URTICARIA

Interesting Cases



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Foreword

Urticaria is a common, heterogeneous, debilitating, and in many cases, chronic disease. Most patients with chronic urticaria currently struggle to achieve control over their disease. Over the past years, we have made major progress in the understanding of urticarial, and novel treatment options have been introduced. These developments are largely based on what physicians have learned from their patients. It is our daily work with urticaria patients that makes us aware of the unmet needs, the gaps in our knowledge and the short comings of our current management approach to this disease. It is essential to listen to our patients and to learn from them. This book is testimony to this. It describes more than 25 patient stories and what we have learned about urticaria from these cases.

This collection of case reports on urticaria would not have been possible without the global network of Urticaria Centers of Reference and Excellence (UCAREs). Most of the reports in this book are on patients seen and managed by UCAREs, in all parts of the world. The UCARE network aims to increase the awareness of urticaria and to build knowledge on this disease, with generalists and specialists, on a global scale. UCAREs work together in numerous projects including a global registry study, CURE, and the UCARE network hosts educational events, preceptorships, congresses, and the Global Urticaria Forum to help to improve the management of urticaria in daily practice. We are grateful to the members of the UCARE network and the authors of the contributions in this book. We are sure that these cases, sharing our clinical experience, will help to improve our understanding of this vexing disease and improve its management.

This book exists because of Kiran Godse. We are very grateful to Kiran for his energy and dedication and for making this book happen. Kiran and his UCARE are a blessing to our network and to all urticariologists and other physicians who see patients with urticarial, in India, Asia, and globally. We are very grateful to Kiran for his initiative and for editing this collection of case reports on urticaria.

We hope that you enjoy to read and benefit from the cases that Kiran has collected and we hope; no, we are sure that this will help to improve the treatment of urticaria worldwide.

On behalf of the UCARE Steering Committee.

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Preface

I am happy to present this book on *Urticaria: Interesting Cases* to you. This book is result of extensive efforts from GA²LEN Urticaria Centers of Reference and Excellence (UCARE) all over the world. This book contains interesting cases from UCARE centers. UCAREs can help to improve the management of difficult to treat conditions such as urticaria.

I am sure readers will enjoy different perspectives of urticaria management around the world. I thank management of DY Patil Hospital, Nerul, Navi Mumbai, Maharashtra, India for constant support.

I must thank to Dr Reddy's Laboratories and Jaypee Brothers Medical Publishers, New Delhi, India for supporting this initiative.

I wish to thank my family Dr Meenal, Gauri and Atharva for supporting my academics.

Kiran V Godse

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