Contents

SECTION 1 Basics in ICU

1. Blood Gases in Coronary Care Unit **3**
Anunay Gupta, SS Kothari

Is This Blood Gas Measurement Reliable? *3*
Is Venous Blood Comparable to Arterial Blood for Analysis? *4*
Is It Acute or Chronic Abnormality? *5*
Is It Only Respiratory or Metabolic (Mixed)? *5*
Use of Blood Gas Analysis in CCU *8*
Conditions in Which Blood Gas Helps in Management *10*

2. Electrolyte Abnormalities **15**
Jacob Jose

Hyponatremia *15*; Treatment *16*
Vaptans in Hyponatremia *20*; Hypernatremia *20*
Hypokalemia *21*; Hyperkalemia *23*; Magnesium *24*

3. Hyponatremia in Heart Failure **26**
Harikrishnan S

Drug-induced Hyponatremia *26*
Consequences of Hyponatremia in Heart failure *27*
Management of Hyponatremia in Heart Failure *28*
Treatment of Acute Symptomatic Hyponatremia in Patients with Heart Failure *29*

4. Ventilator Settings in Cardiac ICU **33**
Chitra Mehta, Yatin Mehta

Hemodynamic Effects of PPV/PEEP *34*
High Frequency Oscillatory Ventilation *35*
Airway Pressure Release Ventilation *36*; Prone Ventilation *37*
Extracorporeal Membrane Oxygenation *37*
Noninvasive Ventilation *39*
Weaning from Mechanical Ventilation *39*

5. Noninvasive Ventilation **43**
Anant Mohan, Saurabh Mittal

Equipment *44*; Indications of Noninvasive Ventilation *47*
Initiation of Noninvasive Ventilation *50*
Monitoring during Noninvasive Ventilation *51*
When to Terminate Noninvasive Ventilation? *51*
Contraindications of Noninvasive Ventilation *51*
Predictors of Outcome on Noninvasive Ventilation *52*
Complications of Noninvasive Ventilation *52*
Weaning from Noninvasive Ventilation *53*

6. Weaning in Patients with Cardiac Diseases **54**
Mayank Singhal, Rohit MK, Parag Barwad

Mechanisms Contributing to the Development of Weaning Related Cardiogenic Pulmonary Edema *55*
Diagnosis of Weaning-Related Cardiogenic Pulmonary Edema *56*
Cardiac Catheterization *57*; Cardiac Biomarkers *58*
Transthoracic Echocardiography *58*
Weaning Associated Hemoconcentration *59*
Therapeutic Options *59*

7. Ventilator Associated Pneumonia **64**
Randeep Guleria, Saurabh Mittal

Epidemiology and Risk Factors *64*; Treatment of VAP *70*

8. Hemodynamic Monitoring in Cardiac Critical Care Units **74**
Anunay Gupta, Saurabh Kumar Gupta
Noninvasive Hemodynamic Monitoring *75*
Invasive Hemodynamic Monitoring *78*
Assessing the Fluid Responsiveness *92*
Recent Advances in Hemodynamic Monitoring *93*

SECTION 2 Heart Failure

9. Acute Decompensated Heart Failure **99**
Sandeep Seth, Archana Saini
Background *99*; Definition *99*; Magnitude of Problem *99*
Causes *100*; Classification *100*; Management *101*

10. Inotropes **106**
Ajay Bahl
Dobutamine *106*; Dopamine *107*; Noradrenaline *107*
Adrenaline *108*; Milrinone *108*; Levosimendan *109*
Which Drug? *109*

11. Value of IABP and Assist Devices in Critical Care Unit **111**
Sundeep Mishra
Etiology *111*; Mechanism of Destabilization *112*;
High-Risk PCI *114*; Nonischemic Myocardial Injury *114*
Management of Ischemic and Hemodynamic Support in High-risk PCI *114*

12. Extracorporeal Membrane Oxygenation in Cardiac ICU **119**
Poonam Malhotra Kapoor, Sameer Taneja
Decision to Institute ECMO *119*
Inclusion Guidelines for ECMO in Pediatric Patients *120*
Contraindications of ECMO *120*; Types of ECMO *121*
Central Versus Peripheral ECMO *125*
Uses of ECMO *126*; ECMO in Cardiogenic Shock *127*
ECMO In Heart Failure *127*; ECMO And Sepsis *127*
Noncardiac Indications for Extrcorporeal Membrane Oxygenation *127*; Complications *128*

SECTION 3 Arrhythmias and Resuscitation

13. Bradyarrhythmias in Critical Care **133**
Gaurav Chaudhary, Rakesh Yadav, Rishi Sethi
Etiology *133*; Causes of Bradyarrhythmia *133*
Clinical features *134*; Diagnosis of Bradyarrhythmia *135*
Atrioventricular Blocks *135*; Medical Management *136*
Special Situations *138*
Transcutaneous External Cardiac Pacing *139*
Transvenous Pacing *139*; Epicardial Pacing *140*

14. Atrial Tachyarrhythmias **141**
Anitha Sathishkumar, Ulhas M Pandurangi
Classification *141*; Management of Atrial Arrhythmias *148*
Drugs in Atrial Tachyarrhythmias *153*

15. Ventricular Arrhythmias **157**
Zohaib Shaikh, Yash Lokhandwala
General Principles *157*
Approach to Ventricular Arrhythmias *158*
Premature Ventricular Complex *158*
Nonsustained Ventricular Tachycardia *158*
Sustained Monomorphic VT *158*

Sustained Polymorphic Ventricular Tachycardia/ Ventricular Fibrillation *158*
Ventricular Tachycardia/Ventricular Fibrillation Storm *161*
Management of VT/ VF Storm *161*
Defibrillator Basics *167*

16. Basic Life Support **170**
Anand P, Nitish Naik
Prevalence *170*; Recognition *170*
Maintaining Circulation *171*; Securing Airway *172*
Breathing *172*; Defibrillation *173*; Additional Care *173*

17. Advanced Life Support **175**
Satyendra Tewari, Deep Chandh Raja S
Advanced Cardiac Life Support 2010 Algorithms *175*
Ensuring Quality and Monitoring of CPR *177*
When to Interrupt Chest Compressions? *179*
Airway Management and Ventilation *180*
Drugs and Routes of Administration *181*
Common Resuscitation Drugs *181*
Termination of CPR *182*; Postcardiac Arrest Care *182*
Pediatric Advanced Life Support *183*
Role of Waveform Capnography in ACLS *183*
Key Messages for Healthcare Providers *183*

18. Cardiac Arrest Survivor **185**
Amit Vora
Step Care Management of Cardiac Arrest Survivor *185*
Neurologic Assessment and Management *186*
Maintain Hemodynamic Stability *187*
Adequate Oxygenation *187*; Maintain Internal Milieu *187*
Evaluate Cardiac Causes of Arrest *188*
Treatment of Cardiac Causes of Arrest *188*
Prognosis of Cardiac Arrest Survivor *192*

SECTION 4 Acute Coronary Syndrome

19. Caring for a Thrombolysed Patient **197**
SS Iyengar
Reassurance *197*; Close Observation *197*
Adverse Effects of Thrombolysis *198*
Result of Thrombolysis *200*; Complications of STEMI *201*
Adjuvant and Concomitant Therapy *202*; Transfer *203*
Secondary Prevention *203*
Summary of Steps to be Taken in the Care of a Thrombolysed Patient *204*

20. Nonthrombolysed STEMI **205**
Vishal Batra, Asit Das
Current Status of Treatment of STEMI in India *206*
Role of Thrombolysis in the Treatment of AMI *206*
Indications for Fibrinolysis *207*
Timing of Fibrinolytic Therapy *207*
Therapies for Non-reperfused Patients *208*

21. Practical Tips in Managing a Patient with USA/NSTEMI **213**
Vineet Bhatia, Upendra Kaul
Management of UA/NSTEMI *213*
Anti-Ischemic Therapy *215*
Antiplatelet Agents *217*

22. ECG Diagnosis of Myocardial Infarction in Challenging Situations **225**
G Justin Paul, G Ashok, P Anandharaj
Causes of Non Ischemic ST-Segment Elevation *226*
Benign Early Repolarization Syndrome *227*
Acute Pericarditis *228*
Left Ventricular Hypertrophy (LVH) *230*
Sgarbossa Criteria *233*
Left Ventricular Aneurysm *235*
Electrolyte Imbalance: Hyperkalemia *236*
Hypercalcemia and Hypocalcemia *237*
Brugada Syndrome *237*
Takotsubo Syndrome (Apical Ballooning Syndrome) *240*
Electrical Cardioversion *242*

23. Biomarkers in Acute Coronary Syndrome **245**
Ajay Kumar Sinha, Mridubhashini Sinha, Pramod Kumar, Manish Gunjan, Sanjeev Kumar
Biomarkers in Acute Coronary Syndrome *245*
Cardiac Troponin *246*; Creatine Kinase *247*
Myoglobin *248*; Natriuretic Peptides *248*
Emerging Diagnostic Markers of Acute Coronary Syndrome *248*
Limitations of Diagnostic Biomarkers in Acute Coronary Syndrome *250*

24. Postmyocardial Infarction Angina or Reinfarction: Always a Diagnostic Challenge in Critical Care Unit **254**
PC Mondal
Causes of Recurrent Chest Discomfort *254*
Causes as Per Time Frame *255*
Pathophysiologic Mechanisms *255*

25. Reinfarction **259**
Debasis Ghosh
Ischemic Complications Postmyocardial Infarction *259*

26. Cardiogenic Shock in Acute Myocardial Infarction **263**
Rajiv Ananthakrishna, Srinivas BC
Definition *263*; Etiology *263*; Pathophysiology *264*
Adverse Prognostic Factors *264*
Management *264*

27. Mechanical Complications of Acute Myocardial Infarction **274**
Bishav Mohan, Manbir Singh Khurana
Ventricular Septal Rupture *275*
Left Ventricular Free Wall Rupture *281*
Pseudoaneurysm *283*; Ventricular Aneurysm *284*

28. Stent Thrombosis in Drug-eluting Stents Era **288**
Nagendra S Chouhan, Praveen Chandra
Definition of Stent Thrombosis *288*
ARC Definition of Stent Thrombosis *289*
Pathogenesis of Stent Thrombosis *290*
Drug-related Thrombogenicity *291*
Device (Stent)-related Thrombogenicity *292*
Effect of Systemic Prothrombotic Environment and Plaque Characteristics (Acute Coronary Syndrome) *293*
Stent Malapposition and Role of Intravascular Imaging *294*

Acquired Stent Malapposition *294*
Endothelial and Neointimal Regeneration and Neoatherosclerosis *296*
Clinical Implications of Stent Thrombosis *297*
Incidence of Stent Thrombosis *298*
Management of Stent Thrombosis *300*
Improvement in Devices Technology *301*

29. Management of Postpercutaneous Coronary Intervention Complications **308**
G Sengottuvelu

Coronary Vascular Injury *308*
Noncoronary Vascular Injury *310*
Systemic Events *314*

30. Anticoagulants in Cardiac Critical Care **319**
Pritish Bagul, Swapnil Mate, Prafulla Kerkar

Unfractionated Heparin *319*
Newer Oral Anticoagulants *324*

SECTION 5 Cardiac Emergencies

31. Cardiac Tamponade **335**
Mullasari Ajit Sankardas, Aravind Sampath, Vijayakumar Subban

Anatomy and Physiology of the Pericardium *335*
Classification *336*; Pressure-Volume Relationship *337*
Clinical Features *339*; Clinical Signs *340*
Investigations *341*; Management *346*
ECHO Guided *347*; ECG Guided *348*
Blind Approach *349*; Fluoroscopy Guided *349*
Complications *349*; Contraindications *349*
Surgical Therapy *349*

32. Accelerated Hypertension **351**
Debasri Dasbiswas, Arindam Maitra, Arup Dasbiswas

Hypertensive Urgencies *351*
Hypertensive Emergency *352*

33. Management of Pulmonary Embolism **361**
Neil Bardoloi, Rituparna Baruah

Epidemiology *361*; Predisposing Factors *361*
Acquired Risk Factors *361*; Inherited Risk Factors *362*
Natural History *363*; Pathophysiology *363*
Clinical classification of Pulmonary Embolism Severity *363*
Diagnosis *363*; Clinical Presentation *364*
Thrombolytic Therapy *370*; Advanced Therapy *371*

34. Acute Dissection of Aorta **376**
NN Khanna, Suparna Rao

Epidemiology *376*; Pathophysiology *377*
Predispositions *377*; Genetic Predisposition *377*
Natural History *378*; Clinical Presentation *378*
Classification *380*; Diagnosis *382*
Biomarkers *384*; Management *385*
Medical Therapy *387*

35. Acute Limb Threatening Ischemia **393**
Sanjay Tyagi, Amit Mittal, Swati Tyagi

Common Etiologies *393*
Other Less Common Etiologies (10%) *394*
Evaluation *394*

Clinical Classification of Acute Limb Ischemia *396*
Diagnostic Studies *397*
Treatment of Acute Limb Ischemia *401*
Treatment Options: The Bottom Line *402*
Technique *403*

36. Unexplained Hypotension in ICU Setting **410**
Munna Das

Step 1: Heart Rate (HR) *411; Step 2*: Volume Status *411*
Step 3: Cardiac Performance *412*
Step 4: Systemic Vascular Resistance *413*
Ultrasound Triaging in Hypotensive Patient *416*

37. Acute Dyspnea **417**
Rajiv Ananthakrishna, Kapil Rangan, Srinivasa KH

Etiology of Acute Dyspnea *417*
Pathophysiology of Dyspnea *417*
Differentiating Cardiac from Respiratory Dyspnea *417*
Approach to a Patient with Acute Dyspnea *418*
Investigations *419*; Treatment *421*; Case Illustrations *422*

38. Emergency Cardiovascular Drugs **424**
SS Islam

Access to the ECVDs *424*; Scope for the use of ECVDs *425*
Adenosine *425*; Atropine *426*; Amiodarone *426*
Aspirin *426*; Digoxin (Lanoxin) *426*; Diltiazem *427*
Diuretics (Frusemide) *427*; Dopamine and Dobutamine *428*
Epinephrine (Adrenaline) *429*; Norepinephrine *429*
Ibutilide *429*; Isoprenaline *430*; Lidocaine *430*
Magnesium Sulphate *430*; Morphine *430*
Nitroglycerin or Glyceryl-trinitrate (NTG or GTN) *430*
Nesiritide *431*; Procainamide *431*
Sodium nitroprusside *431*
Verapamil *432*; Hydrocortisone *432*
Thrombolytic Agents *432*

39. Emergency Procedures in Cardiac Critical Care **434**
Jabir A, Anoop Mathew

Peripherally Placed Central Venous Access *434*
Pericardiocentesis *442*

40. Stress Cardiomyopathy: Recognition and Management **446**
Nair Anishkumar, Krishnan MN

Investigations *449;* Etiopathogenesis *446*
Clinical Profile *448;* Atypical Forms *448*
Complications *448;* Diagnosis *449;* Investigations *449*
Electrocardiogram *449;* Cardiac Biomarkers *450*
Echocardiography *451;* Cardiac Catheterization *451*
Imaging Studies *452;* Biopsy *453;* Treatment *453*
Prognosis and Recurrence *454*

Index *459*