Contents

1. **Introduction** 1
Shivlal M Rawlani, Sudhir S Rawlani

2. **Embryology and Development of Temporomandibular Joint** 4
Shivlal M Rawlani, Sudhir S Rawlani
The transformation of the reptilian jaw to the mammalian 7
Chronological development of the TMJ 10

3. **Anatomy of Temporomandibular Joint** 15
Shobha Rawlani, Shivlal M Rawlani
Osseous components of TMJ 20
The temporal component of the TMJ 21
Soft tissue components of TMJ 22

4. **Articular Disc** 31
Shivlal M Rawlani, Sudhir S Rawlani
Disc shape 33
Disc contour 34
Histology of the disc 34
Posterior discal band 35
Anterior discal band 35
Intermediate discal zone 35
Retrodiscal tissue 35
Functions of the articular disc 36
Relationship of the condyle and disc 36
Functional anatomy 37
The retrodiscal pump 37
The synovial membrane 37
Functions of the synovia 38
Synovial fluid 38

5. Temporomandibular Joint Imaging **39**
Shivlal M Rawlani, Sudhir S Rawlani
Conventional radiography 40
Computed tomography 48
Arthrography 50
Arthroscopy 51
Nuclear medicine 57

6. Clinical Evaluation of Temporomandibular Joint **59**
Shivlal M Rawlani, Shraddha Patel
Chief complaint 59
Pain referring to the TMJ region 61
Masticatory and associated muscles 69
Soft tissue changes 72

7. Temporomandibular Joint Disorders and its Managements **74**
Shivlal M Rawlani, Sudhir S Rawlani
Review of classification 75
Myofascial pain disorder 78
Developmental disorders of TMJ 89
Traumatic disorder of TMJ 92
Metabolic disorder 96
Neoplastic disorders 98
Miscellaneous disorders 98
Surgical procedures 99

8. Orthodontic Considerations in Temporomandibular Joint **103**
Ranjit Kamble, Jimmy Sangtani
Temporomandibular joint disorders 103
Various definitions of TMDs 105
Etiology of TMD is multifactorial 106
Etiology in relation to orthodontics 112
Classifications of TMD 118
TMD and malocclusion 121
TMD and orthodontics 122
Behavior of TMJ in response to myofunctional treatment 127
Signs and symptoms of TMDs 131
Other signs and symptoms of TMDs 133
Management of TMDs 133
Oral appliances 134
Mode of action 136
Types of splints 136

Management of dental occlusion 138
Management according to type of disorder 140

9. Prosthodontic Considerations of Temporomandibular Joint Disorders 141
Surekha Godbole, Aniket Gupta
Clinical features 141
Definition of TMJ disorder 141
Etiology 142
Classification 145
Measurement of jaw movements 148
Examination of occlusion 149
Occlusal appliance therapy 153
Occlusal splints 153
Functions of splints 154
Uses of splint 154
Types of occlusal splint 155
Splint types 156
Muscle relaxation (MR) appliance 157
Anterior repositioning appliance 161
Anterior bite plane 162
Posterior bite plane 164
Pivoting appliance 164
Soft or resilient appliance 165
Choosing the correct splint 166
What splints cannot do? 167

10. Pediatric Considerations in Temporomandibular Joint Disorders 168
Monika Rawlani
Background 168
Temporomandibular disorder 169
Prevalence of TMD in children and adolescents 169
Etiology of TMD: Development of etiological concepts 170
The multifactorial model 170
Predisposing (or risk) factors for TMDs 172
Systemic factors 173
Clinical findings in TMDs 174
Diagnostic criteria 176
Neoplasms 179
Temporomandibular joint dislocation 179

Myofacial pain 182
Myositis or inflammatory myalgia 182
Myospasm or tonic contraction myalgia 183
Habits 183
Examination for TMDs 185
Recommendations 189

11. Relation of Periodontal Health with Temporomandibular Joint 190
Manohar Bhongade, Sneha Puri
Effect of parafunctional habits on TMJ 190
Effect of bite stability on TMJ 195
Relationship between bone mineral density and TMJ 196
Osseoperception in implants supported prosthesis: TMJ perspective 196
Temporomandibular joint problems and peridontal condition in rheumatoid arthritis 197
Tooth mobility and TMJ 198
Occlusal examination in TMJ disorders 200

12. Temporomandibular Joint Functioning and Conservative Dentistry 202
Manoj Chandak, Rakhi Chandak
Inter-relation of occlusal discrepancies and temporomandibular joint 202
Inter-relation of occlusal discrepancies: Temporomandibular joint disorder and stress 203
Ideal requirements for occlusion in posterior restorations 205
Occlusal considerations in restoring individual teeth 211
Checking the occlusion (Occlusal adjustment) 212

Index 215