Contents

Section 1: Upper Limb

1. Introduction **1**
- Homologous parts shared by upper limb and lower limb *03*
- Parts of upper limb *03*

2. Pectoral Region **4**
- Superficial fascia of the pectoral region *04*
- Breast *04*
- Clavipectoral fascia *07*
- Pectoralis major muscle *07*
- Serratus anterior muscle *08*

3. Axilla **10**
- Axilla *10*

4. Back of the Body **12**
- Skin and fascia of the back *12*
- Muscles connecting upper limb with the vertebral column *12*

5. Scapular Region **14**
- Deltoid muscle *14*
- Muscles around the scapula *14*
- Rotator cuff/musculocutaneous cuff *15*
- Subacromial bursa *15*
- Intermuscular spaces *16*

6. Arm **18**
- Fascial compartments of arm *18*
- Anterior compartment of arm *18*
- Biceps brachii *18*
- Coracobrachialis and brachialis *18*
- Insertion of coracobrachialis—anatomical peculiarities *19*
- Cubital fossa *19*
- Posterior compartment of the arm *20*
- Triceps brachii muscle *20*

7. Antebrachium/Forearm **22**
- Fascial compartments of forearm *22*
- Contents of front of forearm *22*

- Muscles of anterior compartment *22*
- Contents of back of forearm *24*
- Muscles of posterior compartment of arm *24*

8. Wrist and Hand **27**
- Skin and superficial fascia of the palmar aspect of the hand *27*
- Flexor retinaculum *27*
- Palmar aponeurosis *28*
- Fibrous flexor sheath of fingers *28*
- Intrinsic muscles of hand *29*
- Spaces of hand *30*
- Mid palmar space of hand *31*
- Thenar space of hand *31*
- Pulp spaces of fingers *31*
- Dorsum of hand *31*
- Extensor retinaculum *32*
- Dorsal digital expansion *32*
- Anatomical snuff box *32*

9. Joints of Upper Limb **34**
- Shoulder joint complex—concept *34*
- Shoulder joint/glenohumeral joint *34*
- Abduction at shoulder joint *36*
- Elbow joint *36*
- Carrying angle *37*
- Superior and inferior radioulnar joints *38*
- Wrist joint/radiocarpal joint *38*
- First carpometacarpal joint *39*

10. Blood Supply and Lymphatic Drainage of Upper Limb **41**
- Arterial supply of upper limb—outline *41*
- Axillary artery *41*
- Anastomosis around scapula *42*
- Brachial artery *43*
- Anastomosis around elbow joint *44*
- Radial artery *44*
- Ulnar artery *44*
- Superficial palmar arch *45*
- Deep palmar arch *45*
- Venous drainage of upper limb—outline *46*
- Main superficial veins of upper limb *46*
- Lymphatic drainage of upper limb *47*

11. Nerves of Upper Limb **49**
- Nerve supply of upper limb *49*
- Brachial plexus, Erb's and Klumpke's paralysis *49*
- Axillary nerve *51*
- Musculocutaneous nerve *52*

- Radial nerve *52*
- Ulnar nerve *54*
- Median nerve *56*
- Cutaneous supply of upper limb *59*
- Dermatomes of upper limb *60*

Section 2: Lower Limb

12. Introduction **65**
- Related terms in lower limb *65*

13. Front of Thigh **66**
- Superficial fascia of front of thigh *66*
- Deep fascia of thigh/fascia lata and its modifications *66*
- Femoral triangle *67*
- Femoral sheath *68*
- Femoral canal *68*
- Muscles of front of thigh *68*
- Adductor/hunters/subsartorial canal *70*

14. Medial Side of Thigh **72**
- Medial side of thigh with its boundaries and contents *72*
- Muscles of adductor compartment of thigh *72*
- Adductor magnus muscle *72*
- Pectineus muscle *73*

15. Gluteal Region **75**
- Gluteal region—outline *75*
- Muscles of gluteal region *75*
- Gluteus maximus muscle *76*
- Structures undercover gluteus maximus *76*
- Gluteal ligaments *79*

16. Back of Thigh **80**
- Back of thigh boundaries and contents *80*
- Hamstring muscles *80*
- Rest of muscles of posterior compartment of thigh *81*
- Cross section at the level of mid-thigh *82*
- Popliteal fossa *83*

17. Leg and Dorsum of Foot **84**
- Superficial, deep fascia of leg and fascial compartments *84*
- Extensor retinaculum *84*
- Muscles of dorsum of foot *85*
- Lateral compartment of leg *86*
- Peroneal retinaculum *86*
- Guy ropes *87*
- Anserine bursa *87*

- Posterior compartment of leg *87*
- Flexor retinaculum *87*
- Muscles of posterior compartment of leg *88*

18. Sole of Foot **91**
- Sole of foot—outline *91*
- Muscles of sole of foot *91*
- Arches of foot *92*

19. Joints of Lower Limb **95**
- Hip joint *95*
- Knee joint *98*
- Deltoid ligament *104*
- Inversion and eversion of the foot *104*

20. Blood Supply and Lymphatic Drainage of Lower Limb **106**
- Femoral artery *107*
- Profunda femoris artery *108*
- Obturator artery *108*
- Medial circumflex femoral artery *109*
- Popliteal artery *109*
- Anterior tibial artery *110*
- Posterior tibial artery *110*
- Medial plantar artery, lateral plantar artery and plantar arch *110*
- Venous drainage of lower limb—outline *111*
- Great saphenous vein *113*
- Short saphenous vein *113*
- Femoral vein *114*
- Perforator veins *114*
- Lymphatic drainage of lower limb *114*

21. Nerve Supply of Lower Limb **116**
- Nerve supply of lower limb—outline *116*
- Femoral nerve *116*
- Obturator nerve *117*
- Sciatic nerve *117*
- Common peroneal nerve *119*
- Tibial nerve *119*
- Cutaneous innervation of lower limb *120*
- Dermatomes of lower limb *122*

Section 3: Thorax

22. Wall of Thorax and Thoracic Cavity **127**
- Thoracic cage *127*
- Thoracic inlet *127*
- Thoracic outlet *128*
- Scalene triangle *128*

- Diaphragm *128*
- Intercostal space *130*
- Internal thoracic artery *132*
- Azygos vein *133*
- Hemiazygos vein *134*
- Accessory hemiazygos vein *134*
- Thoracic sympathetic trunk *134*

23. Pleurae **137**
- Pleural cavities and pleura *137*
- Pulmonary ligament *138*
- Pleural recess *138*

24. Lungs **140**
- Lobes and fissures *140*
- Hilum *140*
- Mediastinal surface of lungs *141*
- Development of lungs *142*
- Root of lung *143*
- Bronchopulmonary segments *143*

25. Mediastinum **146**
- Boundaries of mediastinum *146*
- Superior mediastinum *146*
- Inferior mediastinum *147*

26. Pericardium and Heart **149**
- Pericardium *146*
- Sinuses of pericardium *150*
- External features of heart *150*
- Development of heart tube *152*
- Right atrium *152*
- Interatrial septum *153*
- Left atrium *154*
- Ventricles *154*
- Valves of the heart *155*
- Interventricular septum *156*
- Blood supply of heart *156*
- Veins of the heart *158*
- Cardiac plexuses *159*
- Lymphatic drainage of heart *160*
- Conduction system of heart *160*
- Fetal circulation *160*

27. Superior Vena Cava and Aorta **162**
- Superior vena cava *162*
- Aorta *163*
- Aortic sinuses *163*

28. Trachea, Esophagus and Thoracic Duct **166**
- Esophagus *166*
- Thoracic duct *168*
- Trachea *169*

Section 4: Abdomen and Pelvis

29. Anterior Abdominal Wall **175**
- Abdominal cavity *175*
- Abdominal planes and quadrants *175*
- Anterior abdominal wall *176*
- Rectus sheath *180*
- Fascia transversalis *181*
- Inguinal canal *181*
- Hesselbach's triangle *183*
- Inguinal hernia *183*

30. Male Genital Organs **185**
- Testis *185*
- Vas deferens *187*

31. Abdominal Cavity and Peritoneum **190**
- Greater omentum *190*
- Lesser omentum *190*
- Mesentery *191*
- Transverse mesocolon *191*
- Sigmoid mesocolon *192*
- Peritoneal cavity—greater sac and lesser sac *192*
- Epiploic foramen *193*
- Morrison's pouch *194*
- Rectouterine pouch *194*

32. Stomach **196**
- External features of stomach *196*
- Traube's space *197*
- Stomach bed *197*
- Interior of stomach *198*
- Development of stomach *199*

33. Small and Large Intestines **201**
- Duodenum *201*
- Duodenal cap *204*
- Ligament of Treitz *204*
- Jejunum and ileum *205*
- Cecum *206*
- Vermiform appendix *207*
- Colon *208*
- Meckel's diverticulum *210*

34. Spleen, Pancreas and Liver **211**
- Spleen *211*
- Vascular segments of spleen *212*
- Pancreas *213*
- Ducts of pancreas *214*
- Development of pancreas and pancreatic duct *215*
- Liver *216*
- Hepatic segments of Couinaud *217*
- Development of liver and gallbladder *219*

35. Biliary Apparatus **220**
- Biliary apparatus *220*
- Gallbladder *220*
- Cystic duct *221*
- Common bile duct *222*
- Blood supply, lymphatic drainage and nerve supply *222*
- Calot's triangle *222*

36. Kidney, Ureter and Suprarenal Gland **224**
- Kidney *224*
- Morrison's parallelogram *226*
- Vascular segments of kidney *226*
- Development of kidney *227*
- Suprarenal glands *227*
- Ureter *228*

37. Posterior Abdominal Wall **231**
- Thoracolumbar fascia *231*
- Psoas major *231*
- Psoas sheath *232*
- Cisterna chyli *232*

38. Urinary Bladder and Urethra **234**
- Urinary bladder *234*
- Trigone of bladder *236*
- Development of urinary bladder *237*
- Male urethra *237*
- Female urethra *238*

39. Male and Female Reproductive Organs **240**
- Prostate *240*
- Age changes in the prostate *243*
- Development of prostate *243*
- Uterus *243*
- Development of uterus *246*
- Uterine tubes *246*

40. Perineum and True Pelvis **248**
- Perineum *248*
- Urogenital and anal triangle *248*

- Superficial perineal pouch *248*
- Deep perineal pouch *249*
- Urogenital diaphragm *249*
- Perineal membrane *250*
- Perineal body *250*
- Pudendal canal *251*
- Pelvic diaphragm *251*
- Ischiorectal fossa *252*
- Celiac ganglion *252*
- Celiac plexus *253*
- Sacral plexus *253*

41. Rectum and Anal Canal **255**
- Rectum *255*
- Anal canal *257*
- Development of rectum and anal canal *260*

42. Large Blood Vessels of the Gut **261**
- Portal vein *261*
- Portocaval anastomoses *262*
- Internal iliac artery *263*
- Celiac trunk *264*
- Superior mesenteric artery *264*
- Inferior mesenteric artery *265*

Section 5: Head and Neck

43. Scalp, Temple and Face **269**
- Surface landmarks *269*
- Layers of scalp *269*
- Blood supply of scalp and superficial temporal region *270*
- Nerve supply of scalp and superficial temporal region *271*
- Muscles of face *272*
- Nerve supply of face *274*
- Venous drainage of face *275*
- Lymphatic drainage of face *275*
- Lacrimal apparatus *276*

44. Side of Neck **279**
- Surface landmarks *279*
- Deep cervical fascia *279*
- Carotid sheath *282*
- Posterior triangle of neck *282*
- Sternocleidomastoid *284*

45. Structures in Anterior Median Region of Neck **286**
- Structures in anterior median region of neck *286*
- Anterior triangle of neck *286*

46. Deep Structures of Neck **290**
- Thyroid gland *290*
- Parathyroid glands *293*
- Thymus *294*
- Lymph nodes of head and neck *294*
- Scalene muscles *296*
- Cervical pleura *297*
- Styloid apparatus *297*

47. Back of Neck **299**
- Muscles of back *299*
- Suboccipital triangle *300*

48. Parotid Region **302**
- Parotid gland *302*

49. Submandibular Region **305**
- Suprahyoid muscles *305*
- Submandibular salivary gland *306*
- Sublingual gland *308*

50. Temporal and Infratemporal Region **310**
- Temporal fossa, infratemporal fossa, pterygopalatine fossa *310*
- Muscles of mastication *311*
- Relations of medial and lateral pterygoid *312*
- Temporomandibular joint *312*

51. Nose and Paranasal Sinuses **316**
- Nose and nasal septum *316*
- Lateral wall of nose *317*
- Maxillary sinus *319*

52. Contents of Orbit and Eye **321**
- Orbital fascia and bulbar fascia *321*
- Extraocular muscles *321*
- Actions of extraocular muscles *323*

53. Ear **325**
- Tympanic membrane *325*
- Middle ear *326*
- Ear ossicles and muscles *327*
- Mastoid antrum *328*
- Internal ear *328*
- Auditory tube/Eustachian tube *331*

54. Oral Cavity and Tongue **333**
- Hard palate *333*
- Soft palate *334*
- Muscles of soft palate *334*
- Passavant's ridge *335*
- Tongue *335*
- Muscles of tongue *338*

55. Pharynx **340**
- Pharynx *340*
- Palatine tonsil *341*
- Constrictor muscles of pharynx *343*
- Killian's dehiscence *344*

56. Larynx **345**
- Larynx *345*
- Cartilages of larynx *346*
- Muscles of larynx *347*
- Cavity of larynx *348*

57. Vertebral Canal and Contents **350**
- Vertebral canal and its contents *350*
- Vertebral venous plexus *350*

58. Cranial Cavity **352**
- Cerebral dura mater *352*
- Intracranial dural venous sinuses *353*
- Cavernous sinus *354*
- Superior sagittal sinus *355*
- Sigmoid sinus *355*
- Hypophysis cerebri *355*

59. Blood Vessels of Head and Neck **357**
- Common carotid artery *357*
- External carotid artery *358*
- Facial artery *359*
- Occipital artery *360*
- Maxillary artery *360*
- Internal carotid artery *362*
- Ophthalmic artery *363*
- Subclavian artery *364*
- Thyrocervical trunk *365*
- Vertebral artery *366*
- Subclavian vein *367*
- External jugular vein *368*
- Internal jugular vein *368*
- Brachiocephalic vein *369*
- Ophthalmic veins *369*

60. Nerves of Head and Neck **371**
- Ansa cervicalis/ansa hypoglossi *371*
- Cervical part of sympathetic trunk *371*
- Cervical plexus *372*
- Phrenic nerve *373*
- Greater occipital nerve *374*
- Submandibular ganglion *374*
- Mandibular nerve *375*

- Maxillary nerve *378*
- Otic ganglion *378*
- Pterygopalatine ganglion *378*
- Ciliary ganglion *379*
- Nasociliary nerve *380*
- Trigeminal ganglion *380*

Section 6: Neuroanatomy

61. Cerebrospinal Fluid **385**
- Cerebrospinal fluid *385*

62. Spinal Cord **387**
- Laminar organization in spinal cord *387*
- Tracts of spinal cord *387*

63. Brainstem **390**
- Transverse section of medulla at level of decussation of pyramid *390*
- Transverse section of medulla at the level of sensory decussation *390*
- Transverse section of medulla at the level of olives *391*
- Transverse section of pons at the level of facial colliculus *392*
- Transverse section through upper part of pons *392*
- Transverse section of midbrain at the level of inferior colliculus *393*
- Transverse section of midbrain at the level of superior colliculus *393*

64. Cerebellum and Fourth Ventricle **395**
- Cerebellum *395*
- Cerebellar peduncles *396*
- Interpeduncular fossa *396*
- Floor of fourth ventricle *397*

65. Cerebrum **399**
- Lobes and external surface of cerebral hemispheres *399*
- Sulci and gyri of brain *402*
- Medial geniculate body *403*
- Lateral geniculate body *403*
- Hypothalamus *404*
- Basal ganglia *406*
- Corpus callosum *407*
- Internal capsule *408*

66. Ventricles of Brain **411**
- Third ventricle *411*
- Lateral ventricle *411*

67. Blood Supply of Brain and Spinal Cord **413**
- Circle of Willis *413*
- Blood supply of spinal cord *413*
- Blood supply of brain *414*

68. Cranial Nerves **417**
- Introduction *417*
- Olfactory nerve *418*
- Optic nerve *419*
- Oculomotor nerve, trochlear and abducent nerve *420*
- Trigeminal nerve *424*
- Facial nerve *429*
- Vestibulocochlear nerve *432*
- Glossopharyngeal nerve *434*
- Vagus nerve *436*
- Accessory nerve *439*
- Hypoglossal nerve *441*

Appendix 1: Red Alert **443**

Appendix 2: Quick Glance of Important Diagrams **446**

Index *475*