Contents

1A. History of Surgery 1

1B. Sterilization and Disinfection 3

Different Methods of Disinfection 4
Gaseous Sterilization 9

2. Fluid, Electrolytes, Acid-Base Balance and Nutrition 11

Water Loss 11
Water Excess 11
Hyponatremia 12
Hypernatremia 15
Hypokalemia 16
Hyperkalemia 18
Anion Gap 19
Acid-Base Balance 20
Metabolic Alkalosis 21
Respiratory Alkalosis 21
Metabolic Acidosis 22
Respiratory Acidosis 22
Fluid Therapy 22
Nutrition 23
Gastrostomy 25
Jejunostomy 25
Total Parenteral Nutrition 26
Obesity 27

3. Wounds, Inflammation, Sinus, Fistula and Ulcer 28

Wound 28
Problems with Wound Healing 36
Compartment Syndrome 36
Crush Syndrome 36
Keloid (Like a 'Claw') 37
Hypertrophic Scar 38
Sinus 39
Fistula 39
Median Mental Sinus 41
Ulcer 42
Trophic Ulcer 48
Diabetic Ulcer (Diabetic Foot) 49
Meleney's Ulcer 51
Traumatic Ulcer 51
Arterial/Ischemic Ulcer 51
Rodent Ulcer 53
Melanotic Ulcer 53
Tropical Ulcer 53
Venous Ulcer (Gravitational Ulcer) 54
Tuberculous Ulcer 55
Lupus Vulgaris 55
Ulcer due to Chilblains 55
Ulcer due to Frostbite 55

4. Infectious Diseases 56

Cellulitis 56
Lymphangitis 58
Erysipelas 59
Dangerous Area of Face 59
Pyogenic Abscess 59
Cold Abscess (Tuberculous Abscess) 62
Boil (Furuncle) 64
Carbuncle 65
Pott's Puffy Tumor 66
Pyogenic Granuloma (Granuloma Pyogenicum) *66*
Pyemia 68
Tetanus 68
Gas Gangrene 71
Tuberculosis 72
Leprosy (Hansen's Disease) 73
Syphilis (Great Pox, French Disease) 74
Actinomycosis 75
Madura Foot (Mycetoma Pedis) *76*
Rabies (Hydrophobia) 77
Anthrax 79
Nosocomial Infection (Hospital-acquired Infection) 80
Opportunistic Infections 81
Necrotizing Fasciitis 81
Acute Pyomyositis 82

Hepatitis 83
HIV Infection and AIDS 87
Needle Stick Injury in Surgical Practice 90
Gonorrhea 91
Surgical Site Infection 92

5. Swellings 97

Lipoma 97
Papilloma 99
Cysts 100
Dermoids 101
Sebaceous Cyst 103
Glomus Tumor 104
Lymph Cyst (Lymphatic Cyst) 104
Neuroma 105
Neurofibroma 105
Neurilemmoma (Schwannoma) 107
Fibroma 107
Ganglion 107
Bursae 108
Morrant Baker Cyst 110
Calcinosis Cutis 110
Epignathus 110
Chordoma 111

6. Shock, Hemorrhage and Blood Transfusion 112

Shock 112
Cardiogenic Shock 117
Central Venous Pressure 117
Pulmonary Capillary Wedge Pressure 118
Systemic Inflammatory Response Syndrome 119
Oxygen Therapy 119
Hyperbaric Oxygen 120
Cardiac Arrest 120
Mechanism of Blood Coagulation 122
Hemorrhage 123
Blood Transfusion 127
Blood Fractions 128
Massive Blood Transfusion 129
Blood Substitutes 129
Autologous Blood Transfusion 130
Recycled Blood 130
Artificial Blood 130
Tourniquets 130

7. Burns 132

Burns 132
Management of Burns 135
Eschar 137
Burns Contracture 138
Electrical Burns 138
Inhalation Burns 140
Chemical Burns 140

8. Reconstruction and Transplantation 142

Skin Grafting 142
Flaps 145
Transplantation 151
Renal Transplantation 151
Liver Transplantation 152
Bone Marrow Transplantation 152
Graft Rejection 152
Cimino Fistula 152
Immunosuppressive agents 153

9. Hand and Foot 154

Surgical Anatomy of the Hand 154
Hand Infections 155
Acute Paronychia 156
Chronic Paronychia 157
Terminal Pulp Space Infection (Felon) 157
Infection of Webspaces 158
Deep Palmar Space Infection 159
Acute Suppurative Tenosynovitis 159
Hand Injuries 160
Compound Palmar Ganglion 161
Dupuytren's Contracture 162
Syndactyly 162
Mallet Finger (Base Ball Finger) 163
Heberden's Nodes 163
Spina Ventosa 163
Callosity 163
Corn 163
Plantar Fasciitis (Policeman's Heel) 164
Ingrowing Toe Nail (Onychocryptosis) 164

10. Trauma 165

Triage 165
Spinal Injury 168
Neck Injuries 169
Bullet Injuries 169
Blast Injuries 170
Penetrating Injury 170
Abdominal Trauma 170
Duodenal Injury 171
Pancreatic Injury 172
Small Bowel Injury 172
Colonic Injury 172
Liver Injury 172
Splenic Injury 173
Renal Injury 173
Urinary Bladder Injury 173
Abdominal Compartment Syndrome 173

11. Arterial Diseases 174

Surgical Anatomy of Thoracic Outlet 174
Arteries of Upper Limb 175
Raynaud's Phenomenon 180
Acrocyanosis 182
Polyarteritis Nodosa 182
Scleroderma/Systemic Sclerosis 183
Thakayasu's Pulseless Arteritis 183
Temporal Arteritis 184
Erythromelalgia/Erythralgia 184
Livedo Reticularis 184
Subclavian Steal Syndrome 184
Arteries of Lower Limb 184
Arterial Diseases 185
Atherosclerosis 190
Thromboangiitis Obliterans 192
Acute Arterial Occlusion 197
Compartment Syndrome 197
Reperfusion Injury 197
Embolism 198
Aneurysms 201
Carotid Artery Aneurysm 205
Gangrene 206
Ainhum 209
Vascular Anomalies 209
Cirsoid Aneurysm 212
Arteriovenous Fistula 212

12. Venous Diseases 216

Anatomy of Veins of Lower Limb 216
Physiology of Venous Blood Flow in Lower Limb 217
Deep Vein Thrombosis 218
Varicose Veins 220
Venous Ulcer 228
Thrombophlebitis 230
Anticoagulants 230

13. Lymphatics 232

Lymphangiography 232
Isotope Lymphoscintigraphy 233
Lymphangitis 233
Lymphedema 233
Differential Diagnosis for (Cervical) Lymphadenopathy 238
Lymphomas 240
Hodgkin's Lymphoma 240
Non-Hodgkin's Lymphoma 243
Tuberculous Lymphadenitis 245

14. Nerves and Tendon 248

Peripheral Nerve Injuries 248
Brachial Plexus Injuries 250
Causalgia 251
Median Nerve Injuries 251
Carpal Tunnel Syndrome 252
Ulnar Nerve Injuries 253
Claw Hand 253
Radial Nerve Lesions 254
Common Peroneal Nerve 255
Axillary Nerve Injury 255
Long Thoracic Nerve 256
Trigeminal Neuralgia 256
Tendon 256
Tendon Repair 257
Tendon Transfer 257
Tendon Graft 257

15. Neoplasm and Soft Tissue Tumors 258

Neoplasm 258
Spread of Malignant Tumors 260
Paraneoplastic Syndromes 261
Investigations for Neoplasm 262
Soft Tissue Tumors (Sarcomas) 263
Kaposi's Sarcoma 270

16. Skin Tumors 271

Classification of Skin Tumors 271
Skin Adnexal Tumors 271
Merkel Cell Carcinoma 272
Dermatofibroma 272
Dermatofibrosarcoma Protuberance 272
Keratoacanthoma (Molluscum Sebaceum) 273
Rhinophyma (Potato Nose) 273
Premalignant Conditions of the Skin 274
Squamous Cell Carcinoma (Epithelioma) 274
Marjolin's Ulcer 276
Basal Cell Carcinoma (Rodent Ulcer) 277
Nevi/Naevi 279
Melanoma 280

17. Neck 285

Anatomy of Lymphatics of Head and Neck 285
Branchial Cyst 287
Branchial Fistula 287
Pharyngeal Pouch 288
Laryngocele 289
Cystic Hygroma (Cavernous Lymphangioma) 289
Ludwig's Angina 291
Parapharyngeal Abscess 292
Retropharyngeal Abscess 293
Carotid Body Tumor 294
Torticollis (Wry Neck) 295
Sternomastoid Tumor 296
Subhyoid Bursitis 296
Secondaries in Neck Lymph Nodes 297
Pancoast Tumor 303

18. Thyroid 304

Development 304
Anatomy 304
Congenital Anomalies 306
Thyroid Function Tests 309
Classification of Goiter 310
Diffuse Hyperplastic Goiter 310
Nodular Goiter 311
Solitary Thyroid Nodule 312
Retrosternal Goiter 312
Thyrotoxicosis 313
Thyroid Neoplasm 321
Papillary Carcinoma 322
Follicular Carcinoma 323
Anaplastic Carcinoma 325
Medullary Carcinoma of Thyroid 325
Malignant Lymphoma 326
Hashimoto's Thyroiditis 326
De Quervain's Subacute Granulomatous Thyroiditis 327
Reidel's Thyroiditis 327
Thyroidectomy 327
Emil Theodor Kocher 330
Hypothyroidism 330

19. Parathyroid and Adrenal Glands 332

Anatomy of Parathyroid 332
Hyperparathyroidism 333
Tetany 335
MEN Syndrome (MEA Syndrome) 335
Adrenal Glands 336

20. Salivary Glands 340

Anatomy 341
Sialography 343
Salivary Calculus 343
Sialosis 345
Sialectasis 345
Sialadenitis 345
Parotid Abscess 345
Parotid Fistula 346
Sjögren's Syndrome 347
Mikulicz Disease 348
Salivary Neoplasms 348
Management of Malignant Salivary Tumors 355
Minor Salivary Gland Tumors 357
Parotidectomy 357
Frey's Syndrome (Auriculotemporal Syndrome, Gustatory Sweating) 359

21. Oral Cavity 361

Retromolar Trigone 362
Ranula 364
Sublingual Dermoids 365

Cancrum Oris (Noma) 366
Leukoplakia 366
Erythroplakia 367
Oral Submucosal Fibrosis 367
Premalignant Conditions of the Oral Cavity 368
Oral and Upper Aerodigestive Cancers 368
Carcinoma Cheek (Buccal Mucosa) 370
Neoplasm of Lip 377
Carcinoma of Lip 377
Tongue 379
Carcinoma Tongue 384
Nasopharyngeal Carcinoma 388
Maxillary Tumors 389
Carcinoma Hard Palate 392

22. Laryngeal Tumors 394

Surgical Anatomy of Larynx 394
Benign Lesions of Larynx 397
Malignant Tumors 398
Care after Total Laryngectomy 401
Total Laryngectomy 401

23. Tonsils 402

Anatomy of the Tonsils 402
Acute Tonsillitis 403
Chronic Tonsillitis 403
Peritonsillar Abscess (Quinsy) 404
Tonsillectomy 405
Acute Pharyngitis 406

24. Cleft Lip, Cleft Palate and Jaw Tumors 407

Cleft Lip and Cleft Palate 407
Diseases of the Palate 411
Orthopantomogram 411
Preauricular Sinus 412
Jaw Tumors 412
Epulis 413
Ameloblastoma 414
Dentigerous Cyst 415
Dental Cyst 416
Osteomyelitis of Jaw 417
Alveolar Abscess 417
Cherubism 418
Fibrous Dysplasia of Bone/Jaw 418

25. Maxillofacial Injuries 421

Primary Care (Early Care) in Maxillofacial Injuries 421
Fracture Middle Third Area 423
Fracture Mandible 430
Complications of Maxillofacial Injuries 437

26. Tracheostomy 439

Tracheostomy 439
Tracheostomy Tubes 439

27. Basic Orthopedics 445

Anatomy of the Bone 445
Fracture 446
Plaster of Paris 450
Arthrodesis 451
Arthroplasty 451
Osteotomy 452
Infections of the Bone 453
Paget's Disease of Bone 454
Rickets 455
Bone Disease of Hyperparathyroidism 455
Osteoporosis 455
Scurvy 456
Osteogenesis Imperfecta 456
Achondroplasia 456
Tendinitis 456
Diaphyseal Achalasia 456
Enchondromatosis 457
Arthritis 457
Rheumatoid Arthritis 457
Osteoarthrosis 458
Ankylosing Spondylitis 459
Kyphosis 459
Scoliosis 459
Spondylolisthesis 459
Intervertebral Disc Prolapse 459
Bone Tumors 460

28. Esophagus 464

Anatomy 464
Lower Esophageal Sphincter 465
Dysphagia 466
Achalasia Cardia 467
Gastroesophageal Reflux Disease 468
Barrett's Esophagus 470

Hiatus Hernia 470
Reflux Esophagitis 471
Corrosive Stricture of Esophagus 471
Plummer-Vinson Syndrome 472
Mallory-Weiss Syndrome 472
Boerhaave's Syndrome 472
Tracheoesophageal Fistula 473
Carcinoma Esophagus 473

29. Neurosurgery 477

Head Injuries 477
Extradural Hematoma 481
Subdural Hematoma 483
Depressed Skull Fracture 484
Subarachnoid Hemorrhage 484
Intracranial Abscess 485
Intracranial Aneurysm 486
Hydrocephalus 486
Intracranial Tumors 487
Pituitary Tumors 490
Spina Bifida 490

30. Adjuvant Therapy 492

Radiotherapy 492
Chemotherapy 494
Immunosuppression 496
Hormone Therapy 496
Immunotherapy 496
Hybridoma 497
Gene Therapy 497

31. Instruments and Suture Materials 498

Instruments 498
Suture Materials 510

32. Cautery, Laser, Cryosurgery and Day Care Surgery 513

Diathermy (Electrocautery) 513
Lasers in Surgery 514
Cryosurgery 514
Day Care Surgery 515

33. Advanced Imaging Methods 516

Ultrasound 516
Doppler 517
CT Scan 518
Magnetic Resonance Imaging 519

34. Anesthesia 521

Preoperative Assessment 521
General Anesthesia 522
Muscle Relaxants 522
Reversal Agents 523
Instruments in Anesthesia 523
Steps in General Anesthesia 524
Complications in General Anesthesia 524
Postoperative Care 524
Regional Anesthesia 525
Spinal Anesthesia 526
Epidural Anesthesia 527
Caudal Anesthesia 527

35A. Clinical Methods in Surgery for Dental Students 528

Clinical Examination of Sinus or Fistula 535
Examination of an Ulcer 536
Examination of a Swelling/Lump 540
Examination in Arterial Disease 546
Examination of Varicose Veins 553
Examination of Thyroid Gland 556
Examination of Oral Cavity 564
Examination of Jaw and Temporomandibular Joint 571
Examination Salivary Gland 575
Examination of Inguinoscrotal Swellings 581
Definition of Hernia 587
Examination of Hydrocele 591

35B. Laboratory Values 593

Urine 593
Blood 594
Stool Examination 596

Index 597