263*
- Different Methods of Working Length Determination *264*
- Radiographic Method of Working Length Determination *264*
- Nonradiographic Methods of Working Length Determination *269*

18. Cleaning and Shaping of Root Canal System ... 276
- Objectives of Biomechanical Preparation *277*
- Different Movements of Instruments *278*
- Basic Principles of Canal Instrumentation *280*
- Techniques of Root Canal Preparation *281*
- Step-Back Technique/Telescopic Canal Preparation/Serial Root Canal Preparation *282*
- Step-Back Technique *283*
- Crown-Down/Step-Down Technique *284*
- Hybrid Technique of Canal Preparation (Step-Down/Step-Back) *288*
- Canal Preparation Using Ultrasonic Instruments *289*
- Canal Preparation Using Sonic Instruments *290*
- Laser-Assisted Root Canal Therapy *290*
- Evaluation Criteria of Canal Preparation *291*
- Management of Difficult Cases *291*

19. Obturation of Root Canal System 298
- Why to Obturate? *298*
- Timing of Obturation *298*
- Extent of Root Canal Filling *299*
- Materials Used for Obturation *300*
- Root Canal Sealers *305*
- Methods of Sealer Placement *314*
- Obturation Techniques *315*
- Armamentarium for Obturation *315*
- Cold Lateral Compaction Technique *316*
- Warm Vertical Compaction Technique *319*
- Temperature Control *323*
- Sectional Method of Obturation/Chicago Technique *325*
- McSpadden Compaction/Thermomechanical Compaction of the Gutta-Percha *325*
- Thermoplasticized Injectable Gutta-Percha Obturation *325*
- Solid Core Carrier Technique *327*
- Obturation with Silver Cone *329*
- Apical Third Filling *330*
- Importance of Coronal Seal *332*
- Postobturation Instructions *333*
- Repair Following Endodontic Treatment *333*

20. Single Visit Endodontics 335
- Advantages of Single-Visit Endodontics *335*
- Disadvantages of Single-Visit Endodontics *335*
- Criteria of Case Selection *335*
- Contraindications of Single-Visit Endodontics *336*

21. Mid-treatment Flare-ups in Endodontics 338
- Etiology *338*
- Mechanisms for Flare-ups *340*
- Clinical Conditions Related to Flare-up *342*
- Management of Flare-ups *343*

22. Endodontic Emergencies..... 346
- Definition and Classification *346*
- Diagnosis of Endodontic Emergencies *347*
- Before Treatment Endodontic Emergencies *348*

- Interappointment Emergencies *349*
- After Treatment Endodontic Emergencies *352*

23. Endodontic Failures and Retreatment 354
- Evaluation of Success of Endodontic Treatment *354*
- Case Selection for Endodontic Retreatment *361*
- Steps of Retreatment *361*
- Rotary Retreatment File System *368*

24. Procedural Accidents 374
- Inadequately Cleaned and Shaped Root Canal System *374*
- Instrument Separation *381*
- Deviation from Normal Canal Anatomy *388*
- Inadequate Canal Preparation *390*
- Perforation *391*
- Obturation Related *398*
- Vertical Root Fracture *399*
- Instrument Aspiration *401*

25. Surgical Endodontics 403
- Definition *403*
- Rationale *403*
- Objectives *403*
- Indications *404*
- Contraindications *404*
- Classification *404*
- Steps for Surgical Endodontics *405*
- Treatment Planning and Presurgical Notes *405*
- Incision and Drainage *406*
- Periradicular Surgery *406*
- Flap Designs and Incisions *408*
- Full Mucoperiosteal Flaps *409*
- Limited Mucoperiosteal Flaps *410*
- Flap Design Consideration in Palatal Surgery *411*
- Flap Reflection and Retraction *411*
- Flap Retraction *412*
- Hard Tissue Management *412*
- Principles of Surgical Access to Root Structure *412*
- Periradicular Curettage *412*
- Root-End Resection (Apicoectomy, Apicectomy) *413*
- Root-End Preparation *414*
- Retrograde Filling *416*
- Reapproximation of the Soft Tissue *417*
- Replantation *417*
- Transplantation *419*
- Hemisection/Root Resection/Root Amputation *419*
- Bicuspidization/Bisection *420*
- Endodontic Implants *421*
- Postsurgical Care *421*
- Suturing *422*
- Postsurgical Complications *423*
- Repair After Endodontic Surgery *423*

26. Endodontic–Periodontal Lesions 425
- Definition *425*
- Pathways of Communication Between Pulp and Periodontium *425*
- Impact of Pulpal Diseases on the Periodontium *428*
- Impact of Periodontal Disease on Pulpal Tissue *429*
- Etiology of Endodontic–Periodontal Lesions *429*
- Classification of Endodontic–Periodontal Lesions *429*
- Diagnosis of Endodontic–Periodontal Lesions *430*
- Primary Endodontic Lesions *432*
- Primary Endodontic Lesion with Secondary Periodontal Involvement *433*
- Primary Periodontal Lesions *434*
- Primary Periodontal Lesions with Secondary Endodontic Involvement *434*
- Independent Endodontic and Periodontal Lesions which do not Communicate *435*
- True Combined Endo–Perio Lesions *435*

27. Restoration of Endodontically Treated Teeth ... 438
- Importance of Coronal Restoration *438*
- Factors Making Endodontically Treated Teeth Different from Vital Teeth *438*
- Biologic Width *439*
- Restorative Treatment Planning for Endodontically Treated Teeth *441*
- Components of the Restored Tooth *444*
- Classification of Posts *445*
- Factors to be Considered while Planning Post and Core *446*
- Retention and the Resistance Form *446*
- Ferrule Effect *454*
- Mode of Failure *455*
- Retrievability *455*
- Preparation of the Canal Space and the Tooth *455*
- Core *458*
- Custom-Made Post *459*
- Core Fabrication *460*
- Investing and Casting *460*

- Evaluation *460*
- Cementation *460*

28. Management of Traumatic Injuries 462
- Classification of Dentofacial Injuries *462*
- History and Examination of Traumatic Injuries *464*
- Infraction *466*
- Enamel Fracture *466*
- Enamel-Dentin Fracture without Pulp Involvement *467*
- Enamel-Dentin-Pulp Fracture with Pulp Involvement *467*
- Crown-Root Fracture without Pulp Exposure *468*
- Crown-Root Fracture with Pulp Exposure *468*
- Root Fracture *469*
- Luxation Injuries *473*
- Concussion *474*
- Subluxation *474*
- Lateral Luxation *475*
- Extrusive Luxation *475*
- Intrusive Luxation *475*
- Avulsion/Exarticulation/Total Luxation *476*
- Responses of the Pulp and Periradicular Tissues Following Trauma to a Tooth *478*
- Pulp Tissue Responses Following Trauma to a Tooth *479*
- Periradicular Tissue Responses Following Trauma to a Tooth *479*
- Assessment of Traumatic Injuries *482*
- Prevention of Traumatic Injuries *483*

29. Pulpal Response to Caries and Dental Procedure 485
- Response of Pulp to Dental Caries *485*
- Response of Pulp to Tooth Preparation *487*
- Response of Pulp to Local Anesthetics *488*
- Dentin Sterilizing Agents *489*
- Response of Pulp to Restorative Materials *489*
- Effects of Pin Insertion *490*
- Impression Material *490*
- Effects of Radiations on Pulp *490*
- Effect of Heat from Electrosurgery *491*
- Effect of Lasers on Pulp *491*
- Defense Mechanism of Pulp *491*
- Prevention of Pulpal Damage Due to Operative Procedure *492*
- How Does Pulp Recover? *492*

30. Tooth Whitening.....493
- Classification of Discoloration *493*
- Bleaching *495*
- Bleaching Agents *495*
- Mechanism of Bleaching *495*
- Bleaching of Vital Teeth *496*
- Vital Bleaching Techniques *496*
- Bleaching of Nonvital Teeth *498*
- Effects of Bleaching Agents on Tooth and its Supporting Structures *501*

31. Root Resorption 503
- Definition *503*
- Classification of Resorption *503*
- Protective Mechanism Against Resorption *505*
- Cells Involved in Root Resorption *505*
- Mechanism of Root Resorption *506*
- Diagnosis of Resorption *506*
- Internal Resorption *506*
- External Root Resorption *512*
- Cervical Root Resorption (Extracanal Invasive Resorption) *517*

32. Crack Tooth Syndrome and Vertical Root Fracture 520
- Crown-Originating Fracture (Previously Known as Cracked Tooth Syndrome) *521*
- Vertical Root Fracture *526*

33. Geriatric Endodontics 530
- Age Changes in the Teeth *530*
- Endodontic Challenges in Geriatric Patients *531*
- Diagnosis and Treatment Plan *532*

34. Lasers In Endodontics 537
- History *537*
- Classification of Laser *538*
- Principles of Laser Beam *538*
- Laser Physics *539*
- Type of Lasers *541*
- Emission Modes of Laser *542*
- Laser Interaction with Biological Tissues *542*
- Laser Safety in Dental Practice *543*
- Laser Safety *543*
- Applications of Lasers *544*

35. Bioceramics in Endodontics 548
- Classification *548*
- Rationale of Using Bioceramics *548*
- Bioceramics Available in Endodontics *549*
- Portland Cement *549*
- Mineral Trioxide Aggregate *549*
- Biodentine *553*
- Bioceramic-based Root Canal Sealers *554*

36. Vital Pulp Therapy 556
- Ideal Requirements of a Pulp Capping Agent *556*
- Materials Used for Pulp Capping *556*
- Vital Pulp Therapy *560*
- Pulp Capping *560*
- Apexogenesis *563*
- Pulpotomy *563*
- Apexification *568*
- Revascularization *570*
- Coronal Restoration *570*

37. Regenerative Endodontics 572
- Definition of Tissue Engineering *572*
- Strategies of Stem Cell Technology *572*
- Triad of Tissue Engineering *573*
- Regenerative Endodontics Procedures *575*

38. Magnification 581
- Definitions *581*
- Loupes *581*
- Parameters for Successful Use of Loupes *582*
- Surgical Operating Microscope *584*
- Endoscope *588*
- Orascope *588*

39. Ethics in Endodontics 590
- Nature of Ethics *590*
- Principles of Ethics *590*
- Root Canal Ethics *590*
- Informed Consent *591*
- Dental Negligence *591*
- Malpractice and the Standard of Care *593*
- Abandonment *593*
- Malpractice Cases *594*

Index *597*