Contents

1. Disorders of Nervous System..... 1

Alzheimer's Disease *1*
Amyotrophic Lateral Sclerosis (Lou Gehrig's Disease) *3*
Bell's Palsy *5*
Brain Abscess *6*
Cerebral Infarction *7*
Coma *9*
Decompression Sickness *12*
Delirium *15*
Dementia *16*
Encephalitis *18*
Epilepsy or Seizure *19*
Floppy Infant Syndrome (Hypotonia) *22*
Gilles de la Tourette Syndrome *24*
Guillain-Barre Syndrome *26*
Headache *28*
Herniated Disc *30*
Huntington's Disease *32*
Hydrocephalus *34*
Increased Intracranial Pressure *36*
Kennedy's Disease *38*
Meningitis *39*
Moebius Syndrome *42*
Multiple Sclerosis *43*
Myasthenia Gravis (Goldflam Disease) *45*
Myoglobinuria *47*
Neurosarcoidosis *49*
Paraneoplastic Syndromes *50*
Parkinson's Disease *53*
Prion Disease *55*
Spinal Cord Injury *57*
Stroke (Cerebrovascular Accident) *59*
Susac's Syndrome *62*
Syncope (Sudden Fainting) *63*

Syringomyelia *65*
Thoracic Outlet Syndrome *67*
Transient Ischemic Attack (Mini-Stroke) *69*
Traumatic Brain Injury *71*

2. Disorders of Endocrine.....75

Addison's Disease *75*
Cushing's Syndrome *77*
Diabetes Insipidus *78*
Diabetes Mellitus *80*
Diabetic Ketoacidosis *83*
Hyperaldosteronism *85*
Hyperosmolar Hyperglycemic Nonketotic Syndrome *87*
Hyperparathyroidism *89*
Hyperpituitarism *91*
Hyperthyroidism *92*
Hypoglycemia *94*
Hypoparathyroidism *96*
Hypopituitarism (Simmond's Disease) *98*
Hypothyroidism (Myxedema) *100*
Syndrome of Inappropriate Anti-diuretic Hormone Secretion *102*

3. Disorders of Eye.....105

Age-related Macular Degeneration *105*
Blepharitis *107*
Cataract *108*
Chalazion *110*
Conjunctivitis *112*
Correctable Refractive Errors *114*
Diabetic Retinopathy *117*
Eye Trauma *119*
Glaucoma *120*
Hordeolum (Stye) *123*
Keratitis *124*
Retinal Detachment *126*
Strabismus (Squint Eyes) (Crossed Eyes) *127*
Visual Impairment (Blindness) *129*

4. Disorders of Ear, Nose and Throat.....132

Acute Pharyngitis (Sore Throat) *132*
Cerumen Impaction (Earwax) *134*
Deviated Nasal Septum *135*

Epistaxis *137*
Hearing Loss *139*
Labyrinthitis *141*
Mastoiditis *143*
Meniere's Disease (Endolymphatic Hydrops) *145*
Nasal Polyps *147*
Otitis Media *149*
Otosclerosis *151*
Peritonsillar Abscess (Quinsy) *153*
Rhinitis *155*
Sinusitis *157*
Tonsillitis *159*

5. Disorders of Gastrointestinal System 161

Amoebic Dysentery (Amoebiasis) *161*
Anal Fissure *162*
Anal Fistula *164*
Appendicitis *166*
Bacillary Dysentery or Shigellosis *167*
Cholecystitis *168*
Cholelithiasis *170*
Constipation (Dyschezia) *172*
Crohn's Disease *174*
Deficiency Diseases *176*
Diarrhea *180*
Gastritis *181*
Gastroesophageal Reflux Disease with Esophagitis *183*
Hemorrhoids *185*
Hepatic Encephalopathy *186*
Hepatitis *188*
Hernia *189*
Intestinal Obstruction *192*
Liver Abscess *193*
Liver Cirrhosis *195*
Malabsorption Syndrome *197*
Pancreatitis *199*
Parasitic Infestations *201*
Peptic Ulcer Disease *203*
Peritonitis *205*
Pharyngitis *207*
Ulcerative Colitis *208*

6. Disorders of Respiratory System 211

Atelectasis *211*
Bronchial Asthma *213*
Bronchiectasis *215*
Bronchitis *216*
Chest Trauma *218*
Chronic Obstructive Pulmonary Disease *220*
Cor Pulmonale *222*
Cystic Fibrosis (Cystic Lungs) *224*
Hypoxia *225*
Lung Abscess *228*
Pleural Effusion *230*
Pleurisy (Pleuritis or Pleurodynia) *231*
Pneumonia *233*
Pneumothorax *235*
Pulmonary Embolism *237*
Pulmonary Hypertension *240*
Pulmonary Tuberculosis *242*
Respiratory Failure *244*
Sarcoidosis *246*
Tracheal Obstruction *248*

7. Disorders of Cardiac System 250

Angina Pectoris *250*
Aortic Aneurysm *252*
Atherosclerosis *254*
Cardiac Arrest *257*
Cardiac Dysrhythmias *259*
Cardiomyopathy *262*
Congestive Cardiac Failure *265*
Coronary Artery Disease (Ischemic Heart Disease) *268*
Endocarditis *271*
Hypertension (Silent Killer) *273*
Hypotension *275*
Myocardial Infarction *277*
Myocarditis *279*
Pericarditis *281*
Rheumatic Fever *283*
Valvular Heart Disease *285*

8. Disorders of Vascular System 291

Acute Blood Loss *291*
Anemia *293*

Hemochromatosis *298*
Hemophilia (The Royal Disease) *299*
Raynaud's Phenomenon *301*
Thromboangiitis Obliterans (Buerger's Disease) *303*
Varicose Veins *305*
Venous Thrombosis *307*
Von Willebrand Disease *308*

9. Disorders of Renal System.....311

Acute Kidney Injury (Acute Renal Failure) *311*
Chronic Kidney Disease (End-stage Renal Disease) *314*
Cystitis *316*
Glomerulonephritis *318*
Nephrosclerosis *320*
Nephrotic Syndrome *322*
Polycystic Kidney Disease *324*
Pyelonephritis *325*
Renal Calculi (Kidney Stones) *327*
Uremic Encephalopathy *329*
Urethral Strictures *331*
Urethritis *332*
Urinary Incontinence *334*
Urinary Tract Infection *336*

10. Disorders of Reproductive System 338

Male Reproductive System 338

Benign Prostatic Hyperplasia *338*
Cryptorchidism (Undescended Testes) *340*
Epididymitis *341*
Erectile Dysfunction (Impotence) *343*
Male Infertility *345*
Prostatitis *347*
Varicocele *349*

Female Reproductive System 350

Abortion *350*
Bartholin's Abscess *352*
Dysmenorrhea *354*
Ectopic Pregnancy *356*
Endometritis *357*
Female Infertility *359*
Fibroid Uterus *361*
Pelvic Inflammatory Disease *362*
Polycystic Ovary Disease (Stein-Leventhal Syndrome) *364*

Toxic Shock Syndrome *367*
Uterine Prolapse *369*

11. Disorders of Skin 371

Acne Vulgaris *371*
Athlete's Foot (Tinea Pedis) *373*
Burns *374*
Candidiasis *378*
Cellulitis *379*
Dermatitis (Eczema) *381*
Impetigo *383*
Onychomycosis (Fungal Nail Infection) *384*
Psoriasis *385*
Tinea Corporis (Ringworm of the Body) *387*
Scabies *388*
Shingles *390*

12. Disorders of Musculoskeletal System 392

Acute Low Back Pain *392*
Ankylosing Spondylitis *394*
Carpal Tunnel Syndrome *395*
Fracture *397*
Gout *401*
Herniated Lumbar Disk *402*
Muscular Dystrophy *404*
Myositis Ossificans (Heterotopic Ossification) *406*
Osteoarthritis *408*
Osteomalacia *409*
Osteomyelitis *411*
Osteoporosis *413*
Paget's Disease *414*
Rheumatoid Arthritis *416*
Sprain *418*
Strain *420*
Systemic Lupus Erythematosus *421*

13. Communicable Diseases.....424

Acquired Immunodeficiency Syndrome *424*
Chikungunya *426*
Chickenpox *428*
Chlamydia (Silent Infection) *429*
Cholera *430*
Dengue Fever *432*

Diphtheria *434*
Ebola Virus Disease *435*
Filariasis *437*
Gonorrhea *439*
Influenza *440*
Japanese Encephalitis (JE) *442*
Kala-Azar (Visceral Leishmaniasis) *444*
Leprosy (Hansen's Disease) *445*
Leptospirosis *448*
Malaria *450*
Measles (Rubeola) *452*
Mumps (Epidemic Parotitis) *454*
Pertussis (Whooping Cough) *455*
Plague *457*
Poliomyelitis *459*
Rubella (German Measles or Three-day Measles) *461*
Severe Acute Respiratory Syndrome *462*
Smallpox *464*
Swine Flu *466*
Syphilis *468*
Tetanus (Lockjaw) *470*
Typhoid (Enteric Fever) *471*
Yellow Fever *473*
Zika Virus Disease *475*

14. Oncology-related Disorders.....477

Etiology *478*
Risk Factors *478*
Pathophysiology *478*
Types of Cancer *479*
Stages of Cancer *479*
Clinical Features *480*
Complications *480*
Prevention of Cancer *497*
Management *497*

Index.....501