Contents

1. Oral Medicine and Oral Diagnosis: Introduction and Scope 1

2. History and Definitions 3

- Definitions 3

3. Significance of Patient's History Recording 5

- Definition 5
- Types of Case History 6
- Principles of Examination of Patient 7
- Starting the Consultation 8
- Personal Identification Data 10
- Chief Complaint 12
- History of Present Illness 13
- Past Dental History 14
- Past Medical History 14
- Cardiovascular System 15
- Respiratory System 17
- Gastrointestinal System 17
- Endocrine System 18
- Hematopoietic 18
- Musculoskeletal System 19
- Neurologic System 19
- Cranial Nerve Examination 20
- Genitourinary 22
- Blood Transfusions 22
- Allergies 22
- Pregnancy 23
- Medications 23
- Family History 23
- Personal History 24
- Habits Related to Oral Cavity 25
- Dietary Habit 26

4. General Physical Examination of Patient 27

- General Examination 28
- Vital Signs 29
- Signs of Anemia 32
- Signs of Cyanosis 33
- Eyes 33
- Nose 34
- Extremities 35
- Nails 35
- Skin 36

5. Examination of Head and Neck Region **38**

- Facial Appearance in Different Diseases 39
- Temporomandibular Joint Examination 39
- Muscles of Mastication 41
- Examination of the Neck 42
- Intraoral Examination 46
- Anomalies of the Tongue 49
- Hard Tissue Examination 55
- Tooth Wear 59
- Discoloration of Teeth 59
- Dental Caries 60
- Occlusion 61
- Examination of Swelling 62
- Examination of an Ulcer 63

6. Investigations **67**

- Plaque Disclosing Agents 69
- Caries Detecting Dyes 69
- Pulp Vitality Tests 70
- Uses of Pulp Vitality Testing 70
- Toludine Blue and Lugol's Iodine Staining 75
- Salivary Flow Test 76
- Diagnostic Nerve Blocking 77
- Antibiotic Sensitivity Test 77
- Diascopic Examination 78
- Hematological Investigations 78
- Estimation of Blood Sugar 88
- Glycosylated Hemoglobin 91
- Microbiological Investigations 92
- Isolation of the Oral Microbial Flora 93
- Specimen Collection and Procedure 93
- Cultures of Tooth Apices 94
- Bacterial Cultures in Endodontics 94
- Examination of Microbial Flora from Plaque and Gingival Crevice 95
- Caries Activity Tests 95
- Biopsy 98
- Fine Needle Aspiration Biopsy 99
- Exfoliative Cytology 101
- Punch Biopsy 102
- Brush Biopsy 103
- Types of Artifacts 104
- Frozen Sections 105
- Sialochemical Investigations 106
- Serology 108
- Cytogenetics and Chromosome Analysis 111
- Maxillofacial Imaging 111
- Temporomandibular Joint Radiography 115
- Hard Tissue Imaging 116
- Soft Tissue Imaging 117
- Ultrasonography 117

- Nuclear Medicine 118
- Imaging for Salivary Gland Diseases 118

7. Therapeutics 120

- Treatment of Common Oral Diseases 128
- Complementary and Alternative Medicine Techniques Available for Dentistry 138

8. Guidelines for Management of Medically Compromised Patients in Dental Office 146

- Diabetes Mellitus 147
- Anemia 150
- Epilepsy 152
- Bronchial Asthma 152
- Renal Diseases 153
- Liver Disorders 153
- Hepatitis B 154
- Patients Receiving Steroid Therapy 155
- General Guidelines 155
- HIV and AIDS 160
- Tuberculosis 160

9. Management of Medical Emergencies 161

- Patient History 162
- Office Emergency Plan 162
- Emergency Training 164
- Initial Emergency Procedures 165
- Anxiety Reduction 167
- Anaphylaxis 168
- Mild Allergy 168
- Asthma 169
- Angina and Myocardial Infarction 170
- Cardiac Arrest 171
- Epilepsy 171
- Syncope 172
- Hypoglycemia 173
- Accidental Overdose 174

10. Checklist for Recording Patient's Data 175

Annexure 185

Glossary 203

Bibliography 231

Index 243