CONTENTS

Chapter 1: Understanding Diabetic Retinopathy and Its Visual Implications 1
Stefan Bughi, MD
Alice N. Bessman, MD
Sylvia J. Shaw, MD

Types of Diabetes 1
Type 1 Diabetes Mellitus
Type 2 Diabetes Mellitus 1
Epidemiology 2
Pathogenesis of Diabetic Retinopathy 6
Increased Polyol Pathway 8
Hexosamine Pathway 8
Increased AGE Formation 9
Increased PKC Activation 9
Nonproliferative Diabetic Retinopathy 11
1) Vessel Closure 11
Microaneurysm 11
2) Abnormal Vessel Permeability 12
Hard Exudates 13
Diabetic Maculopathy 13
Proliferative Diabetic Retinopathy 13
Complications of Proliferative Diabetic Retinopathy 15
Classification of Diabetic Retinopathy 15
Treatment Outlines 17
Possible Complications of Laser Treatment 17

Chapter 2: Epidemiology of Diabetic Retinopathy 21
David E. Pelayes, MD., PhD
Sebastian Benavides, MD

Introduction 21
Diabetic Retinopathy 23
Risk Factors 24
Duration of Diabetes 24
Race 25
Sex 25
Body Weight 25
Smoking 25

Hyperglycaemia 26
Lipids 26
Therapy and Insulin Resistance 26
Blood Pressure 26
Diabetic Nephropathy 27
Pregnancy 27
Cultural and Socio-economic Status 27
Risk Factors for Diabetic Maculopathy 27
Clinical Studies 28
Diabetic Retinopathy as a Prognostic Factor 29
Diabetic Retinopathy in Latin America 29

Chapter 3: Screening for Diabetic Retinopathy 33
Aniz Girach, MD

Summary Points 33
Introduction 33
Diabetic Retinopathy 34
Risk Factors 35
Importance of Prevention and Early Detection 35
Current Screening Practice 36
Screening Modalities 36
Ophthalmoscopy 38
Retinal Photography
Digital Retinal Imaging 39
Retinal Angiography vs Ocular Coherence Tomography (OCT) 40
Discussion 42

Chapter 4: Optical Coherence Tomography (OCT) in Diabetic Retinopathy 47
Catalina Montoya, MD

Introduction 47
OCT and Diagnosis of Diabetic Macular Edema 48
Follow-up 54
When to order an OCT in Diabetic Macular Edema 55
Conclusions 55

Chapter 5: Clinical Features and Classification of Diabetic Retinopathy 59
Marcos Avila, MD
David L. C. Isaac, MD
Livia Carla de Souza, MD

Introduction 59
Classification and Clinical Features 59
Nonproliferative Diabetic Retinopathy (NPDR) 60
Mild NPDR *60*
Moderate NPDR *60*
Severe NPDR *61*
Proliferative Diabetic Retinopathy (PDR) *62*
Early PDR *62*
High Risk PDR (HR-PDR) *62*
Diabetic Macular Edema (DME) *63*
British Classification and Proposed International Classification *65*

Chapter 6: Optical Coherence Tomography and Fundus Fluorescein Angiography in Diabetic Retinopathy 69
Kenneth K. W. Li, MD., FRCS
Ian Y. H. Wong, MD., MRCS

Introduction 69
Fundamental differences between FFA and OCT 69
Clinical Application of FFA in Diabetic Retinopathy and Maculopathy 70
Clinical Application of OCT in Diabetic Retinopathy and Maculopathy 73

Chapter 7: Systemic and Ocular Complications Associated with Diabetic Retinopathy 77
Maria de los Angeles Takane, MD

Systemic Complications 77
Ocular Complications 79
Cornea 79
Diabetic Cataracts 79
Retinal Damage Cells 79
Glaucoma 80
Proliferative Diabetic Retinopathy 81
Extraocular Muscle Paralysis 82

Chapter 8: Effects and Indications of Different Lasers in Ocular Tissues 85
Rosario Brancato, MD
Samuel Boyd, MD
Pier Giorgio Gobbi, PhD

Mechanical Effects of the Nd:YAG Laser 86
The Photoablative Effect of the Excimer Laser 86
Photodynamic Therapy Effect in Macular Degeneration 87
Photo-Thermal Processes 88
Hyperthermia *89*
Photocoagulation *89*
Vaporization *89*
Types of Lasers in Vitreoretinal Procedures 90
Argon *90*
Krypton *91*
Dye Laser *92*
Semiconductor Diode Lasers *92*
Diode-Pumped Solid-State Lasers (DPSS lasers) *93*
Frequency-Doubled Nd:YAG Laser (FD Nd:YAG) *94*
Er: YAG Laser *95*
Delivery Systems 95
Optical Fibers *96*

Chapter 9: Updated Approach with Laser Treatment in Diabetic Retinopathy 99
Carlos A. Abdala, MD
Mario A. Montoya, MD
Mary M. Lara, MD

Introduction 99
History 100
Classification and Indication for Treatment 100
Mild Non-Proliferate Diabetic Retinopathy 100
Moderate Non-Proliferative Diabetic Retinopathy 101
Severe Non - Proliferative Diabetic Retinopathy 101
Proliferative Diabetic Retinopathy 103
Clinical Significant Macular Edema 104
Diagnosis Imaging 105
Fluorescein Angiography (FA) 105
Optical Coherent Tomography 106
Techniques of Photocoagulation 107
Panphotocoagulation 107
Photocoagulation 109

Combined Therapies 109
Complications 110
Macular Edema 110
Peripheral Visual Field Damage 111
Choroidal Haemorrhages 111
Choroidal Circulation Blockage 111
Macular Hole 111

Chapter 10: The Vitreous in Diabetes 113
Prof. Patrick C. P. Ho, MD

Vitreous Shrinkage 113
Vitreo-Retinal Adhesions 114
Partial Posterior Vitreous Separation 115
Vitreous Hemorrhage 116
Tractional Retinal Detachment 116
Retinal Break and Rhegmatogenous Retinal Detachment 117
Rapid Neovascular Growth 117
Implications of a Partial Posterior Vitreous Separation 118
A Three-Dimensional Concept 118
Diabetic Vitreo-Retinopathy 119
Vitreous Involvement in Diabetic Retinopathy 119

Chapter 11: Vitrectomy for Diabetic Retinopathy 121
Jorge I. Calzada, MD

1. Introduction 121
2. Proliferative Diabetic Retinopathy 121
2.a Vitreous Hemorrhage 122
2.b Traction Retinal Detachments 123
3. Non-proliferative Diabetic Retinopathy: Macular Edema 126
3.a Vitreo-Macular Traction Syndrome 126
3.b Persistent Diffuse Diabetic Macular Edema 129
4. Technical Issues 130
4.a 25 G Sutureless Vitrectomy 130
4.b Posterior Hyaloid Dissection 131
4.c Epiretinal Membrane Dissection 132
4.d Management of Retinal Tears 133
4. e Management of Intraoperative Hemorrhage 135
4. f Endophotocoagulation 135
4.g Management of the Lens 136

Chapter 12: Pharmacological Management of Diabetic Macular Edema 139
Victor H. Gonzalez, MD
Gian P. Giuliari, MD
Rodolfo M. Banda, MD

General Consideration 139
DME Pathophysiology. An overview 140
Diagnosis 141
Treatment 142
Laser Ablation of Affected Areas 142
Pharmacological Approaches 142
Triamcinolone Acetonide 144
Others Corticosteroids 144
VEGF Inhibition 146
Biological Rationale 146
Selective and Nonselective Antagonists of Vascular Endothelial Growth Factor 147
Pegaptanib 147
Bevacizumab 149
Ranibizumab
Inhibition of PKC-β 150
Infliximab 151
Conclusions 152