CONTENTS

1. Introduction to Community Health and Community Health Nursing 1
2. Public Health 12
3. Family 21
4. The Family Development and Family Health Care 28
5. Community Health Nursing Process 33
6. The Home Visit. 50
7. Reproductive and Child Health 69
8. Cold Chain System 94
9. Role of Anganwadies in Promoting the Health of the People. 105
10. Records and Reports in Community Health Nursing 112
11. Procedures Used in Home Settings 119
12. Nursing Theories 158
13. Nightingale's Adaptation Theories 165
14. Hildegard's Interpersonal Theory 174
15. Henderson's Theory of Nursing Functions 179
16. Abdellah's Theory of Nursing Problems 183
17. Martha E Rogers' Theory of Unitary Human Beings 188
18. Orem's Self-care Deficit Theory 193
19. King's Goal Attainment Theory 204
20. Roy's Adaptation Model 218
21. Neuman's Systems Model 225
22. Orlando's Nursing Process Theory 235
23. Dorothy E Johnson's Behavioral System Model (1980) 245
24. Margaret A Newman's Theory of Health (1990) 252

- *Appendix I: Job Description and Responsibilities 261*
- *Appendix II: World Health Day Themes 274*
- *Appendix III: International Council of Nurses: Themes 275*
- *Appendix IV: Student Nurses Association Themes 276*
- *Appendix V: Indian Standard Heights and Weights 278*

Index 279